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The Loomatic's Interactive Guide to the Rainbow Loom This interactive guide will teach you how to make 50+ bracelets and accessories on the Rainbow Loom(R). The book contains detailed instructions using photos and diagrams. In addition, it uses QR codes to take you to YouTube videos for a complete interactive experience. Document Drafting Handbook Field Book for Describing and Sampling Soils Rubber Band Bracelets 35 Colorful Projects You'll Love to Make [Cico Kidz](#) Rubber-band jewelry is the coolest thing around, and so simple to make! Everyone's crazy for rubber-band jewelry! Discover how to make 35 fantastic designs for yourself and your friends. All you need to make basic bracelets are colorful rubber bands, a loom that you can make yourself, a hook, and a clip--it's that simple! The patterns in this book show you how to make a whole host of different items that you can customize by choosing your own colorways. Every one of these projects, from a pretty diamond bracelet to a chic pinstripe bracelet, and from a fabulous kaleidoscope bracelet to cute ladybug and bee bracelets, will inspire you to get crafting. Start out with Easy-Peasy Bracelets, and, as your skills improve, try some of the Craftier Bracelets. Then, why not make some Awesome Accessories? You'll find a headband, earrings, keyring, charms, and more. It's so easy to create these beautiful, colorful, and stylish bracelets and accessories. All the projects have clear step-by-step illustrated instructions, so you'll be an expert in no time! The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration [McGraw Hill Professional](#) Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. The Big Book of Conflict-Resolution Games offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication, cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let The Big Book of Conflict-Resolution Games help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in The Big Book of Conflict-Resolution Games delivers everything you need to make your workplace more efficient, effective, and engaged. Official Playing Rules of the National Football League [Triumph Books \(IL\)](#) Lists and explains professional football's playing rules as determined by the National Football League. Friendship Bracelets 101 Fun to Make, Wear, and Share! [Fox Chapel Publishing](#) Easy-to-follow instructions for knotted bracelets with embroidery floss. Colorful bracelets are fun for kids and teens! Friendship knows no boundaries—it covers the world. It comes in all languages. The idea of making a bracelet to celebrate and share friendship began in Central and South America. The legend of the wish began with the bracelets: One person makes a bracelet and ties it around the arm of a friend, who makes a wish. When the bracelet falls off by itself, the wish will come true! Friendship Bracelets 101 is filled with all the basics you need to get started making friendship bracelets. Color photos and step-by-step instructions make it easy for the beginner, and a variety of fun designs and knots will keep you learning and creating. Step-by-step instructions Clear knotting diagrams Inspirational color photos of finished bracelets Learn to make bracelets, headbands, barrettes, coin purses, and keychains Patterns for braiding chevrons, stripes, waves, zigzags, diamonds, and more Inexpensive, easy-to-find embroidery floss and cotton thread are all the materials you need Make a unique gift to share with friends at school or church, or with your club or team mates, with Friendship Bracelets 101! The Book of R A First Course in Programming and Statistics [No Starch Press](#) The Book of R is a comprehensive, beginner-friendly guide to R, the world's most popular programming language for statistical analysis. Even if you have no programming experience and little more than a grounding in the basics of mathematics, you'll find everything you need to begin using R effectively for statistical analysis. You'll start with the basics, like how to handle data and write simple programs, before moving on to more advanced topics, like producing statistical summaries of your data and performing statistical tests and modeling. You'll even learn how to create impressive data visualizations with R's basic graphics tools and contributed packages, like ggplot2 and ggvis, as well as interactive 3D visualizations using the rgl package. Dozens of hands-on exercises (with downloadable solutions) take you from theory to practice, as you learn: -The fundamentals of programming in R, including how to write data

frames, create functions, and use variables, statements, and loops -Statistical concepts like exploratory data analysis, probabilities, hypothesis tests, and regression modeling, and how to execute them in R -How to access R's thousands of functions, libraries, and data sets -How to draw valid and useful conclusions from your data -How to create publication-quality graphics of your results Combining detailed explanations with real-world examples and exercises, this book will provide you with a solid understanding of both statistics and the depth of R's functionality. Make The Book of R your doorway into the growing world of data analysis. Guide for the Care and Use of Laboratory Animals Eighth Edition [National Academies Press](#) A respected resource for decades, the Guide for the Care and Use of Laboratory Animals has been updated by a committee of experts, taking into consideration input from the scientific and laboratory animal communities and the public at large. The Guide incorporates new scientific information on common laboratory animals, including aquatic species, and includes extensive references. It is organized around major components of animal use: Key concepts of animal care and use. The Guide sets the framework for the humane care and use of laboratory animals. Animal care and use program. The Guide discusses the concept of a broad Program of Animal Care and Use, including roles and responsibilities of the Institutional Official, Attending Veterinarian and the Institutional Animal Care and Use Committee. Animal environment, husbandry, and management. A chapter on this topic is now divided into sections on terrestrial and aquatic animals and provides recommendations for housing and environment, husbandry, behavioral and population management, and more. Veterinary care. The Guide discusses veterinary care and the responsibilities of the Attending Veterinarian. It includes recommendations on animal procurement and transportation, preventive medicine (including animal biosecurity), and clinical care and management. The Guide addresses distress and pain recognition and relief, and issues surrounding euthanasia. Physical plant. The Guide identifies design issues, providing construction guidelines for functional areas; considerations such as drainage, vibration and noise control, and environmental monitoring; and specialized facilities for animal housing and research needs. The Guide for the Care and Use of Laboratory Animals provides a framework for the judgments required in the management of animal facilities. This updated and expanded resource of proven value will be important to scientists and researchers, veterinarians, animal care personnel, facilities managers, institutional administrators, policy makers involved in research issues, and animal welfare advocates. Foundations of Data Science [Cambridge University Press](#) This book provides an introduction to the mathematical and algorithmic foundations of data science, including machine learning, high-dimensional geometry, and analysis of large networks. Topics include the counterintuitive nature of data in high dimensions, important linear algebraic techniques such as singular value decomposition, the theory of random walks and Markov chains, the fundamentals of and important algorithms for machine learning, algorithms and analysis for clustering, probabilistic models for large networks, representation learning including topic modelling and non-negative matrix factorization, wavelets and compressed sensing. Important probabilistic techniques are developed including the law of large numbers, tail inequalities, analysis of random projections, generalization guarantees in machine learning, and moment methods for analysis of phase transitions in large random graphs. Additionally, important structural and complexity measures are discussed such as matrix norms and VC-dimension. This book is suitable for both undergraduate and graduate courses in the design and analysis of algorithms for data. Introduction to Sports Biomechanics Analysing Human Movement Patterns [Routledge](#) Introduction to Sports Biomechanics has been developed to introduce you to the core topics covered in the first two years of your degree. It will give you a sound grounding in both the theoretical and practical aspects of the subject. Part One covers the anatomical and mechanical foundations of biomechanics and Part Two concentrates on the measuring techniques which sports biomechanists use to study the movements of the sports performer. In addition, the book is highly illustrated with line drawings and photographs which help to reinforce explanations and examples. The Ladies' Book of Etiquette, and Manual of Politeness A Complete Hand Book for the Use of the Lady in Polite Society It's Complicated The Social Lives of Networked Teens [Yale University Press](#) Surveys the online social habits of American teens and analyzes the role technology and social media plays in their lives, examining common misconceptions about such topics as identity, privacy, danger, and bullying. Applied Engineering Principles Manual - Training Manual (NAVSEA) Chapter 1 ELECTRICAL REVIEW 1.1 Fundamentals Of Electricity 1.2 Alternating Current Theory 1.3 Three-Phase Systems And Transformers 1.4 Generators 1.5 Motors 1.6 Motor Controllers 1.7 Electrical Safety 1.8 Storage Batteries 1.9 Electrical Measuring Instruments Chapter 2 ELECTRONICS REVIEW 2.1 Solid State Devices 2.2 Magnetic Amplifiers 2.3 Thermocouples 2.4 Resistance Thermometry 2.5 Nuclear Radiation Detectors 2.6 Nuclear Instrumentation Circuits 2.7 Differential Transformers 2.8 D-C Power Supplies 2.9 Digital Integrated Circuit Devices 2.10 Microprocessor-Based Computer Systems Chapter 3 REACTOR THEORY REVIEW 3.1 Basics 3.2 Stability Of The Nucleus 3.3 Reactions 3.4 Fission 3.5 Nuclear Reaction Cross Sections 3.6 Neutron Slowing Down 3.7 Thermal Equilibrium 3.8 Neutron Density, Flux, Reaction Rates, And Power 3.9 Slowing Down, Diffusion, And Migration Lengths 3.10 Neutron Life Cycle And The Six-Factor Formula 3.11 Buckling, Leakage, And Flux Shapes 3.12 Multiplication Factor 3.13 Temperature Coefficient... Loom Band It! 60 Rubber Band Projects for the Budding Loomineer [Apple Press](#) Rubber band crafts are the latest craze —from the school yard and slumber parties to craft rooms and beyond, everyone can join in the fun. Using a small and inexpensive plastic loom or by tying by hand, it's possible to create an infinite array of bright and colorful rings, bracelets, accessories, and gifts from nothing more than simple rubber bands. It's the quick, easy and accessible craft that's taking the world by storm. Loom Band It provides step-by-step instructions for 60 original projects, using every color in the rainbow. Make a ring to match every outfit, swap bracelets with your friends and customize your handbags with bespoke rubber band straps. There's even tutorials for super cool sandals and an eye-catching cell phone sleeve, too. What could be more rewarding than presenting friends, family and neighbors with a custom-made fun and funky rubber band gift. Looms have never been so popular and these tutorials give you all you need to

make your own elaborate patterns and designs, as well as providing inspiration for customizing your crafts. Ping through these loom ideas, stretch your imagination, and you'll become an accomplished loomineer in no time! While you wait for your book to arrive, enjoy these links to begin your looming fun! Just cut and paste the link into your browser to get started: http://youtu.be/w_3ESA_dfiA <http://youtu.be/SNe2kAqKA-U> <http://youtu.be/cYaqqLQRhas> Paper Towns A&C Black Special edition slipcase edition of John Green's Paper Towns, with pop-up paper town. From the bestselling author of The Fault in our Stars. Quentin Jacobsen has always loved Margo Roth Spiegelman, for Margo (and her adventures) are the stuff of legend at their high school. So when she one day climbs through his window and summons him on an all-night road trip of revenge he cannot help but follow. But the next day Margo doesn't come to school and a week later she is still missing. Q soon learns that there are clues in her disappearance . . . and they are for him. But as he gets deeper into the mystery - culminating in another awesome road trip across America - he becomes less sure of who and what he is looking for. Masterfully written by John Green, this is a thoughtful, insightful and hilarious coming-of-age story. 101 Kids Activities That Are the Bestest, Funnest Ever! The Entertainment Solution for Parents, Relatives & Babysitters! [Page Street Publishing](#) Easy, Creative and Fun Things to Keep Your Children Entertained and Happy Never again will you hear the all-too-common call of, "I'm bored!" with this kid-pleaser for many ages. Whether your kid is 3, 5 or 12 years old, there are hundreds of fun, educational and engaging things to do in this book. When they ask to watch television, you'll have the perfect solution. 101 Kids Activities That Are the Bestest, Funnest Ever! has time-tested, exciting activities to keep your children laughing and learning for the whole day, every day. Holly Homer and Rachel Miller are the women behind the wildly popular site KidsActivitiesBlog.com, which gets more than 2 million hits a month and has more than 71,000 fans on Facebook and 100,000 followers on Pinterest. One-of-a-kind activities--never before seen on the blog--range from making edible play dough and homemade sidewalk chalk to playing shoebox pinball and creating a balance beam obstacle course. And with outdoor and indoor activities and tips for adjusting according to your child's age, this book will provide hours and hours of never-ending fun with your family. This parenting life raft is also the perfect way to make sure caregivers are spending quality-time with your little ones. Arduino Project Handbook 25 Practical Projects to Get You Started [No Starch Press](#) Arduino Project Handbook is a beginner-friendly collection of electronics projects using the low-cost Arduino board. With just a handful of components, an Arduino, and a computer, you'll learn to build and program everything from light shows to arcade games to an ultrasonic security system. First you'll get set up with an introduction to the Arduino and valuable advice on tools and components. Then you can work through the book in order or just jump to projects that catch your eye. Each project includes simple instructions, colorful photos and circuit diagrams, and all necessary code. Arduino Project Handbook is a fast and fun way to get started with microcontrollers that's perfect for beginners, hobbyists, parents, and educators. Uses the Arduino Uno board. Nuclear War Survival Skills Lifesaving Nuclear Facts and Self-Help Instructions [Skyhorse](#) A field-tested guide to surviving a nuclear attack, written by a revered civil defense expert. This edition of Cresson H. Kearny's iconic Nuclear War Survival Skills (originally published in 1979), updated by Kearny himself in 1987 and again in 2001, offers expert advice for ensuring your family's safety should the worst come to pass. Chock-full of practical instructions and preventative measures, Nuclear War Survival Skills is based on years of meticulous scientific research conducted by Oak Ridge National Laboratory. Featuring a new introduction by ex-Navy SEAL Don Mann, this book also includes: instructions for six different fallout shelters, myths and facts about the dangers of nuclear weapons, tips for maintaining an adequate food and water supply, a foreword by "the father of the hydrogen bomb," physicist Dr. Edward Teller, and an "About the Author" note by Eugene P. Wigner, physicist and Nobel Laureate. Written at a time when global tensions were at their peak, Nuclear War Survival Skills remains relevant in the dangerous age in which we now live. Totally Awesome Rubber Band Jewelry Make Bracelets, Rings, Belts & More with Rainbow Loom(R), Cra-Z-Loom(TM), or FunLoom(TM) [Fox Chapel Publishing](#) Are you ready to make the most awesome, fun bracelets EVER? Then jump into Totally Awesome Rubber Band Jewelry! With this new book and your Rainbow Loom®, Cra-Z-Loom™, or FunLoom™, you can make all of the cool rubber band accessories that are driving the hottest crafting craze in years. Enjoy hours of creative fun with this ultimate guide to stretch band looms. Totally Awesome Rubber Band Jewelry is packed with 12 original projects, more than 200 full-color photos, and dozens of clear, easy-to-follow loom diagrams. Totally Awesome Rubber Band Jewelry shows you everything you need to get the most out of your loom. You'll learn to create completely colorful and super stylish bracelets, earrings, belts, and more in just minutes. Step out in style with the Hippie Belt, show off your skills with the Zipper Bracelet, and embellish your journals, bags, and barrettes with Flower Charms. The possibilities are endless! Democracy and Education An Introduction to the Philosophy of Education, John Dewey's Democracy and Education addresses the challenge of providing quality public education in a democratic society. In this classic work Dewey calls for the complete renewal of public education, arguing for the fusion of vocational and contemplative studies in education and for the necessity of universal education for the advancement of self and society. First published in 1916, Democracy and Education is regarded as the seminal work on public education by one of the most important scholars of the century. Photonic Crystals Molding the Flow of Light - Second Edition [Princeton University Press](#) Since it was first published in 1995, Photonic Crystals has remained the definitive text for both undergraduates and researchers on photonic band-gap materials and their use in controlling the propagation of light. This newly expanded and revised edition covers the latest developments in the field, providing the most up-to-date, concise, and comprehensive book available on these novel materials and their applications. Starting from Maxwell's equations and Fourier analysis, the authors develop the theoretical tools of photonics using principles of linear algebra and symmetry, emphasizing analogies with traditional solid-state physics and quantum theory. They then investigate the unique phenomena that take place within photonic crystals at defect sites and surfaces, from one to three dimensions. This new edition includes entirely new chapters

describing important hybrid structures that use band gaps or periodicity only in some directions: periodic waveguides, photonic-crystal slabs, and photonic-crystal fibers. The authors demonstrate how the capabilities of photonic crystals to localize light can be put to work in devices such as filters and splitters. A new appendix provides an overview of computational methods for electromagnetism. Existing chapters have been considerably updated and expanded to include many new three-dimensional photonic crystals, an extensive tutorial on device design using temporal coupled-mode theory, discussions of diffraction and refraction at crystal interfaces, and more. Richly illustrated and accessibly written, Photonic Crystals is an indispensable resource for students and researchers. Extensively revised and expanded Features improved graphics throughout Includes new chapters on photonic-crystal fibers and combined index-and band-gap-guiding Provides an introduction to coupled-mode theory as a powerful tool for device design Covers many new topics, including omnidirectional reflection, anomalous refraction and diffraction, computational photonics, and much more. Field Artillery Manual Cannon Gunnery Training Circular (TC) 3-09.81, "Field Artillery Manual Cannon Gunnery," sets forth the doctrine pertaining to the employment of artillery fires. It explains all aspects of the manual cannon gunnery problem and presents a practical application of the science of ballistics. It includes step-by-step instructions for manually solving the gunnery problem which can be applied within the framework of decisive action or unified land operations. It is applicable to any Army personnel at the battalion or battery responsible to delivered field artillery fires. The principal audience for ATP 3-09.42 is all members of the Profession of Arms. This includes field artillery Soldiers and combined arms chain of command field and company grade officers, middle-grade and senior noncommissioned officers (NCO), and battalion and squadron command groups and staffs. This manual also provides guidance for division and corps leaders and staffs in training for and employment of the BCT in decisive action. This publication may also be used by other Army organizations to assist in their planning for support of battalions. This manual builds on the collective knowledge and experience gained through recent operations, numerous exercises, and the deliberate process of informed reasoning. It is rooted in time-tested principles and fundamentals, while accommodating new technologies and diverse threats to national security. TRADOC Pamphlet TP 600-4 The Soldier's Blue Book The Guide for Initial Entry Soldiers August 2019 This manual, TRADOC Pamphlet TP 600-4 The Soldier's Blue Book: The Guide for Initial Entry Soldiers August 2019, is the guide for all Initial Entry Training (IET) Soldiers who join our Army Profession. It provides an introduction to being a Soldier and Trusted Army Professional, certified in character, competence, and commitment to the Army. The pamphlet introduces Soldiers to the Army Ethic, Values, Culture of Trust, History, Organizations, and Training. It provides information on pay, leave, Thrift Saving Plans (TSPs), and organizations that will be available to assist you and your Families. The Soldier's Blue Book is mandated reading and will be maintained and available during BCT/OSUT and AIT. This pamphlet applies to all active Army, U.S. Army Reserve, and the Army National Guard enlisted IET conducted at service schools, Army Training Centers, and other training activities under the control of Headquarters, TRADOC. The Necropsy Book A Guide for Veterinary Students, Residents, Clinicians, Pathologists, and Biological Researchers Structural Engineer's Pocket Book Elsevier Until now there has been no comprehensive pocket reference guide for professional and student structural engineers. The Structural Engineers Pocket Book is a unique compilation of all table, data, facts, formulae and rules of thumb needed for scheme design by structural engineers in the office, in transit or on site. By bringing together data from many sources, this pocket book is a compact source of job-simplifying information at an affordable price. It is a first point of reference as well as saving valuable time spent trying to track down information that is needed on a daily basis. This may be a small book in terms of its physical dimensions, but it contains a wealth of useful engineering knowledge. Concise and precise, the book is split into 13 sections, with quick and clear access to subject areas including: timber, masonry, concrete, aluminium and glass. British Standards are used and referenced throughout. *the only book of its kind for structural engineers. *brings together information from many different sources for the first time. *comprehensive, yet concise and affordable. Airframe and Powerplant Mechanics Powerplant Handbook Thank You for My Service Bantam The unapologetic, laugh-your-ass-off military memoir both vets and civilians have been waiting for, from a five-tour Army Ranger turned YouTube phenomenon and zealous advocate for veterans--this is Deadpool meets Captain America, except one went to business school and one went to therapy, and it's anyone's guess which is which. Practical Plastic Surgery for Nonsurgeons Authors Choice Press This manual is a quick and handy reference of practical plastic surgical tips and techniques for medical professionals without advanced surgical training. Practitioners in a variety of settings will find useful information on effective treatment for commonly encountered injuries and problems to optimize patient outcomes. The Female Brain Harmony Since Dr. Brizendine wrote The Female Brain ten years ago, the response has been overwhelming. This New York Times bestseller has been translated into more than thirty languages, has sold nearly a million copies between editions, and has most recently inspired a romantic comedy starring Whitney Cummings and Sofia Vergara. And its profound scientific understanding of the nature and experience of the female brain continues to guide women as they pass through life stages, to help men better understand the girls and women in their lives, and to illuminate the delicate emotional machinery of a love relationship. Why are women more verbal than men? Why do women remember details of fights that men can't remember at all? Why do women tend to form deeper bonds with their female friends than men do with their male counterparts? These and other questions have stumped both sexes throughout the ages. Now, pioneering neuropsychiatrist Louann Brizendine, M.D., brings together the latest findings to show how the unique structure of the female brain determines how women think, what they value, how they communicate, and who they love. While doing research as a medical student at Yale and then as a resident and faculty member at Harvard, Louann Brizendine discovered that almost all of the clinical data in existence on neurology, psychology, and neurobiology focused exclusively on males. In response to the overwhelming need for information on the female mind, Brizendine established the first clinic in the

country to study and treat women's brain function. In *The Female Brain*, Dr. Brizendine distills all her findings and the latest information from the scientific community in a highly accessible book that educates women about their unique brain/body/behavior. The result: women will come away from this book knowing that they have a lean, mean, communicating machine. Men will develop a serious case of brain envy.

Zoomigurumi 6 15 Cute Amigurumi Patterns by 13 Great Designers You'll fall head over heels for the animal crochet patterns in this book! Fans know this new book in the Zoomigurumi series assembles the cutest crochet animals, explained in straightforward patterns. You'll be amazed at the designs you can create with a few simple stitches. This new collection of 15 projects, featuring designers from all over the world, provides enough fresh inspiration to keep you crocheting! Surprise your family and friends with handmade gifts, or simply make them for yourself! In this book you will find Rudy the red panda, Mortimer the mammoth, Carlos the hummingbird, Manu and Brigitte the dachshunds, Shawn the shark, Alvin the hedgehog and many more. Projects cover a variety of skill levels, from beginner-friendly to suitable for advanced crocheters, and are accompanied by easy-to-follow instructions and explanations of all stitches used.

The Official Raspberry Pi Beginner's Guide How to Use Your New Computer A Century of Innovation The 3M Story [3m Company](#) A compilation of 3M voices, memories, facts and experiences from the company's first 100 years.

Alcoholics Anonymous The Story of how Many Thousands of Men and Women Have Recovered from Alcoholism The basic text for Alcoholics Anonymous.

400 Knitting Stitches A Complete Dictionary of Essential Stitch Patterns [Clarkson Potter](#) A comprehensive reference manual of hundreds of stitches is divided into eight categories--knit-purl, crossed and cables, slipped, lacy, double, twisted, cast-off, and fancy stitches--and includes an overview of basic knitting information and techniques, easy instructions and 440 full-color photos. Original.

Getting Started in Transmedia Storytelling A Practical Guide for Beginners 2nd Edition [CreateSpace](#) This is the second edition of Robert Pratten's massively popular *Getting Started in Transmedia Storytelling*. It's a practical guide to developing cross-platform and pervasive entertainment written by a thought-leader and early practitioner. Whether you're a seasoned pro or a complete newbie, this book is filled with tips and insights gained from years of work in multi-platform interactive storytelling.

LDS Preparedness Manual Fancy Friendship Bracelets This book contains clear instructions and illustrations that demonstrate how to create different bracelet styles and patterns. Also included are five different coloured threads, multi-coloured beads and charms!!

Human Factors Considerations of Undergrounds in Insurgencies Second Edition [Createspace Independent Publishing Platform](#) From the preface: "The 1966 'Human Factors' edition focused on the contemporary threat of Maoist insurgencies, particularly in Southeast Asia, and also drew extensively on World War II resistance movements in Europe. Much of this information is still relevant and has been retained and integrated. In the post-Cold War world, the most important insurgencies tend to be ethnic and religious. Long-simmering conflicts, sometimes with roots in colonial policies, have become prominent; examples include the Liberation Tigers of Tamil Eelam (LTTE) in Sri Lanka, Euskadi Ta Askatasuna (Basque Homeland and Freedom or ETA) in Spain, the Hutu-Tutsi genocides, the Ushtia \diamond lirimtare e Kosov \diamond s (Kosovo Liberation Army, or KLA), and the Provisional Irish Republican Army (PIRA). Battle lines in these conflicts are often drawn along ethnic lines, even when land or politics are the immediate issues in contention. The other important new category is extremist religious movements, most prominently Islamic groups, including regional insurgent movements like Hizbollah and Harakat al-Muqawamah al'Isla \diamond miyyah (Islamic Resistance Movement, or HAMAS) and global movements like Al Qaeda. These present a different profile of ideology, organizational forms, and psychology than either Cold War Maoists or post-colonial ethnic insurgencies (although the Palestinian cause could be considered a post-colonial issue). Globalization has also changed underground operations in numerous ways. Insurgencies, enabled by low-cost transportation, Internet based communications, and other information technologies, can more easily recruit, communicate, and operate across borders. It is correspondingly much more difficult to contain an insurgency in a region. Global media has led to development of new tactics, in particular new types of terrorism, designed to capture worldwide attention. Compared with what was available in the 1960s, there are orders of magnitude more academic research available relevant to this study's topics. We were able to draw on more recent work in psychology, political science, economics, sociology, organizational studies, and communications studies. Readers of this edition will, over the course of eleven chapters, get a wide exposure to basic concepts from a number of disciplines".

Parachute Rigger Handbook