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KEY=OF - LAUREN CHEN

THE GIFT OF FEAR

SURVIVAL SIGNALS THAT PROTECT US FROM VIOLENCE

Dell Publishing Company **Explains how to use the power of intuition to identify and avoid danger, and shares advice on restraining orders and self-defense tactics**

THE GIFT OF FEAR

SURVIVAL SIGNALS THAT PROTECT US FROM VIOLENCE

Little, Brown **A carjacker lurking in a shopping mall parking lot. An abusive husband pounding on the door. A disgruntled employee brandishing a gun. These days, no one is safe from the specter of violence. But according to Gavin de Becker, everyone can feel safer, act safer, be safer -- if they learn how to listen to their own sixth sense about danger. De Becker has made a career of protecting people and predicting violent behavior. His firm handles security for many of Hollywood's top celebrities -- Madonna, Michael J. Fox, Geena Davis, Brooke Shields, and John Travolta, among**

others, according to press reports -- and his computerized risk-assessment system helps analyze threats to members of Congress and the Supreme Court. Now, in this unprecedented guide, de Becker shares his expertise with everyone. Covering all the dangerous situations people typically face -- street crime, domestic abuse, violence in the workplace -- de Becker provides real-life examples and offers specific advice on restraining orders, self-defense, and more. But the key to self-protection, he demonstrates, is learning how to trust -- and act on -- our own intuitions. For everyone who's ever felt threatened, this book is essential reading.

THE GIFT OF FEAR

SURVIVAL SIGNALS THAT PROTECT US FROM VIOLENCE

Bloomsbury Publishing **Accounts of the factors that help us understand what risk from strangers looks like, and teaches the reader how to distinguish between fear, worry and anxiety. Both a guide to leading a safer life and a profound exploration of the principles of human behaviour.**

PROTECTING THE GIFT

KEEPING CHILDREN AND TEENAGERS SAFE (AND PARENTS SANE)

Dell **Safety skills for children outside the home Warning signs of sexual abuse How to screen baby-sitters and choose schools Strategies for keeping teenagers safe from violence All parents face the same challenges when it comes to their children's safety: whom to trust, whom to distrust, what to believe, what to doubt, what to fear, and what not to fear. In this empowering book, Gavin de Becker, the nation's leading expert on predicting violent behavior and author of the monumental bestseller The Gift of Fear, offers practical new steps to enhance children's safety at every age level, giving you the tools you need to allow your kids freedom without losing sleep yourself. With daring and compassion, he shatters the widely held myths about danger and safety and helps parents find some certainty about life's highest-stakes questions: How can I know a baby-sitter won't turn out to be someone who harms my child? (see page 103) What should I ask child-care professionals when I interview them? (see page 137) What's the best way to prepare my child for walking to school alone? (see page 91) How can my child be safer at school? (see page 175) How can I spot sexual predators? (see page 148) What should I do if my child is lost in public? (see page 86) How can I teach my child about risk without causing too much fear? (see page 98) What must my teenage daughter know in order to be**

safe? (see page 191) What must my teenage son know in order to be safe? (see page 218) And finally, in the face of all these questions, how can I reduce the worrying? (see page 56)

THE GIFT OF FEAR

SURVIVAL SIGNALS THAT PROTECT US FROM VIOLENCE

Dell Explains how to use the power of intuition to identify and avoid danger, and shares advice on restraining orders and self-defense tactics

WHERE NO FEAR WAS

JUST 2 SECONDS

USING TIME AND SPACE TO DEFEAT ASSASSINS AND OTHER ADVERSARIES

Think of every assassination you've ever heard about. For most people, a few of these major ones come to mind: Caesar, Abraham Lincoln, John Kennedy, Martin Luther King, Mahatma Gandhi, Indira Gandhi, Anwar Sadat, John Lennon, Israel's Prime Minister Rabin, Pakistan's Benazir Bhutto. From start to finish, all of these attacks combined took place in less than one minute. And the hundreds of attacks studied for this book, all of them combined, took place in less than a half-hour. Those thirty minutes, surely the most influential in world history, offer important insights that can help today's protectors defeat tomorrow's attackers. This 650-Page Book Contains: An original work of new insights arising from ten years of research; The Five Essential Lessons for protectors; The Compendium - 400 pages of summarized attacks, near attacks, and incidents against at-risk persons all over the world from 1960-2007, more than 1400 entries; and the Appendices - More than 100 pages of additional material and resources.

THE GIFT OF THE MAGI

The Floating Press **The Gift of the Magi** is a treasured short story written by O. Henry. A young and very much in love couple can barely afford their one-room apartment, let alone the extra expense of getting Christmas presents for one another. But each is determined to show their love for the other in this traditional time of giving; each sells a thing they hold most dear in order to afford a present, with poignant and touching results that capture their love for one

another.

WHEN VIOLENCE IS THE ANSWER

LEARNING HOW TO DO WHAT IT TAKES WHEN YOUR LIFE IS AT STAKE

Little, Brown In a civilized society, violence is rarely the answer. But when it is-it's the only answer. The sound of breaking glass downstairs in the middle of the night. The words, "Move and you die." The hands on your child, or the knife to your throat. In this essential book, self-protection expert and former military intelligence officer Tim Larkin changes the way we think about violence in order to save our lives. By deconstructing our assumptions about violence-its morality, its function in modern society, how it actually works-Larkin unlocks the shackles of our own taboos and arms us with what we need to know to prevent, prepare for, and survive the unthinkable event of life-or-death violence. Through a series of harrowing true-life stories, Larkin demonstrates that violence is a tool equally effective in the hands of the "bad guy" or the "good guy"; that the person who acts first, fastest and with the full force of their body is the one who survives; and that each and every one of us is capable of being that person when our lives are at stake. An indispensable resource, *When Violence is the Answer* will remain with you long after you've finished reading, as the bedrock of your self-protection skills and knowledge.

FEAR LESS

REAL TRUTH ABOUT RISK, SAFETY, AND SECURITY IN A TIME OF TERRORISM

Little Brown & Company Gavin de Becker's landmark book *THE GIFT OF FEAR* showed millions of readers how to better protect themselves from violence and unwarranted fear. Now, in *FEAR LESS*, de Becker answers the questions many Americans have been asking since September 11th: Can air travel be safe? What is the risk of biological or chemical attack? Can the government detect and prevent future acts? How can we best talk to our children about what has happened and what might happen? What can we do to reduce fear and worry? What specific steps can we take to reduce terrorism? What are terrorists likely to do next? Most simply, is everything going to be all right? De Becker says, "Just as your imagination has placed you in frightening situations, it is now time to place yourself in empowering situations, time to see that you have a role to play, and contrary to so many TV news stories, it isn't just victim-in-waiting." *FEAR LESS* offers specific recommendations that can enhance our national security and our individual safety

and help put fear into perspective. Nobody in the world understands risk and safety better than Gavin de Becker. At a time of uncertainty, terrorism, and a whole new set of rules, it is hard to imagine a more important, more reassuring, and more necessary book than FEAR LESS.

BREAKING INTIMIDATION

SAY "NO" WITHOUT FEELING GUILTY. BE SECURE WITHOUT THE APPROVAL OF MAN.

Charisma Media **Countless Christians battle intimidation, which is camouflaged and subtle. Many feel the effects--depression, confusion, lack of faith--without knowing its root. Bevere guides readers below the surface to see the roots of intimidation. Readers will understand why it is hard to say no, why the fear confrontation and avoid conflict, and why they focus on pleasing others. Readers will learn to identify intimidation and know how to break its hold. Bevere explains how the fear of God keeps us from a life of ungodliness and produces confidence and boldness. Bevere advises, "Walk in your own God-given authority, or someone else will take it from you and use it against you."**

FEAR AND TREMBLING

Simon and Schuster **In our time nobody is content to stop with faith but wants to go further. It would perhaps be rash to ask where these people are going, but it is surely a sign of breeding and culture for me to assume that everybody has faith, for otherwise it would be queer for them to be . . . going further. In those old days it was different, then faith was a task for a whole lifetime, because it was assumed that dexterity in faith is not acquired in a few days or weeks. When the tried oldster drew near to his last hour, having fought the good fight and kept the faith, his heart was still young enough not to have forgotten that fear and trembling which chastened the youth, which the man indeed held in check, but which no man quite outgrows. . . except as he might succeed at the earliest opportunity in going further. Where these revered figures arrived, that is the point where everybody in our day begins to go further.**

MODEL RULES OF PROFESSIONAL CONDUCT

American Bar Association **The Model Rules of Professional Conduct provides an up-to-date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume,**

black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts.

PROFESSIONAL TROUBLEMAKER

THE FEAR-FIGHTER MANUAL

Penguin INSTANT NEW YORK TIMES BESTSELLER From the New York Times bestselling author of *I'm Judging You*, a hilarious and transformational book about how to tackle fear--that everlasting hater--and audaciously step into lives, careers, and legacies that go beyond even our wildest dreams Luvvie Ajayi Jones is known for her trademark wit, warmth, and perpetual truth-telling. But even she's been challenged by the enemy of progress known as fear. She was once afraid to call herself a writer, and nearly skipped out on doing a TED talk that changed her life because of imposter syndrome. As she shares in *Professional Troublemaker*, she's not alone. We're all afraid. We're afraid of asking for what we want because we're afraid of hearing "no." We're afraid of being different, of being too much or not enough. We're afraid of leaving behind the known for the unknown. But in order to do the things that will truly, meaningfully change our lives, we have to become professional troublemakers: people who are committed to not letting fear talk them out of the things they need to do or say to live free. With humor and honesty, and guided by the influence of her professional troublemaking Nigerian grandmother, Funmilayo Faloyin, Luvvie walks us through what we must get right within ourselves before we can do the things that scare us; how to use our voice for a greater good; and how to put movement to the voice we've been silencing--because truth-telling is a muscle. The point is not to be fearless, but to know we are afraid and charge forward regardless. It is to recognize that the things we must do are more significant than our fears. This book is about how to live boldly in spite of all the reasons we have to cower. Let's go!

LORD OF THE FLIES

Penguin Golding's iconic 1954 novel, now with a new foreword by Lois Lowry, remains one of the greatest books ever written for young adults and an unforgettable classic for readers of any age. This edition includes a new **Suggestions for Further Reading** by Jennifer Buehler. At the dawn of the next world war, a plane crashes on an uncharted island,

stranding a group of schoolboys. At first, with no adult supervision, their freedom is something to celebrate. This far from civilization they can do anything they want. Anything. But as order collapses, as strange howls echo in the night, as terror begins its reign, the hope of adventure seems as far removed from reality as the hope of being rescued.

NINETEEN EIGHTY-FOUR

[epubli](#) "Nineteen Eighty-Four: A Novel", often published as "1984", is a dystopian social science fiction novel by English novelist George Orwell. It was published on 8 June 1949 by Secker & Warburg as Orwell's ninth and final book completed in his lifetime. Thematically, "Nineteen Eighty-Four" centres on the consequences of totalitarianism, mass surveillance, and repressive regimentation of persons and behaviours within society. Orwell, himself a democratic socialist, modelled the authoritarian government in the novel after Stalinist Russia. More broadly, the novel examines the role of truth and facts within politics and the ways in which they are manipulated. The story takes place in an imagined future, the year 1984, when much of the world has fallen victim to perpetual war, omnipresent government surveillance, historical negationism, and propaganda. Great Britain, known as Airstrip One, has become a province of a totalitarian superstate named Oceania that is ruled by the Party who employ the Thought Police to persecute individuality and independent thinking. Big Brother, the leader of the Party, enjoys an intense cult of personality despite the fact that he may not even exist. The protagonist, Winston Smith, is a diligent and skillful rank-and-file worker and Outer Party member who secretly hates the Party and dreams of rebellion. He enters into a forbidden relationship with a colleague, Julia, and starts to remember what life was like before the Party came to power.

FEAR ITSELF

THE CAUSES AND CONSEQUENCES OF FEAR IN AMERICA

[NYU Press](#) **An antidote to the culture of fear that dominates modern life** From moral panics about immigration and gun control to anxiety about terrorism and natural disasters, Americans live in a culture of fear. While fear is typically discussed in emotional or poetic terms—as the opposite of courage, or as an obstacle to be overcome—it nevertheless has very real consequences in everyday life. Persistent fear negatively affects individuals' decision-making abilities and causes anxiety, depression, and poor physical health. Further, fear harms communities and society by corroding social trust and civic engagement. Yet politicians often effectively leverage fears to garner votes and companies routinely market unnecessary products that promise protection from imagined or exaggerated harms. Drawing on five

years of data from the Chapman Survey of American Fears—which canvasses a random, national sample of adults about a broad range of fears—Fear Itself offers new insights into what people are afraid of and how fear affects their lives. The authors also draw on participant observation with Doomsday preppers and conspiracy theorists to provide fascinating narratives about subcultures of fear. Fear Itself is a novel, wide-ranging study of the social consequences of fear, ultimately suggesting that there is good reason to be afraid of fear itself.

REMEMBER WHO YOU TRULY ARE

Createspace Independent Publishing Platform **This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you. You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are, unafraid to shine in a world that all too often might seem might seek to undermine or limit you...You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls. "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul.... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to when I am in need of uplifting"**

THE GIVER

Houghton Mifflin Harcourt Living in a "perfect" world without social ills, a boy approaches the time when he will receive a life assignment from the Elders, but his selection leads him to a mysterious man known as the Giver, who reveals the dark secrets behind the utopian facade.

A GIFT OF FIRE

SOCIAL, LEGAL, AND ETHICAL ISSUES FOR COMPUTING TECHNOLOGY

Prentice Hall This timely revision will feature the latest Internet issues and provide an updated comprehensive look at social and ethical issues in computing from a computer science perspective.

THE POP-UP BOOK OF PHOBIAS

It Books Pop-up illustrations capture the nature of common phobias, including the dentist's drill, heights, flying, and spiders

THE LITTLE BOOK OF CONTENTMENT

A GUIDE TO BECOMING HAPPY WITH LIFE & WHO YOU ARE, WHILE GETTING THINGS DONE

Lumen Deo Contentment is a super power. If you can learn the skills of contentment, your life will be better in so many ways: You'll enjoy your life more. Your relationship will be stronger. You'll be better at meeting people. You'll be healthier, and good at forming healthy habits. You'll like and trust yourself more. You'll be jealous less. You'll be less angry and more at peace. You'll be happier with your body. You'll be happier no matter what you're doing or who you're with. Those are a lot of benefits, from one small bundle of skills. Putting some time in learning the skills of contentment is worth the effect and will pay off for the rest of your life.

DEEP DARK FEARS

A devilishly funny collection of comics that explores our most gruesome, hilarious, and bizarre fears--and the dangers lurking around every corner. We all have strange, irrational fears--from seeing ghosts in the bedroom mirror to being

sucked into a mall escalator or finding yourself miles below the ocean's surface on the deck of a sunken ship. In **Deep Dark Fears**, animator, illustrator, and cartoonist Fran Krause brings these fears to life in 101 vividly illustrated comics inspired by his wildly popular web comic and based on real fears submitted by online readers. **Deep Dark Fears** reveals a primal part of our humanity and highlighting both our idiosyncrasies and our similarities.

BE NOT AFRAID OF LOVE

LESSONS ON FEAR, INTIMACY, AND CONNECTION

Penguin **“Radical and revolutionary.”** —Jonny Sun, New York Times bestselling author of **Goodbye, Again** A collection of powerful interconnected essays and affirmations that follow Mimi Zhu’s journey toward embodying and re-learning love after a violent romantic relationship, a stunning and provocative book that will guide and inspire readers to lean into love with softness In their early twenties, Mimi Zhu was a survivor of intimate-partner abuse. This left them broken, in search of healing and ways to re-learn love. This work is a testament to the strength and adaptability all humans possess, a tribute to love. **Be Not Afraid of Love** explores the intersections of love and fear in self-esteem, friendship, family dynamics, and romantic relationships, and extends out to its effects on society and the greater political realm. In sharing their own intimate encounters with oppression, healing, joy, and community, Mimi invites readers to reflect deeply on their own experiences as well, with the intention of acting as a guide to undoing the hurt or uncertainty within them. In this heartrending and revolutionary book, Mimi reminds us, be not afraid of love.

FAHRENHEIT 451

A NOVEL

Simon and Schuster **A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.**

PARADISE LOST

A POEM, IN TWELVE BOOKS. THE AUTHOR JOHN MILTON

FORGED BY FIRE

Simon and Schuster Teenage Gerald, who has spent years protecting his fragile half-sister from their abusive father, faces the prospect of one final confrontation before the problem can be solved.

THE HYPNOBIRTHING BOOK

AN INSPIRATIONAL GUIDE FOR A CALM, CONFIDENT, NATURAL BIRTH

Katharine Publishing Childbirth can be an empowering and positive experience that you treasure for the rest of your life. Hypnobirthing teaches simple and gentle techniques that have a profound effect.

THE GIFTS OF IMPERFECTION: 10TH ANNIVERSARY EDITION

FEATURES A NEW FOREWORD AND BRAND-NEW TOOLS

Random House **NEW YORK TIMES BESTSELLER** • In hardcover for the first time, this tenth-anniversary edition of the game-changing #1 New York Times bestseller features a new foreword and brand-new tools to make the work your own. For over a decade, Brené Brown has found a special place in our hearts as a gifted mapmaker and a fellow traveler. She is both a social scientist and a kitchen-table friend whom you can always count on to tell the truth, make you laugh, and, on occasion, cry with you. And what's now become a movement all started with The Gifts of Imperfection, which has sold more than two million copies in thirty-five different languages across the globe. What transforms this book from words on a page to effective daily practices are the ten guideposts to wholehearted living. The guideposts not only help us understand the practices that will allow us to change our lives and families, they also walk us through the unattainable and sabotaging expectations that get in the way. Brené writes, "This book is an invitation to join a wholehearted revolution. A small, quiet, grassroots movement that starts with each of us saying, 'My story matters because I matter.' Revolution might sound a little dramatic, but in this world, choosing authenticity and worthiness is an absolute act of resistance."

EAT, PRAY, LOVE

ONE WOMAN'S SEARCH FOR EVERYTHING ACROSS ITALY, INDIA AND INDONESIA

Riverhead Books **Traces the author's decision to quit her job and travel the world for a year after suffering a midlife crisis and divorce, an endeavor that took her to three places in her quest to explore her own nature, experience fulfillment and learn the art of spiritual balance. (Biography & autobiography). Reissue. A best-selling book. Movie tie-in.**

ATLAS OF THE HEART

MAPPING MEANINGFUL CONNECTION AND THE LANGUAGE OF HUMAN EXPERIENCE

Random House **#1 NEW YORK TIMES BESTSELLER • In her latest book, Brené Brown writes, “If we want to find the way back to ourselves and one another, we need language and the grounded confidence to both tell our stories and be stewards of the stories that we hear. This is the framework for meaningful connection.” In Atlas of the Heart, Brown takes us on a journey through eighty-seven of the emotions and experiences that define what it means to be human. As she maps the necessary skills and an actionable framework for meaningful connection, she gives us the language and tools to access a universe of new choices and second chances—a universe where we can share and steward the stories of our bravest and most heartbreaking moments with one another in a way that builds connection. Over the past two decades, Brown’s extensive research into the experiences that make us who we are has shaped the cultural conversation and helped define what it means to be courageous with our lives. Atlas of the Heart draws on this research, as well as on Brown’s singular skills as a storyteller, to show us how accurately naming an experience doesn’t give the experience more power—it gives us the power of understanding, meaning, and choice. Brown shares, “I want this book to be an atlas for all of us, because I believe that, with an adventurous heart and the right maps, we can travel anywhere and never fear losing ourselves.”**

NICOMACHEAN ETHICS

Phoemixx Classics Ebooks **Nicomachean Ethics Aristotle - The Nicomachean Ethics is one of Aristotle's most widely read and influential works. Ideas central to ethics—that happiness is the end of human endeavor, that moral virtue is formed through action and habituation, and that good action requires prudence—found their most powerful proponent in the person medieval scholars simply called "the Philosopher." Drawing on their intimate knowledge of Aristotle's**

thought, Robert C. Bartlett and Susan D. Collins have produced here an English-language translation of the Ethics that is as remarkably faithful to the original as it is graceful in its rendering. Aristotle is well known for the precision with which he chooses his words, and in this elegant translation his work has found its ideal match. Bartlett and Collins provide copious notes and a glossary providing context and further explanation for students, as well as an introduction and a substantial interpretive essay that sketch central arguments of the work and the seminal place of Aristotle's Ethics in his political philosophy as a whole. The Nicomachean Ethics has engaged the serious interest of readers across centuries and civilizations—of peoples ancient, medieval, and modern; pagan, Christian, Muslim, and Jewish—and this new edition will take its place as the standard English-language translation.

THE SAFETY GODMOTHERS: THE ABCS OF AWARENESS, BOUNDARIES AND CONFIDENCE FOR TEENS

B3 Books FOR PARENTS: Do you avoid speaking to your kids about violence? It's not your fault. This is a book that will change - and possibly even save - your life, or the life of your child. The Safety Godmothers - Ellen Snortland and Lisa Gaeta - know violence reduction and prevention from A-Z. This book is an invaluable compilation of Ellen and Lisa's personal safety techniques, practical insights and advice, based on their decades of real-world experience. Gavin de Becker, a revered authority in violence prevention worldwide and Oprah's go-to expert, shares his know-how in three featured chapters. In addition, there are more than 20 real-life success stories, where all sorts of people overcame dangerous situations by using time-tested, reliable skills that let them set verbal and physical boundaries when their safety was compromised. The results will astound you! FOR TEENS: Uh-oh! A creepy guy scared the wits out of you when you were out with your friends. All you could do was freeze, and hope he'd go away. You want to tell your parents about it, but you don't want to freak them out because you cherish your freedom. The Safety Godmothers, Ellen Snortland and Lisa Gaeta, hear you. Your friends say, "Get over it!" "Ignore it." "You make a big deal out of everything." Nonetheless, YOU want to understand what to do next time, whether it involves bad behavior by someone you know, or from a stranger. It's bad enough if you're a girl; boys are "supposed" to know how to handle dicey situations with violent people. Who can they talk to about personal safety without being labeled a "wimp"? From weekly indignities at school or work, to really scary situations, reading The Safety Godmothers: The ABCs of Awareness, Boundaries and Confidence will help you to be out and about safely. Gavin de Becker, Oprah's go-to expert, shares his know-how in three featured chapters. While the subject matter sounds serious, the book is actually a lot of fun. Ellen and Lisa provide "How We See It" commentary that is often irreverent ... and sometimes even a little bit naughty! You've never had such a good time learning to stay safe. ABOUT THE AUTHORS The Safety Godmothers is not

only the name of the book, but also the identity of its two authors, Ellen Snortland and Lisa Gaeta. The Safety Godmothers have decades of experience in training thousands of women, girls, men and boys in verbal and physical self-defense. Ms. Gaeta is the founder and CEO of IMPACT Personal Safety of Southern California, and recognized internationally as the most experienced trainer in full-force, adrenaline based self-defense. Ms. Snortland is the author of "Beauty Bites Beast: Awakening the Warrior in Women and Girls," which is deemed a classic in the personal safety field. She has spoken about and taught self-defense all over the world, and been featured on Dateline NBC. Gavin de Becker, our "Safety Godfather," is widely regarded as the leading expert on the prediction and management of violence. He is also the author of several books, including the best-selling "The Gift of Fear." The Safety Godmothers wish you the best life has to offer and the inspiration to live a full and courageous life... and kick some serious butt if you must!

THE ROAD

Vintage **NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE •** A searing, post-apocalyptic novel about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation.

MEIN KAMPF

Diamond Pocket Books Pvt Ltd 'MEIN KAMPF' is the autobiography of Adolf Hitler gives detailed insight into the mission and vision of Adolf Hitler that shook the world. This book is the merger of two volumes. The first volume of MEIN KAMPF' was written while the author was imprisoned in a Bavarian fortress. The book deals with events which brought

the author into this blight. It was the hour of Germany's deepest humiliation, when Napoleon has dismembered the old German Empire and French soldiers occupied almost the whole of Germany. The book narrates how Hitler was arrested with several of his comrades and imprisoned in the fortress of Landsberg on the river Lech. During this period only the author wrote the first volume of MEIN KAMPF. The Second volume of MEIN KAMPF was written after release of Hitler from prison and it was published after the French had left the Ruhr, the tramp of the invading armies still echoed in German ears and the terrible ravages had plunged the country into a state of social and economic Chaos. The beauty of the book is, MEIN KAMPF is an historical document which bears the imprint of its own time. Moreover, Hitler has declared that his acts and 'public statements' constitute a partial revision of his book and are to be taken as such. Also, the author has translated Hitler's ideal, the Volkischer Staat, as the People's State. The author has tried his best making German Vocabulary easy to understand. You will never be satisfied until go through the whole book. A must read book, which is one of the most widely circulated and read books worldwide.

THE GIFT OF VIOLENCE

PRACTICAL KNOWLEDGE FOR SURVIVING AND THRIVING IN A DANGEROUS WORLD

Pitchstone Publishing In today's modern world, we are largely isolated from the kind of savagery our ancestors faced on a daily basis. Although violence was as natural to our evolutionary development as sex and food, it has become foreign to most of us: at once demonized and glamorized, but almost always deeply misunderstood. Our hard-earned and hard-wired instincts--our evolved and trained ability to survive and overcome violent encounters--have been compromised. The Gift of Violence tells the story of this vulnerability and provides the average person with all the knowledge they need to reduce the likelihood of becoming a victim of violence--and to survive a violent encounter. Based both on the author's decades of experience teaching everyday people how to defend themselves and on a rational approach to the scientific data, The Gift of Violence offers clear, easy-to-remember lessons for people of all ages and abilities. It is designed to empower those who've been affected by violence, or are concerned that they or their loved ones could be--in short, to help good people become more dangerous to bad people.

THE WAY OF THE SUPERIOR MAN

A SPIRITUAL GUIDE TO MASTERING THE CHALLENGES OF WOMEN, WORK, AND SEXUAL DESIRE: EASY READ COMFORT EDITION

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