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KEY=LANGUAGES - CARDENAS MOHAMMED

THE FIVE LOVE LANGUAGES

In The 5 Love Languages, you will discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman s proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner starting today.

WHAT ARE THE 5 LOVE LANGUAGES?

THE OFFICIAL BOOK SUMMARY

Moody Publishers Simple ideas, lasting love—all in a short read In this abridged version of the New York Times bestseller The 5 Love Languages®, relationships expert Dr. Gary Chapman offers a trimmed-down explanation of his transformational approach to love. People express and receive love in 5 different ways, called love languages: quality time, words of affirmation, gifts, acts of service, and physical touch. The sooner you discover your language and that of your loved one, the sooner you can take your relationship to new heights. And with this summary version of the award-winning book, you don't have to read long to find out. With disarming wit, clear explanations, and inspiring storytelling, Dr. Chapman only needs a moment of your time to transform your love life.

THE FIVE LOVE LANGUAGES GIFT EDITION

HOW TO EXPRESS HEARTFELT COMMITMENT TO YOUR MATE

Moody Publishers Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? #1 New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language—quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other. Chapters are categorized by love language for easy reference, and each one ends with specific, simple steps to express a specific language to your spouse and guide your marriage in the right direction. A newly designed love languages assessment will help you understand and strengthen your relationship. You can build a lasting, loving marriage together. This beautiful faux leather edition is the perfect gift for weddings, holidays, or any special occasion. Includes a promotional code to gain exclusive online access to the new comprehensive love languages assessment.

THE 5 LOVE LANGUAGES

THE SECRET TO LOVE THAT LASTS

Moody Publishers Over 20 million copies sold! A perennial New York Times bestseller for over a decade! Falling in love is easy. Staying in love—that's the challenge. How can you keep your relationship fresh and growing amid the demands, conflicts, and just plain boredom of everyday life? In the #1 New York Times international bestseller The 5 Love Languages, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner—starting today. The 5 Love Languages is as practical as it is insightful. Updated to reflect the complexities of relationships today, this new edition reveals intrinsic truths and applies relevant, actionable wisdom in ways that work. Includes the Couple's Personal Profile assessment so you can discover your love language and that of your loved one.

THE 5 LOVE LANGUAGES OF CHILDREN

Moody Publishers Does your child speak a different language? Sometimes they waver for your attention, and other times they ignore you completely. Sometimes they are filled with gratitude and affection, and other times they seem totally indifferent. Attitude. Behavior. Development. Everything depends on the love relationship between you and your child. When children feel loved, they do their best. But how can you make sure your child feels loved? Since 1992, Dr. Gary Chapman's best-selling book The 5Love Languages has helped millions of couples develop stronger, more fulfilling relationships by teaching them to speak each others' love language. Each child, too, expresses and receives love through one of five different communication styles. And your love language may be totally different from that of your child. While you are doing all you can to show your child love, he may be hearing it as something completely opposite. Discover your child's primary language and learn what you can do to effectively convey unconditional feelings of respect, affection, and commitment that will resonate in your child's emotions and behavior.

THE 5 LOVE LANGUAGES FOR MEN

TOOLS FOR MAKING A GOOD RELATIONSHIP GREAT

Moody Publishers The love she craves, the confidence you need In a man's heart is the desire to master what matters. It's nice to get a complement at work or on the court, but nothing beats hearing your spouse say, "You make me feel loved." If you haven't heard that in a while, or you feel like you're not bringing you're A-game relationally, this book is for you. The 5 Love Languages® has sold 10 million copies because it is simple, practical, and effective. In this edition, Gary Chapman speaks straight to men about the rewards of learning and speaking their wife's love language. Touched with humor and packed with helpful illustrations and creative pointers, these pages will rouse your inner champion and empower you to master the art of love. "When you express your love for your wife using her primary love language, it's like hitting the sweet spot on a baseball bat or golf club. It just feels right—and the results are impressive." —Gary Chapman Includes an updated version of The 5 Love Languages® personal profile.

THE FIVE LOVE LANGUAGES

HOW TO EXPRESS HEARTFELT COMMITMENT TO YOUR MATE

Moody Publishers Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? #1 New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language—quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other. Chapters are categorized by love language for easy reference, and each one ends with simple steps to express a specific language to your spouse and guide your marriage in the right direction. A newly designed love languages assessment will help you understand and strengthen your relationship. You can build a lasting, loving marriage together. Gary Chapman hosts a nationally syndicated daily radio program called A Love Language Minute that can be heard on more than 150 radio stations as well as the weekly syndicated program Building Relationships with Gary Chapman, which can both be heard on fivelovelanguages.com. The Five Love Languages is a consistent

New York Times bestseller - with over 5 million copies sold and translated into 38 languages. This book is a sales phenomenon, with each year outselling the prior for 16 years running!

THE 5 LOVE LANGUAGES MILITARY EDITION

THE SECRET TO LOVE THAT LASTS

Moody Publishers Advice for military couples “As soon as I arrived in Afghanistan, I began reading The 5 Love Languages®. I had never read anything so simple yet so profound.” — Anonymous soldier If you are in a military relationship, you know the strain of long deployments, lonely nights, and difficult transitions. For extraordinary challenges like these, couples need specific advice. In this updated edition of The 5 Love Languages®: Military Edition, relationship expert Dr. Gary Chapman teams up with Jocelyn Green, a former military wife, to speak directly to military couples. They share the simple secret to loving each other best, including advice for how to: Build intimacy over long distances Reintegrate after deployment Unlearn harsh military-style communication Rebuild and maintain emotional love Help your spouse heal from trauma and more With more than 10 million copies sold, The 5 Love Languages® has been strengthening millions of relationships for over 25 years. This military edition will inspire and equip you to build lasting love in your relationship, starting today. Includes stories from every branch of service, tips for expressing love when apart, and an updated FAQs section.

THE FIVE LOVE LANGUAGES FOR SINGLES

THE FIVE LOVE LANGUAGES

HOW TO EXPRESS HEARTFELT COMMITMENT TO YOUR MATE

Northfield Pub Dr. Gary Chapman explains how people communicate love in different ways and shares the wonderful things that happen when men and women learn to speak each other's language.

THE 5 LOVE LANGUAGES

THE SECRET TO LOVE THAT LASTS

Northfield Publishing Dr. Chapman explains how people communicate love in different ways, and shares the wonderful things that happen when men and women learn to speak each other's language.

THE VALLEY OF THE MOON

BEYOND BOOKS HUB The Valley of the Moon (1913) is a novel by American writer Jack London. Inspired by his experiences as a working-class man and dedicated socialist, London incorporates aspects of his own biography—his interest in sailing, his life on a ranch in Sonoma County—to tell a story of hardship, hope, and perseverance. Having grown disillusioned with the labor movement, London uses the novel to advocate for sustainable agriculture and other alternatives to industry, urban life, and modernization. A former professional boxer, Billy works as a Teamster in Oakland, where strikes and demonstrations for the labor movement often turn violent. Soon after his marriage to Saxon, a young laundry worker, Billy is arrested for assaulting a strikebreaker, the stress of which contributes to his wife's miscarriage. When he is released from jail, Saxon convinces him to reject the labor movement, and the two embark on a journey north to look for work and a new life away from the city. On the way, they meet immigrant farmers who instruct them in the ways of sustainable farming, briefly join an artists' colony, and befriend a young journalist and his wife. After winning a substantial amount of money in a boxing match, Billy purchases a team of horses and envisions a life of prosperity and safety with which to start a family. The Valley of the Moon, though relatively unsuccessful at the time of its publication, is a meditative work that illuminates the disparities of the American Dream and provides alternatives without succumbing to despair. In its pages, we see the prototype for such authors as John Steinbeck and Jack Kerouac, visionaries and restless souls who refused to accept that life was impossible to change. With a beautifully designed cover and professionally typeset manuscript, this edition of Jack London's The Valley of the Moon is a classic of American literature reimagined for modern readers.

DISCOVERING THE 5 LOVE LANGUAGES AT SCHOOL (GRADES 1-6)

LESSONS THAT PROMOTE ACADEMIC EXCELLENCE AND CONNECTIONS FOR LIFE

Northfield Pub Finally, a curriculum that promotes academic excellence and personal safety, while giving students the skills to make connections that matter! Based on the #1 New York Times bestseller The 5 Love Languages®, this curriculum uses research-based techniques that will help teachers and students establish both human and academic connections. Eight easy-to-use lessons written in both scripted and abbreviated formats (average time per lesson: 35 minutes) Curriculum that reaches all elementary-aged students, including trauma-sensitive, complex, and highly capable learners Academic Focus Pages™ written at age-appropriate levels. Students can use them during the lesson and the classroom teacher can reproduce them year after year Tools and ideas for all staff members to create an overall school climate of acceptance and break down walls of diversity

THE 5 LANGUAGES OF APPRECIATION IN THE WORKPLACE

EMPOWERING ORGANIZATIONS BY ENCOURAGING PEOPLE

Moody Publishers Based on the #1 New York Times bestseller The 5 Love Languages® (over 12 million copies sold), Dramatically improve workplace relationships simply by learning your coworkers' language of appreciation. This book will give you the tools to improve staff morale, create a more positive workplace, and increase employee engagement. How? By teaching you to effectively communicate authentic appreciation and encouragement to employees, co-workers, and leaders. Most relational problems in organizations flow from this question: do people feel appreciated? This book will help you answer “Yes!” A bestseller—having sold over 300,000 copies and translated into 16 languages—this book has proven to be effective and valuable in diverse settings. Its principles about human behavior have helped businesses, non-profits, hospitals, schools, government agencies, and organizations with remote workers. PLUS! Each book contains a free access code for taking the online Motivating By Appreciation (MBA) Inventory (does not apply to purchases of used books). The assessment identifies a person's preferred languages of appreciation to help you apply the book. When supervisors and colleagues understand their coworkers' primary and secondary languages, as well as the specific actions they desire, they can effectively communicate authentic appreciation, thus creating healthy work relationships and raising the level of performance across an entire team or organization. Take your team to the next level by applying The 5 Languages of Appreciation in the Workplace.

A TEEN'S GUIDE TO THE 5 LOVE LANGUAGES

HOW TO UNDERSTAND YOURSELF AND IMPROVE ALL YOUR RELATIONSHIPS

Moody Publishers The secret to great relationships—just for teens #1 New York Times bestselling book The 5 Love Languages® has sold over 10 million copies, helping countless relationships thrive. Simply put, it works. But do the five love languages work for teens, for their relationships with parents, siblings, friends, teachers, coaches, and significant others? Yes! Introducing A Teen's Guide to the 5 Love Languages, the first-ever edition written just to teens, for teens, and with a teen's world in mind. It guides emerging adults in discovering and understanding their own love languages as well as how to best express love to others. This highly practical book will help teens answer questions like: What motivates and inspires me? What does it mean to be a caring friend? What communicates love to my family? What is the best way to get along with the opposite sex? Features include: A straight-forward overview of the 5 love languages A profile/assessment instrument specifically geared to teens Practical examples/tips for how to apply each language in a teen's context Graphics that drive home key concepts Teens' relationships matter, and these simple ideas will help them thrive.

THE 5 LOVE LANGUAGES/THE 5 LOVE LANGUAGES FOR MEN SET

Moody Publishers This set includes The 5 Love Languages and The 5 Love Languages for Men. In The 5 Love Languages, you will discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to

showing and receiving love will help you experience deeper and richer levels of intimacy with your partner—starting today. In *The 5 Love Languages for Men*, Dr. Gary Chapman gears this edition of his #1 New York Times multi-million best seller, *The 5 Love Languages*, to the needs, challenges, and interests of husbands everywhere. This book offers a straightforward approach that will equip the reader for relational success.

HOPE FOR THE SEPARATED

WOUNDED MARRIAGES CAN BE HEALED

Moody Publishers The unfortunate reality is that Christians are separating and divorcing at the same rate as the unbelieving world. But does separation have to mean the end? You may not feel like reconciling. You may not see hope for a reunion. But the biblical ideal for a separated couple is reconciliation. So how do you do it? When doors slam and angry words fly, when things just aren't working out, and even when your spouse has abandoned your trust, there is hope. *Hope for the Separated* will show you through God's Word that your marriage can be restored. Recognizing that restoration will not happen for everyone, Dr. Chapman also gives insightful advice for those who experience the pain of divorce.

THE FIVE LOVE LANGUAGES OF TEENAGERS

PARENT STUDY GUIDE

Lifeway Christian Resources Using this 6-session study, parents and student ministry leaders will learn that even teens understand and show love in different ways some prefer gifts, others physical affection, and still more respond to words of affirmation.

A PERFECT PET FOR PEYTON

A 5 LOVE LANGUAGES DISCOVERY BOOK

Moody Publishers Gary Chapman and Rick Osborne help children learn about the importance of love in this wonderfully imaginative and classically illustrated children's hardcover book featuring four-color illustrations (with hidden details!) by Wilson Williams, Jr., and based on Gary's bestselling *The 5 Love Languages*. Each child in this entertaining and playful story learns that they have a primary love language that when "spoken" by others, makes them feel loved. As the five children in the story interact with Mr. Chapman and the unique animals at his special zoo/museum/theme park/birthday party palace, they come to understand their own love language! Readers, especially children ages 5-8, are sure to recognize their own love language as the story develops, and at the end of the book is a fun quiz that will help parents and children identify their own love language. The cast of child characters in this whimsical story include: Penny, Peyton's twin sister, who receives love best when others spend quality time with her. Mr. Chapman introduces Penny to Horace, a Ragdoll Cat who just wants to be with Penny. Jayla, one of Penny's close friends, is always saying nice things about people. Her love language is words of affirmation. Jayla's perfect pet pal is Pamela, an African Grey Parrot, who repeats the nice things Jayla says about others. Kevin, one of Peyton's close friends, enjoys giving things to people. So does his special pet Chip, a Capuchin Monkey! Sofia loves to pet the animals, and to show her love for others with special hugs. Physical touch is Sofia's love language. Snuggles

THE LOVE LANGUAGES OF GOD

Christian Large Print To love and be loved, what could be more important? The craving to be loved is our deepest emotional need. Each of us feels loved when others speak our primary love language. We are drawn to that person because he or she is meeting our basic need to feel loved. The love languages in human relationships are a reflection of divine love. If man is indeed made in the image of God, then we would expect to find all five love languages (and more) expressed in the character and nature of God. Dr. Chapman's goal for readers is that they may be led to explore the possibility of speaking different love languages to God and thus expanding their own understanding of God and others.

THE 5 LOVE LANGUAGES

THE SECRET TO LOVE THAT LASTS

Turtleback For use in schools and libraries only. Outlines five expressions of love--quality time, words of affirmation, gifts, acts of service, and physical touch--and explains how to identify and communicate effectively in a spouse's "love language.

KEEPING LOVE ALIVE AS MEMORIES FADE

THE 5 LOVE LANGUAGES AND THE ALZHEIMER'S JOURNEY

Moody Publishers Across America and around the world, the five love languages have revitalized relationships and saved marriages from the brink of disaster. Can they also help individuals, couples, and families cope with the devastating diagnosis of Alzheimer's disease (AD)? Coauthors Chapman, Shaw, and Barr give a resounding yes. Their innovative application of the five love languages creates an entirely new way to touch the lives of the five million Americans who have Alzheimer's, as well as their fifteen million caregivers. At its heart, this book is about how love gently lifts a corner of dementia's dark curtain to cultivate an emotional connection amid memory loss. This collaborative, groundbreaking work between a healthcare professional, caregiver, and relationship expert will: Provide an overview of the love languages and Alzheimer's disease, correlate the love languages with the developments of the stages of AD, discuss how both the caregiver and care receiver can apply the love languages, address the challenges and stresses of the caregiver journey, offer personal stories and case studies about maintaining emotional intimacy amidst AD. *Keeping Love Alive as Memories Fade* is heartfelt and easy to apply, providing gentle, focused help for those feeling overwhelmed by the relational toll of Alzheimer's. Its principles have already helped hundreds of families, and it can help yours, too.

LOVE LANGUAGE MINUTE FOR COUPLES

100 DAYS TO A CLOSER RELATIONSHIP

Tyndale House Publishers, Inc. From the bestselling author of *The 5 Love Languages* comes a beautiful gift for every couple looking to deepen their relationship with one another—and with God. Are you and your spouse speaking the same language? He sends you flowers when what you really want is time to talk. She gives you a hug when what you really need is a home-cooked meal. The problem isn't love—it's your love language. Adapted from *The One Year Love Language Minute Devotional*, this 100-day giftable devotional is perfect for the couples in your life—or for you and your spouse! As you learn how to express heartfelt love to your loved one, you'll find yourselves deeper in love and growing closer to God—together—as a result.

THE HEART OF THE 5 LOVE LANGUAGES (ABRIDGED GIFT-SIZED VERSION)

Moody Publishers In this GIFT-SIZED ABRIDGED VERSION of the #1 New York Times bestselling book *The 5 Love Languages*, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner-starting today.

SEEN. KNOWN. LOVED.

5 TRUTHS ABOUT GOD AND YOUR LOVE LANGUAGE

Moody Publishers Could Your Love Language Guide You to a Meaningful Life? In a world of varying beliefs and endless opportunities, determining how to spend our lives can seem impossible. And even more difficult than finding direction can be finding meaning. Perhaps we know what we're most interested in, but how do we know if it has purpose? These longings are rooted in our desire to feel God's presence in our lives, which begins when we know how He communicates with us. *Seen, Known, Loved*, examines how God—the Creator of the universe—intimately communicates with each of His people. Relationships expert Gary Chapman and coauthor R. York Moore offer practical insights for how to know your own love language and how God uses it to communicate with you. When we come to understand our own unique love language, we discover how God both speaks and listens. And, therefore, how He is intimately involved in our lives in ways we have never before identified. The first step to living with meaning is living in union with our God—the source of meaning.

HOLDING ON TO LOVE AFTER YOU'VE LOST A BABY

THE 5 LOVE LANGUAGES® FOR GRIEVING PARENTS

Moody Publishers A Powerful Resource for Grieving Couples Losing a child is among the most tragic experiences one can face. The crushing grief puts immense strain on the marriage, family relationships, and friendships that few can understand. That's why this book was written. In it Candy McVicar, a grieving mom who leads a ministry for grieving parents, and Dr. Gary Chapman, relationship expert and author of *The 5 Love Languages®*, team up to help couples who are facing the unimaginable. They'll teach you how to: Cope with the complex feelings that come with the grief process Understand your spouse's unique grieving needs and support him/her Use the five love languages through grief There is nothing that can make the pain of losing a child go away, but healing is possible with intentional hearts and the right resources.

COMPANION WORKBOOK TO THE 5 LOVE LANGUAGES: DO THE RELATIONSHIP WORK

Independently Published You've read the bestselling book, *The 5 Love Languages*, by Gary Chapman. Now, it's time to put what you have discovered into action. This workbook will help you strengthen your relationship through actively planning to speak your partner's love language and asking for what you need according to your own language. You will start by brainstorming all the things that you could do for your partner and all the things you would like your partner to do for you. Then you will create a plan for actually doing those things each month. You will reflect on the response and feedback you get from your efforts so that you can refine your approach. Remember each language has many different dialects and what you try first may not be on target. Don't give up. Keep trying to speak the same language but in a different way. For example, spending quality time could mean doing a project together or it could mean enjoying the planning but not the actual doing of a project together. It could mean going out to dinner together or it could mean making a meal together. Only through experimentation will you figure out what fills your partner's love tank. Don't just read the book - do the work. Knowledge isn't enough to build a great relationship. The Kindle version comes with a PDF download version as well.

THE 5 MONEY PERSONALITIES

SPEAKING THE SAME LOVE AND MONEY LANGUAGE

Thomas Nelson The hidden key to a healthy relationship is not just managing money but understanding how the other approaches money. Every couple argues about money. It doesn't matter if you've been married for 40 years or dating for 4 months, money touches every decision you make as a couple—from the \$5 cup of coffee to the \$50,000 car. And when the two of you don't see eye-to-eye on how much to spend or how much to save, that's when arguments turn into ugly toxic fights that leave both persons feeling hurt and angry. It's why money has become the #1 cause of divorce in the U.S. Obviously, something needs to change. The reason this crisis has not been addressed is because it has never been identified, defined, or given a name. Scott and Bethany Palmer, aka "The Money Couple," have identified and defined this problem and offer concrete solutions to fix it. Once you know your Money Personality, you can get to the root of money arguments and start really working together. You'll discover what has an impact on your loved one's money decisions, and you'll learn how to talk about money in a way that's actually fun! You'll figure out how to put an end to money secrets and lies once and for all. It's not just about money management, and it's definitely not just about overcoming debt. It is a whole new way of living that will change everything in your relationship. Tens of thousands have already been transformed. Are you ready?

YOU GET ME

SIMPLE, ROMANTIC WAYS TO SPEAK THE 5 LOVE LANGUAGES

Moody Publishers Love Your Loved One in the Ways That Mean the Most Knowing your significant other's love language is the first step to communicating love—but ideas for how to communicate don't always come easily. While your love is unquestionable, are you expressing it in ways that are meaningful to your loved one? In *You Get Me* by Jen Mickelborough and Dr. Gary Chapman, author of *The 5 Love Languages®*, you'll find simple, practical ideas for how to infuse your relationship with excitement, joy, and intimacy as you care for your beloved in the ways that mean the most to him or her. From planning spontaneous dinners to warm embraces, from creating thoughtful playlists to picking out the perfect gift, learn ways to communicate your love in every love language. Don't let a lack of ideas limit your best intentions. Discover how these simple, everyday expressions of love can become fundamental to establishing understanding and connection within your relationship.

GOD SPEAKS YOUR LOVE LANGUAGE

HOW TO EXPERIENCE AND EXPRESS GOD'S LOVE

Moody Publishers More than 200,000 copies sold Feel God's love more personally. Do you realize that the God of the universe speaks your love language, and your expressions of love for Him are shaped by your love language? Learn how you can give and receive God's love through the five love languages: words of affirmation, quality time, gifts, acts of service, and physical touch. Gary Chapman writes, "As we respond to the love of God and begin to identify the variety of languages He uses to speak to us, we soon learn to speak those languages ourselves. Whatever love language you prefer, may you find ever deeper satisfaction in using that language in your relationship with God and with other people." The book includes a brand new chapter on "Getting Out of Your Comfort Zone" which will teach you the joys of speaking a love language you're not used to with God. No matter what love language you prefer, you will become more deeply connected with God and watch this bond transform all of your relationships. Contains personal reflection questions and a study guide for groups

THE MARRIAGE YOU'VE ALWAYS WANTED

Moody Publishers From America's favorite marriage expert and author of the New York Times #1 bestseller, *The 5 Love Languages®* Respected marriage counselor Gary Chapman looks at the key issues that will help you build the marriage you've always wanted, answering such real-life questions as . . . Why won't they change? Why do we always fight about tasks and responsibilities? Why should we have to work at sex? In the warm, practical style that has endeared him to audiences worldwide, Dr. Chapman delivers advice on all the "big issues," like: Money Communication Decision making In-laws and much more Each chapter includes a "Your Turn" opportunity for reflection and interaction between spouses. Discover the "joy potential" in your marriage and your "ministry potential" for God!

LOVE ME, DON'T LEAVE ME

OVERCOMING FEAR OF ABANDONMENT AND BUILDING LASTING, LOVING RELATIONSHIPS

New Harbinger Publications Everyone thrives on love, comfort, and the safety of family, friends, and community. But if you are denied these basic comforts early in life, whether through a lack of physical affection or emotional bonding, you may develop intense fears of abandonment that can last well into adulthood—fears so powerful that they can actually cause you to push people away. If you suffer from fears of abandonment, you may have underlying feelings of anger, shame, fear, anxiety, depression, and grief. These emotions are intense and painful, and when they surface they can lead to a number of negative behaviors, such as jealousy, clinging, and emotional blackmail. In *Love Me, Don't Leave Me*, therapist Michelle Skeen combines acceptance and commitment therapy (ACT), schema therapy, and dialectical behavioral therapy (DBT) to help you identify the root of your fears. In this book you'll learn how schema coping behaviors—deeply entrenched and automatic behaviors rooted in childhood experiences and fears—can take over and cause you to inadvertently sabotage your relationships. By recognizing these coping behaviors and understanding their cause, you will not only

gain powerful insights into your own mind, but also into the minds of those around you. If you are ready to break the self-fulfilling cycle of mistrust, clinginess, and heartbreak and start building lasting, trusting relationships, this book will be your guide.

THE 5 LOVE LANGUAGES/THE 5 LOVE LANGUAGES MEN'S EDITION SET

Moody Publishers This set includes *The Five Love Languages* and *The Five Love Languages Men's Edition*. In *The Five Love Languages*, #1 New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language—quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other. Chapters are categorized by love language for easy reference, and each one ends with simple steps to express a specific language to your spouse and guide your marriage in the right direction. A newly designed love languages assessment will help you understand and strengthen your relationship. You can build a lasting, loving marriage together. *The Five Love Languages Men's Edition*, #1 New York Times bestselling author Dr. Gary Chapman guides husbands in identifying, understanding, and speaking their wife's love language. Husbands are commanded to love their wives, but do you know what really makes your wife feel loved? Are you tired of missed cues and confusing signals? Everyone has a primary love language—quality time, words of affirmation, gifts, acts of service, or physical touch. Each chapter concludes with ten simple and practical ideas for expressing that love language to your wife. You'll both enjoy taking the new love languages assessment and building a lasting, loving marriage.

THE LANGUAGE OF LOVE

Focus on the Family Pub How to quickly communicate your feelings and needs.

THE SEVEN PRINCIPLES FOR MAKING MARRIAGE WORK

Harmony Drawing on groundbreaking research into the dynamics of healthy relationships, a study of the basic principles that make up a happy, long-lasting marriage shares easy-to-understand, helpful advice on how to cope with such issues as work, children, money, sex, and stress. 35,000 first printing. Tour.

ANGER

TAMING A POWERFUL EMOTION

Moody Publishers Help for anger management — from NYT bestselling author Gary Chapman Anger is a cruel master. If you struggle even a little with anger, you know how it feels to get mad too easily. To lash out at someone you love. To hold onto frustration. You might even notice others seem uneasy around you. You know anger is hurting your life, but you don't know how to fix it. There is hope. When you understand why you get angry and what to do about it, you can change the course of your life for the better. In *Anger: Taming a Powerful Emotion*, counselor Gary Chapman shares surprising insights about anger, its effect on relationships, and how to overcome it. His advice and real-life examples will help you: Understand yourself better Overcome shame, denial, and bitterness Discern good anger from bad anger Manage anger and conflict constructively Make positive life changes Let go of your grudges and resentment Help others (like your children) deal with anger and more Whether your anger is quiet or explosive, if it's clouding your judgment and hurting your relationships, it needs to go. Learn to handle anger in healthy ways, starting today. Gary Chapman is wise and empathetic, and he'll help you turn over a new leaf.

THE FIVE LOVE LANGUAGES

HOW TO EXPRESS HEARTFELT COMMITMENT TO YOUR MATE

Lifeway Church Resources "Small-group study based on the best-selling book"--Cover.

MAKING THINGS RIGHT AT WORK

INCREASE TEAMWORK, RESOLVE CONFLICT, AND BUILD TRUST

Moody Publishers Workplace conflict is inevitable. When it happens, how can you get back on track? Like all relationships, the ones we have at work are subject to stresses—maybe even fractures that can really take a toll on the workplace. Productivity is lost. Time is wasted. Tension mounts. Cooperation is reduced. And the workplace becomes toxic. What's the solution? In *Making Things Right at Work*, Dr. Gary Chapman, #1 New York Times bestselling author of *The 5 Love Languages®*, is joined by business consultants Dr. Jennifer Thomas and Dr. Paul White to offer the strategies you need to restore harmony at work. You'll learn: How to discern the causes of workplace conflict How to avoid unnecessary disputes How to repair relationships when you've messed up How to let go of past hurts and rebuild trust Don't let broken relationships taint your work environment. Take the needed steps to make things right . . . not tomorrow, but today. The success of your career depends on it!

THE ONE YEAR LOVE LANGUAGE MINUTE DEVOTIONAL

Tyndale House Publishers, Inc. "The One Year Love Language Minute Devotional" is a daily guide that shows how to express heartfelt love to a loved one.

WHAT WOMEN WANT--WHAT MEN WANT

WHY THE SEXES STILL SEE LOVE AND COMMITMENT SO DIFFERENTLY

Oxford University Press Following the work of E. O. Wilson, Desmond Morris, and David Buss, *What Women Want--What Men Want* offers compelling new evidence about the real reasons behind men's and women's differing sexual psychologies and sheds new light on what men and women look for in a mate, the predicament of marriage in the modern world, the relation between sex and emotion, and many other hotly debated questions. Drawing upon 2000 questionnaires and 200 intimate interviews that show how our sexual psychologies affect everyday decisions, John Townsend argues against the prevailing ideologically correct belief that differences in sexual behavior are "culturally constructed." Townsend shows there are deep-seated desires inherited from our evolutionary past that guide our actions. In a fascinating series of experiments, men and women were asked to indicate preferences for potential mates based on their attractiveness and apparent economic status. Women overwhelmingly preferred expensively dressed men to more attractive but apparently less successful men, and men were clearly inclined to choose more attractive women regardless of their professional status. Townsend's studies also indicate that men are predisposed to value casual sex, whereas women cannot easily separate sexual relations from the need for emotional attachment and economic security. Indeed, wherever men possess sexual alternatives to marriage, and women possess economic alternatives, divorce rates will be high. In the concluding chapter, Townsend draws upon the advice of couples who have maintained their marriages over the years to suggest ways to survive our evolutionary predicament. Lucidly and accessibly written, *What Women Want--What Men Want* shows us why we are the way we are and brings new clarity to one of the most intractable debates of our time.