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The Art of Waiting On Fertility, Medicine, and Motherhood Graywolf Press A brilliant exploration of the natural, medical, psychological, and political facets of fertility When Belle Boggs's "The Art of Waiting" was published in Orion in 2012, it went viral, leading to republication in Harper's Magazine, an interview on NPR's The Diane Rehm Show, and a spot at the intersection of "highbrow" and "brilliant" in New York magazine's "Approval Matrix." In that heartbreaking essay, Boggs eloquently recounts her realization that she might never be able to conceive. She searches the apparently fertile world around her--the emergence of thirteen-year cicadas, the birth of eaglets near her rural home, and an unusual gorilla pregnancy at a local zoo--for signs that she is not alone. Boggs also explores other aspects of fertility and infertility: the way longing for a child plays out in the classic Coen brothers film Raising Arizona; the depiction of childlessness in literature, from Macbeth to Who's Afraid of Virginia Woolf?; the financial and legal complications that accompany alternative means of family making; the private and public expressions of iconic writers grappling with motherhood and fertility. She reports, with great empathy, complex stories of couples who adopted domestically and from overseas, LGBT couples considering assisted reproduction and surrogacy, and women and men reflecting on childless or child-free lives. In *The Art of Waiting*, Boggs deftly distills her time of waiting into an expansive contemplation of fertility, choice, and the many possible roads to making a life and making a family. **The Art of Waiting On Fertility, Medicine, and Motherhood** Macmillan A brilliant exploration of the natural, medical, psychological, and political facets of fertility When Belle Boggs's "The Art of Waiting" was published in Orion in 2012, it went viral, leading to republication in Harper's Magazine, an interview on NPR's The Diane Rehm Show, and a spot at the intersection of "highbrow" and "brilliant" in New York magazine's "Approval Matrix." In that heartbreaking essay, Boggs eloquently recounts her realization that she might never be able to conceive. She searches the apparently fertile world around her--the emergence of thirteen-year cicadas, the birth of eaglets near her rural home, and an unusual gorilla pregnancy at a local zoo--for signs that she is not alone. 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A comedy writer who, along with his wife, has experienced every stage of fertility treatment joins with a top infertility doctor to provide a helpful guide for men who are dealing with fertility issues. Original. 10,000 first printing. **Conceivability What I Learned Exploring the Frontiers of Fertility** Simon & Schuster The "Jason Bourne of fertility" (The New York Times Book Review) presents a personal and deeply informative account of one woman's journey through the global fertility industry. On paper, conception may seem like a simple biological process, yet this is often hardly the case. While many would like to have children, the road toward conceiving and maintaining a pregnancy can be unexpectedly rocky and winding. Lawyer Elizabeth Katkin never imagined her quest for children would ultimately involve seven miscarriages, eight fresh IVF cycles, two frozen IVF attempts, five natural pregnancies, four IVF pregnancies, ten doctors, six countries, two potential surrogates, nine years, and roughly \$200,000. Despite her three Ivy League degrees and wealth of resources, Katkin found she was woefully undereducated when it came to understanding and confronting her own difficulties having children. After being told by four doctors she should give up, but without an explanation as to what exactly was going wrong with her body, Katkin decided to look for answers herself. The global investigation that followed revealed that approaches to the fertility process taken in many foreign countries are vastly different than those in the US and UK. In *Conceivability*, Elizabeth Katkin, now a mother of two, exposes eye-opening information about the medical, financial, legal, scientific, emotional, and ethical issues at stake. "A well-researched, informative, and positive account of a very long journey to motherhood" (Kirkus Reviews), *Conceivability* sheds light on the often murky and baffling world of conception science. Her book is an invaluable and inspiring text that will be a boon to others navigating the deep and "choppy waters" of fertility treatment (Publishers Weekly), and her chronicle of one of the most difficult, painful, rewarding, and loving journeys a woman can take is as informative as it is poignant. **Waiting on Pins and Needles Different Paths to Parenthood Through the Eyes of a Fertility Acupuncturist** Independently Published Who knew that needles could make the difference between having children and remaining childless? Rachel Blunk, fertility acupuncturist, for one. In this moving anthology, Rachel weaves heartwarming and heartbreaking tales of clients' paths to motherhood. She's a fertility detective, solving unsolved fertility mysteries. Rachel is a womb whisperer, opening up blocked passageways. She's a magician, making the impossible possible. Rachel works her magic to help women who've miscarried, can't conceive, and lost babies in utero. Using Traditional Chinese Medicine, she wields her potent needles to heal distraught women and help them conceive, carry to term, and deliver healthy babies. You'll learn about snowflake babies, sperm hats, the power of the placenta, and unicornuate uteruses. Each story is a profile in courage. Each story reveals fascinating details about the female body you never knew. Each story gives you faith that, against all odds, dreams do come true. **Two-Week Wait an IVF story** Scribe Publications An original graphic novel based on the IVF stories of its husband-and-wife authors and the 1-in-50 couples around the world like them. Conrad and Joanne met in their final year of university and have been virtually inseparable since then. For a while, it felt like they had all the time in the world. Yet now, when they are finally ready to have kids, they find that getting pregnant isn't always so easy. Ahead of them lies a difficult, expensive, and emotional journey into the world of assisted fertility, where each 'successful' implantation is followed by a two-week wait to see if the pregnancy takes. Join Joanne and Conrad, their friends, their family, their coworkers, and a stream of expert medical practitioners as they experience the highs and the lows, the tears and the laughter in this sensitive but unflinching portrayal of the hope and heartbreak offered to so many by modern medicine. **Infertility Survival Handbook** Penguin An engaging guide to navigating the challenges of infertility. After seven years of tests and more tests, treatments and more treatments, Elizabeth Swire-Falker understands what it means to struggle with infertility. In this frank, reassuring, and thoroughly researched handbook, she shares her own personal experience and offers insight into what challenges to expect along the way-from getting support to finding the right doctor to dealing with insurance. **Six Steps to Increased Fertility An Integrated Medical and Mind/Body Program to Promote Conception** Simon and Schuster Using research into the relationship between lifestyle and fertility, the authors outline a mind/body approach to achieving greater fertility. 75,000 first printing. **Silent Sorority A (barren) Woman Gets Busy, Angry, Lost and Found : a Memoir** Booksurge Publishing In an era of "fertility for all" and dominated by Mom's Clubs and helicopter parents, *Silent Sorority* reveals the difficult business of rebuilding a life when infertility treatments prove fruitless. **The Gulf A Novel** Graywolf Press A hilarious send-up of writing workshops, for-profit education, and the gulf between believers and nonbelievers Marianne is in a slump: barely able to support herself by teaching, not making progress on her poetry, about to lose her Brooklyn apartment. When her novelist ex-fiancé, Eric, and his venture capitalist brother, Mark, offer her a job directing a low-residency school for Christian writers at a motel they've inherited on Florida's Gulf Coast, she can't come up with a reason to say no. The Genesis Inspirational Writing Ranch is born, and liberal, atheist Marianne is soon knee-deep in applications from writers whose political and religious beliefs she has always opposed but whose money she's glad to take. Janine is a schoolteacher whose heartfelt poems explore the final days of Terri Schiavo's life. Davonte is a former R&B superstar who hopes to reboot his career with a bestselling tale of excess and redemption. Lorraine and Tom, eccentric writers in need of paying jobs, join the Ranch as instructors. Mark finds an investor in God's Word God's World, a business that develops for-profit schools for the Christian market, but the conditions that come along with their support become increasingly problematic, especially as Marianne grows closer to the students. As unsavory allegations mount, a hurricane bears down on the Ranch, and Marianne is faced with the consequences of her decisions. With sharp humor and deep empathy, *The Gulf* is a memorable debut novel in which Belle Boggs plumbs the troubled waters dividing America. **The Seed Infertility Is a Feminist Issue** Coach House Books In pop culture as much as in policy advocacy, the feminist movement has historically left infertile women out in the cold. This book traverses the chilly landscape of miscarriage, and the particular grief that accompanies the longing to make a family. Framed by her own desire for a child, journalist Alexandra Kimball brilliantly reveals the pain and loneliness of infertility, especially as a lifelong feminist. Her experience of online infertility support groups -- where women gather in forums to discuss IVF, surrogacy, and isolation -- leaves her longing for a real life community of women working to break down the stigma of infertility. In the tradition of Eula Biss's *On Immunity* and Barbara Ehrenreich's *Bright-sided*, Kimball marries perceptive analysis with deep reportage -- her findings show the lie behind the prevailing, and at times paradoxical, cultural attitudes regarding women's right to actively choose to have children. Braiding together feminist history, memoir, and reporting from the front lines of the battle for reproductive rights and technology, *The Seed* plants in readers the desire for a world where no woman is made to feel that her biology is her destiny. **Mattaponi Queen Stories** Graywolf Press Winner of the 2009 Bakeless Fiction Prize, a confident debut collection from Belle Boggs about life on and around the Mattaponi Indian Reservation Set on the Mattaponi Indian Reservation and in its surrounding counties, the stories in this linked collection detail the lives of rural men and women with stark realism and plainspoken humor. A young military couple faces a future shadowed by injury and untold secrets. A dying alcoholic attempts to reconcile with his estranged children. And an elderly woman's nurse weathers life with her irascible charge by making payments on a decrepit houseboat--the Mattaponi Queen. The land is parceled into lots, work opportunities are few, and the remaining inhabitants must choose between desire and necessity as they navigate the murky stream of possession, love, and everything in between. **Get A Life His & Hers Survival Guide to IVF** Orion Richard and Rosie started trying to conceive after five years of being together but, two and a half years and countless prenatal vitamins and ovulation kits later, there hadn't been even a phantom pregnancy. So began their adventure into IVF, via blood tests, sperm tests, injections and probes, becoming involuntary experts on embryology through failure, despair, persistence and success. After 4 years, 3 different clinics, 2 positive pregnancy tests and 1 miscarriage, they finally had a successful pregnancy. *GET A LIFE* is the perfect down-to-earth guide for anyone thinking of embarking on fertility treatment. It's two books in one, a book of advice for women and a survival guide for men, each chapter mirrored but with very different experience and advice. IVF is terrifying, awful and extraordinary in equal measures for both partners. *GET A LIFE* shares Richard and Rosie's ride on the fertility roller coaster, bringing you the funny, emotional and physical sides of IVF. It is an invaluable guide from both perspectives on how to get through the process in one piece. **The Trying Game Get Through Fertility Treatment and Get Pregnant Without Losing Your Mind** Ballantine Books From the author of "Fertility Diary" for the New York Times Motherlode blog comes a reassuring, no-nonsense guide to both the emotional and practical process of trying to get pregnant, written with the smarts, warmth, and honesty of a woman who has been in the trenches. "A compassionate, often funny, well-researched, and ultimately empowering guide."--Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone* There are so many ways to be Not Pregnant: You can be young, old, partnered, or unpartnered. Maybe you have endometriosis. Maybe you don't have enough eggs or your partner doesn't have enough sperm. Or maybe there's nothing wrong except you're just. Not. Pregnant. Amy Klein has been there. Faced with fertility obstacles, she quickly became an expert. After nine rounds of IVF, four miscarriages, three acupuncturists, two rabbis, and one reproductive immunologist, she finally became a mother. And she wrote about it all for the New York Times Motherlode blog in her "Fertility Diary" column. Now, Amy has written the book she wishes she'd had when she was trying to get pregnant. With advice from medical experts as well as real women, she outlines your options every step of the way, from questions you should ask to advice on getting your mother-in-law to mind her own beeswax. In this comprehensive road map to infertility, you'll find topics such as: * whether to freeze your eggs * finding (and affording) a clinic * what to expect during your first IVF cycle * baby envy--aka it's okay to skip your friend's shower * whether the alternative route--acupuncture, herbs, supplements--is for you * helpful tips, charts, and more! Empowering, compassionate, and down-to-earth, *The Trying Game* will show you what to expect when you're not expecting with heart and humanity when you need it the most. **Cracked Open Liberty, Fertility and the Pursuit of High Tech Babies** Interlink Publishing A WOMAN'S BATTLE WITH THE BILLION-DOLLAR BABY BUSINESS Cracked Open is Miriam Zoll's eye-opening account of growing into womanhood with the simultaneous opportunities offered by the U.S. women's movement and new discoveries in reproductive technologies. Influenced by the pervasive media and cultural messages suggesting that science had finally eclipsed Mother Nature, Zoll postponed motherhood until the age of 40. When

things don't progress as she had hoped, she enters a world of medical seduction and bioethical quagmires. Desperate to conceive, she surrenders to unproven treatments and procedures only to learn that the odds of becoming a mother through reproductive technologies are far less than she and her generation had been led to believe. **When Reproduction meets Ageing The Science and Medicine of the Fertility Decline** [Emerald Group Publishing](#) When Reproduction meets Ageing questions the nature of reproductive ageing and reproductive biomedicine. **Making Babies A Proven 3-Month Program for Maximum Fertility** [Little, Brown Spark](#) Making Babies offers a proven 3-month program designed to help any woman get pregnant. Fertility medicine today is all about aggressive surgical, chemical, and technological intervention, but Dr. David and Blakeway know a better way. Starting by identifying "fertility types," they cover everything from recognizing the causes of fertility problems to making lifestyle choices that enhance fertility to trying surprising strategies such as taking cough medicine, decreasing doses of fertility drugs, or getting acupuncture along with IVF. Making Babies is a must-have for every woman trying to conceive, whether naturally or through medical intervention. Dr. David and Blakeway are revolutionizing the fertility field, one baby at a time. **The Rules Do Not Apply A Memoir** When Ariel Levy left for a reporting trip to Mongolia in 2012, she was pregnant, married, financially secure, and successful on her own terms. A month later, none of that was true. **Pathways to Pregnancy Personal Stories and Practical Advice for Your Fertility Journey** [LifeTree Media](#) Pathways to Pregnancy is a collection of wide-ranging and relatable stories, shared by an expert who also knows first-hand the pain and joy of the fertility journey from her own experience. Instructional and inspirational to anyone going through it or seeking to understand it deeply and in all its variations, these are real stories of hope and humor — and some practical advice that is often overlooked but easy to incorporate into your life. These stories about real women, related by Mary Wong with both compassion and authority, retain many of the subjects' own words and particular perspectives. Through their stories, Mary explains the central principles of fertility treatment by both Traditional Chinese Medicine practitioners and Western doctors. Each story focuses on a set of archetypal challenges or life situations found in patients seeking fertility treatment. In this way, the book serves as a comprehensive examination of the spectrum of infertility experience, expressed through the lens of highly personal anecdotes and intimate experiences. **Handbook of Fertility Nutrition, Diet, Lifestyle and Reproductive Health** [Academic Press](#) Handbook of Fertility: Nutrition, Diet, Lifestyle and Reproductive Health focuses on the ways in which food, dietary supplements, and toxic agents, including alcohol and nicotine affect the reproductive health of both women and men. Researchers in nutrition, diet, epidemiology, and endocrinology will find this comprehensive resource invaluable in their long-term goal of understanding and improving reproductive health. This book brings together a broad range of experts researching the different aspects of foods and dietary supplements that promote or detract from reproductive health. Section One contains several overview chapters on fertility, how it is assessed, and how it can be affected by different metabolic states, nutritional habits, dietary supplements, the action of antioxidants, and lifestyle choices. Sections Two and Three consider how male and female fertility are affected by obesity, metabolic syndrome, hormonal imbalance, and even bariatric surgery. Section Four explores the ways diet, nutrition, and lifestyle support or retard the success of in vitro fertilization, while Section Five explores how alcohol and other drugs of abuse lower fertility in both women and men. Explores how alcohol, nicotine, and other drugs of abuse disrupt and impair reproductive health **Reviews studies of common conditions such as obesity and metabolic syndrome and their effect on fertility and reproductive health Investigates the components of foods and dietary supplements, in particular oxidative stress and antioxidants Presents the nutritional effects of foods and dietary supplements and their benefits and risks relating to reproductive health** **A Cub Come True An IVF Story** Starting a family isn't always straightforward, and many families today are started with the help of fertility specialists. Nonetheless, it can be sometimes be challenging for parents to share this part of their journey with their children. A Cub Came True shares the story of Ted and Sue, a panda couple who are having trouble conceiving. A friendly penguin recommends that they go see Dr. Feathers, the Zoo's fertility doctor. With a little help and a lot of luck, Ted and Sue are able to start their family and their lives are forever changed. A Cub Come True is the perfect children's tale to introduce young children to the concept of fertility treatment. Using simple analogies and beautiful illustrations, the book is the perfect platform to start the conversation of how they came to be, with a little help from their own Dr. Feathers. **Freezing Fertility Oocyte Cryopreservation and the Gender Politics of Aging** [NYU Press](#) Analyzes how the possibility of egg freezing changes what it means to be fertile and to age in the 21st century Welcomed as liberation and dismissed as exploitation, egg freezing (oocyte cryopreservation) has rapidly become one of the most widely-discussed and influential new reproductive technologies of this century. In Freezing Fertility, Lucy van de Wiel takes us inside the world of fertility preservation—with its egg freezing parties, contested age limits, proactive anticipations and equity investments—and shows how the popularization of egg freezing has profound consequences for the way in which female fertility and reproductive aging are understood, commercialized and politicized. Beyond an individual reproductive choice for people who may want to have children later in life, Freezing Fertility explores how the rise of egg freezing also reveals broader cultural, political and economic negotiations about reproductive politics, gender inequities, age normativities and the financialization of healthcare. Van de Wiel investigates these issues by analyzing a wide range of sources—varying from sparkly online platforms to heart-breaking court cases and intimate autobiographical accounts—that are emblematic of each stage of the egg freezing procedure. By following the egg's journey, Freezing Fertility examines how contemporary egg freezing practices both reflect broader social, regulatory and economic power asymmetries and repoliticize fertility and aging in ways that affect the public at large. In doing so, the book explores how the possibility of egg freezing shifts our relation to the beginning and end of life. **The Infertility Companion for Catholics Spiritual and Practical Support for Couples** [Ave Maria Press](#) One in every six United States couples experiences infertility but Catholic couples face additional confusion, worry, and frustration as they explore the medical options available to them. Filling a major void in Catholic resources, The Infertility Companion for Catholics is the first book to address not only the medical, emotional, and spiritual dimensions of infertility, but also the particular needs of Catholic couples who desire to understand and follow Church teaching on the use of assisted reproductive technology. Authors Angelique Ruhi-López and Carmen Santamaría offer the support and wisdom gained in their own struggles with infertility. They describe the options that Catholic couples can pursue in seeking to conceive, many of which are not ordinarily presented by the medical community. In an encouraging and non-judgmental tone, they address both husbands and wives and help them recognize the emotional impact of infertility on their relationship. The Infertility Companion for Catholics presents a variety of spiritual resources including prayers, devotions, and the wisdom of the saints and provides suggestions for further reading of reference materials, Catholic documents, and Catholic blogs about infertility. **The Little Virtues Essays** [Simon and Schuster](#) In this collection of her finest and best-known short essays, Natalia Ginzburg explores both the mundane details and inescapable catastrophes of personal life with the grace and wit that have assured her rightful place in the pantheon of classic mid-century authors. Whether she writes of the loss of a friend, Cesare Pavese; or what is inexpugnable of World War II; or the Abruzzi, where she and her first husband lived in forced residence under Fascist rule; or the importance of silence in our society; or her vocation as a writer; or even a pair of worn-out shoes, Ginzburg brings to her reflections the wisdom of a survivor and the spare, wry, and poetically resonant style her readers have come to recognize. "A glowing light of modern Italian literature . . . Ginzburg's magic is the utter simplicity of her prose, suddenly illuminated by one word that makes a lightning streak of a plain phrase. . . . As direct and clean as if it were carved in stone, it yet speaks thoughts of the heart." — The New York Times Book Review **Infertility Around the Globe New Thinking on Childlessness, Gender, and Reproductive Technologies** [Univ of California Press](#) These essays examine the global impact of infertility as a major reproductive health issue, one that has profoundly affected the lives of countless women and men. The contributors address a range of topics including how the deeply gendered nature of infertility sets the blame on women's shoulders. **The Infertility Cure The Ancient Chinese Wellness Program for Getting Pregnant and Having Healthy Babies** [Little, Brown Spark](#) In The Infertility Cure, Dr. Lewis outlines her simple guidelines involving diet, herbs, and acupuncture so that you can make use of her experience and expertise to create a nurturing, welcoming environment for a healthy baby. Dr. Randine Lewis offers you a natural way to support your efforts to get pregnant. The Infertility Cure addresses: Advanced maternal age Recurrent miscarriage Immunological fertility problems Male-factor infertility Hormonal imbalances and associated conditions Anovulation, lethal phase defect, amenorrhea, unexplained infertility Endometriosis, polycystic ovaries, tubal obstruction, uterine fibroids Improving the outcome of assisted reproductive techniques The Infertility Cure opens the door to new ideas about treating infertility that will dramatically increase your odds of getting pregnant -- the natural way. **Avalanche: A Love Story** [W. W. Norton & Company](#) An intensely personal narrative of loss, hope, and longing for a child. In this brave and lucid account, Julia Leigh broaches a challenging life event often left unspoken: how the struggle to have a child can take an agonizing toll. Leigh's experience at the vanguard of medical science is acutely rendered, physically and emotionally, transmitting what it feels like to so desperately wish for a child while knowing that the odds are stacked against you. From the daily shots she puts herself through at home, to hopes raised and dashed, and finally to the decision to stop treatment, Avalanche bears witness to Leigh's raw desire, suffering, strength, and, in the end, transformation—a shift to a different kind of love. The reader looks behind the scenes of a clinic and discovers how things really work: reality is a far cry from the slick marketing of the billion-dollar infertility industry. As for so many women, Leigh's treatment failed, but her ghost child lingers in memory. **Not Pregnant** [Createspace Independent Publishing Platform](#) Maybe you have suffered a miscarriage. Maybe you have been told you cannot have children. Maybe you have followed every bit of advice from every doctor and self-help book, but you still aren't seeing that pink plus sign. Many women face the disheartening struggle of infertility in silence. Between the feelings of shame, the strain on marriages, and the loads of money spent on medicines and failed procedures, they don't want to admit what they often see as a personal flaw: that they cannot bear children. After four miscarriages and years of infertility, Cathie Quillet felt stuck and alone in her negative emotions. In Not Pregnant, Quillet offers a place for women who are experiencing infertility to come together, validate their emotions, and let go of their pain. This motivational and comforting book addresses infertility's effects on sex and marriage, handling the public's general ignorance about infertility, miscarriages, the plethora of emotions experienced, hormonal changes with fertility medications, and how to move on with your life. With real stories from women who have been there and an added scientific perspective from ob-gyn Dr. Shannon Sutherland, Not Pregnant is the emotional companion you need when it seems like no one else gets it. **From IVF to Immortality Controversy in the Era of Reproductive Technology** [Oxford University Press, USA](#) This text provides a clear, simple account of techniques involved in assisted reproduction and embryo research. It explores controversies raised by developments in reproductive technology since the first IVF baby in 1978, such as 'saviour siblings', designer babies, reproductive cloning and embryo research. **The One in Eight Faces of Infertility** One in eight couples in the U.S. struggle with infertility. This book brings to light those struggles, in its many faces and forms, through the voices of individuals and couples. They have all fearlessly put their stories out into the world to help educate, advocate, and reflect upon this very important topic that is too often misunderstood and stigmatized. It's time to normalize the conversation around infertility. If you too are struggling, please remember that you are not alone. **The Marginalized Majority Claiming Our Power in a Post-Truth America** [Melville House](#) "This book is a daring intervention to get us back in the game—and a witty, delightfully personal meditation on collective power." —Naomi Klein The energy on the left has never been higher. But because there are so many issues to tackle, each one more urgent and divisive than the next, some say progressives will once again fail to seize the moment and gain real power. But what if we're getting the story all wrong? In The Marginalized Majority, Onnesha Roychoudhuri makes the galvanizing case that our plurality of identities is not only our greatest strength, but is also at the indisputable core of successful progressive change throughout history. From the civil rights movement to the Women's March, mainstream media to Saturday Night Live, Roychoudhuri illuminates how historical narratives are written and, by holding the myths about our disenfranchisement up to the light, reveals we have far more power than we're often led to believe. With both clear-eyed hope and electrifying power, she examines our ideas about what's possible, and what's necessary—opening up space for action, new realities, and, ultimately, survival. Now, Roychoudhuri urges us, is the time to fight like the majority we already are. **Contemporary Bioethics Islamic Perspective** [Springer](#) This book discusses the common principles of morality and ethics derived from divinely endowed intuitive reason through the creation of al-fit'ra (a nature) and human intellect (al-'aql). Biomedical topics are presented and ethical issues related to topics such as genetic testing, assisted reproduction and organ transplantation are discussed. Whereas these natural sources are God's special gifts to human beings, God's revelation as given to the prophets is the supernatural source of divine guidance through which human communities have been guided at all times through history. The second part of the book concentrates on the objectives of Islamic religious practice – the maqa' sid – which include: Preservation of Faith, Preservation of Life, Preservation of Mind (intellect and reason), Preservation of Progeny (al-nasl) and Preservation of Property. Lastly, the third part of the book discusses selected topical issues, including abortion, assisted reproduction devices, genetics, organ transplantation, brain death and end-of-life aspects. For each topic, the current medical evidence is followed by a detailed discussion of the ethical issues involved. **Fertility Counseling Clinical Guide and Case Studies** [Cambridge University Press](#) Using real-world cases, this clinical guide details the psychosocial challenges faced by patients navigating the world of medically assisted reproduction (MAR). It describes in depth the latest perspectives on counseling approaches to the evolving complexities of family creation, whether fertility issues are a presenting problem or occur during the course of therapy or the aftermath of a struggle with infertility. Applying an evidence-based, cross-border approach, international experts not only discuss advanced perspectives on topics such as third party reproduction, pregnancy loss and adoption, but also newer issues of fertility preservation, 'older' patient parenthood, LGBT and singles' family creation. A comprehensive resource, it explores pioneering insights into fertility counseling such as spirituality, developing disclosure language, a counselor's personal fertility issues, and more. This is an essential aid for medical and mental health professionals to develop and refine the skills needed to treat the increasingly diverse and complex needs of MAR patients. **Infertility Counseling A Comprehensive Handbook for Clinicians** [Cambridge University Press](#) Infertility Counseling: A Comprehensive Handbook for Clinicians, 2nd edition, is a comprehensive, multidisciplinary textbook for all health professionals providing care for individuals facing reproductive health issues. It is the most thorough and extensive book currently available for clinicians in the field of infertility counseling, providing an exhaustive and comprehensive review of topics. It addresses both the medical and psychological aspects of infertility, reviewing assessment approaches, treatment strategies,

counseling for medical conditions impacting fertility, third-party reproduction, alternative family building and post infertility counseling issues. Each chapter follows the same format: introduction, historical overview, literature review, theoretical framework, identification of clinical issues, suggestions for therapeutic interventions, and future implication. This edition also includes extensive appendixes of clinical tools useful to the clinician, including an Internet database of resources and an extensive glossary of terminology. **Awakening Fertility The Essential Art of Preparing for Pregnancy** [Abrams](#) From the bestselling authors of *The First Forty Days* comes a gently nurturing guide for aspiring mothers. The path to motherhood is a deep and transformative process. It can also include unexpected twists and turns. *Awakening Fertility* is a loving companion to accompany you along the journey—whether your desire to become a mother burns fiercely today or is a future calling just beginning to stir. Intended for women at every stage of the preconception process, this book offers wisdom and guidance to support your body, mind, and spirit—including nearly 50 delicious recipes to nourish yourself deeply. **It Starts with the Egg How the Science of Egg Quality Can Help You Get Pregnant Naturally, Prevent Miscarriage, and Improve Your Odds in IVF (Second Edition)** [Franklin Fox Publishing LLC](#) A practical and evidence-backed approach for improving egg quality and fertility—fully revised and updated in 2019. The latest scientific research reveals that egg quality has a powerful impact on how long it takes to get pregnant and the risk of miscarriage. Poor egg quality is in fact the single most important cause of age-related infertility, recurrent miscarriage, and failed IVF cycles. Based on a vast array of scientific research, *It Starts with the Egg* provides a comprehensive program for improving egg quality in three months, with specific advice tailored to a variety of fertility challenges—including endometriosis, unexplained infertility, diminished ovarian reserve, PCOS, and recurrent miscarriage. With concrete strategies such as minimizing exposure to common toxins, choosing the right vitamins and supplements to safeguard developing eggs, and harnessing nutritional advice shown to boost IVF success rates, this book offers practical solutions that will help you get pregnant faster and deliver a healthy baby. **The New Eugenics Selective Breeding in an Era of Reproductive Technologies** [Yale University Press](#) A provocative examination of how unequal access to reproductive technology replays the sins of the eugenics movement. *Eugenics*, the effort to improve the human species by inhibiting reproduction of "inferior" genetic strains, ultimately came to be regarded as the great shame of the Progressive movement. Judith Daar, a prominent expert on the intersection of law and medicine, argues that current attitudes toward the potential users of modern assisted reproductive technologies threaten to replicate eugenics' same discriminatory practices. In this book, Daar asserts how barriers that block certain people's access to reproductive technologies are often founded on biases rooted in notions of class, race, and marital status. As a result, poor, minority, unmarried, disabled, and LGBT individuals are denied technologies available to well-off nonminority heterosexual applicants. An original argument on a highly emotional and important issue, this work offers a surprising departure from more familiar arguments on the issue as it warns physicians, government agencies, and the general public against repeating the mistakes of the past. **Childlessness in Europe: Contexts, Causes, and Consequences** [Springer](#) This book is published open access under a CC BY 4.0 license. This open access book provides an overview of childlessness throughout Europe. It offers a collection of papers written by leading demographers and sociologists that examine contexts, causes, and consequences of childlessness in countries throughout the region. The book features data from all over Europe. It specifically highlights patterns of childlessness in Germany, France, the United Kingdom, Finland, Sweden, Austria and Switzerland. An additional chapter on childlessness in the United States puts the European experience in perspective. The book offers readers such insights as the determinants of lifelong childlessness, whether governments can and should counteract increasing childlessness, how the phenomenon differs across social strata and the role economic uncertainties play. In addition, the book also examines life course dynamics and biographical patterns, assisted reproduction as well as the consequences of childlessness. Childlessness has been increasing rapidly in most European countries in recent decades. This book offers readers expert analysis into this issue from leading experts in the field of family behavior. From causes to consequences, it explores the many facets of childlessness throughout Europe to present a comprehensive portrait of this important demographic and sociological trend. **The Two Week Wait Challenge A Sassy Girl's Guide to Surviving the TWW** Trying to conceive is an exciting (read: excruciating) time in women's lives, but there is no more daunting a task during her cycle than the two week wait. It's a time when wanna-be mommas can find themselves anxious and emotionally wrecked. Enter *The Two Week Wait Challenge*: a handy guide to navigating the time between potential conception and the day you're able to test for pregnancy. Chock-full for easy, inexpensive self-care practices and positive affirmations, the challenge encourages women to take time for themselves (while simultaneously speeding up the 14 days) and allows their partners to be a part of the process in a loving, supportive way. Add a dash of sass and humor to help you survive and you've got a recipe for a successful (less painful) two week wait. **Zita West's Guide to Fertility and Assisted Conception Essential Advice on Preparing Your Body for IVF and Other Fertility Treatments** [Random House](#) Embarking on IVF - or any assisted fertility treatment - can be a very demanding and stressful experience, but the right physical, nutritional and emotional support can lessen these stresses and strains and increase your chances of success. In *Zita West's Guide to Fertility and Assisted Conception* leading fertility and pregnancy expert, Zita West, offers an in-depth explanation of all aspects of fertility and, uniquely, addresses the issues involved in using assisted conception. In her clear, yet sensitive, style Zita explains: - All aspects of fertility - from preconception and trying naturally through to assisted conception - What is involved in the IVF process - How to prepare your body to increase your chances of conceiving successfully - The importance of a proactive approach to diet and nutrition - How complementary therapies, such as acupuncture, can increase your chances of success Including interviews with leading experts in the field, case histories from patients and Zita's own holistic principles, this is an invaluable guide for the growing number of people who are considering, or have already embarked on, medical intervention to enable them to conceive.