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## KEY=YOURSELF - KENDAL DAISY

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**7 Ahas Of Highly Enlightened Souls John Hunt Publishing** *This little book strips away the illusions which surround the modern malaise we call stress. Then, in seven insights, it reminds us of the essence of all the different paths of spiritual wisdom.* **THE 7 AHA!S OF HIGHLY ENLIGHTENED SOULS : HOW TO FREE YOURSELF FROM ALL FORMS OF STRESS AND LEARN TO LIVE YOUR LIFE PEACEFULLY, LOVINGLY, AND HAPPILY.** **The 7 Aha's of Highly Enlightened Souls Penerbit Serambi** **The 7 AHA!s of highly enlightened souls** **kiat membebaskan diri dari segala macam stres Don't Get Mad Get Wise Why No One Ever Makes You Angry... Ever!** **John Hunt Publishing** *Arguing that anger is an unjustifiable emotion, a guide to ridding oneself of anger invites readers to draw on their spiritual beliefs in order to overcome negative habits that reinforce anger while embracing forgiveness as a more recommended course of action. Original.* **The Celtic Wheel of the Year Celtic and Christian Seasonal Prayers John Hunt Publishing** *Tess Ward has compiled an original and inspiring selection of prayers. They reach beyond Christian and Celtic Pagan traditions, interweaving their calendars into a single pattern of prayer for every morning and night of the year. An important, hopeful and refreshing way forward. Dr. Gordon Lynch, Dept of Theology and Religion, Birmingham University, author of The New Spirituality.* **Spirit Release A Practical Handbook John Hunt Publishing** *Spirit Release covers psychic attack, curses, witchcraft, spirit attachment, haunting, soul rescue, deliverance and exorcism. This comprehensive guide has been developed over many years as course material in the College of Psychic Studies in London. It looks at the symptoms of psychic attack and spiritual attachments, what to do and how to prevent them.* **Learn to Relax A Practical Guide to Easing Tension and Conquering Stress Chronicle Books** *With the aid of 130 color illustrations, a guide to relaxation shows busy people how to ease tension at work, at home, or on the road through nearly thirty easy-to-perform exercises, along with techniques for breathing, visualization, and more. Original. IP.* **1,001 Meditations Chronicle Books** *A colorful guide to the art of meditation furnishes techniques, spiritual insights, and tips, along with more than one thousand meditations, visualizations, affirmations, and inspirational quotations for use any time of the day, organized according to such themes as true love, coping with adversity, how to be good, and more. Original.* **The Angel, the Witch & the Warrior AuthorHouse** *The Angel, the Witch & the Warrior Janine Regan-Sinclair www.crystalki.com www.thecrystalkifoundation.com Packed with information on many levels, Janine looks at the meaning of life, Karma, science, meditation, Angels, soul retrieval, permanent seed atoms, healing, chakras, spiritual laws, tie cutting & energy clearing, life after death and much more. In fact there is something in here for everyone from the novice to the adept, whether you are just interested in the meaning of life or whether you are a therapist or healing practitioner, it gives brief but concise explanations and exercises to help with your journey through these mortal planes and beyond. It is perfect for those with a short attention span. It is meant as a taster to help you find the right path for you. The information is an aid to self development and spiritual attainment; it enabled her to reach the higher levels of consciousness and to become enlightened. The tie cutting and space clearing exercises in this book will teach those working with energy how to clear themselves, their home and place of work and even distance clearing. Her 2nd book in the series, Saving the World from my Bathtub is a fictional adaptation of many of her astral journeys with Archangel Michael and healing sessions taken from her personal diaries. Janine Regan-Sinclair is a Crystal Ki Specialist/Teacher, Astral Consultant and Clinical Hypnotherapist based in the United Kingdom. A pioneer in her field, she developed her own healing system using Diamond energy called Crystal Ki Healing and the 21 Day Mind Detox, a revolutionary mind/body cleanse. She has written many articles for magazines stressing the importance of self cleansing on an energetic level and teaches Self Healing & Purification courses worldwide.* **Education without schools Discovering alternatives Policy Press** *At a time when education and school choices are under increasing scrutiny, this topical book considers education more broadly than ever before. The author, an experienced teacher and researcher, highlights what happens when parents discover that an alternative to school education exists and is legal. This under-researched topic highlights the lack of governmental interest in alternative education and also considers the human rights issues, conflation with safeguarding, the relationship of the state to education and parental education choice. Focusing on the discovery of elective home education (EHE) in England as a case study for new and necessary arguments, the ideas discussed are also relevant*

internationally. The book considers the global fact of education as not just mainstream schooling, but how the dominance of schooling has affected our ability to conceive of education as diverse and different. This thought-provoking book will appeal to academic, teaching and policy-making audiences. **'Whole-Brain' Behaviour Management in the Classroom Every Piece of the Puzzle Routledge** Representing a brave and insightful shift away from narrow perspectives on behaviour management, this book draws practitioners towards a more holistic understanding of ourselves and how we impact on children's learning and behaviour. The authors' brilliant new conceptual model of 'whole-brain' behaviour management challenges existing theories about the management of children's behavioural issues. Their pioneering 'whole-brain' approach draws upon a range of influences and concepts that cross discipline boundaries, expanding on the practitioner's understanding of the complexity of children's behaviour through their own knowledge of neuroscience, biopsychosocial theory and interpersonal awareness. The book will take the reader through a process of self-evaluation in which their preferred ways of thinking, acting and relating will be explored and interpreted in order to help them understand the impact of their 'personal style' on how the children in their care behave. Offering new insights and creative solutions, this is a practical guide to coach practitioners in their personal and professional development, helping them to raise the achievement of children exhibiting even the most challenging of behaviour. **An Angel Whispered John Hunt Publishing** An Angel Whispered combines heavenly wisdom with down-to-earth advice in this inspiring guide on happiness. An angel reveals the elusive but yet simple equation for happiness: 'Peace of Mind' + 'Love in Your Heart' = 'Happiness'. But how can our minds be peaceful when the world is filled with so much pain, suffering, and injustice? And how can our hearts love in the face of hatred, anger, or indifference? An Angel Whispered answers the questions that weigh on our minds and shows us how to enable our hearts to love again. It explores new ways of thinking about who we are, why we are here, and why things happen. This allows us to accept the things we cannot change while empowering us to make a difference. As we do this, we not only learn how to create happiness within ourselves but we also become angels, by spreading happiness throughout the world. **Live in Freedom Reflections on Limits, Dreams and the Essential John Hunt Publishing** This book offers different ideas, questions and reflections so that you might embrace life, change and uncertainty. For you to live in enjoyment, laugh, accept, confront, love and share. For you to let go of the baggage that you do not need. **1,001 Ways to Relax An Illustrated Guide to Reducing Stress Chronicle Books** A brightly illustrated guide to relaxation furnishes hundreds of quick and easy stress reduction techniques and strategies to help readers cope with the most common sources of tension, including aromatherapy, visualization, and eliminating clutter, all organized by theme. Original. **7 Myths About Love Actually: The Journey John Hunt Publishing** Mike George takes you on a journey to the very heart of your life where love lives and has always lived. Along the way he dispels the myths about love, clearly defines and locates love, and reveals exactly why we are all so 'emotionally confused' about love. **Learn to Find Inner Peace Watkins Publishing** "A complete guide to achieving peace of mind and a true sense of self-worth: discover contentment by giving due emphasis to what really matters- the gifts of peace, love and harmony within reach of us all; contains 25 specially devised step-by-step exercises to help you control your emotions, think clearly and positively, find tranquility, and enjoy life's blessings to the full; includes more than 50 specially commissioned artworks, for visual inspiration."--Back cover. **The Wisdom of Sundays Life-Changing Insights from Super Soul Conversations Flatiron Books** Oprah Winfrey says Super Soul Sunday is the television show she was born to do. "I see it as an offering," she explains. "If you want to be more fully present and live your life with a wide-open heart, this is the place to come to." Now, for the first time, the aha moments of inspiration and soul-expanding insight that have enlightened millions on the two-time Emmy Award-winning Super Soul Sunday are collected in *The Wisdom of Sundays*, a beautiful, cherishable, deeply-affecting book. Organized into ten chapters—each one representing a powerful step in Oprah's own spiritual journey and introduced with an intimate, personal essay by Oprah herself—the *Wisdom of Sundays* features selections from the most meaningful conversations between Oprah and some of today's most-admired thought-leaders. Visionaries like Tony Robbins, Arianna Huffington, and Shonda Rhimes share their lessons in finding purpose through mindfulness and intention. World renowned authors and teachers like Eckhart Tolle, Thich Nhat Hahn, Marianne Williamson and Wayne Dyer, explain our complex relationship with the ego and the healing powers of love and connection; and award-winning and bestselling writers like Cheryl Strayed, Elizabeth Gilbert, and Elizabeth Lesser explore the beauty of forgiveness and spirituality. Paired with beautiful photographs, including many from Oprah's private property in California where each episode of Super Soul Sunday is filmed, *The Wisdom of Sundays* promises to be a timeless keepsake that will help readers awaken to life's wondrous possibilities and discover a deeper connection to the natural world around them. **Enlightenment for Beginners Discovering the Dance of the Divine Sentient Publications** Enlightenment for Beginners is the simple account of how and why you've been imaging yourself to be only a separate and limited being. Using clever but easily understood words and drawings, Hillig invites the seeker to discover that they are already who they've been looking to become and that a life of love and connection is already at hand. Although this deceptively uncomplicated book can be read in a sitting, its profound spiritual impact can last an entire lifetime. A wonderful gift for anyone who is on the spiritual path." **Creating the Soul Body The Sacred Science of Immortality Simon and Schuster** Outlines the principles and mechanics of the soul body, the spiritual vehicle that enables individual consciousness to survive the body's death • Shows that the ancient Vedic, Egyptian, Hebraic, and Pythagorean traditions shared and understood this spiritual practice • Reveals modern science as only now awakening to this ancient sacred science Ancient peoples the world over understood that individual consciousness is rooted in a universal field of consciousness and is therefore eternal, surviving the passing of the physical body. They engaged in spiritual practices to make that transition maximally auspicious. These practices can be described as a kind of alchemy, in which base elements are discarded and higher levels of consciousness are realized. The result is the creation of a vehicle, a soul body, that carries consciousness beyond physical death. These spiritual preparations are symbolized in the Vedic, Egyptian, and Hebraic traditions as a divine stairway or ladder, a step-by-step path of ascent in which the practitioner raises consciousness by degrees until it comes to rest in the bosom of the infinite, thereby becoming "immortal." This spiritual process explains the reincarnation of the Dalai Lama, for example, whose reincarnation is confirmed in infancy through physical and spiritual signs, indicating that the consciousness has been carried from one lifetime to the next. In *Creating the Soul Body*, Robert Cox maps the spiritual journey of consciousness behind this sacred science of immortality and reveals the practice of creating a soul body in detail. He also shows that this ancient spiritual science resembles advanced theories of

modern science, such as wave and particle theory and the unified field theory, and reveals that modern science is only now awakening to this ancient science of “immortality.” **Being Your Self** It's not easy to BE your self in a world where almost everyone wants you to be someone else! Even friends and colleagues often want you to be their version of you! We are surrounded and ambushed every day by a thousand images and voices calling us to invest our identity in their product, their brand, their label, their service. It's not surprising we all go through our own personal form of identity crisis . Sometimes it lasts a lifetime! That's why who you think you are, is usually who you are not! Until you truly know your self you cannot be at peace, you will not be able to truly love and authentic happiness will be elusive. Mike George explores and explains: how you can liberate your self from ego, the false you, and rediscover the real you; how to let go of the attachments that are holding you back; why fear, anger and sadness sabotage your happiness so frequently and the ways to liberate your self from this emotional suffering; how to align with the spiritual laws of consciousness, renew your soul energy and be free of stress; how to choose your feelings anywhere and anytime; how to realise and see what's IN the way IS the way. Mike George is an author of several books on how to awaken your awareness of your true self and thereby restore the essence of your being, which is love. He talks inspirationally, teaches deeply and tutors mindfully across the world on topics such as self-awareness, spiritual intelligence, liberating leadership and continuous unlearning . His other recent books include *The 7 Myths About LOVE Actually!* and *The Immune System of the SOUL*. **Beyond Sex and Soup Living a Spiritual Adventure John Hunt Publishing** A healer reveals powerful invisible ‘tools’ to expand your horizons and overcome personal challenges. *Beyond Sex and Soup* is about the beauty in you. The beauty is always there but sometimes shrouded by fear, anger, anxiety or pain. This story is also about death, the knowledge of which makes us so much more joyful about living. Anna Parkinson offers you tools to help you uncover the beauty from the everyday drama of your life. She has found them powerful for her own healing and her practice of healing others over the past fifteen years. Along the way, you'll encounter some of the everyday drama of the author's own life and the characters it's been her privilege to share the adventure with. **The Ecology of the Soul A Manual of Peace, Power and Personal Growth for Real People in the Real World John Hunt Publishing** *Power Seeds and Magic Minutes: the route to inner space. The Ecology of the Soul: A Manual of Peace, Power and Personal Growth for Real People in the Real World* explains the seven powers of our own inner ecosystem – the Ecology of the Soul – and how to revive them to regain our natural, true state of peace, power and well-being. When the Ecology of the Soul is in balance, we live and thrive in this world, and create the new one, with grace, harmony and beauty. Each one of the seven powers – Nature, Creativity, Endurance, Love, Communication, Focus and Connection – generates seven separate meditations, which in turn create ‘Power Seeds’ of thought and mental habit. Plant one a day, and in a ‘Magic Minute’ – 60 powerful seconds of daily, active meditation – you achieve the balance, power and peace of Soul Consciousness. Warm, accessible, even humorous, the book acknowledges that we're all human and not everyone is able or willing to aim for the highest path of enlightenment. It gives practical methods by which anyone, at whatever level of commitment, can benefit. **Earth Will Be Reborn A Sacred Wave Is Coming Axis Mundi Books** *Earth is on the brink of a great awakening. Mother Earth is to be reborn and Humanity will be reborn with her. We will open again to the One Heart we all share. Through this book, we explore the realms of our One Heart and the living Web that connects us all. We make these exciting journeys in the company of Elders and Guides, Ancestors and Angels who meet as equals in the Circles of Love to weave peace and share wisdom. Enjoy the deep insights and lively stories from these wise ones, including Elders-in-Spirit from the Indigenous traditions of the Earth, as they help us heal our hearts and prepare for our new beginning...* **The Kingdom of Heaven within The Holy Book of the Great Invisible Spirit © A Spiritual Transformation BalboaPress** *The spiritual subject of past lives and reincarnation is highly controversial. Most religions don't believe it, and science cannot prove it yet. This book is an “energy healing communication” with a DNA surprise, assisting you to integrate and understand the deep-seated truths about who you are and where you came from. The information explains what is happening to us, the earth, and the universe, and what one needs to do to adapt to the new energies on the planet at this time and for the years to come. These pages contain a profound message with the new energy—a message that I have delivered many times over my many lifetimes. Who am I? and Where do I come from? are questions that have been on the minds of everyone since the beginning. These thoughts are imprinted in our basic DNA. When I became aware of who I was in the previous lifetime just before this one (less than five months between lives)—my newfound identity propelled me into the search for the answers to the questions gnawing at my soul. Each answer provided new questions, leading me down the enlightened path to an encounter with the “Grand Divine Plan,” delivering a message of peace and preparation. We all have gifts and abilities unimaginable, ready for anyone who walks through the door. My search brought me into an awareness of knowing many of my past lives. It also revealed that my purpose of discovering was not about who I was, but that I would write about past lives and reincarnation at a time on the planet when this information would be so needed.* **Intuition Knowing Beyond Logic St. Martin's Griffin** *Discover your own deep well of wisdom in Intuition: Knowing Beyond Logic—from one of the greatest spiritual teachers of the twentieth century. Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho's discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing. All people have a natural capacity for intuition, but often social conditioning and formal education work against it. People are taught to ignore their instincts rather than to understand and use them as a foundation for individual growth and development—and in the process they undermine the very roots of the innate wisdom that is meant to flower into intuition. In this volume, Osho pinpoints exactly what intuition is and gives guidelines for how to identify its functioning in others and ourselves. You will learn to distinguish between genuine intuitive insight and the “wishful thinking” that can often lead to mistaken choices and unwanted consequences. Includes many specific exercises and meditations designed to nourish and support each individual's natural intuitive gifts. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.* **The 7 Myths about Love... Actually! The Journey from Your Head to the Heart of Your Soul John Hunt Pub** *Do you know love? Have you discovered love? If you think you have this book will make you think again. So*

what is LOVE exactly and why are we so confused? Mike George takes you on a journey to the very heart of your life where love lives and has always lived. Along the way he dispels the myths about love, clearly defines and locates love, and reveals exactly why we are all so emotionally confused? about love. **The Power of Death A Radical Path to Personal Transformation and Spiritual Enlightenment Createspace Independent Publishing Platform** The ONLY Book You Need for Lasting Motivation, Personal Transformation and Spiritual Growth Do you want to change your life, but constantly lose motivation? Are you trying to find or transform yourself? Are you seeking spiritual enlightenment? Stop the search, and get the book now! The Power of Death will show you a revolutionary method to reach all of the above and more. This technique was invented by the Buddha, but it has not been widely used, because it seems so contradictory and radical at first. However, the lives of millions of people is the proof that it works. Although it "happened" to them by accident, now you can learn to use it consciously at will. This is the secret of the greatest spiritual teachers that they hardly talk about, but that led to their own enlightenment. You probably didn't hear about this method before, and this information is not available elsewhere in such a comprehensive form. Steve Jobs said that this was his most important tool to help him make big choices in life. It is simple, and you can do it, too. You are about to discover: How to develop lasting motivation effortlessly without willpower? How to live an authentic and meaningful life instead of just surviving? How to eradicate all of your fears, and have the courage to be yourself? Why personal development is a trap, and radical transformation is the only way? Why belief is the greatest barrier in spiritual growth, and how to go beyond it? How to recognize the different games of the ego, and stop cheating yourself? How to develop real compassion without "trying" to be a good person? This is the Master Key That Will Unlock the 7 Doors to Spiritual Growth All at Once Even if you are not interested in spirituality, the Power of Death can make you take the first step. And if you are a spiritual seeker, this can be the last step on your path. It is guaranteed to change your life one way or another. In this book, you will find out: How to wake up from the illusion that you are living in? How to develop unconditional love and deep compassion? How to be in the here and now and live the present moment? How to be grateful for every moment without trying it too hard? How to drop your ego effortlessly and finally find yourself? How to develop real non-attachment and deep acceptance? How to face death and experience your immortality? I will not only tell you why this works, but also show you how to practice it in everyday life. During my travels, I have tried almost all of the spiritual techniques in the world, and this is the most powerful one that I know of. It also played an important part on my own spiritual path that ultimately led to enlightenment. Let me share it with you! **Don't Fix Me; I'm Not Broken Changing Our Minds About Ourselves and Our Children John Hunt Publishing** Parenting from unconditional love rather than fear means recognizing the spiritual truth of our children rather than focusing on brokenness and deficits. No child is a mistake; no child is broken. Don't Fix Me I'm Not Broken teaches the perspective that parenting is a spiritual classroom in which parents can learn to parent from a place of inner peace no matter what struggles their children are having. When we trust God's voice of oneness in the world as it works through us and through our children, we learn to accept what is. We can either buy into the traditional stories about these labels or choose peace instead. Parents of children with labels or any child who is struggling or just being every-day difficult can either embrace this opportunity for spiritual growth or stay stuck in the anger, pain, and the sadness. It is a choice. **Message Of A Course In Miracles: A Trans John Hunt Publishing** The Message of A Course in Miracles is the first volume of a paragraph-by-paragraph translation of A Course in Miracles into plain, everyday language which brings its loving message to the surface so that you can attain a deeper understanding of it faster. It is for anyone seeking a simple and clear means for attaining lasting inner peace. **7 AHA! Khởi Sáng Tinh Thần & Giải Tỏa Stress First News** Ngày nay, dù nhiều người nghĩ rằng cuộc sống của mình thật thoải mái, nhưng cách này hay cách khác thì họ vẫn đang phải gánh chịu đau khổ mỗi ngày. Đơn giản là bởi vì phần đông vẫn chưa hoàn toàn hiểu rõ và sống với nguyên tắc: Trách nhiệm với bản thân. Tuy nhiên, việc chịu trách nhiệm đối với bản thân, đối với trải nghiệm cuộc sống và số phận của mình không phải là một việc dễ dàng. Hàng tỷ ý tưởng, hàng triệu quyển sách, hàng ngàn chuyên đề, hàng trăm nhà khai sáng tinh thần đều đã xuất hiện trên khắp thế giới từ hơn hai thập kỷ qua với nhiệm vụ thiêng liêng là giúp chúng ta tìm lại sự hiểu biết, sự sáng suốt và điều diệu kỳ đối với cuộc sống bận rộn của mình. Họ tham thiền, tư duy rồi hướng dẫn cho ta cách để trở nên lắng dịu và điềm tĩnh trở lại, chỉ cho chúng ta cách làm để kiểm soát được mình, chịu trách nhiệm với bản thân và sống một cuộc sống tốt hơn với mọi người xung quanh. Họ đến để nói cho chúng ta biết ta là ai và vì sao ta hiện hữu trên cõi đời này, đồng thời họ còn đưa ra vô vàn cách thức để nhắc nhở ta rằng: Để có một cuộc sống trọn vẹn, hãy cố gắng nhận ra được vẻ đẹp thật sự ẩn chứa bên trong bản thân ta và một cơ hội sáng tạo mà tạo hoá đã dành cho ta. Mục đích của quyển sách nhỏ này là đem đến cho độc giả sự hiểu biết cơ bản và các phương pháp cảm nhận nội tâm để tự giải thoát mình ra khỏi những ảo tưởng đang phổ biến hiện nay - những điều khiến cho chúng ta bị mắc bẫy trong thói quen suy nghĩ tiêu cực và lười biếng. Giúp ta nhận ra thử thách và thoát ra khỏi những niềm tin sai lầm khiến ta bị "mắc kẹt" trong những cách cư xử đầy căng thẳng mỗi ngày. Giúp biết được làm thế nào để có thể hiểu rõ hơn và tạo ra những cảm giác lành mạnh, tích cực hơn. Và quan trọng nhất là giúp chúng ta có khả năng nhận thức về con người thật sự của mình - so với cái con người ta học được từ người khác - khi thực hiện cuộc hành trình đến với sự khai sáng. Tuy nhiên, dù cuốn sách này có chứa đựng những am hiểu sâu sắc, những phương pháp trợ giúp bản thân hoặc sự hiểu biết nào đó, thì không điều gì trong số ấy tạo nên giá trị thật sự cho đến khi ta nhìn ra được sự thật, thấy được sự uyên thâm, cho chính mình và trong chính mình. Khoảnh khắc "nhìn ra" hay nhận ra này được gọi là khoảnh khắc AHA!. Tất cả chúng ta đều có một khoảnh khắc AHA! nào đó. AHA! là tiếng nói tỏ sự vui mừng khi bạn hiểu ra được điều sâu sắc ẩn chứa bên trong những vấn đề mà mình đang vật lộn để giải quyết, hay là một ý tưởng lóe lên trong đầu có thể giúp làm rõ được tình huống khó khăn mà ta đang phải đối mặt. Trong khoảnh khắc AHA!, ta bất ngờ trở nên hạnh phúc khi nhận ra được điều gì là đúng. Không chỉ có thế, ta còn chắc chắn rằng đó là một câu trả lời hoàn hảo. Ta cũng không cần phải suy nghĩ về khoảnh khắc ấy. Thật ra, nếu ta nghĩ về nó, lập tức hiệu lực của những khoảnh khắc này sẽ giảm đi khá nhiều. Thế thì đâu còn gì là bất ngờ thú vị của khoảnh khắc AHA!? Khoảnh khắc AHA! có thể thay đổi cuộc đời của chính bạn và của cả những người khác nữa. Mong rằng bạn sẽ tìm thấy được một hoặc nhiều AHA! cho mình trong quyển sách này và hành động theo những điều mình chọn. Hành động theo sức mạnh AHA! sẽ tạo nên ảnh hưởng tốt đẹp cho cuộc đời, giúp ta biết cách khởi sáng tâm hồn mình, quên đi những muộn phiền lo toan của cuộc sống thường nhật để được sống một cuộc sống trọn vẹn, đúng nghĩa hơn. **Seven Pillars of Wisdom Wordsworth Editions** Written between 1919 and 1926, this text tells of the campaign against the Turks in the Middle East, encompassing gross acts of cruelty and revenge, ending in a welter of stink and corpses in a Damascus hospital. **Empathy for the Devil Make Your**

**Demons Work for You. Without Selling Your Soul. John Hunt Publishing** In this three part book *Sex, Drugs, and Rock and Roll*, Hyde yet again plunges into sex, psychedelics, hurricanes and heroes on a quest for the truth at all costs, exploring issues of paedophilia, plant medicine, and community through narrative. **Spiritual Enlightenment:: The Damnedest Thing Book One of The Enlightenment Trilogy Wisefool Press** A MASTERPIECE of illuminative writing, *Spiritual Enlightenment: The Damnedest Thing* is mandatory reading for anyone following a spiritual path. Part exposé and part how-to manual, this is the first book to explain why failure seems to be the rule in the search for enlightenment, and how the rule can be broken. :: Book One of Jed McKenna's Enlightenment Trilogy. Contains Bonus Material. **The Song of the Bird Image** "Every one of these stories is about YOU." --Anthony de Mello Everyone loves stories; and in this book the bestselling author of *Sadhana: A Way to God* shares 124 stories and parables from a variety of traditions both ancient and modern. Each story resonates with life lessons that can teach us inescapable truths about ourselves and our world. De Mello's international acclaim rests on his unique approach to contemplation and ability to heighten self-awareness and self-discovery. His is a holistic approach, and in the words of one reviewer: "his mysticism cuts across all times and peoples and is truly a universal invitation." *The Song of the Bird* uses the familiar yet enduring medium of the story to illustrate profound realities that bring us in touch with the problems and concerns of daily life, as well as with our common spiritual quest. The aim is to develop the art of tasting and feeling the message of each story to the point that we are transformed. "Let the story speak to your heart, not to your brain," the author directs. "This may make something of a mystic out of you." Enhanced by lovely ink drawings, this is indeed a volume to treasure, to share, and to read many times over, for it is everyone's best companion on the road to spiritual growth. **The Black Mind A Guide to Enlightenment and Success** This book is a guideline consisting of a myriad of life-principles, historical references, and financial suggestions created for the purpose of assisting in the journey towards enlightenment and success. **Finding Your Other Half The Ultimate Game of Hide and Seek John Hunt Publishing** If you sense that there is more to you than meets the eye, or have been looking for more to life, or have asked the question *Is this it?* there's a chance you are already playing the game of finding your other half. This is the ultimate game of hide and seek. There are three halves to be found. The first half to find is yourself. The other half of yourself that makes you feel complete. The second half is someone else with whom you can share romance and the wonder of all that life has to offer. The third half is finding everyone else. This is oneness which brings with it an amazing experience of connection, along with the choice to bring in a new consciousness here on earth. There are rules and guidance about how to play, and a sackful of bonus points if you are the first to find yourself. **Siddhartha Top 100 Classic Novels** □□□ *Siddhartha* is a 1922 novel by Hermann Hesse that deals with the spiritual journey of self-discovery of a man named Siddhartha during the time of the Gautama Buddha. The book, Hesse's ninth novel, was written in German, in a simple, lyrical style. It was published in the U.S. in 1951 and became influential during the 1960s. Hesse dedicated the first part of it to Romain Rolland and the second to Wilhelm Gundert, his cousin. The word *Siddhartha* is made up of two words in the Sanskrit language, *siddha* (achieved) + *artha* (what was searched for), which together means "he who has found meaning (of existence)" or "he who has attained his goals". In fact, the Buddha's own name, before his renunciation, was Siddhartha Gautama, Prince of Kapilvastu. In this book, the Buddha is referred to as "Gotama". **The Dark Side of the Light Chasers Penguin** The bestselling, beloved classic on how to go into the dark side of yourself to bring out the light -- now with new material. Debbie Ford believes that we each hold within us a trace of every human characteristic that exists, the capacity for every human emotion. We are born with the ability to express this entire spectrum of characteristics. But, Ford points out, our families and our society send us strong messages about which ones are good and bad. So when certain impulses arise, we deny them instead of confronting them, giving them a healthy voice, then letting them go. It is to these feelings that Ford turns our attention, these parts of our selves that don't fit the personae we have created for the rest of the world. She shows us the effects of living in the dark, of keeping all our supposedly unsavory impulses under wraps. We find ourselves disproportionately frustrated and angry at the selfishness of friends, the laziness of colleagues, the arrogance of siblings. When we are unable to reconcile similar impulses in ourselves, Ford explains, we waste our own energy judging others instead of empathizing. But most important, we deny ourselves the power and freedom of living authentically. Through the stories and exercises in *The Dark Side of the Light Chasers*, Debbie Ford shows us not only how to recognize our hidden emotions, but also how to find the gifts they offer us. This is for fans of Marianne Williamson, Neale Donald Walsch, and Deepak Chopra. The very impulses we most fear may be the key to what is lacking in our lives. **Aim for the Stars Reach the Moon How to Coach Your Life to Material and Spiritual Success O Books** This book takes you back to basics so that you can rediscover the infinite unity to basics so that you can rediscover the infinite unity and passion within your own life. When you know that you have everything you need already within you, then material success is easy.