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### KEY=SECRETS - STEPHANIE SANIYA

#### SECRETS OF YANTRA, MANTRA AND TANTRA

**Sterling Publishers Pvt. Ltd** Unveiled in this book are the secrets of the occult sciences of Yantra, Mantra and Tantra to help the reader achieve worldly success and spiritual enlightenment. Detailed instructions are given for the preparation and application of Yantras for specific purposes: to win favours, defeat for selecting and using Mantras to attain miraculous powers, and fulfilment of one's desires, are explained in detail. In the Tantra section of the book, methods of treatment of diseases by herbs are given. Information is provided about Tantric articles and where to obtain them.

#### SECRETS OF YANTRA, MANTRA AND TANTRA

The secrets of the occult sciences of Yantra, Mantra and Tantra to help the reader achieve worldly success and spiritual enlightenment. Detailed instructions are given for the preparation and application of Yantras for specific purposes: to win favours, defeat enemies and cure diseases, among others. The methods of selecting and using Mantras to attain miraculous powers, and fulfilment of one's desires, are explained in detail. In the Tantra section of the book, methods of treatment of diseases by herbs are given.

#### SECRETS OF YANTRA, MANTRA AND TANTRA

**Sterling Pub Private Limited** Unveiled In This Book Are The Secrets Of The Occult Sciences To Help The Reader Achieve Wouldly Success And Spiritual Enlightenment. Spine Cover Slightly Chipped At The Lower End.

#### YANTRA MANTRA TANTRA AND OCCULT SCIENCES

**Diamond Pocket Books Pvt Ltd** There is hardly any person who is either not conversant with or not heard about occult sciences of which Yantra, Mantra, Tantra and not heard about occult sciences of which Yantra, Mantra, Tantra and forces are simply tributaries. Hindus, Jains, Muslims, ascetics, peers have written a lot about such sciences but only a selected few know how to use such devices ably and safely. The learned author has given detailed account on use, caution, warnings and methods for using such devices which are meant for relieving or causing agony/harm to a targeted person. The author has furnished relevant details about Yantra, Mantra and Tantra, black magic, sorcery etc. Hopefully, the right information will satiate urge of inquisitive readers, for some of whom it may be a new subject.

#### TANTRA, MANTRA AND YANTRA OF SRI VIDYA

**Notion Press** "Sri Vidya begins where the current understanding of quantum physics ends," say modern-day scholars about this little-known, highly esoteric spiritual tradition that has been carefully kept under wraps by its secretive and serious practitioners. The study of Sri Vidya is fascinating as much as it is frustrating because information about its various aspects is exceptionally hard to find. Tantra, Mantra and Yantra of Sri Vidya is an endeavor to explore the Sri Vidya tradition and understand it as the unfolding of Shakti, the inherent power which lies at the core of our being and holds the key to our worldly and spiritual success. Sri Vidya practice comprises tantra (a technique or framework for worship) whose two main elements are mantra (sacred sound) and yantra (sacred geometry). Tantra can be described in simple terms as the utilization of the mental faculty to pursue the objectives of worship using mantra and yantra. Mantra is the use of sound energy to bring about oneness with the Divine while yantra is a geometric drawing that serves as a tool to reach the Divine. The book delves into concepts such as Sankhya, Yoga, Karma and Kundalini in order to establish the context of how Sri Vidya is to be approached, combining elements of knowledge, devotion and ritual. The author has kept in mind the sensibilities of the modern spiritual seeker and their needs and interests, presenting the information in a non-dogmatic and practical manner, thereby allowing everyone an opportunity to learn and experience the benefits of Sri Vidya. This is the third book by the author in the Spirituality Series. The first book was about the Sri Chakra Yantra and the second book had Chakras as its subject.

#### TANTRIC YOGA AND THE WISDOM GODDESSES

#### SPIRITUAL SECRETS OF AYURVEDA

**Lotus Press** This book provides an excellent introduction to the essence of Hindu Tantrism, discussing all the major concepts and correcting many existing misconceptions.

#### INNER TANTRIC YOGA

#### WORKING WITH THE UNIVERSAL SHAKTI: SECRETS OF MANTRAS, DEITIES AND MEDITATION

**Lotus Press** 'Inner Tantric Yoga' presents the deeper tradition of Tantra, its multidimensional vision of the Divine and its transformative practices of mantra and meditation that take us far beyond the outer models of how Tantra is usually presented today.

#### ŚRĪ CHAKRA

#### TANTRA, MANTRA, YANTRA

#### THE TANTRA PSYCHOLOGY

**Humanities Press** Interpretive study of esoteric sounds (mantras) and symbols (yantras) used in Tantrism.

#### TANTRA YOGA SECRETS

#### EIGHTEEN TRANSFORMATIONAL LESSONS TO SERENITY, RADIANCE, AND BLISS

**Weiser Books** The practice of Tantra Yoga is considered to be the highest and most rapid path to enlightenment. Master teacher Mukunda Stiles offers 18 lessons in Tantra Yoga, a practice of transformational self-healing in which we can deepen awareness of our bodies, their energy forces, and the connections to the natural world around you and those you love. While many movements today describe tantra as a sexual practice promising longer and better orgasms, increased stamina, and ecstasy, the real Tantra aims to awaken Kundalini, the dormant potential force in the human personality. The Tantra tradition includes a vast range of practical teachings leading to the expansion of human consciousness and the liberation of primal energy. By heightening their awareness to this connective energy, readers will learn to embrace and develop a higher level of intimacy, the heart of tantra. Stiles explains this intimate and life-changing practice with grace, structure, and clarity--an easy-to-follow Tantra Yoga workshop in book form. Tantra Yoga Secrets will empower readers to overcome emotions, gain new knowledge, and live a more fulfilling spiritual lifestyle.

#### MANTRA YOGA AND THE PRIMAL SOUND

#### SECRETS OF SEED (BIJA) MANTRAS

**Lotus Press** Modern science and ancient wisdom traditions agree that the universe is a symphony of vibrational frequencies. In this beautiful, comprehensive, and unique work, Dr. Frawley elaborates the essential truths about cosmic sound, and how we can employ important mantras for healing, transformation and inner awakening.

#### PRACTICALS OF YANTRAS: WITH 508 ILLUSTRATED YANTRAS

#### THE SECRET OF SRI VIDYA

**Panchawati Spiritual Foundation** There are many books written in abstract language on the Tantra Upasana known as Sri Vidya. However, they contain highly technical words, mantras and rituals which are beyond the understanding of a layman who is alien to the concept of Hindu religion. Hence, more than enlightening the reader, they confuse him. In this aspect, this book is different in its diction. It tries to explain the abstruse subject of Sri Vidya in simplest possible terms, highlighting its most benign form of practices. Explaining the meanings of important mantras from the Upanishads, the connection between Sri Vidya and the Vedas has been established in this book. In addition, the four paths of Sri Vidya have been briefly touched upon, introducing the readers to the practical aspects of these four esoteric paths. Dispelling the fear of Tantra and the worship of God in his feminine aspect, the entire subject of Sri Vidya has been explained in this book. If the reader develops interest in the sadhana of Sri Vidya after reading this work, we feel our efforts in writing this book are fulfilled.

#### TANTRA MANTRA YANTRA IN DANCE

#### AN EXPOSITION OF KATHAKA

This Book Explores The Roots Of Kathaka Dance Forms To Reveal Its Sublime And Divine Dimension. It Discusses The Concept Of Tantra And Sound And Their Manifestation In Kathaka. It Also Analyses The Distinct Yantra Formations Both In The Dance As Well As The Dance Floor.

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## SRI-CHAKRA : ITS YANTRA, MANTRA AND TANTRA

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### SRI CHAKRA YANTRA

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### MANIFEST ANYTHING WITH THE SYMBOL OF EVERYTHING

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**Notion Press** Discover how a 12,000-year-old mystical symbol holds the key to awakening your deepest inner potential and enhancing your powers of manifestation. The Sri Chakra Yantra is an ancient symbol depicting the process of creation in a powerful matrix which represents both the macrocosm (the Universe) and microcosm (the human body), thus acting as a powerful, cosmic antenna that allows you direct access to communicate with the Universe. This book equips you with information and skills necessary to harness the tremendous cosmic energies available in the Universe and channelize it to make life's dreams come true by presenting the Sri Chakra Yantra as a tool for self-development. The author has kept in mind the sensibilities of the modern spiritual seeker and their needs and interests, presenting the information in a non-dogmatic and practical manner, thereby allowing everyone an opportunity to learn and experience the benefits of the precious Sri Chakra Yantra.

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### TANTRA

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### PATH OF ECSTASY

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**Shambhala Publications** Tantra—often associated with Kundalini Yoga—is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality. *Tantra: The Path of Ecstasy* dispels many common misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition. The Tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

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### TANTRA UNVEILED

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### SEDUCING THE FORCES OF MATTER & SPIRIT

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**Himalayan Institute Press** Describes authentic tantra, the different spiritual paths and how tantra combines yoga, meditation, ayurveda and other disciplines.

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### MANTRAS

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### WORDS OF POWER

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**Motilal Banarsidass Publ.** FOR SALE IN SOUTH ASIA ONLY

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### THE YANTRAS

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### TEXT WITH 32 PLATES

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Use of mystical designs and diagrams.

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### SECRETS OF ASTROLOGY

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**Sterling Publishers Pvt. Ltd** *Secrets of Astrology*

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### EARLY TANTRIC MEDICINE

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### SNAKEBITE, MANTRAS, AND HEALING IN THE GARUDA TANTRAS

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**Oxford University Press** Snakebite may sound like a rare and exotic phenomenon, but in India it is a problem that affects 1.4 million people every year and results in over 45,000 deaths. A traditional medical system that flourished over 1,000 years ago, the Garuda Tantras had a powerful influence on medicine for snakebite, and some of their practices remain popular to this day. In *Early Tantric Medicine*, Michael Slouber offers a close examination of the Garuda Tantras, which were deemed lost until the author discovered numerous ancient titles surviving in Sanskrit manuscripts written on fragile palm-leaves. The volume brings to life this rich tradition in which knowledge and faith are harnessed in complex visualizations accompanied by secret mantras to an array of gods and goddesses; this religious system is combined with herbal medicine and a fascinating mix of lore on snakes, astrology, and healing. The book's appendices include an accurate yet readable translation of ten chapters of the most significant Tantric medical text to be recovered: the Kriyagalagunottara. Also included is a critical edition based on the surviving Nepalese manuscripts. Tying in to interest in holistic medicine, meditation, and Tantra, this volume sheds light on a nearly forgotten piece of history.

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### TANTRA IN TIBET

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### THE GREAT EXPOSITION OF SECRET MANTRA, VOL. 1

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**Motilal Banarsidass Publ.** *Tantra in Tibet* consists of three parts published under the auspices of the Dalai Lama: *The Great Exposition of Secret Mantra-Part I* by Tsong-ka-pa is one of the principal classic texts on tantra. It presents the main features common to all the Buddhist tantra systems as well as the difference between sutra and tantra.

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### LIVING MANTRA

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### MANTRA, DEITY, AND VISIONARY EXPERIENCE TODAY

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**Springer** *Living Mantra* is an anthropology of mantra-experience among Hindu-tantric practitioners. In ancient Indian doctrine and legends, mantras perceived by rishis (seers) invoke deities and have transformative powers. Adopting a methodology that combines scholarship and practice, Mani Rao discovers a continuing tradition of visionaries (rishis/seers) and revelations in south India's Andhra-Telangana. Both deeply researched and replete with fascinating narratives, the book reformulates the poetics of mantra-practice as it probes practical questions. Can one know if a vision is real or imagined? Is vision visual? Are deity-visions mediated by culture? If mantras are effective, what is the role of devotion? Are mantras language? *Living Mantra* interrogates not only theoretical questions, but also those a practitioner would ask: how does one choose a deity, for example, or what might bind one to a guru? Rao breaks fresh ground in redirecting attention to the moments that precede systematization and canon-formation, showing how authoritative sources are formed.

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### A WOMAN'S GUIDE TO TANTRA YOGA

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**New World Library** Often mistaken as solely the "yoga of sex," Tantra Yoga is more accurately described as the "yoga of everything," in which the spiritual is united with every aspect of life. This book offers step-by-step instructions and illustrations to explain the practice and philosophy of Tantra Yoga — adapted to the specific physical, emotional, and spiritual concerns of women. The author explains differing methods of meditation and mantras, breathing and relaxation, yoga positions, visualization, and affirmations — demonstrating how a daily routine of meditation and yoga can bring focus and strength both physically and spiritually. More than a guide to fitness, *A Woman's Guide to Tantra Yoga* brilliantly adapts one of the most venerable Eastern practices to the demands of modern life.

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### BLACK MAGIC & WITCHCRAFT

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### TANTRA-MANTRA FOR SUBJUGATION, ATTRACTION, PROTECTION, PARALYSING, KILLING, GOOD LUCK, ETC.

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I am very happy to know that you guys liked my mantra books translated into English and in other languages, which I received from my mentor or Guru. I hope that this book will prove very useful not only for the Hindus but for all the people of the world who believe in "Sanatana Dharma" and follow it. If you are one of them who closely know the "Sanatana Dharma", then you must also know that it is a Science, not a superstition. All books of the "Sanatana Dharma" or the "Hindu Dharma" are based on Esoteric Science, which common man can't understand easily. You have to follow the instructions of your mentors or Gurus from whom you are getting Initiation or "Diksha". In this book, I have included the mantras and the ancient text or conversation between Shiva and Parvati, which I received from my Mentors or Gurus. I have presented some very useful mantras for the welfare of the public and the whole world through this book. In the series "The Mantras", I have presented three books earlier which is very helpful for the beginners who wish to take the first step in the world of Tantra. In those books you will learn meditation and concentration. You will also know some facts of tantra-mantra. Meditation is most important thing in the Tantra, without which you can not understand the Tantra. Meditation will open the path of the world of Tantra. Meditation is also divided in many forms and of many types. It will improve your focus and concentration which is very necessary during exertation (Sadhana). The most recommended book for the meditation is "Vigyan Bhairava Tantra". In my another book, "Shiv Swarodaya - A divine Law of breathing" you will learn about the Tantra-Mantra and its application. In my another book "The Basic Mantras" you will learn and know some mantras which will improve your knowledge and faith in the Tantra. It will also provide you supernatural powers, that will help you to get Siddhis of another mantras. It will also remove all negativity not only from your life but also from your conscious and sub-conscious mind. All these books will help you to learn and get Siddhis of the mantras which is discussed in this book. All the process to get Siddhis, or to prove, or to initiate the mantra's powers or energies are discussed with the mantras. In Part-1, I presented the conversation of Lord Shiva (as Lord Bhairava) and Goddess Parvati (as Goddess Bhairavi). During the conversation some mantra and secret of mantras are also revealed by the Bhairava. This is very important part of the book. You can consider this part as a Esoteric Science. In the Part-2, the process, application and mantras are discussed in detail. In this part, you will learn about the perfect time, the particular date (Tithis), the process, the auspicious or unauspicious days, etc. which are the most important part of the Tantra-Mantra to be successful. Many useful mantras are given in this books which is very useful in your daily life. The mantras of subduing or subjugation (Vashikaran), attraction or charm (Aakarshan), good luck, protection, etc. are given. I hope these mantras will help you to make your life successful and reduces your problems. These mantras will make your work easy and accurate. But never use these mantras with wrong intention, because that will harm you. You must use these mantras for the welfare of the society, so that you and the society will develop and promote humanity. Never use

these mantras to make someone bad or to make someone's life worst. This act will take you in hell. So, again I request all the practitioner or the Sadhaka to use these mantras only for the betterment of the society. Never harm anyone. If you are the one who buy this book for the welfare for the humanity and spread happiness in the world. I appreciate and love you from the core of my heart. And also I feel proud to be a medium for such a great work.

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### TOOLS FOR TANTRA

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**Simon and Schuster** Tantric yantras are precise geometric forms that have been used for centuries as tools for self-realization and the attainment of mystical powers. In *Tools for Tantra*, Tantric practitioner and scholar Harish Johari has re-created the exact colors and proportions of the primordial yantras along with step-by-step instructions for their accurate construction, coloring, and use.

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### THE GREAT EXPOSITION OF SECRET MANTRA, VOLUME THREE

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### YOGA TANTRA

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**Shambhala Publications** His Holiness the Dalai Lama illuminates the highly practical and compassionate use of Tantra for spiritual development in this important classic work. *Yoga Tantra* is the third volume in *The Great Exposition of Secret Mantra* series in which the Dalai Lama offers illuminating commentary on Tsongkhapa's seminal text on Buddhist tantra. It is preceded by *Volume I: Tantra in Tibet* and *Volume II: Deity Yoga*. This work opens with His Holiness the Dalai Lama presenting the key features of Yoga Tantra then continues with Tsongkhapa's section of the main text focusing on this class of tantra. This is followed by an overview of the central practices of the five manifest enlightenments and the four seals written by Khaydrub Je (Khaydrub Geleg Palsang), one of Tsongkhapa's main students and the first in the line of Panchen Lamas. Jeffrey Hopkins concludes the volume with an outline of the steps of Yoga Tantra practice, which is drawn from the Dalai Lama's, Tsongkhapa's, and Khaydrub Je's explanations.

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### THE PHILOSOPHY OF PSYCHOLOGY

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**Cambridge University Press** What is the relationship between common-sense, or 'folk', psychology and contemporary scientific psychology? Are they in conflict with one another? Or do they perform quite different, though perhaps complementary, roles? George Botterill and Peter Carruthers discuss these questions, defending a robust form of realism about the commitments of folk psychology and about the prospects for integrating those commitments into natural science. Their focus throughout the book is on the ways in which cognitive science presents a challenge to our common-sense self-image - arguing that our native conception of the mind will be enriched, but not overturned, by science. *The Philosophy of Psychology* is designed as a textbook for upper-level undergraduate and beginning graduate students in philosophy and cognitive science, but as a text that not only surveys but advances the debates on the topics discussed, it will also be of interest to researchers working in these areas.

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### SPIRITUAL SEX

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### SECRETS OF TANTRA FROM THE ICE AGE TO THE NEW MILLENNIUM

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Explores the sensual path to spiritual fulfillment with the ancient sexual practices of Tantra

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### TIRUMANTIRAM - A TAMIL SCRIPTURAL CLASSIC

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**Lulu Press, Inc** Tirumantiram is the seminal text of Saiva-Siddhanta which has produced a galaxy of saints and has powerfully influenced the day-to-day life of millions in South Indiageneration after generation. Its author Tirumular was according to legend a yogi who took compassion on a herd of cattle that had lost their shepherd and entering the body of the shepherd by his yogic power continued to look after the flock. So when we find in this great classic such splendid gems as ""Anbe Sivam- God is Love — we realize that the great yogi preached only what he lived. His fervent message that the ultimate Reality is One and all of us belong to the same family has special relevance to us moderns who have lost our moorings of faith and are wandering between two worlds one dead the other powerless to be born. Apart from the literary merits Tirumantiram blazes a number of spiritual trails any of which the aspirant can follow with the full confidence that the Goal Supreme is within the reach.

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### THE TANTRA

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### ITS ORIGIN, THEORIES, ART, AND DIFFUSION FROM INDIA TO NEPAL, TIBET, MONGOLIA, CHINA, JAPAN, AND INDONESIA

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**Abhinav Publications Bibliography Index** The Tantra Is A Body Of Theories, Techniques And Rituals Developed In India In Antiquity, Which Has Two Fundamental Aspects. The First Aspect Of The Tantra Is The Theory Of Creation, Which Posits That The Universe Has No Beginning And No End, And That All Its Manifestations Are Merely The Projections Of Divine Energy Of Its Creator. The Second Aspect Of The Tantra Is The Belief That The Performance Of Tantrik Techniques And Rituals Facilitates Access To This Divine Energy, Enabling Their Practitioners To Empower Themselves, As Well As Empower Others Associated With Them In The Guru-Disciple Relationship. Thus The Knowledge And Proper Application Of Tantrik Techniques And Rituals Is Believed To Harness The Creator'S Cosmic Energies To The Promotion Of The Mundane As Well As Spiritual Goals Of Their Practitioners. Between The VII And The XII Centuries A.D. These Theories, Rituals And Practices Spread To Other Parts Of Asia. In These Parts Their Interaction With Indigenous Traditions Of Shamanism And Other Magical Cults Resulted In Potent Hybrids. These Not Only Served The Personal Needs Of Their Practitioners, But Were Used By The Kings To Summon The Cosmic Forces To Legitimize Their Right And Power To Rule The Ancient Monarchies. Elaborate And Artistically Beautiful Icons Were Developed In Sculpture, Painting, Bronze And Bas-Relief To Portray The Basic Concept Of Tantrik Theories And Various Deities Of The Hindu And Buddhist Pantheons. This Book First Explores The Origin Of The Tantra In India, Its Development And Emergence Of Various Schools Of Hindu And Buddhist Tantrism Over The Centuries. Then It Explores Their Spread From Tantrik Universities In Bihar And Other Centres Of Tantrik Scholarship And Rituals Practised In West Bengal, Orissa And South India At That Time To Nepal, Tibet, Mongolia, China, Japan And Indonesia. The Coloured Plates Illustrate The Iconographic Presentation Of The Basic Theories And Concepts Of The Tantra, As Well As Various Deities Associated With The Pantheons Of Hindu And Buddhist Tantrism Drawn From Different Parts Of The World.

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### THE POWER OF TANTRA

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Elucidation of eight tantric sadhanas.

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### THE RECOGNITION SUTRAS

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### ILLUMINATING A 1,000-YEAR-OLD SPIRITUAL MASTERPIECE

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One thousand years ago, in the valley of Kashmir, a great Tantric master named Kshemaraja wrote his masterpiece: the Pratyabhijnahridayam, which means "The Essence of the Recognition Philosophy". This text was a concise primer, written to introduce spiritual seekers to the Recognition philosophy in less formally philosophical, more approachable language. What Kshemaraja created turned out to be one of the world's great spiritual masterpieces, breathtaking in its brevity but stunning in its power. It came to be considered equivalent to scripture itself by later generations, because of its undeniable inspiration. This book expounds the subtleties of this spiritual and philosophical classic. One of the most powerful and revelatory spiritual masterpieces of world history, the Pratyabhijnahridayam is one of the primary sources for the study and practice of nondual Tantrik Yoga, and it has never been accurately translated or fully explained until now.

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### TANTRA YANTRA MANTRA

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The secrets of the universe revealed through ancient symbols. Symbols that open doors in the mind, leading to a new and higher level of consciousness. ' To know the real self is to seek and find that which is at the core of our being' available in both paperback and hard cover (for hard cover please contact Booksurge )

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### TANTRIK SIDDHIYAN

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**V&S Publishers** For the Tantriks and the normal readers both, this book is a descriptive text containing simple and understandable descriptions of the various "e;tantrik kriyas"e;.

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### THE YOGA OF POWER

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### TANTRA, SHAKTI, AND THE SECRET WAY

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**Simon and Schuster** Drawing from original texts on self-mastery, Evola discusses two Hindu movements--Tantrism and Shaktism--which emphasize a path of action to gain power over energies latent within the body.

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### MANTRA RAHASYA

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**V&S Publishers** This is such a book through the mantras of which one can become a successful "e;Mantra Shastri"e;. The book is capable of providing peace and content to each and every individual's life.

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### LAL KITAB

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**Diamond Pocket Books (P) Ltd.** Who is not in distress in the present era' Some are anguished mentally, some physically, some by children, some by spouse. There is no harmony in the family as before. Everybody wants to cook one's meal separately. The tradition of the joint family has already been shattered. One, who is in trouble, primarily wants freedom from it, be it only a minor wound. His first priority remains to get relief from the pain whatsoever it may cost. The author of Lal Kitab had understood this principle much earlier and created trials or remedies imbuing good conduct, righteousness and fundamental code of social and universal conduct along with the interweave of astrology so that the person might secure relief from the pain as well as remain connected with the societal customs. Most of the people in India are very well acquainted with the name of 'Lal Kitab' Originally this book was written by Shri. Girdhari Lal Sharma in Urdu language. Subsequently it was translated into Hindi language. Some adulteration is quite natural in the translated version of the original text. Primarily our rishi-maharshis, godmen, astrologers, fortune-tellers like Narad, Parashar, Kalidas, Varahmihir, Jaimini, Bhrgu etc. and the contemporary saints had prescribed yajna, hawan worship, chanting God's name, rituals and donations to mitigate the bad effect of planets. Later on acknowledging the paucity of money and time, Shri Girdhari Lal Sharma, the author of the original Lal Kitab, proposed remedies that were simple and required least expense of money. These, easy remedies became very popular in

India. Keeping in mind a code of conduct, dharma, practical aspects, good conduct and the basic principles of life and the need for proper discipline in society, the author had suggested the remedies which were accepted by the common men by heart. For example, respect of elders, service to parents, offering grass to cow, offering bread to dog, feeding monkeys with gram and jaggery etc. are such remedies that can easily be done by everybody. The principality of twelve signs and nine planets of Indian astrology has also been accepted by Lal Kitab. The mere difference is that whereas in the prevalent astrology the ascendant is determined by the time of birth, Lal Kitab always keeps it between Aries and Pisces.

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#### **ALCHEMICAL TANTRIC ASTROLOGY**

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#### **THE HIDDEN ORDER OF SEVEN METALS, SEVEN PLANETS, AND SEVEN CHAKRAS**

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**Simon and Schuster** • Shows how the astrological cycle around the signs of the zodiac represents the alchemical transformation of consciousness and chakra awakening • Expands the meaning of each astrological sign based on its association with the chakras and the alchemical transmutation cycle from lead to gold • Offers sample chart analyses to show how you can discover your spiritual challenges and opportunities Demonstrating the connections between astrology, alchemy, and yoga, Frederick Baker reveals how he discovered their correspondences by rotating the natural order of the zodiac, placing Aquarius and Capricorn at the bottom and Cancer and Leo at the top, to reflect the alchemical order of metals from lead to gold. is Alchemical Tantric Arrangement then revealed a corresponding alchemical order of the seven traditional planets--from Saturn (lead) to Sun (gold)--and also aligned with the seven chakras and the three major energy channels (nadis) of the Tantric yoga system, including the channel through which Kundalini energy rises from root chakra to crown chakra. Baker uses these rediscovered correspondences to expand the meaning of each astrological sign based on their association with the chakras, the alchemical transmutation cycle from lead to gold, and the wisdom of ancient myth. He also offers expanded meanings for each chakra in association with the twelve signs of the zodiac and their ruling planets as well as new insights into the influence of Chiron and Eris. The author provides a complete analysis of his own birth char