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KEY=RECETTE - LIN MELODY

WEIGHT WATCHERS FAST & FABULOUS COOKBOOK

WEIGHT WATCHERS MINI SERIES: EASY FISH

Simon and Schuster *Discover the delights of fish and seafood with Easy Fish- full of easy, tasty recipes from the best of Weight Watchers cookbooks. Try Tuna, Sweetcorn and Caper Mini Pizzas for a tasty lunch, feed the family with a Spicy Prawn and Spinach Curry or a Family Fish Pie or celebrate something special with Roast Trout with Almond Stuffing or Lemon Peppered Tuna with Courgettes. There is plenty here for everyone and for every occasion, so give fish and seafood a try. You might be surprised at how easy it is to cook and how delicious it can be.*

WEIGHT WATCHERS IN 20 MINUTES

John Wiley & Sons *Even if your lifestyle is crazy-busy, a great meal is only a short time away with this tasty collection of the newest Weight Watchers recipes. You'll find recipes that you can make in a snap in the microwave, a chapter of favorites that go from kitchen to table in a mere 15 minutes, fast dinners that you can prepare with just 5 ingredients, and more, illustrated throughout with beautiful color photos. With the 250 fast, irresistible recipes you'll find here, it's easy to stay on target while enjoying all the dishes you love.*

VEGAN BRUNCH

HOMESTYLE RECIPES WORTH WAKING UP FOR--FROM ASPARAGUS OMELETS TO PUMPKIN PANCAKES

Da Capo Press *Omelets. French toast. Bacon. Brunch has always been about comfort, calories—and for vegans everywhere, a feast of foods they can't touch. Until now! Bestselling vegan chef Isa Chandra Moskowitz unleashes her signature flair and*

ingenuity to give readers breakfast they won't find anywhere else, whether welcoming you from a late night on the town or waking you up for a meal you won't want to forget. Recipes range from the classic (Pancakes and Waffles) to the inspired (Banana Rabanada) to the decadent (Pain au Chocolat) to the essential (Bloody Marys). The book also includes gluten-free and soy-free recipes. With over 75 recipes suitable for one or to wow a crowd, and gorgeous color photos throughout, Vegan Brunch is the ultimate cookbook for the most important meal of the day.

THE COMPLETE SCARSDALE MEDICAL DIET

PLUS DR. TARNOWER'S LIFETIME KEEP-SLIM PROGRAM

Bantam Books *First published in 1978, this book has proven results for dieters who discovered how to take the weight off and keep it off, following an easy plan using the simple basics of diet chemistry.*

WEIGHT WATCHERS NEW COMPLETE COOKBOOK

John Wiley & Sons *The Healthy Cook's Best Kitchen Companion Eating well and losing weight have never been easier - or more delicious! This comprehensive Weight Watchers cookbook is packed with more than 500 fresh and flavorful recipes for every meal and virtually every occasion. With countless cooking tips, helpful how-to's, and sixty color photographs, Weight Watchers New Complete Cookbook is the all-in-one kitchen resource you'll turn to again and again for great ideas and inspiration. Whether you're looking for a quick and easy weeknight dinner or something special to spice up a weekend brunch, you'll find a variety of recipes to choose from on every page. How about tasty Chicken Fajitas, smoky Roasted Broccoli with Cumin-Chipotle Butter, or rich Chocolate Fondue? With choices like these, ranging from classic comfort foods to zesty international dishes, boredom is never on the menu. Throughout, Weight Watchers nutrition and cooking experts offer you simple, flexible ways to achieve your weight loss goals without giving up favorite foods. So get cooking today with Weight Watchers New Complete Cookbook - and enjoy! Here's what is inside: More than 500 healthy recipes, including Core Plan recipes and POINTS values for every recipe. Information on Weight Watchers popular Flex Plan A brand-new holiday baking chapter, with recipes from around the world Handy recipe icons (for Core Plan, 20 minutes or less, spicy, and 5 POINTS values or less) Complete nutrition information - including trans fats Valuable tips, how to's, substitutions, and leftover ideas And much more*

SOCIAL WORK IN EUROPE

RACE AND ETHNIC RELATIONS

Routledge *It is an acknowledged if not accepted fact that all European societies are being fundamentally transformed, and indeed perceptively unsettled, by increased migrations across nations and by the asserted presence of established minorities within their borders. The scale and speed at which these transformations have taken place have brought in their wake considerable social impacts and no small measure of fear and anxiety. Encounters with such diversity are part and parcel of the social*

work task, and learning how to negotiate them should be a de facto aspect of the training and continuous professional development of social workers and other social professions. However, the moral and political dimensions of the role, scope and nature of the social work task in responding appropriately to these changed and changing realities are rather more contested. This volume addresses many dimensions of the response to issues of race and ethnicity in social work practice in Europe. It extends the debates on inter-cultural and race equality practice in social work through a stimulating and innovative collection of contributions. This book was originally published as a special issue of the *European Journal of Social Work*.

ANGELS AND DEMONS IN ART

Getty Publications *This sumptuously illustrated volume analyzes artists' representations of angels and demons and heaven and hell from the Judeo-Christian tradition and describes how these artistic portrayals evolved over time. As with other books in the Guide to Imagery series, the goal of this volume is to help contemporary art enthusiasts decode the symbolic meanings in the great masterworks of Western Art. The first chapter traces the development of images of the Creation and the Afterworld from descriptions of them in the Scriptures through their evolution in later literary and philosophical works. The following two chapters examine artists' depictions of the two paths that humans may take, the path of evil or the path of salvation, and the punishments or rewards found on each. A chapter on the Judgment Day and the end of the world explores portrayals of the mysterious worlds between life and death and in the afterlife. Finally, the author looks at images of angelic and demonic beings themselves and how they came to be portrayed with the physical attributes--wings, halos, horns, and cloven hooves--with which we are now so familiar. Thoroughly researched by and expert in the field of iconography, Angels and Demons in Art will delight readers with an interest in art or religious symbolism.*

ON LEARNING GOLF

A VALUABLE GUIDE TO BETTER GOLF

Knopf *The War & Peace of golf. A quaint old classic from 1946, with an intro by the Duke of Windsor. It's good advice, and seriously, this game has hardly changed a whit in 50 years!*

FROGS

Lerner Publishing Group *"Christina Moore uses her talent for storytelling to create a more narrative-like tale....An attractive offering for listening centers and for young children interested in nature and science." -School Library Journal*

SOLIDARITY OF STRANGERS

FEMINISM AFTER IDENTITY POLITICS

University of California Press *Solidarity of Strangers is a crucial intervention in feminist, multicultural, and legal debates that will ignite a rethinking of the meaning*

of difference, community, and participatory democracy. Arguing for a solidarity rooted in a respect for difference, Dean offers a broad vision of the shape of postmodern democracies that moves beyond the limitations and dangers of identity politics. This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1996.

THE DOS

OSTEOPATHIC MEDICINE IN AMERICA

JHU Press *Despite suspicion, ridicule, and outright opposition from organized medicine, osteopathy today serves the health needs of more than twenty million Americans.*

THE WINTER GHOSTS

Penguin *From the New York Times bestselling author of Sepulchre and Labyrinth—a compelling story of love, ghosts and remembrance. World War I robbed England and France of an entire generation of friends, lovers and futures. In Freddie Watson's case, the battlefields took his beloved brother and, at times, his peace of mind. In the winter of 1928, still seeking some kind of resolution, Freddie is travelling through the beautiful but forbidding French Pyrenees. During a snowstorm, his car spins off the mountain road. Freezing and dazed, he stumbles through the woods, emerging in a tiny village, where he finds an inn to wait out the blizzard. There he meets Fabrissa, a lovely young woman also mourning a lost generation. Over the course of one night, Fabrissa and Freddie share their stories. By the time dawn breaks, Freddie will have unearthed a tragic mystery that goes back through the centuries, and discovered his own role in the life of this old remote town. By turns thrilling, poignant, and haunting, this is a story of two lives touched by war and transformed by courage.*

THE BIOPOLITICS OF GENDER

Oxford University Press, USA *This title provides a theoretically and methodologically new and distinct approach to gender through the frameworks of biopolitics and genealogy, theorising it as a historically specific apparatus of biopower. Through the use of a diverse mix of historical and contemporary documents, the book explores how the problematisation of intersex infant genitalia in 1950s psychiatry propelled the emergence of the gender apparatus in order to socialise sexed individuals into the ideal productive and reproductive subjects of White, middle-class postwar America.*

SHADOW OPS: FORTRESS FRONTIER

Penguin *The Great Reawakening did not come quietly. Across the country and in*

every nation, people began to develop terrifying powers—summoning storms, raising the dead, and setting everything they touch ablaze. Overnight the rules changed...but not for everyone. Colonel Alan Bookbinder is an army bureaucrat whose worst war wound is a paper-cut. But after he develops magical powers, he is torn from everything he knows and thrown onto the front-lines. Drafted into the Supernatural Operations Corps in a new and dangerous world, Bookbinder finds himself in command of Forward Operating Base Frontier—cut off, surrounded by monsters, and on the brink of being overrun. Now, he must find the will to lead the people of FOB Frontier out of hell, even if the one hope of salvation lies in teaming up with the man whose own magical powers put the base in such grave danger in the first place—Oscar Britton, public enemy number one...

ARCHITECTURE OF OBLIVION

RUINS AND HISTORICAL CONSCIOUSNESS IN MODERN RUSSIA

Cornell University Press

SURVIVAL SKILLS OF THE NATIVE AMERICANS

HUNTING, TRAPPING, WOODWORK, AND MORE

Simon and Schuster Become a pro at living and thriving off the land. *Survival Skills of the Native Americans* is a fascinating, practical guide to the techniques that have made the indigenous people of North America revered for their mastery of the wilderness. Readers can replicate outdoor living by trying a hand at making rafts and canoes, constructing tools, and living off the land. Learn key skills like: Building a strong campfire Learning to hunt and butcher your meats Creating a safe and solid shelter And much more! Whether you're an avid outdoorsman or a novice hiker, *Survival Skills of the Native Americans* is your handbook to not simply surviving the outdoors, but flourishing. The know-how of the Native Americans is unique and popular, admired by young people, historians, and those with a special interest in living off the land. Native Americans have lived outdoors for ages, and now you can be successful, too, with the skills, tips, and tricks included in this handy manual. Skyhorse Publishing is proud to publish a broad range of books for hunters and firearms enthusiasts. We publish books about shotguns, rifles, handguns, target shooting, gun collecting, self-defense, archery, ammunition, knives, gunsmithing, gun repair, and wilderness survival. We publish books on deer hunting, big game hunting, small game hunting, wing shooting, turkey hunting, deer stands, duck blinds, bowhunting, wing shooting, hunting dogs, and more. While not every title we publish becomes a *New York Times* bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

NATIONAL PARKS & LANDMARKS

THE LAST MERMAID

A NOVEL

Bantam *Shana Abé* has entranced countless readers with her passion-filled novels of adventure, intrigue, and romance. Now the author of *The Secret Swan* delivers a gift from the sea: three hauntingly beautiful tales connected by a legend, a locket, and a love beyond time. *531 a.d.*: The tiny island of Kell is said to be enchanted, inhabited by an extraordinary creature who comforts shipwrecked sailors passing into the next world. Prince Aedan of the Isles believes in no such nonsense—until he awakens on Kell itself and meets the sensuous siren who rescued him from the sea. *1721*: Ronan MacMhuirich, Earl of Kell, is the target of an unlikely assassin: Leila, a mysterious woman from an exotic land. But his irresistibly beautiful would-be slayer is in just as much danger as Ronan when she falls for this man with a magic of his own. *2004*: What do you do when you inherit a Scottish island you never knew existed—and find yourself pursued by a handsome stranger who wants to buy it from you? That's what happens to Ruri Kell when she accepts Iain MacInnes's invitation to visit her birthright, and listens to a proposition as sinfully tempting as everything else about him. Three seductive love stories, three passionate couples, all linked by one of the most romantic myths of all.

NATIVE AMERICAN SURVIVAL SKILLS

Skyhorse Publishing Inc. *A handbook for outdoorsmen who want to learn from Native American traditions.*

HOW COOL BRANDS STAY HOT

BRANDING TO GENERATION Y

Kogan Page Publishers *How Cool Brands Stay Hot* reveals what drives Generation Y, the most marketing savvy and advertising-critical generation, and how you can develop the right brand strategies to reach this group which, at three times the size of Generation X, has a big impact on society and business. Packed with qualitative and quantitative research plus creative ideas on how to position, develop and promote brands to the new consumer generation, it explains the five crucial steps or dimensions on how to stay a cool youngster brand. The first edition of *How Cool Brands Stay Hot* won the prestigious 2012 Berry-AMA Book Prize for the best book in marketing and *Expert Marketer's Marketing Book of the Year 2011*. This fully updated second edition incorporates additional years of extensive research and includes new case studies and 18 interviews with global brand and marketing executives of successful brands such as Converse, Heineken, Diesel, Coca-Cola, MasterCard, eBay, and the BBC.

FIRST BOOK FOR THE GUITAR

PLASMINOGEN: STRUCTURE, ACTIVATION, AND REGULATION

Springer Science & Business Media *This volume showcases the most important developments in the area of plasminogen regulation. The book is composed of about 16 chapters dealing with a range of topics including the mechanisms of activation of*

plasminogen, the structure of plasminogen and plasminogen activators, the role of plasminogen in various physiological and pathological processes (such as tumor growth and progression, wound healing and fibrinolysis) and the interrelationship of the plasmin/MMP proteolytic systems.

HONOR'S KNIGHT

Hachette UK *The rollicking sequel to Fortune's Pawn -- an action packed science fiction novel. Devi Morris has a lot of problems. And not the fun, easy-to-shoot kind either. After a mysterious attack left her short several memories and one partner, she's determined to keep her head down, do her job, and get on with her life. But even though Devi's not actually looking for it -- trouble keeps finding her. She sees things no one else can, the black stain on her hands is growing, and she is entangled with the cook she's supposed to hate. But when a deadly crisis exposes far more of the truth than she bargained for, Devi discovers there's worse fates than being shot, and sometimes the only people you can trust are the ones who want you dead.*

THE FAST BEACH DIET

THE SUPER-FAST PLAN TO LOSE WEIGHT AND GET IN SHAPE IN JUST SIX WEEKS

Simon and Schuster *Provides a six-week weight loss regimen based around the author's 5:2 system, where the dieter eats normally for five days and then fasts for two, and includes recipes, meal plans, and an exercise plan.*

WEIGHT WATCHERS MEALS IN MINUTES COOKBOOK

Plume *More than 300 recipes for quick, easy, and nutritious meals--designed to help users achieve their ideal weight--includes eight weeks of meal plans, shopping, nutrition, and kitchen appliance advice and more*

LOGOTYPES OF THE WORLD

Writers Digest Books

THE DISCOVERY OF HEAVEN

Penguin Books, Limited (UK) *'One of the most entertaining and profound philosophical novels ever written' Washington Post On a cold night in Holland two men meet and change each other's lives forever. Max Delius - a hedonistic, yet brilliant astronomer who loves fast cars, nice clothes and beautiful women - picks up Onno Quist, a cerebral chaotic philologist who cannot bear the ordinariness of everyday life. Despite their differences, they fast become great friends. And when they learn they were conceived on the same day, it is clear that their meeting is no coincidence. As the pair fall into and out of love with the same woman - Ada - so their lives become further intertwined. For all three are on a mysterious journey destined to shape human history. The Discovery of Heaven is internationally recognized as a masterpiece. Rich in philosophical, psychological, historical and theological enquiry, it is an extravagant, bold and satisfying novel of ideas.*

'Sparkling, irresistible . . . you'll learn a lot from this novel' The Times 'Anyone who reads The Discovery of Heaven will come away enlightened, challenged and entertained' Wall Street Journal 'Written carefully and ingeniously by a novelist who is also a poet' John Updike, New Yorker

CONCERNING THE SPIRITUAL IN ART

Library of Alexandria

THE FAST BEACH DIET

THE SUPER-FAST 6-WEEK PROGRAMME TO GET YOU IN SHAPE FOR SUMMER

Hachette UK *From the author of the bestselling 5:2 Fast Diet and Fast Diet Recipe Book. Mimi Spencer presents the super-fast 6-week programme to kickstart your Fast Diet for summer.*

WEIGHT WATCHERS GLUTEN-FREE

Weight Watchers Australia *There are recipes that are gluten free and recipes that support weight loss but rarely do you find recipes that do both. Now Australia's leading weight-loss experts have created this unique cookbook to help people who want to reduce/avoid gluten and lose weight! This comprehensive cookbook is jam-packed with more than delicious 100 gluten-free recipes, including those much sought-after cakes, pies and baked goods. Inside are simple recipes for every meal the day, plus expert advice on the relationship between gluten and weight loss, gluten-free cooking tips and much more. Ideal for people with Coeliac Disease, wheat allergy or gluten sensitivity, this fantastic book takes the guesswork out of choosing gluten-free meals and proves losing weight can be easy and delicious.*

INTERTEXTS

READING PEDAGOGY IN COLLEGE WRITING CLASSROOMS

Routledge *What do we mean when we talk about reading? What does it mean to "teach reading?" What place does reading have in the college writing classroom? Intertexts: Reading Pedagogy in College Writing Classrooms theoretically and practically situates the teaching of reading as a common pedagogical practice in the college writing classroom. As a whole, the book argues for rethinking the separation of reading and writing within the first-year writing classroom--for an expanded notion of reading that is based on finding and creating meaning from a variety of symbolic forms, not just print-based texts but also other forms, such as Web sites and visual images. The chapter authors represent a range of cultural, personal, and rhetorical perspectives, including cultural studies, classical rhetoric, visual rhetoric, electronic literacy, reader response theory, creative writing, and critical theories of literature and literary criticism. This volume, an important contribution to composition studies, is essential reading for researchers, instructors, writing program administrators, and students involved in college writing instruction and literature.*

WEIGHT WATCHERS FAVORITE HOMESTYLE RECIPES

Plume *A treasury of 250 of the best recipes submitted to a Weight Watchers contest features recipes for such dishes as No-Guilt Potato Salad, Blueberry-Orange Muffins, Curried Carrot Soup, and Banana French Toast. Reprint. 150,000 first printing.*

THE SPIRIT OF HOMOEOPATHY

WEIGHT WATCHERS ONE POT COOKBOOK

HarperCollins *One pot and you're done—delicious recipes using everyday kitchen equipment With every day so busy, wouldn't you just love to throw everything in one pot and have dinner ready? With Weight Watchers® One Pot Cookbook, you'll find 300 super-tasty and healthy one-dish recipes that the whole family will love. These no-fuss recipes are more than just easy—they are healthy and nutritious, as they come from the culinary experts at Weight Watchers. You'll find over 300 delicious and comforting one-pot recipes that include casseroles, pastas, soups and stews, light stir-fries, and desserts—all accompanied by 100 beautiful, 4-color photographs. Organized by type of cooking vessel—everything from casserole dishes, skillets, woks, saucepans, slow cookers, pressure cookers, even specialty equipment such as fondue pots—this book lets you make the most of your kitchen tools while cooking delicious meals for the whole family. Also included in this ultimate cookbook: All recipes include nutrition information and Weight Watchers PointsPlus values Extra Healthy Tips provide easy suggestions for additions to the recipes Tons of introductory information on each type of pot—from skillets to slow cookers—is also included For great-tasting, nutritious meals that are easy to prepare and quick to clean up, turn to Weight Watchers One Pot Cookbook.*

HAITI

12 JANUARY 2010

De.Mo *A unique, arresting and versatile document of the traumatic earthquake which hit Haiti in 2010 and its aftermath. Encased in a cardboard box, the project comprises 16 unbound posters and a map page which draws attention to the epicentre and its rippling impact on the population of the island. The unique format allows the viewer to absorb each page individually or to hang the entire project. The visual testimony to the events of the the first days after the event are provided by award-winning photographer Ron Haviv and the essay by esteemed writer Simon Winchester.*

WEIGHT WATCHERS NEW COMPLETE COOKBOOK (SLOW COOKER BONUS EDITION)

Wiley *The trusted classic from Weight Watchers, now with a bonus section of 40 slow cooker recipes The most trusted name in healthy lifestyle, Weight Watchers leads the way to eating well—and losing weight. Packed with 500 recipes for every occasion, this book is delicious proof that healthy eating means you don't have to give up your favorite foods. It's so easy to enjoy meals with family and*

friends—holidays or everyday—with these tempting recipes that both beginners and experienced cooks will love. This newest edition has everything you'll need to cook—and eat—in a healthier way: included is a new chapter with slow cooker recipes, hundreds of tips, helpful how-to photography, sidebars filled with must-have advice, and plenty of fresh ideas for breakfast, lunch, dinner, and beyond. An added feature: all recipes have been tagged for skill level. This book has been completely redesigned and boasts all new photography. And, of course, this revised edition includes the latest information on the popular and successful Weight Watchers program. Includes more than 60 gorgeous full-color recipe photos and instructive how-to images. Features more than 500 recipes, including essential basics, breakfasts, lunches, soups and stews, vegetarian meals, baked goods, and desserts. Now with more whole grain and vegetable dishes that help you eat healthier and stay full longer. With a bonus section of 40 slow cooker recipes.

PREPARING FOR THE BIOLOGY AP EXAM

Benjamin Cummings *Key Benefit:* Fred and Theresa Holtzclaw bring over 40 years of AP Biology teaching experience to this student manual. Drawing on their rich experience as readers and faculty consultants to the College Board and their participation on the AP Test Development Committee, the Holtzclaws have designed their resource to help your students prepare for the AP Exam. * Completely revised to match the new 8th edition of *Biology by Campbell and Reece*. * New Must Know sections in each chapter focus student attention on major concepts. * Study tips, information organization ideas and misconception warnings are interwoven throughout. * New section reviewing the 12 required AP labs. * Sample practice exams. * The secret to success on the AP Biology exam is to understand what you must know—and these experienced AP teachers will guide your students toward top scores! *Market Description:* Intended for those interested in AP Biology.

TWO BAD PILGRIMS

Viking Childrens Books *Brothers Francis and Johnny Billington take issue with history's account of their troublemaking ways aboard the Mayflower and in the New World, as they tell their side of the story to Standish Brewster, professor of Pilgrimage at Plimouth University.*

CONTRACEPTION

YOUR QUESTIONS ANSWERED

This book has become established as the primary source of information about reversible methods of contraception. It represents a dialogue between general practitioner and reproductive health specialist and builds up information in a question-and-answer format. This enables the book to focus on giving practical guidance to a busy clinician when faced with a patient who wants help choosing and using their best means of controlling their own fertility. Most chapters conclude with questions asked by patients, which can be demanding for the unprepared.