
Download Free Letters To A Young Gymnast Nadia Comaneci

Right here, we have countless book **Letters To A Young Gymnast Nadia Comaneci** and collections to check out. We additionally meet the expense of variant types and as a consequence type of the books to browse. The tolerable book, fiction, history, novel, scientific research, as with ease as various further sorts of books are readily simple here.

As this Letters To A Young Gymnast Nadia Comaneci, it ends up instinctive one of the favored book Letters To A Young Gymnast Nadia Comaneci collections that we have. This is why you remain in the best website to see the incredible books to have.

KEY=NADIA - KYLEE JUNE

LETTERS TO A YOUNG GYMNAST

Basic Books In Letters to a Young Gymnast, Nadia Comaneci tells how she found the inner strength to become a world-class athlete at such a young age. Now a woman of tremendous poise and self-assurance, she offers unique insights into the mind of a top competitor. From how to live after you've realized your dream to the necessity of "a spirit forged with mettle," Comaneci's thoughts on athleticism and sacrifice are eye-opening.

LETTERS TO A YOUNG GYMNAST

Basic Books If there were such a thing as an "elder" stateswoman in women's gymnastics today, Nadia Comaneci would win that title as readily as she once won gold medals. Olga Korbut came before her, and many other medalists would follow, but none has ever been as dominant in winning the hearts of millions around the world. With grit and determination, Nadia Comaneci ushered in a new era for women's sports, one where young girls could vault into the arena of superstardom. Even today, almost thirty years after her greatest triumphs, you need only mention the name "Nadia" and gymnastics fans know instantly whom you are talking about. In Letters to a Young Gymnast, Nadia shows what it takes to achieve athletic perfection and become the best. With inspiring and dramatic stories from her own experience, she tells us how the young girl that Bela Karolyi discovered in a Romanian elementary school found the inner strength to become a world-class athlete at such a young age. This collection of Nadia's memories, anecdotes, and advice grants unique insights into the mind of a top competitor. From how to live after you've realized your dream, to the necessity of "a spirit forged with mettle," Nadia's thoughts on athleticism and sacrifice are eye-opening and surprisingly challenging.

SUMMARY - LETTERS TO A YOUNG GYMNAST BY NADIA COMANECI

Shortcut Edition * Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. Reading this summary, you will discover how the Romanian gymnast Nadia Comăneci became a legend in her field. You will also discover : behind the scenes of high level gymnastics between 1970 and 1984; the living conditions in Romania during the Cold War; how Nadia Comăneci's character was forged; her relationship with her coaches; how and why she became so famous. At a very young age, Nadia Comăneci developed exceptional skills for sport. These led her to an extraordinary destiny. Passionate about gymnastics, she was the first athlete to achieve top marks in competition. As a result, she was the object of admiration but also of all fantasies, as a showcase for an opaque communist regime. Are you ready to discover her exceptional destiny? *Buy now the summary of this book for the modest price of a cup of coffee!

DEGREES OF DIFFICULTY

HOW WOMEN'S GYMNASTICS ROSE TO PROMINENCE AND FELL FROM GRACE

University of Illinois Press How the Cold War era changed the trajectory of women's gymnastics Electrifying athletes like Olga Korbut and Nadia Comăneci helped make women's artistic gymnastics one of the most popular events in the Olympic Games. But the transition of gymnastics from a women's sport to a girl's sport in the 1970s also laid the foundation for a system of emotional, physical, and sexual abuse of gymnasts around the world. Georgia Cervin offers a unique history of women's gymnastics, examining how the high-stakes diplomatic rivalry of the Cold War created a breeding ground for exploitation. Yet, a surprising spirit of international collaboration arose to decide the social values and image of femininity demonstrated by the sport. Cervin also charts the changes in style, equipment, training, and participants that transformed the sport, as explosive athleticism replaced balletic grace and gymnastics dominance shifted from East to West. Sweeping and revelatory, Degrees of Difficulty tells a story of international friction, unexpected cooperation, and the legacy of abuse and betrayal created by the win-at-all-cost attitudes of the Cold War.

A PIONEER IN PERFECTION: THE TRUE STORY OF NADIA COMANECI

ULTRA VULGAR Publishing At the age of 14, Nadia Comaneci was the first person to receive a perfect 10.0 score in the Olympics, is credited with popularizing gymnastics around the world, and is considered one of the best athletes in the 20th century. Nadia Comaneci has one of the most inspiring true stories in modern times and she is a perfect role model for little girls who are just getting into sports. A Pioneer of Perfection follows Nadia's story from growing up in Romania, to winning the Olympics, and ultimately coming to America where she lives today. The book is full of motivational quotes from Nadia and teaches children lessons such as good sportsmanship and that they should never quit. A Pioneer in Perfection illustrates the power of female athletes with the message that if you work hard at something you can achieve greatness.

REELING

Europa Editions Award-winning author, Lola Lafon continues her exploration of the psyches of young girls—their fragility, their resilience. Fontenay, a Parisian suburb, 1984. Chloé is 12 when her parents prod her into taking ballet classes. She drops out after a long year of feeling lost, not classy nor graceful enough, and undoubtedly not as rich as the other kids. By chance, she signs up for Modern Jazz class at a MJC—a state-funded organization whose mission is to provide access to art and culture to all children. Modern Jazz is her calling, and soon Chloe is transformed, working out constantly, dreaming of becoming a professional dancer. That's when she catches the attention of Cathy, an elegant middle-aged woman, who is a talent scout for Galatée—a foundation that gives fellowships to exceptionally gifted teenagers. Fascinated by Cathy and the many gifts with which this providential "godmother" is showering her, Chloé introduces her to her parents, receiving their blessing to spend more and more time with her, ultimately falling prey to Galatée's trap.

SOME OF IT WAS REAL

Penguin "Fresh, surprising, and compulsively readable."--New York Times bestselling author Andrea Bartz A psychic on the verge of stardom who isn't sure she believes in herself and a cynical journalist with one last chance at redemption are brought together by secrets from the past that also threaten to tear them apart. Psychic-medium Sylvie Young starts every show with her origin story, telling the audience how she discovered her abilities. But she leaves out a lot—the plane crash that killed her parents, an estranged adoptive family who tend orchards in rainy Oregon, panic attacks, and the fact that her agent insists she research some clients to ensure success. After a catastrophic reporting error, Thomas Holmes's next story at the L.A. Times may be his last, but he's got a great personal pitch. "Grief vampires" like Sylvie who prey upon the loved ones of the deceased have bankrupted his mother. He's dead set on using his last-chance article to expose Sylvie as a conniving fraud and resurrect his career. When Sylvie and Thomas collide, a game of cat and mouse ensues, but the secrets they're keeping from each other are nothing compared to the mysteries and lies they unearth about Sylvie's past. Searching for the truth might destroy them both—but it's the only way to find out what's real.

WOMEN OF THE PANDEMIC

STORIES FROM THE FRONTLINES OF COVID-19

The story of the pandemic is the story of women. This riveting narrative offers an account of COVID-19, reminding us of women's leadership and resilience, reflecting back hope and humanity as we all figure out a new normal, together. Throughout history, men have fought, lost, and led us through the world's defining crises. That all changed with COVID-19. In Canada, women's presence in the response to the pandemic has been notable. Women are our nurses, doctors, PSWs. Our cashiers, long-haulers, cooks. In Canada, women are leading the fast-paced search for a vaccine. They are leading our provinces and territories. At home, they are leading families through self-isolation, often bearing the responsibility for their physical and emotional health. They are figuring out what working from home looks like, and many of them are doing it while homeschooling their kids. Women crafted the blueprint for kindness during the pandemic, from sewing masks to kicking off international mutual-aid networks. And, perhaps not surprisingly, women have also suffered some of the biggest losses, bearing the brunt of our economic skydive. Through intimate portraits of Canadian women in diverse situations and fields, Women of the Pandemic is a gripping narrative record of the early months of COVID-19, a clear-eyed look at women's struggles, which highlights their creativity, perseverance, and resilience as they charted a new path forward during impossible times.

THE GYMNASTICS BOOK

THE YOUNG PERFORMER'S GUIDE TO GYMNASTICS

Firefly Books Limited A guide to the beginner's world of gymnastics offers advice on selecting a program, warming up and cooling down exercises, and moving on to the competitive level, and includes

instructions on floor and apparatus moves.

THE LITTLE COMMUNIST WHO NEVER SMILED

Seven Stories Press An award-winning novel powerfully re-imagines a childhood in the spotlight of history, politics, and destiny. Montreal 1976. A fourteen-year-old girl steps out onto the floor of the Montreal Forum and into history. Twenty seconds on uneven bars is all it takes for Nadia Comaneci, the slight, unsmiling child from Communist Romania, to etch herself into the collective memory. The electronic scoreboard, astonishing spectators with what has happened, shows 1.0. The judges have awarded an unprecedented perfect ten, the first in Olympic gymnastics, though the scoreboard is unable to register anything higher than 9.9. In *The Little Communist Who Never Smiled*, Lola Lafon tells the story of Comaneci's journey from growing up in rural Romania to her eventual defection to the United States in 1989. Adored by young girls in the west and appropriated as a political emblem by the Ceausescu regime, Comaneci's life was scrutinized wherever she went. Lafon's fictionalized account shows how a single athletic event mesmerizes the world and reverberates across nations.

MY BOOK OF GYMNASTICS

Dorling Kindersley Ltd Learn your back springs from your bridges in this first gymnastics book for young fans and future Olympians. Meet the stars of the gymnastic world in this sports book, from Simone Biles to Max Whitlock, and find out how they train and perfect routines to take to the floor and wow the judging panel. With tons of photos and step-by-step illustrations, this book breaks down some of the complicated moves used in gymnastics routines, covering both simple and high-level gymnastics. Parallel bars, the pommel horse, and other key pieces of equipment are profiled alongside how they're used. The differences between rhythmic, acrobatic, and artistic gymnastics are explained with the help of exciting photos of expert gymnasts. Introducing world-champion individuals and international teams, this guide is great for kids that are obsessed with gymnastics.

NADIA

THE GIRL WHO COULDN'T SIT STILL

HarperCollins Nadia Comaneci was a feisty and fearless little girl who went from climbing trees in the forests of Romania to swinging into history at the 1976 Olympic Games, where she received an unprecedented seven perfect scores in gymnastics. But as readers will see in this first-ever illustrated picture book about Nadia's journey to Olympic gold, the road from small-town girl to world-class athlete was full of many imperfect moments. Expert illustrations that capture the energy and fluidity of Nadia's exuberant gymnastic routines and referential back matter round out this inspirational story of determination and overcoming adversity. A perfect 10.

GYMNASTICS

SCIENCE ON THE MAT AND IN THE AIR

Greenhaven Publishing LLC In order to execute amazing tumbling passes and stick the perfect landing, gymnasts need proper training and a lot of practice. They also need to understand the science behind what they're doing on the mat and in the air. Readers are introduced to the areas of STEM—science, technology, engineering, and math—that help gymnasts perform at their best, including the ways engineers have created safer equipment and the ways technology is being used to reduce injury. Eye-catching fact boxes, detailed sidebars, and full-color photographs provide readers with an inside look at the science behind this popular sport.

GYMNASTICS

Greenhaven Publishing LLC Combining strength, flexibility, agility, coordination, balance, and grace, gymnastics has evolved from ancient Greek exercises into a popular modern recreational and competitive sport with participants from two years old to world class athletes. Artistic gymnastics captivates viewers of the Summer Olympics worldwide. Providing an overview of the sport's origins and evolution, this book presents the scientific principles and concepts relevant to gymnastics, the biomechanics and physiology involved, and the elements of sports medicine uniquely associated with gymnasts.

FIRST SOURCE TO GYMNASTICS

RULES, EQUIPMENT, AND KEY ROUTINE TIPS

Capstone First Source to Gymnastics shows kids the world of gymnastics. From equipment to training tips and scoring rules, kids will be excited by stunning photographs of gymnasts and engaging text.

FIRST SOURCE TO GYMNASTICS

RULES, EQUIPMENT, AND KEY ROUTINE TIPS

Capstone First Source to Gymnastics shows kids the world of gymnastics. From equipment to training tips and scoring rules, kids will be excited by stunning photographs of gymnasts and engaging text.

GYMNASTICS: RULES, EQUIPMENT AND KEY ROUTINE TIPS

Raintree Gymnastics shows kids the world of gymnastics. From equipment to training tips and scoring rules, kids will be excited by stunning photographs of gymnasts and engaging text.

ICONS OF WOMEN'S SPORT

ABC-CLIO This collection of fascinating biographies of outstanding women athletes past and present including superstars such as Nadia Comaneci, Mia Hamm, Jackie-Joyner Kersee, Danica Patrick, and Serena and Venus Williams. * Photographs of accomplished female athletes * A chronology helps readers put entries in context * A bibliography provides suggestions for further reading

FEMALE OLYMPIAN AND PARALYMPIAN EVENTS

ANALYSES, BACKGROUNDS, AND TIMELINES

Springer Female Olympian and Paralympian Events is a groundbreaking book that examines women's sports in the Olympic and Paralympic Games, which have long been underappreciated and under-analyzed. The book begins with a brief background on women's participation in the Olympic Games and their role relative to the International Olympic Committee, then introduces the underlying Gendered Critical Discourse Analysis theory used throughout the book's analysis before delving into a literature review of female Olympians and Paralympians' events. It includes a listing of noteworthy "firsts" in the field, followed by individual discussions of twenty-eight Summer and seven Winter events, analyzed according to their historical, rhetorical, and popular cultural representations. Women's unique role(s) in the various events are discussed, particular athletes and Paralympic events are highlighted, and original tables are also included. At the end of each section, affiliated organizations and resources are included in this invaluable referential volume.

WHISTLE FOR WILLIE

Penguin Since it was first published in 1964, Whistle for Willie has delighted millions of young readers with its nearly wordless text and its striking collage artwork depicting the story of Peter, who longs to whistle for his dog. The New York Times wrote: "Mr. Keats' illustrations boldly, colorfully capture the child, his city world, and the shimmering heat of a summer's day."

WOMEN'S ARTISTIC GYMNASTICS

SOCIO-CULTURAL PERSPECTIVES

Routledge This book lifts the lid on the high pressured, complex world of women's artistic gymnastics. By adopting a socio-cultural lens incorporating historical, sociological and psychological perspectives, it takes the reader through the story and workings of women's artistic gymnastics. Beginning with its early history as a 'feminine appropriate' sport, the book follows the sport through its transition to a modern sports form. Including global cases and innovative narrative methods, it explores the way gymnasts have experienced its intense challenges, the complexities of the coach-athlete relationship, and how others involved in the sport, such as parents and medical personnel, have contributed to the reproduction of a highly demanding and potentially abusive sporting culture. With the focus on a unique women's sport, the book is an important read for researchers and students studying sport sociology, sport coaching, and physical education, but it is also a valuable resource for anyone interested in the development of sporting talent.

HOW TO THINK ABOUT EXERCISE

Picador USING PHILOSOPHY TO EXPLORE THE BIG IDEAS BEHIND FITNESS AND WAYS TO ENJOY EXERCISE WITHOUT LEAVING YOUR MIND BEHIND It can often seem as though existence is split in two: body and mind, flesh and spirit, moving and thinking. In the office or at study we are 'mind workers,' with seemingly superfluous bodies. Conversely, in the gym we stretch, run and lift, but our minds are idle. In *How to Think About Exercise*, author and philosopher Damon Young challenges this idea of separation, revealing how fitness can develop our bodies and minds as one. Exploring exercises and sports with the help of ancient and modern philosophy, he uncovers the pleasures, virtues and big ideas of fitness. By learning how to exercise intelligently, we are contributing to our overall enjoyment of life and enhancing our full humanity. Find out how bestselling author Haruki Murakami quit smoking and took up running, and why the simple act radically changed his whole outlook on life; why Schopenhauer thought that swimming was a sublime act; how Charles Darwin came up with some of his best ideas while exercising; and much more. *The School of Life* is dedicated to exploring life's big questions: How can we fulfill our potential? Can work be inspiring? Why does community matter? Can relationships last a lifetime? We don't have all the answers, but we will direct you toward a variety of useful ideas—from philosophy to literature, from psychology to the visual arts—that are guaranteed to stimulate, provoke, nourish, and console.

THE END OF THE PERFECT 10

THE MAKING AND BREAKING OF GYMNASTICS' TOP SCORE —FROM NADIA TO NOW

Simon and Schuster In *The end of the perfect 10*, Dvora Meyers provides an account of the controversial world of gymnastics, the recent changes to the scoring system, and what these changes mean for the future of American gymnastics.

365 PEOPLE WHO CHANGED THE WORLD

Om Books International Some people have the power to change the world. It could be their talent or sheer determination, but these leaders rose above the rest and made a difference to the world. Their contributions have impacted our lives greatly. Stories of their success are legendary. Let us get to know these world leaders and learn from their remarkable achievements. *365 People Who Changed The World* gives you a brief glimpse into the world of these leaders and helps you understand them better. Browse through the book and get motivated by the accomplishments of world leaders!

ZIA ERASES THE WORLD

Penguin "Luminous, empowering, and full of heart-healing truths, this is a novel that belongs on every shelf."—Katherine Applegate, Newbery Award winning author For fans of *Crenshaw* and *When You Trap a Tiger* comes the extraordinary tale of a headstrong girl and the magical dictionary she hopes will explain the complicated feelings she can't find the right words for—or erase them altogether. Zia remembers the exact night the Shadoom arrived. One moment she was laughing with her best friends, and the next a dark room of shadows had crept into her chest. Zia has always loved words, but she can't find a real one for the fear growing inside her. How can you defeat something if you don't know its name? After Zia's mom announces that her grouchy Greek yiayia is moving into their tiny apartment, the Shadoom seems here to stay. Until Zia discovers an old family heirloom: the *C. Scuro Dictionary, 13th Edition*. This is no ordinary dictionary. Hidden within its magical pages is a mysterious blue eraser shaped like an evil eye. When Zia starts to erase words that remind her of the Shadoom, they disappear one by one from the world around her. She finally has the confidence to befriend Alice, the new girl in sixth grade, and to perform at the Story Jamboree. But things quickly dissolve into chaos, as the words she erases turn out to be more vital than Zia knew. In this raw, funny, and at times heartbreaking middle grade debut, Bree Barton reveals how—with the right kind of help—our darkest moments can nudge us toward the light.

AMERICAN HISTORY THROUGH AMERICAN SPORTS

FROM COLONIAL LACROSSE TO EXTREME SPORTS

ABC-CLIO Filled with insightful analysis and compelling arguments, this book considers the influence of sports on popular culture and spotlights the fascinating ways in which sports culture and American culture intersect.

WOMEN'S QUOTATIONS FOR SUCCESSFUL LIVING

SelectBooks, Inc. *Women's Quotations for Successful Living* is a gift of pure inspiration. Bringing together the wisdom, humor, and love of over six hundred women, this compilation will guide, uplift, and

then spur you to your greatest potential. Exalt in the messages of success, answer the call to greatness, the entreaty for passionate lives. The dedication, hard work, and perseverance of these extraordinary women will drive you to accept nothing less than your best possible existence. Women's Quotations profits from the three unique and accomplished minds responsible for compiling and editing the eleven hundred quotations found within its pages. Caroline Lalive Carmichael, a former Olympic alpine skier, knows what it is to set goals and succeed. Business manager and professional fitness trainer Sarah Coleman's get-up-and-go attitude motivates everyone around her. Howard Alan Levin has traveled the world as a spiritual healer and entrepreneur, and he has seen gender inequality. He knows that a balanced world needs female leaders—and the mentors and role models to inspire them. Together they have embarked on a mission to help women build their own extraordinary lives. The words of these successful women—including world leaders, actors, artists, athletes, executives, explorers, adventurers, and authors—is provided with all sources cited. This allows the reader the freedom to easily examine each quote's origin and gather the deeper meaning available within this wider context. Allow these remarkable women to accompany you on your journey to a better you.

SUN IN DAYS: POEMS

W. W. Norton & Company Named a Best Poetry Book of 2017 by the New York Times Book Review, Sun in Days is "O'Rourke's most ravishing and brilliant collection yet" (Cathy Park Hong). From acclaimed poet and critic Meghan O'Rourke comes a powerful collection about the frailty of the body, the longing for a child, and the philosophical questions raised when the body goes dramatically awry. These formally ambitious poems and lyric essays give voice to the experience of illness, the permanence of loss, and invigorating moments of grace. A Paterson Poetry Prize finalist, Sun in Days is unsentimental yet deeply felt, characterized by O'Rourke's signature lyric precision and force of observation.

GO HOME, RICKY!

A NOVEL

Abrams From a rising literary star comes a fresh, satirical novel about masculinity and tenderness, fatherhood and motherhood, set in the world of semi-professional wrestling. After seven years on the semi-pro wrestling circuit, Ricky Twohatchet, a.k.a. Richard Powell, needs one last match before he gets called up to the big leagues. Unlike some wrestlers who only play the stereotype, Ricky believes he comes by his persona honestly—he's half white and half Native American—even if he's never met his father. But the night of the match in Omaha, Nebraska, something askew in their intricate choreography sets him on a course for disaster. He finishes with a neck injury that leaves him in a restrictive brace and a video already going viral: him spewing profanities at his ex-partner, Johnny America. Injury aside, he's out of the league. Without a routine or identity, Ricky spirals downward, finally setting off to learn about his father, and what he finds will explode everything he knows about who he is—as a man, a friend, a son, a partner, and a wrestler. Go Home, Ricky! is a sometimes-witty, sometimes-heart-wrenching, but always gripping look into the complexities of identity.

WHEN TURTLES FLY

SECRETS OF SUCCESSFUL PEOPLE WHO KNOW HOW TO STICK THEIR NECKS OUT

Morgan James Publishing Olympic skiing champion Nikki Stone shares her own inspirational story and those of Tommy Hilfiger, Steve Young, Lindsey Vonn, Lester Holt, and others . . . Did you know you have better odds at winning the lottery than an Olympic medal? To bring home one of those coveted medals—or achieve any great personal goal in life—you need a lot more than luck. You need a game plan. What if you could learn the secrets of success from an Olympian? A Nobel Prize winner? A Fortune 500 CEO? Along with anecdotes from her own dramatic journey, Olympic gold medalist Nikki Stone has compiled a treasure trove of compelling stories to illustrate each step on the path to success. She's gathered humorous, heartwarming and hugely inspirational tales from some of today's most brilliant business leaders, scientists, soldiers, inventors, philanthropists, musicians, athletes and entrepreneurs . . . a host of people whose very names epitomize achievement. "Even after my many successful years in business and politics, I was still able to gain a great deal of inspiration and helpful advice from Nikki Stone and her incredible contributors." —Mitt Romney, business executive and former presidential candidate "These inspirational stories and lessons will challenge readers to overcome their personal obstacles to success and encourage them to achieve their potential." —Dick Marriott, chairman Host Hotels and Resorts

SNOW ANGEL, SAND ANGEL

Make Me a World A celebration of home, family, and finding beauty in your heritage, beautifully illustrated by the artist behind Anti-Racist Baby. Claire has been surrounded by the deep blue waves of Hapuna Beach and the magnificent mountains of Hawai'i all her life, but has never, ever seen snow. When her father drives her and her family to the top of the Mauna Kea, she can't help but to be disappointed...it's not the winter wonderland she's always dreamed of. And that's what she wants, more than anything. But as Claire edges ever closer to the new year, she wonders if maybe-- just maybe-- she can delight in the special joys of winter in her own way--right there, on her Big Island of Hawaii. Includes backmatter that captures the environmental culture of Hawaii, and will teach children not only

about the local flora and fauna, but also the value of being environmentally friendly.

RECIPE FOR DISASTER

HarperCollins In this heartfelt middle school drama, Hannah's schemes for throwing her own bat mitzvah unleash family secrets, create rivalries with best friends, and ultimately teach Hannah what being Jewish is all about. With a delicious mix of prose, poetry, and recipes, this hybrid novel is another fresh, thoughtful, and accessible Versify novel that is cookin'. - New York Times Best-Selling Author Kwame Alexander Hannah Malfa-Adler is Jew . . . ish. Not that she really thinks about it. She'd prefer to focus on her favorite pastime: baking delicious food! But when her best friend has a beyond-awesome Bat Mitzvah, Hannah starts to feel a little envious ...and a little left out. Despite her parents firm no, Hannah knows that if she can learn enough about her own faith, she can convince her friends that the party is still in motion. As the secrets mount, a few are bound to explode. When they do, Hannah learns that being Jewish isn't about having a big party and a fancy dress and a first kiss -- it's about actually being Jewish. Most importantly, Hannah realizes that the only person's permission she needs to be Jewish, is her own.

DAY BY DAY IN JEWISH SPORTS HISTORY

KTAV Publishing House, Inc. The Ultimate Jewish Sports History and Trivia Book.

THE COMPLETE BOOK OF THE SUMMER OLYMPICS

Overlook Books A compendium of information on the Olympics offers facts, statistics, and stories, as well as a survey of rules for the 2000 games in Sydney

SIMPLY VERONA: BREAKING ALL THE RULES

Histria Books At the tender age of 15, Verona van de Leur took the gymnastics world by storm to become the greatest gymnast the Netherlands had ever produced. Her remarkable talent brought her gold medals, money, and fame. Although she seemed like a young woman on top of the world, Verona's life soon spun out of control. Abused and exploited by those closest to her, when her gymnastics career came to an end, Verona suddenly lost everything that she had worked so hard to achieve. Living on the streets of Holland, the one-time world champion gymnast was homeless, penniless, living out of her car, arrested and jailed, and contemplating taking her own life. But from the depths of her despair, Verona emerged to rediscover herself and to become a successful, albeit controversial, entrepreneur. She returned to gymnastics, entered the world of adult entertainment and modeling, and went on to start successful business ventures that ultimately turned her life around. Now, for the first time, the controversial international gymnastics star, Verona van de Leur, tells her true story to the world in this no holds barred autobiography.

HOW STRONG WOMEN PRAY

FaithWords Bonnie St. John profiles some of today's most prominent women and how prayer has impacted their lives.

I AM YOU

A BOOK ABOUT UBUNTU

Amazon Crossing Kids We may be different, but our hearts beat the same. In southern Africa, there is a belief called ubuntu--the idea that we are all connected. No matter where we're from or who we are, a person is a person through their connections to other people. With simple, lyrical text and charming artwork, this lively picture book first published in South Africa is the perfect introduction to the concept of ubuntu for young kids. A celebration of friendship and kindness, the book shows children the many ways that we are all one.

INAUGURAL BALLERS

THE TRUE STORY OF THE FIRST US WOMEN'S OLYMPIC BASKETBALL TEAM

Penguin From the New York Times bestselling author of Strong Inside comes the inspirational true story of the birth of women's Olympic basketball at the 1976 Summer Games and the ragtag team that put US women's basketball on the map. Perfect for fans of Steve Sheinkin and Daniel James Brown. A League of Their Own meets Miracle in the inspirational true story of the first US Women's Olympic Basketball team and their unlikely rise to the top. Twenty years before women's soccer became an Olympic sport and two decades before the formation of the WNBA, the '76 US women's basketball team

laid the foundation for the incredible rise of women's sports in America at the youth, collegiate, Olympic, and professional levels. Though they were unknowns from small schools such as Delta State, the University of Tennessee at Martin and John F. Kennedy College of Wahoo, Nebraska, at the time of the '76 Olympics, the American team included a roster of players who would go on to become some of the most legendary figures in the history of basketball. From Pat Head, Nancy Lieberman, Ann Meyers, Lusia Harris, coach Billie Moore, and beyond—these women took on the world and proved everyone wrong. Packed with black-and-white photos and thoroughly researched details about the beginnings of US women's basketball, *Inaugural Ballers* is the fascinating story of the women who paved the way for girls everywhere.

THE ILLUSTRATED HISTORY OF GYMNASTICS

Beaufort Books *Traces the development of the sport of gymnastics from the ancient world to the present and discusses the gymnastic competitions in the modern Olympics*

PEOPLE OLYMPICS 2016: THE BEST OF THE GAMES

GOLD AND GLORY

Time Inc. Books *Let the games begin! From Berlin to Barcelona, Beijing to Brazil, the Olympics celebrate the dedication, perseverance, drive and talent of athletes around the world. Whether it's swimming, gymnastics, basketball, volleyball, rowing or archery, all sports fans fall in love with the electric spirit of the Games that unites cultures and countries around the world every four years. PEOPLE Olympics 2016: The Best of the Games brings you inside the Olympics, both past and present: Featuring profiles of familiar faces such as 22-time Olympic medalist Michael Phelps and 2-time Olympic medalist Gabby Douglas as well as introducing the new wave of talent such as gymnast Simone Biles and track star English Gardner, The Best of the Games chronicles the best of the best over the years. Complete with beautiful, full-color photography, this special edition invites you to relive some of the most memorable Olympic moments - Muhammad Ali's torch lighting at the Atlanta Olympics in 1996, the US Women's Soccer Olympic title in the first-ever Women's Soccer Olympic competition, and Michael Johnston's golden finish, just to name a few. From their pre-Olympics path to the podium to post-Olympics life, The Best of the Games showcases the inspiring passion of athletes around the world and how they gave everything for the love of their fans, family, country, and above all: their sport.*