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## Judaism For Dummies

John Wiley & Sons **Your plain-English guide to Judaism Whether you're interested in the religion or the spirituality, the culture or the ethnic traditions, Judaism For Dummies explores the full spectrum of Judaism, dipping into the mystical, meditative, and spiritual depth of the faith and the practice. In this warm and welcoming book, you'll find coverage of: Orthodox Jews and breakaway denominations; Judaism as a daily practice; the food and fabric of Judaism; Jewish wedding ceremonies; celebrations and holy days; 4,000 years of pain, sadness, triumph, and joy; great Jewish thinkers and historical celebrities; and much more. Updates to the "recent history" section with discussions of what has happened in the first decade of the twenty-first century including: the expansion of orthodox political power in Israel; expansion of interfaith work; unfortunate recent anti-Semitic events; and other news Expanded coverage of Jewish mysticism and meditation, which has become increasingly popular in recent years New coverage on Jewish views of morality, including birth control, homosexuality, and environmental concerns Revised recipes for traditional Jewish cooking, updated key vocabulary, and Yiddish phrases everyone should know Jews have long spread out to the corners of the world, so there are significant Jewish communities on many continents. Judaism For Dummies offers a glimpse into the rituals, ideas, and terms that are woven into the history and everyday lives of Jewish people as near as our own neighborhoods and as far-reaching as across the world. Judaism For Dummies (9781119643074) was previously published as Judaism For Dummies (9781118407516). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product.**

# Judaism For Dummies

John Wiley & Sons **Judaism isn't a race or even a particular culture or ethnic group. There are about 13 or 14 million Jews spread around the world, including about 6 million in the United States and about 5 million in Israel - so Judaism clearly isn't "a nation." So what does it mean to be Jewish? Here are the basics: Being Jewish (being "a Jew") means you're a Member of the Tribe (an M-O-T). The tribe started with a couple named Abraham and Sarah about 4,000 years ago, it grew over time, and it's still here today. You can become part of the Jewish tribe in two ways: By being born to a Jewish mother or joining through a series of rituals (called converting). Judaism is a set of beliefs, practices, and ethics based on the Torah. You can practice Judaism and not be Jewish, and you can be a Jew and not practice Judaism. Whether you're interested in the religion or the spirituality, the culture or the ethnic traditions, Judaism For Dummies explores the full spectrum of Judaism, dipping into the mystical, meditative, and spiritual depth of the faith and the practice. In this warm and welcoming book, you'll find coverage of Orthodox Jews and breakaway denominations Judaism as a daily practice The food and fabric of Judaism Jewish wedding ceremonies Celebrations and holy days 4,000 years of pain, sadness, triumph, and joy Great Jewish thinkers and historical celebrities Jews have long spread out to the corners of the world, so there are significant Jewish communities on many continents. Judaism For Dummies offers a glimpse into the rituals, ideas, and terms that are woven into the history and everyday lives of Jewish people as near as our own neighborhoods and as far-reaching as across the world.**

## The Torah For Dummies

John Wiley & Sons **An easy-to-understand introduction to Judaism's most sacred text The foundation of Hebrew and Jewish religion, thought, law, and society is the Torah-the parchment scroll containing the text of the Five Books of Moses that is located in every synagogue. This accessible guide explains the Torah in clear language, even to those who were not raised in the Jewish religious tradition. Christians who want to know more about the Jewish roots of Christianity need to understand the Torah, as do followers of Islamic tradition and those interested in the roots of Abrahamic faiths. The Torah For Dummies explains the history of the Torah, its structure and major principles, and how the Torah affects the daily lives of people who follow the Jewish way of life.**

## Basic Judaism

Houghton Mifflin Harcourt **A rabbi introduces Gentiles to the origins, doctrines, traditions, practices, laws, institutions, and beliefs of the Jewish**

religion

## Comparative Religion For Dummies

John Wiley & Sons **Understand the beliefs, customs, and rituals of each faith** **The fun and easy way to know the common elements of these widespread religions** **Want to know more about the faiths of Judaism, Christianity, and Islam? This plain-English guide traces their evolution from their common origin - Abraham - and explains their different, yet linked, beliefs.** **You'll see how each religion developed, endured setbacks, and became a fixture in modern society - and you'll learn how members have developed similar approaches to worship.** **Discover: How the belief in one God originated** **The roots of Abraham's family tree** **The sacred texts of each faith** **Major similarities and differences** **How these religions influenced the world**

## Kabbalah For Dummies

John Wiley & Sons **Kabbalah For Dummies presents a balanced perspective of Kabbalah as an “umbrella” for a complex assemblage of mystical Jewish teachings and codification techniques.** **Kabbalah For Dummies also shows how Kabbalah simultaneously presents an approach to the study of text, the performance of ritual and the experience of worship, as well as how the reader can apply its teaching to everyday life.**

## Living Judaism

## The Complete Guide to Jewish Belief, Tradition, and Practice

Harper Collins **In Living Judaism, Rabbi Wayne Dosick, Ph.D., author the acclaimed Golden Rules, Dancing with God, and When Life Hurts, offers an engaging and definitive overview of Jewish philosophy and theology, rituals and customs.** **Combining quality scholarship and sacred spiritual instruction, Living Judaism is a thought-provoking reference and guide for those already steeped in Jewish life, and a comprehensive introduction for those exploring the richness and grandeur of Judaism.**

## Islam For Dummies

John Wiley & Sons **Many non-Muslims have no idea that Muslims worship the same God as Christians and Jews, and that Islam preaches compassion, charity, humility, and the brotherhood of man. And the similarities don't end there. According to Islamic teaching, Muhammad founded Islam in 610**

CE after the angel Gabriel appeared to him at Mecca and told him that God had entered him among the ranks of such great biblical prophets as Abraham, Moses, and Christ. Whether you live or work alongside Muslims and want to relate to them better, or you simply want to gain a better understanding of the world's second largest religion, *Islam For Dummies* can help you make sense of this religion and its appeal. From the Qur'an to Ramadan, this friendly guide introduces you to the origins, practices and beliefs of Islam, including: Muhammad, the man and the legend The Five Pillars of Wisdom The Five Essentials beliefs of Islam The different branches of Islam and Islamic sects The Qur'an and Islamic law Islam throughout history and its impact around the world Professor Malcolm Clark explores the roots of Islam, how it has developed over the centuries, and it's long and complex relationship with Christianity. He helps puts Islam in perspective as a major cultural and geopolitical force. And he provided helpful insights into, among other things: Muhammad, the Qur'an and the ethical teachings of Islam Muslim worship, customs, and rituals surrounding birth, marriage, and death Shi'ites, Sunnis, Sufis, Druze, and other important Muslim groups Islam in relation to Judaism and Christianity In these troubled times, it is important that we try to understand the belief systems of others, for through understanding comes peace. *Islam For Dummies* helps you build bridges of understanding between you and your neighbors in the global village. *Islam For Dummies* (9781119642978) was previously published as *Islam For Dummies* (9780764555039). While this version features a new *Dummies* cover and design, the content is the same as the prior release and should not be considered a new or updated product.

## Maimonides and the Book That Changed Judaism

### Secrets of the Guide for the Perplexed

U of Nebraska Press A publishing sensation long at the top of the best-seller lists in Israel, the original Hebrew edition of *Maimonides and the Book That Changed Judaism* has been called the most successful book ever published in Israel on the preeminent medieval Jewish thinker Moses Maimonides. The works of Maimonides, particularly *The Guide for the Perplexed*, are reckoned among the fundamental texts that influenced all subsequent Jewish philosophy and also proved to be highly influential in Christian and Islamic thought. Spanning subjects ranging from God, prophecy, miracles, revelation, and evil, to politics, messianism, reason in religion, and the

therapeutic role of doubt, Maimonides and the Book That Changed Judaism elucidates the complex ideas of The Guide in remarkably clear and engaging prose. Drawing on his own experience as a central figure in the current Israeli renaissance of Jewish culture and spirituality, Micah Goodman brings Maimonides's masterwork into dialogue with the intellectual and spiritual worlds of twenty-first-century readers. Goodman contends that in Maimonides's view, the Torah's purpose is not to bring clarity about God but rather to make us realize that we do not understand God at all; not to resolve inscrutable religious issues but to give us insight into the true nature and purpose of our lives.

## A History of Judaism

Princeton University Press "Judaism is one of the oldest religions in the world, and it has preserved its distinctive identity despite the extraordinarily diverse forms and beliefs it has embodied over the course of more than three millennia. A History of Judaism provides the first truly comprehensive look in one volume at how this great religion came to be, how it has evolved from one age to the next, and how its various strains, sects, and traditions have related to each other. In this magisterial and elegantly written book, Martin Goodman takes readers from Judaism's origins in the polytheistic world of the second and first millennia BCE to the temple cult at the time of Jesus. He tells the stories of the rabbis, mystics, and messiahs of the medieval and early modern periods and guides us through the many varieties of Judaism today. Goodman's compelling narrative spans the globe, from the Middle East, Europe, and America to North Africa, China, and India. He explains the institutions and ideas on which all forms of Judaism are based, and masterfully weaves together the different threads of doctrinal and philosophical debate that run throughout its history."--

## Understanding Judaism

## A Basic Guide to Jewish Faith, History, and Practice

Mesorah Publications What does the Torah say that makes it relevant to today? How can we understand the mitzvos? Why should I believe? Why be Jewish? What does a Jew have to do? Is science an enemy of Judaism? JEP has answers. For decades, the Jewish Education Prog

# Religion For Dummies

John Wiley & Sons **Why are we here? How should we live? What happens after we die? Why does evil exist? Religion For Dummies explains how the world's great religions answer questions that persist through generations. Authors Rabbi Marc Gellman and Monsignor Thomas Hartman are trusted religious advisors known as the God Squad. With wonderful wit and incredible wisdom, they host a daily talk show which reaches nearly 4 million homes in the New York area, and have appeared on numerous TV and radio shows. This book is not a scholarly theological treatise; it's a lively, practical, hands-on resource that will help you better understand your own religion and others. You'll explore: Religion's role in the family and in the workplace The beliefs and practices of Christianity, Judaism, Islam, and other religions Religion's impact during major passages in life such as birth, death, and marriage How to join a religion and how to pray How religion can help you deal with issues in every day life such as conflict, adversity, marriage, divorce, and more Religious rituals and ethics Religion for Dummies touches on lesser-known religions (such as, Zoroastrianism, Jainism, Sikhism). It explores how people of various faiths pray, celebrate life and death, and view moral issues. The book does not tell you what to believe, but rather encourages you to live as you believe and let your religion infuse every aspect of your life. It doesn't give simple answers to haunting, complex questions; it helps you find your own answers and pursue your own spiritual path!**

## Jewish Culture

### A Quick Immersion

Quick Immersion **"Among the most lucid, authoritative accounts of Jewish culture in the English language. A work of impressive breadth, great intelligence and clarity." -Steven J. Zipperstein, Daniel E. Koshland Professor in Jewish Culture and History, Stanford University "Jess Olson guides his readers through four thousand years of Jewish experience, his eye set firmly on the life of the Jewish people today. An "incisive insider" and master teacher, Olson's A Quick Immersion in Jewish Culture? is a delightful entry point to all things Jewish." -Steven Fine, Churgin Professor of Jewish History, Director, Center for Israel Studies, Yeshiva University "Jess Olson has written a clear, well-conceived, deeply informed, highly engaging introduction to Judaism. Highly recommended!" -Michah Gottlieb, Associate Professor of Jewish Thought and Philosophy, New York University Jewish Culture. A Quick Immersion offers a broad overview of Jewish culture and identity throughout Jewish history. In accessible language, Jewish Culture explores the religious, ethnic and national components of**

Jewish identities as they have developed over some 4,000 years. It is an ideal text for those with little familiarity with Jewish history, religion and culture, as well as the more informed reader interested in a broad synthesis the many strains of thought and experience that have shaped Judaism and the Jewish people.

## How to Run a Traditional Jewish Household

Simon and Schuster Filled with practical advice as well as history, **Blu Greenberg's** book is a comprehensive guide to the joys and complexities of running a modern Jewish home. *How to Run a Traditional Jewish Household* is a modern, comprehensive guide covering virtually every aspect of Jewish home life. It provides practical advice on how to manage a Jewish home in the traditional way and offers fascinating accounts of the history behind the tradition. In a warm, personal style, Blu Greenberg shows that, contrary to popular belief, the home, and not the synagogue, is the most important institution in Jewish life. Divided into three large sections—"The Jewish Way," "Special Stages of Life," and "Celebration and Remembering"—this book educates the uninitiated and reminds the already observant Jew of how Judaism approaches daily life. Topics include prayer, dress, holidays, food preparation, marriage, birth, death, parenthood, and many others. This description of the modern-yet-traditional Jewish household will earn special regard among the many American Jews who are re-exploring their ties to Jewish tradition. Such Jews will find this book a flexible guide that provides a knowledge of the requirements of traditional Judaism without advocating immediate and complete compliance. *How to Run a Traditional Jewish Household* will also appeal to observant Jews, providing them with helpful tips on how to manage their homes and special insights into the most minute details and procedures in a traditional household. Herself a traditional Jew, Blu Greenberg is nevertheless quite sympathetic to feminist views on the role of women in Jewish observance. *How to Run a Traditional Jewish Household* therefore speaks intimately to women who are struggling to reconcile their identities as modern women with their commitments to traditional Judaism.

## Judaism

## Judaism for Dummies! from

# Dummies to Expert. History of Judaism. Beginners Guide for Learning the Basics of Judaism

Createspace Independent Publishing Platform **Discover .... Judaism is a monotheistic religion of Jews characterized by the fact that it does not only represent religious and customary, but also an ethical, legal and historical feature of the Jewish people. The word Jew (a Jew, a Hebrew) and Judaism originated from the verb AVOR (the ancient Aramaic-Hebrew language), which means - to cross. It was the name of all the Semitic tribes which, at the beginning of the 2nd millennium BC, began to cross the river Euphrates, moving from Mesopotamia towards the Mediterranean. The ancient Greeks called these tribes Hebraia and Romans called them Hebraei (Hebrews, Jews). One day a non-Jew approached the rabbi Hillel, who lived in the 1st century BC, and asked him to explain the essence of Judaism. Hillel replied: "What is hateful to you, do not do to your neighbor," and continued, "This is the essence. The rest are comments. Go ahead and learn." (Babylonian Talmud, Tractate Shabbat, 31a). In the narrow sense of the word Judaism is the religion of Jews. In the wider sense Judaism is the entire Jewish tradition and culture. Judaism is not monolithic but very diverse: various forms of Judaism exist parallel to each other and are often in conflict. In the modern period, there are many routes within Judaism - religious, political, and cultural. Until 200 years ago, the Jewish religion was realized in a unique manner and included all aspects of life of Jews. Today, one part of Jews who are called Orthodox Jews, continue to respect all the laws and traditions of Judaism, while other parts of Jews don't. These are Conservatives and Reformists. Conservatives believe that the Jewish laws and traditions are changing from the ancient times to the present. The Reform, Liberal or Progressive Jewish movement considers that an individual can choose which laws to abide and what tradition to cherish. There is also a secular, humanistic version of Judaism that studies and cares for the Jewish tradition and history, not adhering to the religious law in practical life. Jews who see their affiliation to Judaism in this way, are emotionally tied to the Jewish heritage that gives them identity.**

**Here Is A Preview Of What You'll Learn... Who is Considered a Jew?**

**First Period: Biblical Judaism**

**Second Period: the Exile to Babylon**

**Third Period: Middle Ages**

**Contemporary Judaism**

**The Holy Bible**

**Jewish Mysticism**

**Jewish Holiday Calendar**

**The Synagogue and Jewish Prayer**

**The Zionist Movement**

**Judaism in the Modern Period (late 18th - 21st century) (c) 2017 All Rights Reserved !**

# Essential Judaism: Updated Edition

## A Complete Guide to Beliefs, Customs & Rituals

Simon and Schuster **You'll find everything you need to know about being Jewish in this indispensable, revised and updated guide to the religious traditions, everyday practices, philosophical beliefs, and historical foundations of Judaism. What happens at a synagogue service? What are the rules for keeping kosher? How do I light the Hanukah candles? What is in the Hebrew Bible? What do the Jewish holidays signify? What should I be teaching my children about being Jewish? With the first edition of Essential Judaism, George Robinson offered the world the accessible compendium that he sought when he rediscovered his Jewish identity as an adult. In his "ambitious and all-inclusive" (New York Times Book Review) guide, Robinson illuminates the Jewish life cycle at every stage and lays out many fascinating aspects of the religion—the Kabbalah and Jewish mysticism, the evolution of Hasidism, and much more—while keeping a firm focus on the different paths to living a good Jewish life in today's world. Now, a decade and a half later, Robinson has updated this valuable introductory text with information on topics including denominational shifts, same-sex marriage, the intermarriage debate, transgender Jews, the growth of anti-Semitism, and the changing role of women in worship, along with many other hotly debated topics in the contemporary Jewish world and beyond. The perfect gift for a Bar/Bat Mitzvah or anyone thinking about conversion—this is the ultimate companion for anyone interested in learning more about Judaism, the kind of book its readers will revisit over and over for years to come.**

## The Myth of the Jewish Race

### A Biologist's Point of View

Lehigh University Press **As a youth, the author, who had two Jewish grandparents, was defined as a Jew by Vichy France; his parents, however, refused to register the family as Jews. (In March 1944 Corcos and his brother fled to Spain and joined the Allied Forces in North Africa.) States that antisemites consider Jewishness to be inherited and to embody inferior, evil traits. This view is based on two false biological premises: that there are pure races of humans, and that some races are superior to others. Rejects these premises by considering modern biology and Jewish history. The latter indicates that the Jews cannot be a race, due to their lack of sexual isolation; diversity among Jews is a result of both**

intermarriage and proselytism. Sees the Spanish "limpieza de sangre" statutes and the Inquisition as precursors of Nazi racism. Observes that sometimes Jews have joined antisemites in accepting biological determinism. Intermarriage in countries such as China, India, and the USA has led to considerable biological diversity among Jews and to the reduction of diversity between Jews and non-Jews, if such diversity existed at all. Stresses that if antisemites have worried about "contamination" of their "race" by the Jews they have already missed the boat since Jews have mixed with non-Jews for many centuries.

## Judaism

### A Short History

Oneworld Publications Limited **This clear and comprehensive study of the long history of the Jewish people covers all the key issues, from the experiences of exile to the challenge of feminism and the split between Orthodox and non-Orthodox.**

### Why Jews Do That

### Or 30 Questions Your Rabbi Never Answered

Simon and Schuster **"What Steph Curry is to the three-pointer, Avram Mlotek is to rabbi-ing. Let him—and this book—be your guide to a deeper understanding of Judaism." —Bari Weiss, author of How to Fight Anti-Semitism** When the subject of religion comes up, people often get very shy and worry about offending. If only there was a book that covered all the nooks and crannies of a religion, written in an easily digestible way. Well, now there is! Written by Rabbi Avram Mlotek, *Why Jews Do That* is a terrific look into the Jewish religion that answers the tough questions. But this isn't just for the Jews among us. Just because you're Catholic, Muslim, Hindu, Buddhist, or the like, doesn't mean you can't enjoy an inside look to find out if Jews believe in Jesus, what kosher really is, and how we keep our yarmulkes secured to our heads. So have no fear, as Jews are here to help! Some of the questions answered by Rabbi Mlotek include: What's with Jews and candles? Do Jews have confession like Catholics? Why are Jews obsessed with food? Is sex kosher? What about marijuana? And much more! So whether you're a devout follower, a casual observer, someone marrying into the faith, or just interested in buffing up your Bible knowledge, Rabbi Mlotek will guide you through the challah, mitzvahs, and shikhs that make Jewish life so...lively.

## Choosing a Jewish Life

# A Handbook for People Converting to Judaism and for Their Family and Friends

Random House Digital, Inc. **A guide to the rules and rituals of converting to Judaism includes advice on such issues as dealing with family, choosing a synagogue, and selecting a Hebrew name**

## The Jew in the Lotus

# A Poet's Rediscovery of Jewish Identity in Buddhist India

Harper Collins **While accompanying eight high-spirited Jewish delegates to Dharamsala, India, for a historic Buddhist-Jewish dialogue with the Dalai Lama, poet Rodger Kamenetz comes to understand the convergence of Buddhist and Jewish thought. Along the way he encounters Ram Dass and Richard Gere, and dialogues with leading rabbis and Jewish thinkers, including Zalman Schacter, Yitz and Blue Greenberg, and a host of religious and disaffected Jews and Jewish Buddhists. This amazing journey through Tibetan Buddhism and Judaism leads Kamenetz to a renewed appreciation of his living Jewish roots.**

## Kabbalah for Beginners

# Understanding and Applying Kabbalistic History, Concepts, and Practices

Rockridge Press **Gain a better understanding of the Kabbalah path to spiritual transformation and a deeper connection with the Jewish faith. Coming from the Hebrew root that means "to receive," Kabbalah is known as the "inner" or "esoteric" dimension of Judaism. Kabbalah for Beginners is your introduction to a great spiritual tradition that will help you deepen**

**your experience of the Divine through Kabbalistic portals into the Eternal Present. Divided into four categories: theosophical, ecstatic, Hasidic, and contemporary, this book explores everything including ancient concepts, core teachings, practices and traditions, and even misconceptions of Kabbalah. Written in a contemporary tone and point of view, this beginner's guide brings this ancient discipline into the here and now. In Kabbalah for Beginners you'll find: God is existence--The Kabbalist method is that God is not a being, not even the most supreme being, but is rather Being itself. What is Kabbalah--Get inspired by interspersed quotes from the Torah and frequent sidebars that highlight the Kabbalah's relevance to readers' experiences. Spirituality simplified--Learn through a clear straightforward language to bring intuitiveness to deep philosophical concepts. Discover a contemporary guide to this ancient wisdom and move toward spiritual transformation.**

## The Jewish Phenomenon

### Seven Keys to the Enduring Wealth of a People

Taylor Trade Publications **With truly startling statistics and a wealth of anecdotes, Silbiger reveals the cultural principles that form the bedrock of Jewish success in America.**

## Amigos Del Otro Lado

Children's Book Press **Did you come from Mexico? An Mexican-American defends Joaquin, a boy frp, Mexico who came across the border. The Border Patrol is looking for him and his mother who are hiding. His newly found friend Prietita took him to the Herb Lady to help him with red welts.**

## The Jewish Book of Why--The Torah

Jonathan David Pub

## Taoism For Dummies

John Wiley & Sons **The definitive guide to understanding Taoism—no matter your background or faith Lao Tzu's Tao Te Ching is the second most translated book in the world, and the practice of religious Taoism is on the rise in China, where adherents currently number in the hundreds of millions. Yet there remains a remarkable lack of reliable information about Taoism for curious westerners. Taoism For Dummies provides comprehensive coverage of Taoism's origins in China's Chou Dynasty, its underlying**

quietist principles, its emergence as a major religion, various interpretations of its core texts, including both Eastern and Western interpretations, key Taoist concepts, and much more. It also provides a fascinating glimpse of Taoism in contemporary China. The ideal guide for readers interested in this influential religion, as well as those taking an introductory course on Taoism or Chinese Religion. A valuable source of insight for those with an interest in modern Chinese culture and beliefs.

## The Second Jewish Book of Why

Jonathan David Pub Deals with more complex, controversial and far-ranging subjects than *The Jewish Book of Why*.

## Catholicism All-In-One For Dummies

John Wiley & Sons Grasp the beliefs and practices about one of the world's oldest religions. *Catholicism All-In-One For Dummies* is your all-inclusive guide to the Catholic Church and its billions of followers. You'll learn how Catholicism came to be, how it's practiced, and where it stands socially and politically as you explore the rich history and diverse culture surrounding this major religion. Clear, friendly writing takes you inside a mass to understand what happens there, and walks you through a tour of the saints, holidays, the Bible, and the Vatican. Special coverage includes the role of women in the Church and in the Bible, and the tremendous popularity of Pope Francis, who has quickly become one of the Vatican's most-loved leaders. You'll dive into the beliefs and practices of Catholicism and get answers to the most common, confusing, controversial, and worrisome questions. Catholicism is quickly expanding beyond its 1.2 billion followers, with growing numbers of priests and new baptisms every year. Attendance at papal events has tripled to 6.6 million since Pope Francis' election in 2013, and Catholicism has become the largest religious denomination on the planet by a wide margin. This book explains what makes Catholicism so alluring, giving you insight into the religion and everything it entails. Discover the complicated history of the Catholic church. Understand what goes on at mass, and why. Learn where the Church stands on important issues. Explore Pope Francis's unprecedented popularity across cultures. The Catholic Church has been reinvigorated and revitalized with the enthusiasm surrounding Pope Francis, and his openness to the world and everyone in it. If your curiosity has been piqued, *Catholicism All-In-One For Dummies* is the ideal guide to learning what it's all about.

## Kabbalah for Beginners

# A Beginner's Guide to the Hidden Wisdom

[Laitman Kabbalah Publishers](#) **The Kabbalist Rabbi Laitman, who was the student and personal assistant to Rabbi Baruch Ashlag from 1979-1991, follows in the footsteps of his rabbi in passing on the wisdom of Kabbalah to the world. This book is based on sources that were passed down by Rabbi Baruch's father, Rabbi Yehuda Ashlag (Baal HaSulam), the author of 'the Sulam', the commentaries on The Book of Zohar, who continued the ways of the Ari and Rabbi Shimon Bar Yochai and many great Kabbalists throughout the generations before them. The goal of this book is to assist individuals in confronting the first stages of the spiritual realm. This unique method of study, which encourages sharing this wisdom with others, not only helps overcome the trials and tribulations of everyday life, but initiates a process in which individuals extend themselves beyond the standard limitations of today's world.**

# Christianity For Dummies

[John Wiley & Sons](#) **Get to know the beliefs and practices inspired by Jesus Christ Discover what it means to be a Christian and follow the gospel Curious about Christianity? This friendly guide helps you understand the basic teachings of the Christian faith, exploring the common ground that all Christians share, the differences among the major branches, the key events in Christian history, the key theological issues, and the many ways Christians live out their faith in today's world. The Dummies Way Explanations in plain English "Get in, get out" information Icons and other navigational aids Tear-out cheat sheet Top ten lists A dash of humor and fun Discover how to: Express the core essentials of Christianity Appreciate the life and teachings of Jesus Understand why the Bible is central to the faith Respect the unique roles of the Trinity Explore controversial issues among the branches**

# Aleph Isn't Tough

# An Introduction to Hebrew for Adults

[Urj Press](#) **Hebrew alef-bet poster available with the purchase of this teacher's guide**

# Hebrew For Dummies

**For Dummies** One of the most amazing things about Hebrew is that, in less than a century, it has gone from an ancient language of prayer and ritual spoken by a few holy men to a modern language of sunbathing, dining, going to the movies, and countless other everyday activities, spoken by millions. Modern Hebrew is a beautiful language, but for a native English speaker it can be tough wrapping your tongue around exotic expressions like “Ha'im Ayn Oogiyot?” (“What, no cookies?”). As with any language, the quickest way to master Hebrew basics is to immerse yourself in its sounds and rhythms. The next best thing to six months in Haifa, Hebrew For Dummies lets you do just that! Whether you want to communicate with your Israeli cousins, understand Jewish prayers and sacred literature, impress your Jewish in-laws, or you're planning a trip to Israel, this book/audio package can help. In no time, you'll: Master Hebrew sounds and rhythms Understand basic grammar and usage Get a handle on the Hebrew alphabet Make small-talk, and most everyday transactions Discover the basics of Hebrew blessings and prayer Gain insights into Hebrew culture and traditions Each chapter of Hebrew For Dummies is organized around a specific set of activities—such as eating, traveling, shopping, and asking directions—and gives you the lowdown on all the Hebrew you'll need to get by. Topics covered include: Eating, going shopping, having fun, sports, hobbies, talking on the phone, communicating around the office, and other everyday activities Hebrew for travelers, including transportation, hotels, money changing, asking directions, and handling emergencies Sacred Hebrew, including reading the Bible and prayer books, blessing formulas, sacred rites and services, and more The enclosed audio CD let's you pick up Hebrew the easy way—through actual conversations. It features: Dialogues by native Hebrew speakers Answers to the Fun & Games activities in the book The fun, easy way to master basic Hebrew, this book will quickly get you on track with the language skills you need to speak and read Hebrew like a native.

## Judaism

Everything You Need to Know  
About: Jewish Religion; Jewish  
Culture; and the Process of

# Converting to Judaism ( How to Become a Jew )

**NEW Second Edition, Published September 14, 2016** So, you want to convert to Judaism? That's great! You have to understand, though, that Judaism is not only a religion but is also a way of life. Jews consider themselves as one big family. Hence, to have a proper perspective about everything, you'll have to mentally orient yourself that you're trying to find a way in as a productive member of that Jewish family. You should also brace yourself for a long struggle ahead of you because converting to Judaism is not a walk in the park. This book will provide you with an excellent introduction to Judaism as well as what to expect during your conversion process, including lots of great tips and pointers that will help along the way.

## Religion Gone Astray

## What We Found at the Heart of Interfaith

**SkyLight Paths Publishing** Expanding on the conversation started with their first book, the *Interfaith Amigos* - a pastor, a rabbi and an imam - probe more deeply into the problem aspects of our religious institutions to provide a profound understanding of the nature of what divides us.

## Spectrums

## Our Mind-boggling Universe from Infinitesimal to Infinity

**A&C Black** The universe is a mind-boggling place, full of things seemingly too big and too small to understand. How can we visualise the minuscule world of the atom and the vastness of our galaxy? How can we grasp a billionth of a second and a billion years? Or the freezing point of Helium and the heat generated by the blast of an atomic bomb? David Blatner's solution is to put these and many other 'inconceivable' items on six spectrums - numbers, size, light, sound, heat and time - that put them into a human perspective. Full of facts, illustrations and anecdotes, *Spectrums* proves that we really can make sense of our extraordinary universe. Visit [spectrums.com](http://spectrums.com) for amazing interactive charts, videos and more

# The Complete Idiot's Guide to the Talmud

## Wisdom of the Ages About Law, Religion, Science, Mathematics, Philosophy, and More

**Penguin** An insightful look at one of the most unusual written works ever created. Compiled centuries ago by a group of wise men as a way to preserve the oral traditions of the Jewish faith, the Talmud has challenged and thrilled some of the world's greatest minds with its complex approach to exploring ideas and subjects from virtually every possible angle. This essential guide makes the ancient text of the 'oral Torah' accessible for all readers, whether they're Jewish or not.

## The Koran For Dummies

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# A Beginner's Guide to the End

## How to Live Life to the Full and Die a Good Death

**"I wish I'd had this book when I needed it. Death and dying are not subjects that many people are comfortable talking about, but it's hugely important to be as prepared as you can be - emotionally, physically, practically, financially, and spiritually. This book may be the most important guide you could have." - Elizabeth Gilbert, author of Eat Pray Love \_\_\_\_\_** The end of a life can often feel like a traumatic, chaotic and inhuman experience. In this reassuring and inspiring book, palliative care physician Dr BJ Miller and writer Shoshana Berger provide a vision for rethinking and navigating this universal process. There are plenty of self-help books for mourners, but nothing in the way of a modern, approachable and above all useful field guide for the living. And all of us - young, old, sick and well - could use the help. After all, pregnant couples have ample resources available to them as they prepare to bring a new life into the world: Lamaze courses, elaborate birth plans, tons of manuals. Why don't we have a **What to Expect When You're Expecting to Die** book? An accessible, beautifully designed and illustrated companion, **A Beginner's Guide to the End** offers a clear-eyed and compassionate survey of the most pressing issues that come up when one is dying, and will bring optimism and practical guidance to empower readers with the knowledge, resources and tools they'll need to die better, maybe even with triumph.