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KEY=OF - HINTON BREWER

HAND BOOK OF AYURVEDIC MEDICINES WITH FORMULATIONS (A COMPLETE HAND BOOK OF AYURVEDIC AND HERBAL MEDICINES)

Engineers India Research In The Book Covers Complete Details Of Ayurvedic Medicines With Formulae And The Chapters Covered In This Book Are: Herbal Medicine, Herbs, General Direc Tions For The Preparation And Use Of Herbs, Tonic Herbs, Herbs Used To Treat Disease, Churna Powder, Mishra Churna, Asava-Medicated Wine, Quatha-Decocotion, Gutu-Vati Tablets, Gutu-Vati Rasa Mercurial And Other Tablets, Gutu Vati Suvarnyukta Tablets Containing Gold Bhasma, Parpati Vati Parpati Tablets, Pishti Fine Processed Powder, Bhasma (Calx), Kupipakwa Rasayana, Ghana Avaleha And Paka, Pravahi Avaleha (Syrups), Taila, Siddha Taila (Medicated Oils), Ghrita-Ghee Medicated Ghee, Sattva, Parpati, Malahara (Ointment), Other Preparations Kshara-Lepa Gutu-Manjana Modaka, Putapaka, Upanaha-Varti Etc.

HANDBOOK ON HERBAL MEDICINES

ASIA PACIFIC BUSINESS PRESS Inc. India is said to be having advantage of well-recorded and well practiced knowledge of traditional herbal medicine. Herbal medicine products are dietary supplements that people take to improve their health. Many herbs have been used for a long time for claimed health benefits. Herbal medicines are the combination of curative experiences of generations of practises of physicians of aboriginal systems of medicine from time immemorial. Herbal medicines are as well in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. They offer cure for various diseases which do not have any modern medicine likes memory loss, osteoporosis, immune disorders, etc. Their use in the developed world has also increased. The herbal medicines today symbolize safety in contrast to the synthetics that are regarded as unsafe to human and environment. In the primeval times, the Indian sagacious held the view that herbal medicines are the only resolution to treat numeral health related problems and diseases. Although herbs had been priced for their medicinal, flavouring and aromatic qualities for centuries, the synthetic products of the modern age surpassed their importance, for a while. However, the blind dependence on synthetics is over and people are returning to the naturals with hope of safety and security. This means there is immense potentiality in the market considering the fact the present book aims to provide you comprehensive knowledge. The book contains Formulae of different Herbal Medicines used in all kind of diseases. The chapters of the book are: Use of herbal medicines for masses, commonly available plants tested for lowering blood sugar, cure of goitre by Ayurvedic herbal medicines, clinical study of chalcopyrite tables in the management of common symptoms of acid dyspepsia holistic management of bronchial asthma, drugs for skin allergy, role of Ayurveda in veterinary science, manufacturers index, botanical name of drugs, research abstracts, Ayurveda on the web databases , drugs and their equivalent along with a directory section. Research scholars, professional students, scientists, new entrepreneurs, and present manufacturers will find valuable educational material and wider knowledge of herbal medicine in this book. Comprehensive in scope, the book provides solutions that are directly applicable to the detailed information of herbal medicine.

HANDBOOK ON AYURVEDIC MEDICINES WITH FORMULAE, PROCESSES & THEIR USES (2ND REVISED EDITION)

NIIR PROJECT CONSULTANCY SERVICES Ayurvedic medicine (also called Ayurveda) is one of the world's oldest medical systems. It originated in India and has evolved there over thousands of years. It is a holistic healing science. Ayurvedic practice involves the use of medications that typically contain herbs, metals, minerals, or other materials. Now-a-days people are attracted more towards Ayurvedic medicines as the allopathic medicines are costlier and have side effects. There is more and more scientific research being conducted in our country for treatment of various diseases by Ayurvedic and herbal therapy. Research on medicinal and cosmetic uses of herbs is contributing to the growth of herbal industry. A large number of ailments have Ayurvedic treatment much superior to the other system of medicines and this has been recognized world over. Medicine has become an increasingly accepted alternative medical treatment in America during the last two decades. Up to 80% of people in India use either Ayurveda or other traditional medicines. It is believed that building a healthy metabolic system, attaining good digestion and proper excretion leads to vitality. India is said to have advantage of well recorded and well practiced knowledge of traditional herbal medicines. Herbal products are in huge demand in the developed world for health care, for the reason that they are efficient, safe and have lesser side effects. Efforts have been made on this book to enable readers to explore details regarding medicinal plants and their processing, learn about the unique composition of Rooh Afza, a clinical study of Chyavanaprash produced by Ayurveda rasashala, a clinical assessment of effect of triphala inlipoma, formulae and processes of different types of Ayurvedic Medicines like churan, capsules, syrup, sharbat, pastes etc that are used in various ailments. It also highlights preparation and uses of every product accompanied with their formulations which offers relief from a variety of conditions, such as cold and flu symptoms, headaches, toothaches, sore throats, high cholesterol, vision problems, anxiety, depression etc. Special content on machinery equipment photographs along with supplier details has also been included.

HANDBOOK OF AYURVEDIC MEDICINAL PLANTS

HERBAL REFERENCE LIBRARY

CRC Press This handbook is filled with over 50 illustrations and descriptions of approximately 250 plants which are used for herbal medicine. It includes information on medicinal plants ranging from Abies spectabilis to Zizyphus vulgaris. The purpose of this handbook is to make available a reference for easy, accurate identification of these herbs. Derived from India, "Ayurveda" is the foundation stone of their ancient medical science. Approximately 80 percent of the population of India and other countries in the East continue to utilize this system of medicinal treatment. It is believed that the key to successful medication is the use of the correct herb. This is an indispensable resource for all physicians, pharmacists, drug collectors, and those interested in the healing arts.

CRC HANDBOOK OF AYURVEDIC MEDICINAL PLANTS

CRC Press This handbook is filled with over 50 illustrations and descriptions of approximately 250 plants which are used for herbal medicine. It includes the most current information available today on medicinal plants ranging from Abies spectabilis to Zizyphus vulgaris. The purpose of this handbook is to make available a reference for easy, accurate identification of these herbs. Derived from India, "Ayurveda" is the foundation stone of their ancient medical science. Approximately 80 percent of the population of India and other countries in the East continue to utilize this system of medicinal treatment. It is believed that the key to successful medication is the use of the correct herb. This is an indispensable resource for all physicians, pharmacists, drug collectors, and those interested in the healing art.

HAND BOOK OF AYURVEDIC & HERBAL MEDICINES, WITH FORMULARIES

WITH DIRECTORY OF MANUFACTURES

Introduction, Fundamental Principles, Drugs, Herbal Tonic, Hypolipidemic Herbal Compound, Compound For Rheumatoid Arthritis-B,Compound For Migraine, A Ntidepressive Herbs, Spermatic Tonic,Chyavanprasha Capsules, Alfalfa Tonic, Geriatric Tonic, Emmenagogue Compound-A, Emmenagogue Compound-B, Tonic For Non-Specific Leucorrhoea-A, Post Parturition Tonic, Galactagogue Tonic, Formulations Of Ayurvedic & Herbal Medicines And Products, Ayurvedic Churns, Ayurvedic/Herbal Pharmacy, Ayurvedic Pain Balm Ointment, Ayurvedic Tables, Details Of Plant, Machinery & Equipments, Suppliers Of Plant, Machinery And Equipments, Packaging Materials, Manufacturers/Dealers Of Herbs (Raw Materials) & Allied Herbal Products.

THE COMPLETE BOOK OF AYURVEDIC HOME REMEDIES

BASED ON THE TIMELESS WISDOM OF INDIA'S 5,000-YEAR-OLD MEDICAL SYSTEM

Harmony Based on the ancient healing tradition from India that dates back thousands of years, The Complete Book of Ayurvedic Home Remedies offers natural alternatives to conventional medicines and treatments with practical advice and easy-to-follow instructions. Dr. Vasant Lad, a leading authority in this field, has created an invaluable guide to treating common ailments and chronic problems with strategies tailored to your personal needs based on your dosha. Dr. Lad first explains the principles behind the science of Ayurveda, exploring the physical and psychological characteristics of each of the three doshas, or mind-body types--vata, pitta, and kapha. Once you have determined which type or combination of types you are, Dr. Lad helps you to begin your journey to the ultimate "state of balance" and well-being. Dr. Lad explains why certain imbalances often result in illness and shows you how to restore your body to natural order. You'll learn which traditional Ayurvedic remedies--herbal teas and formulas, essential oils, meditation, yoga--offer relief from a variety of conditions, such as cold and flu symptoms, headaches, toothaches, sore throats, high cholesterol, vision problems, anxiety, and depression. Dr. Lad also shows you how to use diet and specific Ayurvedic techniques to prevent future illness and to promote body consciousness and healthy living. The Complete Book of Ayurvedic Home Remedies enables us all to experience the benefits of Ayurveda's healing properties that have been refined over thousands of years. All of the herbs, foods, and oils Dr. Lad recommends can be found in local health food stores or through mail-order catalogs. Complete with an extensive glossary and resource list, this is the definitive guide to natural, safe, and effective remedies, everyday keys to a lifetime of vitality and well-being.

COMPLETE HAND BOOK OF AYURVEDIC & HERBAL MEDICINES

WITH LATEST TECHNOLOGY AND FORMULATIONS

THE CHOPRA CENTER HERBAL HANDBOOK

FORTY NATURAL PRESCRIPTIONS FOR PERFECT HEALTH

Harmony People around the world are increasingly working with their own bodies to restore balance. They're using medicinals found in nature to avoid the side effects of antibiotics and turning to traditions that have passed the test of time. The oldest medical system of all is Ayurveda, which dates back 5,000 years to its origins in India. In The Chopra Center Herbal Handbook, Deepak Chopra, M.D., and David Simon, M.D., draw on the forty most important herbs of Ayurveda, from aloe and amrit to ginger and winter cherry, to create a practical, popular reference book that shows how to strengthen immunity, rejuvenate the body, boost energy, and detoxify the system. Each listing in The Chopra Center Herbal Handbook contains botanical information, scientific research, instructions on using the herb, a line drawing, precautions, and most important, the specific ailments each herb is best suited to remedy, including those involving digestion, mind and emotions, women's and men's health matters, metabolism, pain, arthritis and inflammation, circulation, and many more.

AYURVEDIC HERBS

A CLINICAL GUIDE TO THE HEALING PLANTS OF TRADITIONAL INDIAN MEDICINE

Routledge A single-source reference on the most important and best-investigated Ayurvedic herbs This book examines the clinical information available on more than 60 Ayurvedic herbs to determine how their use in traditional Indian medicine is supported by modern scientific study. Plants are grouped according to body systems and each entry includes a description, information on the source plant, distribution and traditional use, active chemical constituents, relevant pharmacology, and details of clinical studies and safety findings. This unique book also includes a brief history of Ayurveda, examines the history of drug development and evaluation in ancient India, and identifies current trends resulting from scientific investigation. Worldwide interest in Ayurveda is growing quickly, especially in the United States, Europe, and Japan. But until now, information on Western-style clinical trials on Ayurveda herbs has been scattered and no single source for descriptions, comments, and references has existed. Ayurvedic Herbs presents the first critical validation of Ayurvedic medicine, extensively referenced for physicians and clinicians interested in alternative and adjunctive therapies. This unique book is essential for making informed choices on herb use, offering clinical trial data, results of pharmacological studies, and safety information. Ayurvedic Herbs examines: gastrointestinal agents hepatoprotective agents respiratory tract agents cardiovascular drugs urinary tract drugs antirheumatic agents skin and trauma care agents gynecological agents antidiabetic agents CNS agents rasayana drugs dental and ophthalmological agents and much more Ayurvedic Herbs includes cross-references to chapters when a particular plant has more than one indication and watercolor illustrations of twelve major herbs.

HANDBOOK OF CHINESE MEDICINE AND AYURVEDA

AN INTEGRATED PRACTICE OF ANCIENT HEALING TRADITIONS

Simon and Schuster A comprehensive reference tool for maximizing healing of the mind, body, and spirit through a holistic synergy of Chinese medicine and Ayurveda • Details the foundational principles of each tradition and the many concepts they share, such as qi and prana, meridians and nadis, and energy centers and chakras • Provides tools for self-assessment including a primer on tongue diagnosis and a mental, emotional, and physical constitutional questionnaire • Offers breathing exercises, dietary regimens, herbal recommendations, and guides for detoxification, including safe and gentle at-home cleansing Chinese medicine and Ayurveda are two of the oldest healing systems in use today. Each is a complete art, in and of itself, and has profoundly contributed to the health and well-being of millions of people around the world. Drawing on their shared roots and spiritual principles, Bridgette Shea, L.Ac., MACOM, shows how these two practices integrate seamlessly, with the two traditions' individual strengths harmonizing to form a practical basis for prevention, wellness, detoxification, and treatment. The author explains the foundational principles of both Chinese medicine and Ayurveda in detail, providing the reader with a working understanding of both disciplines. She examines shared concepts such as qi and prana, meridians and nadis, and energy centers and chakras. She explores the strengths of each practice, such as the clinical efficiency of diagnosis and the use of acupuncture for pain relief, improving fertility, and stress reduction in Chinese medicine and the dietary, detoxification, and spiritual guidance of Ayurveda, including the detox branch of Ayurveda known as Panchakarma. Moving beyond theory into practical application, she explores the Elements, known as the Five Phases and the Panchamahabhutas, and how they affect our well-being. She provides tools for self-assessment including a primer on tongue diagnosis and a mental, emotional, and physical constitutional questionnaire. Offering treatment and prevention strategies that draw from both disciplines, she encourages the reader to implement an integrated practice of these two systems in daily life or clinical practice. She details breathing exercises, dietary regimens, herbal recommendations, and guides for detoxification, including safe and gentle home cleanses, all rooted in the holistic synergy between Ayurveda and Chinese medicine. Sharing case studies that highlight the interconnectedness of these approaches, Shea provides a comprehensive guide for self-healing of body, mind, and spirit and a practitioner's resource to cross-reference complex questions with respect to both healing traditions.

HANDBOOK OF MEDICINAL HERBS, SECOND EDITION

CRC Press Still considered the definitive work on medicinal herbs and their uses after two decades, the Handbook of Medicinal Herbs has undergone a long-anticipated revision. In the second edition, world-renowned ethnobotanist James A. Duke provides up-to-date data on over 800 of the world's most important medicinal plant species. The book contains more species, phytochemicals, proven indications, folk indications, and dosage data than the first edition in a new easier to use format. The in-depth content, the addition of color plates and over 200 black and white illustrations makes this book the most comprehensive resource on medicinal herbs available. NEW IN THE SECOND EDITION: · Over 100 color plates, 4 color maps · Over 200 black and white illustrations · Over 800 medicinal plants — more than twice as many as the previous edition organized alphabetically by common name · More herbs from the African, Ayurvedic, Chinese, and Jamu traditions EASY ACCESS TO INFORMATION YOU NEED Designed to give you fast access to the information you need on a regular basis, this new edition is organized more systematically than any other medicinal herb publication. The entries are now arranged alphabetically by common name with the scientific name in parenthesis. Major synonyms are also provided. · It has become increasingly clear that there are hundreds of biologically active compounds, often additive or synergistic, in all our plants, foods, spices, herbs, medicinal, and poisonous plants. The debate continues on how these plants work and how they should be used. Blending scientific fact with folk uses and the author's personal experience, Handbook of Medicinal Herbs, Second Edition provides the most well rounded discussions of safety, efficacy, toxicity, and rational use found in any herbal reference.

HANDBOOK ON MEDICINAL HERBS WITH USES

ASIA PACIFIC BUSINESS PRESS Inc. Medicinal herbs are the local heritage with global importance. World is endowed with a rich wealth of medicinal herbs. The Variety and sheet number of plants with therapeutic properties is quite astonishing. Medicinal herbs have curative properties due to presence of various complex chemical substance of different composition, which are found as secondary plant metabolites in one or more parts of these plants. These plant metabolites, according to their composition, are grouped as alkaloids, glycosides, corticosteroids, essential oils etc. During the past decade, a dramatic increase in exports of medicinal herbs attests to worldwide interest in these products as well as in traditional health systems. The pharmaceutical industries have made massive investment on pharmacological, clinical and chemical researches all over the world in past five decades. Efforts have been made to discover still more potent plant drugs. The benefits of these efforts would reach to the masses in future in farmers initiate commercial cultivation of medicinal herbs. In fact, agricultural studies on medicinal herbs, by its very nature, demand an equally large investment and higher priority. India, in particular, has a big scope for the development of pharmaceutical and physiochemical industry. The medical plants for health are used as herbal treatments and therapies that can be new habits for culture. Medicinal plants constitute a large segment of the flora, which provide raw materials for use by various industries. They have been used in the country for a long time for their medicinal properties. These plants are staging a comeback and herbal renaissance is happening all over the globe. The herbal medicines today symbolise safety in contrast to the synthetics that are regarded as unsafe to human and environment. This book illustrates the cultivation, utilization of *Abelmoschus Moschatus*, *Abroma Augusta*, *Abrus Precatorius*, *Abutilon Indicum*, *Acacia Arabica*, *Acacia Catechu*, *Acacia Farnesiana*, *Acanthus Illicifolius*, *Achillea Millefolium*, *Achyranthes Aspera*, *Aconitum Napellus*, *Aconitum Heterophyllum*, *Acorus Calamus*, *Adansonia Degitata*, *Adina Cordifolia*, *Adhatoda Vasika*, *Adonis Vernalis*, *Aegle Marmels*, *Aerua Lanata*, *Aesculus Hippocastanum*, *Aethusa Cynapium* etc. The book contains systematic account of the most important plants used in medicines. Each chapter covers botanical description, parts used, Ayurvedic properties, clinical uses, constituents with the figure of the plant. This book will be very useful for those working on medicinal plants, natural products, entrepreneurs, libraries, consultant, research scholars etc.

AYURVEDIC HERBOLOGY - EAST & WEST

THE PRACTICAL GUIDE TO AYURVEDIC HERBAL MEDICINE

Lotus Press Ayurvedic Herbiology East & West is a comprehensive and practical guide to Ayurvedic herbal medicine that focuses on traditional Ayurvedic herbs and formulas that are readily available in the west. Importantly, it is one of the first books to categorize commonly used Western medicinal plants with Ayurvedic herbal energetics.

HANDBOOK OF PHYTOPHARMACOLOGY

Scientific Publishers This book is divided into two parts. Part-I deals with Description of Medicinal Plants and Part-II with *Hypericum perforatum* L. It describes various medicinal plants used in Ayurveda. It provides indepth knowledge about the plants used in Indian System of Medicine. The plants have been discussed as per syllabus of Dravyaguna (Ayurvedic Pharmacology). *Hypericum perforatum* Linn., popularly known as St. John's wort, has recently received attention of the medical world. This plant has been desc-ribed in detail with Chemical Composition with various uses. The book will serve as useful guide for students and practitioners of Ayurveda

AMERICAN HERBAL PRODUCTS ASSOCIATION'S BOTANICAL SAFETY HANDBOOK, SECOND EDITION

CRC Press Access to accurate, evidence-based, and clinically relevant information is essential to anyone who uses or recommends herbal products. With input from some of the most respected experts in herbal and integrative medicine, this completely revised edition of the American Herbal Products Association's Botanical Safety Handbook reviews both traditional knowledge and contemporary research on herbs to provide an authoritative resource on botanical safety. The book covers more than 500 species of herbs and provides a holistic understanding of safety through data compiled from clinical trials, pharmacological and toxicological studies, medical case reports, and historical texts. For each species, a brief safety summary is provided for quick reference, along with a detailed review of the literature. Easily understood classification systems are used to indicate the safety of each listed species and the potential for the species to interact with drugs. Enhancements to the Second Edition include: Classification of each herb with both a safety rating and a drug interaction rating More references listed for each individual herb, vetted for accuracy Specific information on adverse events reported in clinical trials or case reports Safety-related pharmacology and pharmacokinetics of each herb, including drug interactions Additional information on the use of herbs by pregnant or lactating women Toxicological studies and data on toxic compounds Representing the core of the botanical trade and comprising the finest growers, processors, manufacturers, and marketers of herbal products, the mission of the AHPA is to promote the responsible commerce of herbal products. The American Herbal Products Association Botanical Safety Handbook, Second Edition ensures that this vision is attained. The book will be a valuable reference for product manufacturers, healthcare practitioners, regulatory agencies, researchers, and consumers of herbal products.

THE HANDBOOK OF AYURVEDA

North Atlantic Books This practical and inspirational handbook touches on every aspect of Ayurveda, a traditional healing system of India, for beginners, and serves as a refresher course for more seasoned students. Written by one of the world's leading Ayurveda practitioners and teachers, this guide offers a complete overview and lays out the principal areas of the system—involving eight branches that include medicine, toxicology, and geriatrics—in ways that are easy to follow yet not oversimplified. The author outlines the history, terminology, and practice, and includes a glossary of terms and a well-researched treatment section. The book also contextualizes Ayurveda within Buddhism, and recommends therapies and the herbs and plants that best accompany them.

THE ULTIMATE HERBAL MEDICINE HANDBOOK FOR WOMEN

THE STEP-BY-STEP GUIDE TO HEALING COMMON AILMENTS WITH OVER 50 HERBS FOR WOMEN (REMEDIES FOR COMMON CONDITIONS)

Hello, Beautiful and gorgeous Ladies around the world! Do you know being a woman is the most beneficial thing in the world? In my mind, and I'm sure you couldn't pay me Rihanna's yearly salary for the rest of my life to trade places with me. There's no doubt about it, you ladies are the most precious creation;-) It's no mystery that those having female reproductive organs deal with a handful of less than satisfying symptoms day in and day out. Instead of turning to pharmaceuticals in these times of hormone-induced distress, I propose you stock up on natural herbs! Usually, we can bypass pharmaceuticals and heal quickly from what the universe naturally gives us, which is astonishing and always has my wife vibing on her inner witchy woman-ness. When suffering from health distress (with all due regard to modern medication), I pledge to always try and heal naturally at all times, and having these remedies on hand makes it comfortable and easy. Would you like to boost your fertility rate but are hesitant to use chemicals and other substances that may have dangerous side effects? If you are the type of person who would prefer to use natural products because of their effectiveness without having to put your body at risk, then this book is simply for you. In this book, you will find the secrets to natural fertility through the use of herbs. These herbs are used for various kinds of ailments in the body, one of which is fertility. My wife has used these herbs because of the condition she was also diagnosed with by medical doctors. I know how difficult it is to want a child so much that you are willing to do anything to conceive your own. But what she learned was that through perseverance, she could choose the best kind of fertility treatment that suited her personality and health condition. There are robust tips that she shared in this book using herbs during her pre-pregnancy period. Lucky for you, ladies, I have revealed tips from specialists, experts, and herbalists who gave us a peek at alternatives to high-priced drugs and the mandatory check-ups that come with them. After doing intense analysis and taking up herb study through Herbal Academy's online herb classes, I've come across some exceptional herbs that seem to exist, especially for women. If you're a lady in need of some physical, mental, and emotional restoration, then these are some of the top herbs that may help get you on your way... In the book, "The Ultimate Herbal Medicine Guide for Women," you will learn the Step-by-Step Guide to Healing Common Ailments with over 50 Herbs for Women (Remedies for Common Conditions)! In the book, you will know: -The Herbs for Women's Health-The Thirteen (13) Powerful Herbs That Boost Fertility-The Best Twenty (20) Medicinal Herbs to Grow for a Plant Medicine in your family Garden-The Top Seven (7) Ayurvedic Herbs For Sadness, Stress, Depression, Fear, & Anxiety!-The Five (5) Most Powerful Ayurvedic Herbs to Balance the Female Hormones and Health-The Twenty Eight (28) Herbal Remedies for Menstrual Cramps-The Six (6) Natural Herbs for Fibroids Give it a shot by ordering your COPY!

AYURVEDIC MEDICINE

THE PRINCIPLES OF TRADITIONAL PRACTICE

Singing Dragon This resource brings the unique theories and traditions of Ayurveda alive so that they are accessible to the complementary health practitioner of today. This book offers a clear, accessible and yet detailed guide to Ayurvedic herbalism. It encompasses a brief history of the growth of Ayurveda, a discussion of its fundamental principles, treatment strategies as well as the energetic approach of traditional Ayurvedic herbal pharmacy and pharmacology.

HOME REMEDIES

A HANDBOOK OF HERBAL CURES FOR COMMON AILMENTS

Penguin Books India

THE YOGA OF HERBS

AN AYURVEDIC GUIDE TO HERBAL MEDICINE

Lotus Press It is 1870 and railway workers and their families have flocked to the wild and inhospitable moorland known as Batty Green to build a viaduct on the Midland Railway Company's ambitious new Leeds to Carlisle Line. Among them are three very different women – tough widow Molly, honest and God-fearing Mary Pratt, and Helen Parker, downtrodden by her husband and seeking a better life. When tragedy strikes, the lives of the three women are bound together, and each is forced to confront the secrets and calamities that threaten to tear their families apart.

THE WAY OF AYURVEDIC HERBS

THE MOST COMPLETE GUIDE TO NATURAL HEALING AND HEALTH WITH TRADITIONAL AYURVEDIC HERBALISM

Lotus Press Popular medicine.

ESSENTIALS OF HERBAL DRUG TECHNOLOGY

A GUIDE OF STANDARDIZATION QUALITY CONTROL

Educreation Publishing Essentials of Herbal Drug Technology is a unique attempt to arouse the inteDr. Shanti Bhushan Mishra is serving as Associate Professor at United Institute of Pharmacy, Allahabad where he has been since 2010. He received his degree of Bachelor of Science (B.Sc.) from Lucknow University, Lucknow and Bachelor of Pharmacy (B. Pharm.) from Bundelkhand University Jhansi, India. Gold Medalist in Post-graduation (M. Pharm.) from Vinayaka Mission University Salem, Tamilnadu and PhD from Sam Higginbottom Institute of Agriculture, Technology & Sciences (SHIATS), Allahabad. Major contribution has been in the field of Diabetes especially engaged in investigating on natural antioxidant from botanical sources and their role in diabetes management. Presently he is holding the positions of consultant editor of International Journal of Pharmaceutical Sciences and Research, Journal of Pharmaceutical & Biomedical research and International Journal of Therapeutic Application. He has selected as nominee of CPCSEA (Committee for the purpose of control and supervision of experiments on animals) under ministry of environment, forest and climate change government of India. He has published 50 research papers in national and international journals of repute. He has presented 28 papers in various national and international conferences as invited speaker and resource person. He has four books and three book chapters in his credit. He is lifetime member of Association of Pharmaceutical Teachers of India, Indian Science Congress Association Kolkata, Societa Italo-Latino Americana de Etnomedicina, Costa Rica and American Chemical Society USA.rest of students in this fast-developing branch of pharmacy i.e. Pharmacognosy and related fields like herbal medicine, natural products and their standardization because increasing interest in the field of herbal medicine and ayurvedic dosage forms; their standardization is utmost required. The Book provides in depth information about various guidelines of different regulatory bodies that are required in quality control of herbal drugs. This book has been written with the object that the new syllabus of the bachelor's in pharmacy, master's in pharmacy and doctorate in herbal medicines and their pharmacological efficacy as per PCI course curriculum is covered in reasonable detail to provide sound scientific knowledge of quality control and standardization.

LLEWELLYN'S BOOK OF NATURAL REMEDIES

OVER 400 AYURVEDIC, HERBAL, ESSENTIAL OIL, AND HOME REMEDIES FOR EVERYDAY AILMENTS

Llewellyn Worldwide Discover Hundreds of Holistic Remedies and Wellness Tips Llewellyn's Book of Natural Remedies shares a powerful integrative approach to healing and living a more natural life. Author Vannoy Gentles Fite shares effective remedies for more than a hundred ailments, exploring contemporary and traditional techniques using common, everyday ingredients. Integrative medicine combines natural, holistic approaches with mainstream medicine. In this book, each ailment includes treatments using essential oils, herbs, Ayurveda, and home remedies. The recipes are easy to locate based on your specific needs, and they include materials you can typically find in your home. From balms and baths to tinctures and wraps, these outstanding remedies will support your healing process as you live your best possible life.

INDIAN HERBAL REMEDIES

RATIONAL WESTERN THERAPY, AYURVEDIC AND OTHER TRADITIONAL USAGE, BOTANY

Springer Science & Business Media This superbly illustrated A-Z guide to modern and traditional Indian herbal remedies brings together information from numerous authoritative sources in the form of a highly structured and well-written reference work. Entries for each medicinal plant describe classical Ayurvedic and Unani uses, compare modern findings and applications, together with their pharmacology and therapeutic principles in an evidence-based approach. Information sources include: German Commission E, US Pharmacopoeia/National Formulary, and the WHO. The resulting work highlights the potential of Indian herbs for Western medicine by placing findings on a scientific platform. Over 200 full-colour photographs and 50 drawings illustrate the plants. Includes ayurvedic herbal drugs More than 150 general and more than 500 plant species are covered Easy-to-use and highly structured entries Detailed information on traditional use and modern evidence-based medical application

A WOMAN'S AYURVEDIC HERBAL

A GUIDE FOR NATURAL HEALTH AND WELL-BEING

Hampton Roads Publishing Ancient Herbal Secrets for Self-Care, Healing, and Wholeness Designed specifically for women, this book will introduce the system of Ayurvedic medicine, one of the most ancient and holistic forms of medicine known in human history. Developed in India over 5,000 years ago, Ayurveda is a complete system for healing and rebalancing the body. This fascinating book features an A-Z of herbs with their description, history and uses, and easy-to-prepare home remedies. There is also an A-Z section of ailments that details symptoms and how to treat them using Ayurvedic remedies. Authoritative text, an easy-to-use format, and delightful original botanical illustrations will make this volume a pleasure to own and a useful home reference.

LLEWELLYN'S COMPLETE BOOK OF AYURVEDA

A COMPREHENSIVE RESOURCE FOR THE UNDERSTANDING & PRACTICE OF TRADITIONAL INDIAN MEDICINE

Llewellyn Worldwide A comprehensive resource by one of the world's most respected Ayurveda experts Ayurveda is the art of good life and gentle healing. It is a holistic system of medicine that includes prevention, psychology, diet, and treatment. Join Hans H. Rhyner, a leading authority on Ayurveda, as he explores the principles, therapies, and collected knowledge of this powerful approach to health and wellbeing, including: Anatomical Aspects (Rachana Sharira) Evolutionary Physiology (Kriya Sharira) Constitution (Prakruti) Pathology (Samprapti) Diagnostics (Nidana) Pharmacology (Dravya Guna) Treatment Strategies (Chikitsa) Nutritional Sciences (Annavijnana) Preventative Medicine (Swasthavritta) Quintet of Therapeutics (Panchakarma) Clinical Applications Filled with natural treatment suggestions and herbal remedies for dozens of conditions, Llewellyn's Complete Book of Ayurveda provides detailed explanations of the most important topics in the field, such as: The Legend of Ayurveda Creation and Evolution (Sankhya) Logic and Analysis (Nyaya-Vaisheshika) Yoga The Channel System (Srota) Vital Points (Marma) Seven Basic Tissues (Sapta Dhatus) Biological Fire (Agni) Toxic Wastes (Ama)

Somatic Constitution Psychic Constitution Causes of Disease (Nidana) Six Stages of Pathogenesis (Kriya Kala) Observation and Examination Principles of Treatment Acupuncture and Moxibustion Eight Considerations on Food Diet for Your Constitution Kitchen Pharmacy Daily Healthy Habits (Dinacarya) Rules for Different Seasons (Rutacarya) Ethical Life (Sadvritta) Purificatory Treatments (Pradhanakarma) Dietetics (Pascat Karma) Ethics Spirituality in Psychotherapy (Vedanta) Ayurveda Surgery Ayurveda Psychiatry Vastu-Vedic Geomancy Medical Astrology And Much More

AYURVEDA

A QUICK REFERENCE HANDBOOK

Lotus Press "Ayurveda: A Quick Reference Handbook is an excellent addition to the library of any serious Ayurvedic student or practitioner, and it is written in a clear style for beginners. It summarizes all of the basic Ayurvedic knowledge in beautiful charts that make finding the information for reference easy. Yoga, Jyotish and Vastu included in the same book expands the vedic resources for Ayurvedic students. Well done." - Cynthia Copple, Dean, Mount Madonna College of Ayurveda President, Lotus Holistic Health Institute

HERBAL MEDICINES FOR NEUROPSYCHIATRIC DISEASES

CURRENT DEVELOPMENTS AND RESEARCH

Routledge Published in 1999, Herbal Medicines for Neuropsychiatric Diseases is a valuable contribution to the field of Psychiatry/Clinical Psychology.

CRC HANDBOOK OF MEDICINAL SPICES

CRC Press "Let food be your medicine, medicine your food." -Hippocrates, 2400 B.C. When the "Father of Medicine" uttered those famous words, spices were as important for medicine, embalming, preserving food, and masking bad odors as they were for more mundane culinary matters. Author James A. Duke predicts that spices such as capsicum, cinnamon, garlic, ginger, onion, and turmeric will assume relatively more medicinal importance again, as the economic costs and knowledge of the side-effects of prescription pharmaceuticals increase. After all, each spice contains thousands of useful phytochemicals. Pharmaceuticals usually contain only one or two. Discover the Science behind the Folklore Spices are important medicines that have withstood the empirical tests of millennia. Nearly 5,000 years ago Charak, the father of Ayurvedic medicine, claimed that garlic lightens the blood, reduces tumors, and is an aphrodisiac tonic. Today scientists say it thins the blood, prevents cancer, and increases libido. For centuries people worldwide have used spices to cure a myriad of ailments and to preserve foods. Now science is proving that these spices may preserve us with their antioxidant and antiseptic activities. Organized by scientific name, the CRC Handbook of Medicinal Spices provides the science behind the folklore of over 60 popular spices. For each spice, it lists: Scientific name Common name Medicinal activities and indications Multiple activities Other uses, especially culinary Cultivation Chemistry Important phytochemical constituents and their activities The handbook also includes market and import data, culinary uses, ecology and cultural information, and discusses at length the use of spices as antiseptics and antioxidants.

THE CHOPRA CENTRE HERBAL HANDBOOK

NATURAL PRESCRIPTIONS FOR PERFECT HEALTH

Vintage In The Chopra Centre Herbal Handbook, Dr Deepak Chopra and Dr David Simon draw on the forty most important herbs used in Ayurveda, from aloe and amrit kalash to ginger and winter cherry, to create a practical, popular reference book that shows how to, for example, strengthen immunity, rejuvenate the body, boost energy and detoxify the system. Each listing explains the specific ailments which that herb can remedy, as well as instructions on how to use it, precautions, scientific research and botanical information. Health problems which are addressed include digestive disorders, those of the mind and emotions, women's and men's health issues, metabolism, pain, arthritis and inflammation, circulation and many more.

HERBAL REMEDIES HANDBOOK

MORE THAN 140 PLANT PROFILES; REMEDIES FOR OVER 50 COMMON CONDITIONS

Penguin Discover the therapeutic properties of more than 140 medicinal herbs such as turmeric, elderflower, and ginger root with Herbal Remedies Handbook. Take charge of your health and wellness naturally with tried-and-tested plant-based home remedies. Reliable, authoritative, and accessible, it's packed with expert advice and know-how on essential herbal remedies, including crucial safety and dosage information you can trust. If you've ever wondered how to treat a cold with Echinacea tea or boost your brainpower with ginkgo biloba, then let Herbal Remedies Handbook be your guide. Learn how to prepare effective remedies at home with step-by-step instructions for making herbal teas, decoctions, and tinctures. Identify how to treat more than 50 common conditions including headaches, hay fever, and the symptoms of menopause with at-a-glance charts on remedies for home use. Compact and easy to understand, it's the guide every home herbalist needs - let it be your trusted companion on your journey to natural health and wellness.

THE COMPLETE GUIDE TO HERBAL MEDICINES

Simon and Schuster Two prominent pharmacists offer this guide to herbal remedies, featuring more than three hundred herbal medicines, along with a glossary of medical terms and detailed descriptions of each remedy, potential drug interactions, dosages, and more. Original.

HERBAL COSMETICS & AYURVEDIC MEDICINES (EOU) (3RD REVISED EDITION)

NIIR PROJECT CONSULTANCY SERVICES Herbal cosmetics have been into usage from time immemorial so has been the use of Ayurvedic medicines. Ayurveda which means the complete knowledge for long life has been very popular these days on account of its minimum or zero side effects with considerable power of curing. Similarly herbal cosmetics have been of great value because of the least harm they cause to the skin and the radiance they add to the skin. These days a number of beauty products that are using the herbal formulae and Ayurveda concepts have got lot of attention and have been witnessing a huge rise in demand not only nationally but on international arena. The charm of understanding herbal product is even you can use it by making certain combination at your home and get the benefits. These are economical and sure to provide alleviate the problems not only for skin but for long term health issues also. Herbal products combine the skills of specialists in chemistry, physics, biology, medicine and herbs. These are less likely to cause any damaging effect to health. Bath and beauty products use herbs for both their scents and therapeutic qualities. Herbal products are replacing the synthetics products because of its harsh nature. Herbal products are in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. The formulations based on herbs are safe and effective. To exploit the knowledge that has got the genesis in our country the book aims to provide you a comprehensive information on different types of herbal Cosmetics formulas. The contents of the book are: Analysis of Creams, Infra-Red Spectrophotometer In Cosmetic Analysis, Infra Red Spectrophotometer In Cosmetic Analysis, Analysis of Creams, Analysis of Shampoos, Lal Tooth Powder, Bath and Massage Oil, Sun Care/Skin Lightening Compound, Herbal Liver Tonic, Vicks Like Compound, hair oil, Eye Drops, Packaging Criteria for Cosmetics and Toiletries, Vicks Like Compound, Cosmetics for Elderly People, Cough Syrup, Colour in Cosmetics, Herbal Liver Tonic, Herbal Formulation, Medicinal Herbs as Cosmetics, Medicinal & Massage Oils, Herbal Cosmetic Cream for Dry Skin, Herbal Deodorant Roll On, Drug Standardization, Guide Lines on GMP, Premises and Equipment Requirements, Aloe Gel, Tablets and Capsule, Sandalwood Oil and Machinery Section. The Third Revised Edition of Herbal cosmetics and Ayurvedic medicines (EOU) also includes photographs of machinery and equipments with addresses of their manufacturers. The book in general will be beneficial for entrepreneurs, industrialists, project consultants, libraries and in general all those looking for detail information.

MAJOR HERBS OF AYURVEDA

This unique, clinical reference features comprehensive and detailed profiles of 50 key herbs used in Ayurvedic medicine. Coverage of each herb includes a discussion of its historical context, habitat, botanical description, major chemical constituents, medical usage, safety profile, dosage, regulatory status, and Ayurvedic properties. It also features full-color photos of each plant, describes which part of the plant is used, and illustrates the dried herbal preparation. Each herb's ethnobotanical usage and ethnoveterinary usage are also presented for a clear understanding of how the herb is used in various contexts. Complete information on the unique uses of Ayurvedic herbs is provided, including new information on certain herbs not covered in any other resource. Descriptions of the ethnobotanical and medicinal uses of herbs present a traditional and historical context for their uses. In-depth coverage of chemical constituents is provided. The specific Ayurvedic properties of herbs are described, as well as how they are used by Ayurvedic practitioners, shedding light on an approach that is increasing in popularity. Full-color illustrations of each herb offer cues for visual recognition of the plant.

Safety considerations enable readers to apply theoretical knowledge to clinical practice, including toxicity data on certain herbs. Primary sources are well-referenced throughout the book, highlighting original, authentic research and scientific findings.

AYURVEDA

THE SCIENCE OF SELF-HEALING : A PRACTICAL GUIDE

Lotus Press Most popular general introduction to Ayurveda, the alternate health science of India.

THE HERBAL HANDBOOK FOR HOMESTEADERS

FARMED AND FORAGED HERBAL REMEDIES AND RECIPES

Voyageur Press Let The Herbal Handbook for Homesteaders be your helpful compendium of herbal information and recipes for building health and tending to minor ailments out on the homestead. When you're a homesteader, you face many challenges: from a simple cold, to an earache in your child, fleas on the dog, or worms in your goat. Medicines and treatments are never cheap, and are often vague. Wouldn't it be great to grow, forage, and create natural remedies yourself? Look no further than The Herbal Handbook for Homesteaders! Abby Artemisia, a botanist, herbalist, and professional forager, has created this user-friendly resource. If you're an herbal novice, this guide will demystify the world of herbs. For those with some herbal experience, it will take you deeper into helpful home remedies with new techniques and recipes. Take control of your own health care and that of your family, pets, and livestock, with tips on growing and foraging herbs safely and ethically; secrets to preservation and processing; and easy, soothing recipes. With bonus sections on creating your own herbal apothecary, creating a foraging journal, and more, this handy book is sure to become your go-to reference for all things herbal.

BOTANICAL MEDICINE FOR WOMEN'S HEALTH E-BOOK

Elsevier Health Sciences Use herbal medicines to treat women at any stage of life! Botanical Medicine for Women's Health, 2nd Edition provides an evidence-based, patient-centered approach to botanical interventions for many different medical conditions. More than 150 natural products are covered, showing their benefits in gynecologic health, fertility and childbearing, and menopausal health. This edition includes new full-color photos of herbal plants along with a discussion of the role of botanicals in healthy aging. Written by Aviva Romm, an experienced herbalist, midwife, and physician, this unique guide is an essential resource for everyday practice of herbal medicine. Winner of the 2010 American Botanical Council's James A. Duke Excellence in Botanical Literature Award! Current, evidence-based information covers more than 150 botanicals for over 35 different conditions. Case studies provide realistic scenarios and help you apply the content to the real world. Treatment and formula boxes summarize the most important information. Color illustrations and photographs of plants enable you to identify herbs visually as well as by substance make-up. Logical chapter organization begins with the principles of herbal medicine and then covers women's health conditions organized chronologically by lifecycle, from teen and reproductive years to midlife and mature years. Appendices include practical, at-a-glance information on common botanical names, chemical constituents of medicinal plants, and a summary table of herbs for women's health. NEW! Updates reflect the latest research and the most current information. NEW Full-color design and detailed, professional color photos of plants make this a unique, essential resource. NEW! Coverage of the role of botanicals in healthy aging for women features phytoestrogens, Ayurvedic/Chinese herbs, and discussions of health promotion.

RATIONAL PHYTOTHERAPY

A PHYSICIANS' GUIDE TO HERBAL MEDICINE

Springer Science & Business Media A practice-oriented introduction to phytotherapy. Methodically classified by organic systems and fields of application, it offers a quick insight into dosage, form of application and effects of the most important herbal remedies. Only those herbal remedies that are of pharmacological and clinical efficiency have been considered. The authors are highly experienced in the field of postgraduate medical education and, with this work, present an indispensable reference book for the medical practice.

AYURVEDIC PHARMACOPOEIAL PLANT DRUGS

EXPANDED THERAPEUTICS

CRC Press "This kind of systematic work is exactly what is needed for people to help bridge traditional Ayurvedic practice with modern science." Venkatraman Ramakrishnan, Nobel laureate, current president of the Royal Society and group leader at the Medical Research Council Laboratory of Molecular Biology, Cambridge Biomedical Campus, UK Ayurvedic Pharmacopoe