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KEY=GARDENALIA - ROSS SANTANA

GARDENALIA

CREATING THE STYLISH GARDEN

Rizzoli International Publications Provides design ideas for gardens, highlighting the use of reused and salvaged items for decoration.

GARDENALIA

FURNISHING YOUR GARDEN WITH FLEA MARKET FINDS, COUNTRY COLLECTABLES AND ARCHITECTURAL SALVAGE

Gardens are now considered by many people to be an extension of the home, and with the popularity of reclaiming, re-using and re-inventing rather than buying brand new items, now is the time to embrace the value of outdoor salvage. Gardenalia provides the inspiration and the know-how for creating a perfect outdoor room. In the first section of the book Sally Coulthard guides the reader through the myriad choices of recycled and reclaimed materials and objects you can employ in your garden to inject style and personality. Gardenalia can be introduced in many forms, from recycled wooden fences and charming old gates, to reclaimed brick for paths and edging, and metal plant supports, pergolas and arches. Statuary and ornaments offer decorative devices and design focal points. All types of furniture – from classical benches to weather-beaten old tables and retro deckchairs – can create stylish areas for dining and relaxing, while containers and tools provide the perfect finishing touches. The second section covers a wide variety of different garden spaces, taking in potagers, vintage and formal style gardens, relaxing spaces, container gardening, colourful corners, potting sheds, spaces for work and play and even animal sanctuaries for wildlife and pets. A host of inventive ideas show you how to breathe new life and uses into salvaged pieces. Gardenalia offers practical guidance for the perennial garden tasks of planning your space, incorporating seating and eating areas and creating exciting backdrops and structures for your plants.

THE BEST HEALTH FLAVOURS

Xlibris Corporation This is a book that discussed some very important health challenges, and their suggested solutions. This book also provides health, and well-being information closer to people all around the world. Human beings need to be responsible for their good health and wellness. Experiencing and maintaining good health, and wellness, needs both individuals, and collective efforts of nations. this is paramount to their citizens living good and happier life. Information is the difference between success and failure. Many people all around the world, faces a lot of health problems. They are really not well informed, lacks financial strength, to maintain good health, either due to non-exposure to quality education, nonchalant attitudes, culture, beliefs, and their government very harsh policies on health, which may really hamper their health, thus preventing them from living a good, and healthy life. Good health is a divine perfect gift, and maintenance of it, is our sole collective responsibilities, which must be taken very serious, and work towards achieving, and maintaining it. Maintainance of good health is cheaper, than applying curative measures, which are very expensive. Herbs and medicines are used to maintain good health and wellness all around the world. This book is written, to encourage us to have positive attitude towards maintaining good health, and wellness, so as to live a sickness, and stress free life.

HOW TO MAKE THE BEST USE OF SALVAGE

A PRACTICAL GUIDE TO RECLAMATION

Casemate Publishers This book about reclamation shows whats available and why salvage is a good option for people doing up their homes or wanting to have a stylish talking point whether it s stained glass windows, a vintage garden bench, Victorian roll-top bath or an Edwardian door or tiled fire surround. It also appeals to the fast-growing green market with its recycling element, plus reclaimed goods can be great value if you know what you re doing. This is an increasingly popular aspect of the antiques world which includes garden ornaments, as well as interior and exterior housing material. Written by interior design expert and TV favourite, Barty Phillips, the author of How to Decorate Your Home without Going Broke, Daily Mail Book of Household Hints and Tips and Teach Yourself Thrifty Living, this book offers a practical guide on identifying the age of salvaged goods and how to source it and use it in your home or business. This handy book also contains a directory of specialist salvage outlets and events.

GARDENALIA

L'ARTE DI ARREDARE IL GIARDINO CON OGGETTI D'EPOCA E MATERIALI DI RECUPERO PROVENIENTI DA MERCATINI DELL'USATO, DEPOSITI DI ANTICAGLIE, COLLEZIONI DI CAMPAGNA E RISTRUTTURAZIONI ARCHITETTONICHE

50 WAYS TO HELP SAVE THE BEES

The Countryman Press Have you heard the buzz? Bees—the tiny insects that pollinate nearly all our fruits and vegetables—need our support. If you like to eat your fruits and vegetables (and even if you don't!), you should value our planet's bees. Yet, because of environmental pollution, loss of green spaces, and a general disregard for the well-being of insects, humans have caused the number of bees to plummet. In the past year, the managed honeybee population of the United States has dropped 40 percent, and there has been a 25 percent decline in wild bees—figures that are alarming at best. Helping the bees is easier than you might imagine, however, as outlined in this charmingly illustrated call to action. Here are 50 easy suggestions, along with an informative introduction, to get you started. Try cutting your lawn less frequently, buying ethical honey, and keeping your yard dark at night. You can follow easy instructions for building a bee-friendly window box or a green-roofed garden shed. Little things can make a big difference. Just ask a bee.

THE BOOK OF THE EARTHWORM

Head of Zeus Ltd Sally Coulthard explores the miraculous world of the earthworm, the modest little creature without whom life as we know it would not be possible. For Charles Darwin – who estimated every acre of land contained 53,000 earthworms – the humble earthworm was the most important creature on the planet. And yet, most people know almost nothing about these little engineers of the earth. We take them for granted but, without the earthworm, the world's soil would be barren, and our gardens, fields and farms wouldn't be able to grow the food and support the animals we need to survive. Sally Coulthard provides a complete profile of the earthworm by answering fifty questions about these wiggling creatures, from 'What happens if I chop a worm in half?' to 'Would humans survive if worms went extinct?' Fascinating and beautifully illustrated, The Book of the Earthworm offers a feast of quirky facts and practical advice about the world's most industrious – but least understood – invertebrate.

FOLLOW THE FLOCK

HOW SHEEP SHAPED HUMAN CIVILIZATION

Simon and Schuster An addictively free-ranging survey of the massive impact that the humble and loveable sheep have had on human history. From the plains of ancient Mesopotamia to the rolling hills of medieval England to the vast sheep farms of modern-day Australia, the domesticated ungulates of the genus *Ovis*—sheel—have been central to the human story. Starting with our Neolithic ancestors' first forays into sheep-rearing nearly 10,000 years ago, these remarkable animals have fed us, clothed us, changed our diet and languages, helped us to win wars, decorated our homes, and financed the conquest of large swathes of the earth. Enormous fortunes and new, society-changing industries have been made from the fleeces of sheep, and cities shaped by shepherds' markets and meat trading. Sally Coulthard weaves the rich and fascinating story of sheep into a vivid and colorful tapestry, thickly threaded with engaging anecdotes and remarkable ovine facts, whose multiple strands reflect the deep penetration of these woolly animals into every aspect of human society and culture.

COUNTRY BROCANTE STYLE

WHERE ENGLISH COUNTRY MEETS FRENCH VINTAGE

Ryland Peters & Small Find inspiration in decorative country living with Country Brocante Style. Lucy Haywood is the creator of The Country Brocantes—home and lifestyle fairs held in idyllic rural surroundings. In Country Brocante Style, she introduces her pretty and accessible signature look into the home, fusing two enduring and appealing decorating traditions—English country style and French-inspired vintage styling. There's classic French "brocanterie"—old textiles, vintage furniture, and decorative pieces—alongside lifestyle brands, gardenalia, handmade textiles, cottage-garden flowers, and other homewares. In the first section, Country Brocante Style, Lucy leads you through the color palette of the Brocantes and discusses key pieces of furniture and decorative objects before presenting creative ideas for putting the look together. In the second section, Country Brocante Interiors, she pays a visit to the homes of the dealers and the buyers who flock to the fairs. Decorative country style is more popular than ever and Country Brocante Style will inspire you to create this romantic, timeless style in your own home.

THE BOOK ON ENDING HOMELESSNESS

FriesenPress The Book on Ending Homelessness provides insights for those in the industry, elected officials, policy makers, funders, public servants and the general public on the best ways to move from managing homelessness to ending homelessness. While ending homelessness may seem to be a whacky or even preposterous idea, Iain De Jong takes more than two decades of experience as an award winning industry leader to lay out how and why homelessness can be ended in very practical ways. This book will provoke and teach, serving as both inspiration and an instruction manual for those serious about combatting one of the most important social issues of our time. The book will reshape how you think about homelessness, as well as how strategies like sheltering, street outreach and day services all play a role in ending homelessness when operated with a housing-focused lens and the right service orientation. No doubt the book will reassure some that their thinking and actions regarding homelessness are bang on, while challenging others to think and respond differently in what they do and how they invest their money. Many of the ideas in the book elaborate upon ideas that Iain shares in his blog, keynote speeches and conference presentations, as well as the training series that Iain and his team have been offering for the past decade. If you are involved in homelessness issues or concerned about homelessness, this book is essential reading.

A HOME OF YOUR OWN

CREATING INTERIORS WITH CHARACTERS

Merrell Pub Limited When we describe a home as being 'full of character', we mean that it's individual or exceptional in some way. Character comes from a variety of sources: some from the property itself, and others from the people who live there, while the act of bringing character into a home is a layering process, one that starts with the bones of the building and finishes with the decor — the human element. In this new book, interiors expert Sally Coulthard explains just what it takes to turn an uninspiring space into a personality-packed home, whether it's a cottage, an apartment, or a modern family house. Each chapter focuses on a particular element — for example, the importance of family and loved ones, and making an interior feel like a social space — and explains why this element matters and how to bring it into your home. Inspirational features, in the form of 'Keys to Character' boxes, offer tips on incorporating individuality into even the most unpromising of spaces, from making the most of period details and mixing old and new furnishings to introducing artwork and displaying photographs.

A SHORT HISTORY OF THE WORLD ACCORDING TO SHEEP

Head of Zeus Ltd 'This book deserves a place in your bookcase next to Harari's Sapiens. It's every bit as fascinating and is surely destined to be just as successful' Julian Norton. An addictively free-ranging survey of the massive impact that the domesticated ungulates of the genus *Ovis* have had on human history. From the plains of ancient Mesopotamia to the rolling hills of medieval England to the vast sheep farms of modern-day Australia, sheep have been central to the human story. Starting with our Neolithic ancestors' first forays into sheep-rearing nearly 10,000 years ago, these remarkable animals have fed us, clothed us, changed our diet and languages, helped us to win wars, decorated our homes, and financed the conquest of large swathes of the earth. Enormous fortunes and new, society-changing industries have been made from the fleeces of sheep, and cities shaped by shepherds' markets and meat trading. Sally Coulthard weaves the rich and fascinating story of sheep into a vivid and colourful tapestry, thickly threaded with engaging anecdotes and remarkable ovine facts, whose multiple strands reflect the deep penetration of these woolly animals into every aspect of human society and culture. REVIEWS: 'This is such a great book: I would recommend it to anyone who has an interest in history or sheep – or simply a passion for reading captivating and high-quality prose. It's extremely well researched and written in a very engaging style. It trumped my Clive James memoir, which I put to one side. I read A History of the World According to Sheep within two days. (And that's impressive for me. It usually takes me weeks to finish a book.) You'd never imagine the role sheep have played across the centuries: from the egregious rampaging of Genghis Khan to the success of the Medici dynasty during the Renaissance to the Scottish Highland Clearances of the eighteenth century. The trade in their wool has financed wars; lanolin from their fleeces has fuelled the huge industry in beauty products, and ovine intestines even had a hand in controlling both birth rates and the spread of syphilis. And that's before we get onto jumpers. Or cheese...' Julian Norton, the Yorkshire Vet.

SHED STYLE

DECORATING CABINS, HUTS, PODS, SHEDS AND OTHER GARDEN ROOMS

Ryland Peters & Small In Shed Style, Selina Lake reveals how even the smallest garden can be home to an outdoor retreat. From the traditional gardener's potting shed to a writer's cabin to an artist's studio, Selina explores sheds, cabins, huts, greenhouses, pods and all manner of garden structures, providing ample inspiration for anyone dreaming of their own garden hideaway. She reveals how any existing shed, cabin or outbuilding can become a versatile work or social space rather than just somewhere to store the lawnmower. If you are short of space indoors, as so many of us are nowadays, a garden office, creative space, 'she shed' or work pod can provide a perfect solution. A greenhouse or potting shed will appeal to keen gardeners, while a cosy shepherd's hut, perhaps with a bijou wood-burning stove, can work as guest accommodation. In Shed Style, Selina reveals how to create the shed of your dreams, presenting hundreds of fresh ideas for decorating and styling both the interior and exterior as well as suggestions for lighting, fabrics, furniture and other accessories. Shed Style is perfect for anyone who wants to make the most of their outdoor space.

SELINA LAKE: GARDEN STYLE

INSPIRATIONAL STYLING FOR YOUR OUTSIDE SPACE

Ryland Peters & Small In her latest book, Garden Style, Selina Lake reveals how to make the most of any outdoor space, no matter what size or shape. Selina begins by describing her sources of inspiration—famous gardens, nurseries and garden centers, plant catalogs, and botanical prints. Armed with ideas, she moves on to Chapter Two, Decorating your Garden, which is packed with suggestions for container gardening and introducing decorative features. In the next chapter, Bringing the Outside In, she harvests blooms and foliage from the garden to provide seasonal adornment for her home. Chapter Four, Garden Rooms, Greenhouses and Sheds, taps into the current trend for garden buildings that allow you to make the most of your outdoor space. Next, in Relaxing Outdoors, Selina explains how to transform the yard into a stylish space for entertaining, with ideas on furniture, lighting, and more. Finally, in Eating Outdoors, Selina offers advice on creating an inviting outdoor room for eating alfresco. The book is peppered with styling ideas and simple projects. There are also tips on choosing easy-to-grow garden plants and even growing your own produce. Perfect for anyone who wants to make the most of their own little patch of green, Garden Style will also appeal to those who might have neglected their yard and need help to see the potential in their plot. Garden Style will allow readers to transform even the smallest scrap of outdoor space into a lush green retreat.

TURN YOUR TALENT INTO A BUSINESS

A GUIDE TO EARNING A LIVING FROM YOUR HOBBY

Harriman House Limited *Small Business.*

THIS SHAKY EARTH

POEMS

Texas A&M University Press Linda Parsons Marion's fourth poetry collection, *This Shaky Earth*, straddles time, family divisions and legacies, and the regions of her native Tennessee. From her grandmother's indwelling kitchen and raggedy garden plot to now being a grandmother and gardener herself, she cultivates the lessons and language of the past in her own backyard. Marion's poems are leavened with a hunger to understand the upheavals of childhood and its growing pains, to be fed full to bursting on life's vegetable immensity, to face the passing seasons with grace, where all she knows of this black-eyed earth is perishing even as it flowers. *Old Words* The old words you polish and peel, choice fruit for my stirred ruminations: ballpeen and tenpenny hammered anew, cotoneaster spreadeagle by the wayside. I say them with you and after you, honeydew on the tongue, a tad sigoglin. Here of late, memory's diction slips, my lexicon less akimbo, loose lipped. What to do but stagger punchdrunk on the lawn's glissando, turn, turn ecclesiastical. Sanko on over here, drop pebbled syllabics, six-stringed enjambments like you never done before, howl wordful under a blue moon twice risen. Rapture my puny breath to high heaven: sotto voce, big as all getout. Speak, sacred harp.

THE HEDGEHOG HANDBOOK

Head of Zeus Ltd Hedgehogs, with their quiet determination and bristling, bumbling ways, are seen by many of one of life's most enduring symbols of the countryside and town gardens. This shy, snuffling, enigmatic animal has captured the imagination of children and adults for centuries - from Beatrix Potter's Mrs Tiggywinkle to Sonic the Hedgehog. Full to the brim with fascinating insights and countryside lore, *The Hedgehog Handbook* explores different facets of this much-admired mammal - from its wildlife habits to its literary heritage, how different cultures have viewed the hedgehog and what we can do to help preserve this icon of rural life. Fun, sweet and warm hearted, *The Hedgehog Handbook* is a month by month celebration of one of the countryside's best-loved creatures. Packed with inspirational quotes, entertaining facts, folklore and literary references, it's the perfect gift for anyone with a penchant for prickles.

JK PSC QUICK REVIEW FOR MEDICAL OFFICERS

Blue Rose Publishers

THE GARDEN FARMER

Random House Selected as a Book of the Year 2017 in *You Magazine* 'A lavish monthly guide to getting the most from your garden' *Daily Mail* A punnet of plums from your tree, a handful of gooseberries; home-grown nuts and herbs, and a few freshly laid eggs from your hens - all enjoyed in your own small plot. What could be more satisfying? *The Garden Farmer* is an evocative journal and monthly guide to getting the most out of your garden throughout the year. Whether you are a keen gardener looking for inspiration, or just starting out and wanting to rediscover and reclaim your patch of earth, *Sunday Telegraph* garden-columnist Francine Raymond lays the groundwork for a bountiful year of garden farming. Maybe you would like to get outside more, grow a few essential vegetables, some fruit trees or bushes for preserving, and create a scented kitchen garden to provide for you year round. Or perhaps you will raise a small flock of ducks or geese, or even a couple of pigs? Could this be the year you decorate your home with nature's adornments, encourage wildlife back to pollinate your trees and plants, and spend celebratory hours in a haven of your own creation? Each chapter of *The Garden Farmer* offers insight into the topics and projects you might be contemplating that month, along with planting notes and timely advice, and a recipe that honours the fruits of your labour. With just a little effort and planning, every garden can be tended in tune with nature, and every gardener can enjoy a host of seasonal delights from their own soil. Keep up-to-date with Francine's gardening adventures on her blog at kitchen-garden-hens.co.uk.

THE LITTLE BOOK OF SNOW

Head of Zeus Ltd Is it true that no two snowflakes are ever alike? How many Christmases have actually been white? Do the Inuit have dozens of words for snow? Can it ever be too cold to snow? Our memories and imagination are buried in snow. It's the weather of play, joyful abandon and mischievous games - of snowball fights, skiing holidays and rattling down a hillside at full speed. It's the weather of childhood - the world transformed into a temporary playground. Even as adults, the urge to throw a snowball is too hard to resist, those impish, childish instincts overtaking our adult workaday selves. Packed with fascinating insights, outdoor fun, cultural lore and traditional wisdom, *The Little Book of Snow* delves into the history, science, literary and cultural heritage that surrounds snow, frost and ice - the perfect book for anyone who loves that feeling when you open the curtains in the morning and find the world has turned to white...

JK PSC QUICK REVIEW FOR MEDICAL OFFICERS (NEET EDITION)

A MUST HAVE BOOK FOR NEET, DENTAL, FMGE, AIIMS, PGI, MD/MS ENTRANCE EXAM

Notion Press The 2nd edition of this book covers the entire question papers from 2007 to 2018 of JK PSC. The explanations to these questions have been provided in such a manner that they cover NEET exams, AIIMS, PGI, JIPMER, DNB and other important post-graduate exams as well. The inclusion of high yielding facts in the form of NEET EDGE has added a new dimension to this book. The explanation and NEET EDGE have been updated based on latest guidelines and updates. In addition, important expected question for NEET and PSC have been added to make book more useful. In this edition two senior faculty members from prestigious Sher-I -Kashmir Institute of medical sciences, Dr. Cimona L Saldhana and Dr. Muzzafer Wani have contributed in Obs/gynae and nephrology respectively besides reviewing other questions as well. The contribution of Dr. Suhail Naik is immense in the subject of paediatrics. In addition, senior residents from GMC Sri Nagar, SKIMS medical college bemina have also revised their respective subjects. The feedback I received from 1st edition really motivated me to come up with this edition. I am sure that this book will live upto its expectations and help students in their exams. An important thing for all exams is that approximately 15 to 25% questions are repeated in one form or the other so keeping this thing in mind I have highlighted all questions which were repeated. Feedback from 1st edition This book is very much helpful for state aspirants and also for medicos preparing for neet exams. I personally recommend every Medico to go through this book before such exams. -DR. TABASSUM SAMOON SKIMS Very nice and helpful book for JK PSC and other state exam. Easy language and good retention. Precise and very informative explanations of every question. -DR. UMER SKIM The best book you will find for JK PSC medical exams... if you have this you are going to score well in NEET and JK PSC exams for sure... A MUST HAVE BOOK. -DR. YAMIN SKIM

THE LAND GARDENERS

CUT FLOWERS

From enriching the soil to creating floral arrangements, *The Land Gardeners* explores all aspects of creating a productive cut-flower garden. When Bridget Elworthy and Henrietta Courtauld established their firm Land Gardeners, which specializes in cut flowers, they revived the tradition of working with the land to produce abundant, seasonal flowers for use in decoration, design, and events. Yet, as beautiful and idyllic as their designs are, soil health and productivity are their main concerns. Beginning with their philosophy and origins as gardeners, *The Land Gardeners* provides vital information on everything you need to create your own cut-flower garden, from necessary tools and how to support health to what plants flourish in which seasons and advice on gathering, preparing, and arranging your blooms. In this gorgeous volume, the authors provide a plan for growing flowers in all four seasons. As beautiful as it is informative, this book explores the joy of gathering cut flowers and the importance of surrounding ourselves with healthy, vital gardens.

THE BRITISH COUNTRY HOUSE IN THE EIGHTEENTH CENTURY

Manchester University Press This work explores the British country house between 1700-1830 and looks at the lives of the noblemen and the servants who inhabited them. Reference is made to the whole of the British Isles and there is a discussion of their political significance.

SISSINGHURST, AN UNFINISHED HISTORY

THE QUEST TO RESTORE A WORKING FARM AT VITA SACKVILLE-WEST'S LEGENDARY GARDEN

Penguin A bestselling author's passionate memoir about restoring life to one of the world's greatest gardens Sissinghurst Castle is a jewel in the English countryside. Its chief attraction is its celebrated garden, designed in the 1930s by the poet Vita Sackville-West, lover of Virginia Woolf. As a boy, Adam Nicolson, Sackville-West's grandson, spent his days romping through Sissinghurst's woods, streams, and fields. In this book, he returns to the place of his bucolic youth and finds that the estate, now operated by Britain's National Trust, has lost something precious. It is still unquestionably a place of calm and beauty but, he asks, where is the working farm, the orchards, the cattle and sheep? Nicolson convinces the Trust to embrace a simple idea: Grow Lunch for the two hundred thousand annual visitors. Sissinghurst is a personal biography of a place and an inspiring story of one man's quest to return a remarkable landscape to its best, most useful purpose. Nicolson is an entertaining and charming writer and this book will capture fans of Michael Pollan, Alice Waters, and Barbara Kingsolver's *Animal, Vegetable, Miracle*.

BUILD YOUR OWN KITCHEN CABINETS

Penguin Build your own kitchen cabinets! You don't need a showroom full of equipment or expertise in calculus to build your own kitchen cabinets. In fact, Danny Proulx's concise, easy-to-follow instructions enable you to create incredible kitchens with just a few power tools—a table saw, circular saw, router and drill. Completely revised and updated, *Build Your Own Kitchen Cabinets, Second Edition*, provides start-to-finish guidelines for crafting upper and lower cabinets, plus practical information on kitchen design, material selection and tool shortcuts. Proulx's instruction is practical, easy to understand and time-tested, refined in his own shop, and taught by him in countless seminars and workshops. You'll learn how to plan, design, construct and install your own complete handmade kitchen, from simple cabinets and over-the-sink cupboards to lazy-Susan shelving, stemware, storage and more:

- Combine the beauty of traditional face-frame cabinetry with the strength and simplicity of European cabinetry and hardware
- Build drawers, pull-outs and flip-outs to maximize storage space
- Use European hinges, adjustable legs and other specialized hardware to take the guesswork out of construction and installation
- Use simple butt joints to build strong cabinets quickly
- Customize your cabinets' looks with a variety of door styles, countertops and finishes

Page after page, Danny Proulx proves that you can build your own beautiful kitchen cabinets.

THE BACKYARD PARABLES

LESSONS ON GARDENING, AND LIFE

Grand Central Publishing Margaret Roach has been harvesting thirty years of backyard parables-deceptively simple, instructive stories from a life spent digging ever deeper-and has distilled them in this memoir along with her best tips for garden making, discouraging all manner of animal and insect opponents, at-home pickling, and more. After ruminating on the bigger picture in her memoir *And I Shall Have Some Peace There*, Margaret Roach has returned to the garden, insisting as ever that we must garden with both our head and heart, or as she expresses it, with "horticultural how-to and woo-woo." In *THE BACKYARD PARABLES*, Roach uses her fundamental understanding of the natural world, philosophy, and life to explore the ways that gardening saved and instructed her, and meditates on the science and spirituality of nature, reminding her readers and herself to keep on digging.

MOTHERS AND DAUGHTERS

HarperCollins UK A sweeping family drama of old secrets and new beginnings... 'A satisfying treat' Adele Parks, Platinum 'A compelling family drama' Sarah Morgan 'Wise and warm with plenty of twists and turns' Rachel Hore 'Emotional and uplifting' Veronica Henry 'Captivating and vivid' Miranda Dickinson

MOUNT LONDON

ASCENTS IN THE VERTICAL CITY

Penned in the Margins An invisible mountain rises above the streets of London. At over 1,400 metres it's Britain's highest peak. This ingenious book is an account of the ascent of Mount London by writers, poets and urban cartographers, each scaling a smaller urban mountain - from Crystal Palace to Parliament Hill. Mount London is a visionary record of the vertical city. Contributors: Matt D. Brown, Sarah Butler, Tom Chivers, Liz Cookman, David Cooper, Tim Cresswell, Alan Cunningham, Joe Dunthorne, Inua Ellams, Katy Evans-Bush, SJ Fowler, Bradley L. Garrett, Edmund Hardy, Justin Hopper, Martin Kratz, Amber Massie-Blomfield, Karen McCarthy Woolf, Helen Mort, Mary Paterson, Gareth E. Rees, Gemma Seltzer, Chrissy Williams, Tamar Yoseloff.

SHED CHIC

Shed Chic offers inspirational guidance to planning, sourcing and decorating your own individual garden building, from location and utilities to materials, style and furnishings. Sheds are no longer neglected outbuildings or decorative afterthoughts at the bottom of the garden. While the traditional garden shed was once a great place to escape to, order would be at best haphazard; décor and design not a consideration at all. Now the humble garden shed has become the latest area of the home to be discovered by creative designers. As Sally Coulthard makes clear in *Shed Chic*, the garden should be seen as an extendable space, whether in the heart of the city or in a larger rural setting. Increasingly these micro buildings are being pressed into service as an 'office' now that home working has become a credible alternative to commuting and an economic means of running a business from home. They are equally successful as spaces in which to indulge creative pursuits or to make a well-considered home-from-home away from the outside world. *Shed chic* is all about making space. Outdoor buildings can double as additional rooms for over-crowded homes; they can be flexible and usable spaces that are as versatile as they are practical. Across the book's lavishly illustrated pages, Sally demonstrates how you can convert your own garden shed into a neat and tidy office, an artist's studio filled with inspirational clutter, a teenage den or a garden room for entertaining. Complete with advice on creating a home office from scratch, including when to use architects, planning requirements, self-build options or off-the-peg solutions, *Shed Chic* will inspire and instruct in equal measure -an indispensable guide to planning, designing and decorating all forms of outdoor buildings.

SHOW YOURSELF

Cherish Editions Show Yourself effortlessly weaves the story of a missing phone and a missing case of mental health into one.

ON HIGHWAY 61

MUSIC, RACE, AND THE EVOLUTION OF CULTURAL FREEDOM

Catapult On Highway 61 explores the historical context of the significant social dissent that was central to the cultural genesis of the sixties. The book is going to search for the deeper roots of American cultural and musical evolution for the past 150 years by studying what the Western European culture learned from African American culture in a historical progression that reaches from the minstrel era to Bob Dylan. The book begins with America's first great social critic, Henry David Thoreau, and his fundamental source of social philosophy:---his profound commitment to freedom, to abolitionism and to African-American culture. Continuing with Mark Twain, through whom we can observe the rise of minstrelsy, which he embraced, and his subversive satirical masterpiece *Huckleberry Finn*. While familiar, the book places them into a newly articulated historical reference that shines new light and reveals a progression that is much greater than the sum of its individual parts. As the first post-Civil War generation of black Americans came of age, they introduced into the national culture a trio of musical forms—ragtime, blues, and jazz— that would, with their derivations, dominate popular music to this day. Ragtime introduced syncopation and become the cutting edge of the modern 20th century with popular dances. The blues would combine with syncopation and improvisation and create jazz. Maturing at the hands of Louis Armstrong, it would soon attract a cluster of young white musicians who came to be known as the Austin High Gang, who fell in love with black music and were inspired to play it themselves. In the process, they developed a liberating respect for the diversity of their city and country, which they did not see as exotic, but rather as art. It was not long before these young white rebels were the masters of American pop music - big band Swing. As Bop succeeded Swing, and Rhythm and Blues followed, each had white followers like the Beat writers and the first young rock and rollers. Even popular white genres like the country music of Jimmy Rodgers

and the Carter Family reflected significant black influence. In fact, the theoretical separation of American music by race is not accurate. This biracial fusion achieved an apotheosis in the early work of Bob Dylan, born and raised at the northern end of the same Mississippi River and Highway 61 that had been the birthplace of much of the black music he would study. As the book reveals, the connection that began with Thoreau and continued for over 100 years was a cultural evolution where, at first individuals, and then larger portions of society, absorbed the culture of those at the absolute bottom of the power structure, the slaves and their descendants, and realized that they themselves were not free.

SHED DECOR

HOW TO DECORATE AND FURNISH YOUR FAVOURITE GARDEN ROOM

Jacqui Small Shed Decor is an inspirational guide to decorating and furnishing outdoor rooms and garden sheds to create beautiful and useable living spaces that add space and value to your home. Building on the popularity of her previous outdoor decor books, Sally Coulthard shows you how to design, decorate and equip your shed space to make an extra outside room for relaxing, working and playing. When it comes to decoration, these important outdoor rooms deserve as much thought as any living space within the house; they come to life when filled with furniture and decoration, lighting and fabrics. And, with a bit of planning and the right combination of materials, they can be used all year round, regardless of the weather. Shed Decor is an indispensable guide to creating the perfect shed interior. Whether you want a cool contemporary space or the mix-and-match charm of vintage living, this book takes you through all the elements you need to bring an outdoor room together with flair.

GARDENS OF PLENTY

THE ART OF THE POTAGER GARDEN

From window sills and balconies to small town gardens and country estates, vegetable gardens that are both beautiful and productive have their roots in ancient tradition but are as relevant and fresh today as Marylyn Abbott traces the history of the potager around the world and discusses its interpretation by contemporary designers. As well as inspirational photography, there is practical advice on planning, designing and using a potager that is both productive and beautiful, as well as clever advice on making the most of smaller spaces such as patios and containers. A glossary of details gives information on the many decorative and useful aspects that can be incorporated into a potager.

BIOPHILIA

A NATURAL DESIGN FOR LIVING WELL

Kyle Books A natural design for living well. American psychologist Edward O. Wilson popularised the term Biophilia - meaning a "love of nature" and a need to connect to the natural world - in the 1980s, after observing how increasing rates of urbanization were leading to people feeling a disconnect from the natural world. We all need biophilia in our lives, and here author Sally Coulthard demonstrates how best to incorporate the fundamentals into everyday life. Examining the branches of a "biophilic home", the ten inspiring chapters incorporate science, psychology and practical decor advice for making positive and accessible changes in the home or at work. Chapters include: Air & Temperature - why heat and airflow matter in a healthy home; Forms & Patterns - how to take inspiration from nature to decorate your home; Light & Rhythms - creating spaces to enhance the natural rhythm of passing seasons, plentiful daylight and dark nights; Materials & Decor - importance of using minimally processed material to reflect local ecology; Color - how to use tones and shades that compliment or contrast.

LIVING ON ONE ACRE OR LESS

HOW TO PRODUCE ALL THE FRUIT, VEGETABLES, MEAT, FISH AND EGGS YOUR FAMILY NEEDS

You don't need a huge parcel of land to start your own mini-farm and live more self-sufficiently. With an acre, or even a half-acre, you can juggle a job, family, and still grow fruit and veg and even have some chickens, pigs or sheep. Morgan takes the reader through the basics of a starting your own homestead, including planning and setting up, growing your own fruit and vegetables, keeping chickens, pigs and sheep-- all while making use of sustainable and organic principles. This inspirational book is perfect for anyone who aspires to take control of their food supply, or who wants to do more with the land they've got.

THE LITTLE BOOK OF SNOW

Chronicle Books The Little Book of Snow is a charming celebration of all things snow. This sweet book includes entries like how to build the perfect snowman, what gives snow its color, and snow-inspired folklore from around the world. With iridescent white foil and lovely woodblock illustrations throughout, this petite book makes a wonderful gift. • Features captivating trivia about snow • Follows delightful traditions about winter wonderlands The Little Book of Snow is a lovely book for winter sports enthusiasts and anyone who enjoys the magic of a winter wonderland. • A celebration of the joys of winter • Makes a holiday book for outdoorsy people, winter sport fanatics, those who live in snowy climates, and anyone who has a cabin. • You'll love this book if you love books like The History of the Snowman by Bob Eckstein, Snow Play by Birgitta Ralston, and Powder: The Greatest Ski Runs on the Planet by Patrick Thorne.

MADE IN REALITY

Headline The Sunday Times bestseller. Stephanie Pratt is the consummate reality star. Since 2007, her life has been lived almost as much on the small screen as off it, and constantly analysed in gossip columns. In Made in Reality, Stephanie gives an exclusive insight into the trials and tribulations of life on reality TV, taking us behind the scenes of The Hills, Made in Chelsea and even the Big Brother House. In her tell-all autobiography, nothing is off-limits, from the drama of her relationship with Spencer Matthews to her issues with her brother Spencer Pratt. For the first time, she shares her struggles with drug addiction, eating disorders, and the pressures of fame in the internet age. Inspiring, fascinating, and insightful throughout, this is an honest account of the truth behind reality.

CHILD OF FLAME

Astra Publishing House Set in an alternate Europe where bloody conflicts rage, the fourth book of the Crown of Stars epic fantasy series continues the world-shaking conflict for the survival of humanity Far beyond the borders of Wendar and Varre, Alain, Liath, Sanglant, and King Henry must make their separate journeys, following twisting roads which will nevertheless lead them all to one fated moment in time.... Lost and alone in an unknown country, Alain is caught in a desperate struggle for survival even as he finds himself unwittingly drawn into the heart of an ancient conflict between humankind and the Cursed Ones.... Torn away from Sanglant and their child by creatures not born of earth, Liath faces her most difficult trial in a land of exile. Only there can she hope to discover her true parentage and the nature and extent of her unique powers.... Still staggered by the loss of his wife, the bastard prince Sanglant is nevertheless determined to seek out his father, King Henry, and bring warning of the conspiracy of sorcerers who've sworn to put an end to the Aoi, the Lost Ones—no matter how much destruction may be unleashed by their workings of magic.... But King Henry's attention is not on his own troubled realm but rather on the throne of Aosta and the imperial crown, unclaimed for two generations. Even as a Quman army ravages the Wendish countryside, Henry marches south, ignoring the pleas of his beleaguered subjects.... And as the tides of war and magic wreak havoc across the lands, the great Cataclysm, long foretold in the stars, draws inexorably closer....

FRANCOPHONE FILM

A STRUGGLE FOR IDENTITY

Manchester University Press Covering the rich film production of Belgium, Switzerland, Quebec, the Caribbean, North Africa, and Sub-Saharan Africa, this book brings together films that might otherwise be divided by questions of race, gender, genre, period, or nation, in a valuable comparative study of a diverse corpus. Individual countries, film-makers, and films are treated separately in order to emphasize their specific identities or those which are represented in their films, and key films are examined within a well-developed historical context. Clearly written and accessible to the specialist and

general reader alike, this informative book is a valuable reference source.

A CATALOGUE OF PLANTS INDIGENOUS AND EXOTIC, CULTIVATED IN THE BOTANIC GARDEN BELONGING TO THE DUBLIN SOCIETY, AT GLASNEVIN

WITH THE LINNAEN NAME, ENGLISH NAME, NATIVE COUNTRY, TIME OF FLOWERING, AND WHETHER ANNUAL, BIENNIAL, PERENNIAL, SHRUB OR TREE
