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KEY=TO - PRESTON BROCK

Ferri's Best Test

A Practical Guide to Laboratory Medicine and Diagnostic Imaging

Saunders For nearly 25 years, Ferri's concise, pocket-sized resources have served as the go-to medical reference books among students, residents, and other medical professionals. Ferri's Best Test continues that trend, providing fast, effective, and efficient guidance and helping you review the most important laboratory and imaging testing information, with an added focus on cost-effective decision making. Quickly access important information with concise, well-organized guidance to the most common lab tests and diagnostic imaging modalities. Simplify your decision-making process through analysis that describes the most common imaging studies for each organ system, reviewing their indications, advantages, disadvantages, and approximate costs. Confidently address problematic situations with background data that examines over 384 laboratory tests, describing the normal range of results in adult patients, typical abnormalities (positive tests, increased or decreased values), and the likeliest causes. Select the best test for diagnosing more than 200 common diseases and disorders. Keep important information at your fingertips with this portable, pocket-sized format that allows for convenient consultation anytime, anywhere. Apply the latest knowledge and techniques with thoroughly updated content. Expand your understanding of the testing process with the help of new algorithms and additional images. Take advantage of a practical, easily accessible format that is organized by clinical laboratory testing, diagnostic imaging and diagnostic algorithms for expedited reference and test ordering. Access over 300 laboratory tests and their approximate cost; review new modalities, such as magnetic resonance enterography (MRE) and intravascular ultrasound (IVUS); and see diagnostic algorithms of the most common diseases and disorders.

Ferri's Best Test E-Book

A Practical Guide to Laboratory Medicine and Diagnostic Imaging E-Book

Elsevier Health Sciences **Practical and concise, this manual is a quick, go-to reference for up-to-date clinical material on today's diagnostic testing and laboratory tests. Three convenient sections provide quick access to key information on clinical laboratory testing, diagnostic imaging, and diagnostic algorithms. Experienced author Dr. Fred Ferri uses a unique, easy-to-follow format to simplify complex information and help you choose the best test to supplement your clinical diagnostic skills. Features a new appendix on when to use contrast agents in ordering CT and MRI scans. Discusses new modalities including transient elastography (Fibroscan), CT enterography and CT enteroclysis. Provides new comparison tables to easily evaluate the best test; new algorithms for evaluation of immunodeficiency and hematochezia; and new tables and illustrations throughout to improve your test selection.**

Ferri's Differential Diagnosis

A Practical Guide to the Differential Diagnosis of Symptoms, Signs, and Clinical Disorders

Mosby **Guide to differential diagnosis of almost every sign, symptom, and clinical disorder that is encountered in daily practice.**

Ferri's Color Atlas and Text of Clinical Medicine

Elsevier Health Sciences **A bestselling author has gathered nearly 4,000 medical images for this one-of-a-kind approach to diagnosis. For each condition examined, the text presents several images from multiple perspectives that together provide a clear picture for obtaining an accurate identification.**

The 4-Hour Work Week

Escape 9-5, Live Anywhere, and Join the New Rich

Crown Offers techniques and strategies for increasing income while cutting work time in half, and includes advice for leading a more fulfilling life.

Ferri's Clinical Advisor 2021

5 Books in 1

Elsevier Find fast answers to inform your daily diagnosis and treatment decisions! Ferri's Clinical Advisor 2021 uses the popular "5 books in 1" format to deliver vast amounts of information in a clinically relevant, user-friendly manner. This bestselling reference has been significantly updated to provide you with easy access to answers on 1,000 common medical conditions, including diseases and disorders, differential diagnoses, clinical algorithms, laboratory tests, and clinical practice guidelines—all carefully reviewed by experts in key clinical fields. Extensive algorithms, along with hundreds of new figures and tables, ensure that you stay current with today's medical practice. Contains significant updates throughout, covering all aspects of current diagnosis and treatment. Features 27 all-new topics including chronic rhinosinusitis, subclinical brain infarction, reflux-cough syndrome, radiation pneumonitis, catatonia, end-stage renal disease, and genitourinary syndrome of menopause, among others. Includes new appendices covering common herbs in integrated medicine and herbal activities against pain and chronic diseases; palliative care; and preoperative evaluation. Offers online access to Patient Teaching Guides in both English and Spanish. Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

Ganja Yoga

A Practical Guide to Conscious Relaxation, Soothing Pain Relief and Enlightened Self-Discovery

Hay House, Inc In this book, yoga teacher Dee Dussault brings the ancient tradition of using cannabis to enhance spiritual practice to a western audience. She describes the act of Ganja Yoga as a ceremony that makes conscious relaxation an intentional ritual that can be improved upon with practice. Dee Dussault is a certified yoga instructor and the first person to bring cannabis-enhanced yoga classes to North America. In Ganja Yoga, Dee walks readers through the considerations and best practices for introducing cannabis into your yoga practice, or infusing yoga into your smoking routine. It's equally useful for those who want to attend classes or use the book in the comfort of their own homes. Ganja Yoga will assist readers in how to: • Reap the benefits of profound relaxation • Assume an altered state in a safe, energizing way • Deepen the spiritual practice of yoga • Reconnect with the body using ancient techniques • Select the best setting, time, method of consumption, strains, poses and breathing techniques to ensure an excellent experience. Ganja Yoga isn't just a guide to mixing cannabis and exercise, it's a lifestyle practice for a more stress-free, harmonious world.

Health Informatics: Practical Guide for Healthcare and Information Technology Professionals (Sixth Edition)

Lulu.com Health Informatics (HI) focuses on the application of Information Technology (IT) to the field of medicine to improve individual and population healthcare delivery, education and research. This extensively updated fifth edition reflects the current knowledge in Health Informatics and provides learning objectives, key points, case studies and references.

Positive Child Guidance

Cengage Learning **POSITIVE CHILD GUIDANCE, Eighth Edition**, is ideal for guidance, behavior management and discipline, and classroom management courses in an early childhood education curriculum. This practical book outlines workable steps for creating a cooperative, respectful community of children and adults with special emphasis on sensitivity to cultural needs, cultural differences, and developmentally appropriate practice. Students will learn a range of practical, effective, and flexible guidance strategies based on principles of straightforward communication and assertiveness. This new edition includes critical advances in research and addresses the cultural trends that are changing the way babies and children are cared for today. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Business Law

Oxford University Press, USA **Marson and Ferris' Business Law demonstrates the real applicability of the law to the business world, packed full of up-to-date and relevant examples and case law. Designed for non-lawyers, Business Law is written in a clear and easy-to-follow style which avoids excessive legal terminology and presents the need-to-know facts and cases. Would-be entrepreneurs and those looking to a career in management will find that this book provides the solid base needed to make confident business decisions in the future. Fully referenced throughout and with an accompanying Online Resource Centre, Business Law combines accurate legal detail with strong learning tools such as self-test questions, chapter summaries and key definitions, helping students successfully navigate their way through this often complex subject. Online Resources** The book is accompanied by a comprehensive Online Resource Centre offering resources tailored to support students and lecturers. **Student Resources** DT Multiple choice questions DT Indicative answers to the end of chapter questions DT Additional material on the Consumer Protection from Unfair Trading Regulations 2008, business and ethics, corporate manslaughter, and the Legal Services Act 2007 DT Flashcard cases DT Flashcard glossaries DT Legal updates **Lecturer Resources** DT Customizable PowerPoint slides for use in your teaching DT Test bank of multiple choice questions

A Practical Guide for Medical Teachers

Elsevier Health Sciences **The Fifth Edition of the highly praised Practical Guide for Medical Teachers provides a bridge between the theoretical aspects of medical education and the delivery of enthusiastic and effective teaching in basic science and clinical medicine. Healthcare professionals are committed teachers and this book is an essential guide to help them maximise their performance. This highly regarded book recognises the importance of educational skills in the delivery of quality teaching in medicine. The contents offer valuable insights into all important aspects of medical education today. A leading educationalist from the USA joins the book's editorial team. The continual emergence of new topics is recognised in this new edition with nine new chapters: The role of patients as teachers and assessors; Medical humanities; Decision-making; Alternative medicine; Global awareness; Education at a time of ubiquitous information; Programmatic assessment; Student engagement; and Social accountability. An enlarged group of authors from more than 15 countries provides both an international perspective and a multi-professional approach to topics of interest to all healthcare teachers.**

The 4-Hour Body

An Uncommon Guide to Rapid Fat-Loss, Incredible Sex, and Becoming Superhuman

Harmony **#1 NEW YORK TIMES BESTSELLER • The game-changing author of Tribe of Mentors teaches you how to reach your peak physical potential with minimum effort. “A practical crash course in how to reinvent yourself.”—Kevin Kelly, Wired** Is it possible to reach your genetic potential in 6 months? Sleep 2 hours per day and perform better than on 8 hours? Lose more fat than a marathoner by bingeing? Indeed, and much more. The 4-Hour Body is the result of an obsessive quest, spanning more than a decade, to hack the human body using data science. It contains the collective wisdom of hundreds of elite athletes, dozens of MDs, and thousands of hours of jaw-dropping personal experimentation. From Olympic training centers to black-market laboratories, from Silicon Valley to South Africa, Tim

Ferriss fixated on one life-changing question: For all things physical, what are the tiniest changes that produce the biggest results? Thousands of tests later, this book contains the answers for both men and women. It's the wisdom Tim used to gain 34 pounds of muscle in 28 days, without steroids, and in four hours of total gym time. From the gym to the bedroom, it's all here, and it all works. You will learn (in less than 30 minutes each): • How to lose those last 5-10 pounds (or 100+ pounds) with odd combinations of food and safe chemical cocktails • How to prevent fat gain while bingeing over the weekend or the holidays • How to sleep 2 hours per day and feel fully rested • How to produce 15-minute female orgasms • How to triple testosterone and double sperm count • How to go from running 5 kilometers to 50 kilometers in 12 weeks • How to reverse "permanent" injuries • How to pay for a beach vacation with one hospital visit And that's just the tip of the iceberg. There are more than 50 topics covered, all with real-world experiments, many including more than 200 test subjects. You don't need better genetics or more exercise. You need immediate results that compel you to continue. That's exactly what *The 4-Hour Body* delivers.

USMLE Step 2 Secrets E-Book

Elsevier Health Sciences Concise and easy to use, *USMLE Step 2 Secrets*, by prolific author Theodore X. O'Connell, MD, is an effective, high-yield review for achieving success on this high-stakes exam. Presented in the popular, time-tested Secrets® Q&A format, this bestselling USMLE review book prepares you for the broad-based diagnosis, treatment, and management questions you'll face on the vignette-style USMLE exam. The proven Secrets® format gives you the most return for your time - concise, easy to read, engaging, and highly effective. Essential questions and answers cover the key conditions you will be expected to recognize, all specialty and subspecialty topics, and necessary clinical concepts. Top 100 Secrets, tips, and memory aids provide a fast overview of the secrets you must know for success in practice and on exams. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime. Thoroughly updated to ensure that content reflects the current USMLE exam. New color images added throughout, plus numerous figures, tables, and summary boxes for visual overview of essential, board-relevant content.

Tribe of Mentors

Short Life Advice from the Best in the World

Houghton Mifflin Harcourt **Life-changing wisdom from 130 of the world's highest achievers in short, action-packed pieces, featuring inspiring quotes, life lessons, career guidance, personal anecdotes, and other advice**

Tools of Titans

The Tactics, Routines, and Habits of Billionaires, Icons, and World-class Performers

Houghton Mifflin **"Fitness, money, and wisdom--here are the tools. Over the last two years ... Tim Ferriss has collected the routines and tools of world-class performers around the globe. Now, the distilled notebook of tips and tricks that helped him double his income, flexibility, happiness, and more is available as Tools of Titans"--Page 4 of cover.**

The 4-hour Workweek

Escape 9-5, Live Anywhere, and Join the New Rich

Harmony **An edition expanded with more than 100 pages of new content offers a blueprint for a better life, whether one's dream is escaping the rat race, experiencing high-end world travel, earning a monthly five-figure income with zero management or just living more and working less.**

Microbiology

"Microbiology covers the scope and sequence requirements for a single-semester microbiology course for non-majors. The book presents the core concepts of microbiology with a focus on applications for careers in allied health. The pedagogical features of the text make the material interesting and accessible while maintaining the career-application focus and scientific rigor inherent in the subject matter. Microbiology's art program enhances students' understanding of concepts through clear and effective illustrations, diagrams, and photographs. Microbiology is produced through a collaborative publishing agreement between OpenStax and the American Society for Microbiology Press. The book aligns with the curriculum guidelines of the American Society for Microbiology."--BC Campus website.

The 4-hour Chef

The Simple Path to Cooking Like a Pro, Learning Anything, and Living the Good Life

Houghton Mifflin Harcourt **Presents a practical but unusual guide to mastering food and cooking featuring recipes and cooking tricks from world-renowned chefs.**

McGraw-Hill's 10 ACT Practice Tests, Second Edition

McGraw Hill Professional **We want to give you the practice you need on the ACT McGraw-Hill's 10 ACT Practice Tests helps you gauge what the test measures, how it's structured, and how to budget your time in each section. Written by the founder and faculty of Advantage Education, one of America's most respected providers of school-based test-prep classes, this book provides you with the intensive ACT practice that will help your scores improve from each test to the next. You'll be able to sharpen your skills, boost your confidence, reduce your stress-and to do your very best on test day. 10 complete sample ACT exams, with full explanations for every answer 10 sample writing prompts for the**

optional ACT essay portion Scoring Worksheets to help you calculate your total score for every test Expert guidance in prepping students for the ACT More practice and extra help online ACT is a registered trademark of ACT, Inc., which was not involved in the production of, and does not endorse, this product.

Adolescent Health Care

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Established as the ""bible"" of adolescent medicine, Dr. Neinstein's best-selling clinical reference is now in its thoroughly updated Fourth Edition. This practical, easy-to-use guide has been a staple in health care facilities that treat adolescents, is widely used for board preparation, and is one of the basic books recommended by the American College of Physicians for their internal medicine library. In easy-to-scan outline format, the book offers guidelines on every problem encountered in adolescent health care - the office interview, preventive health care, medical disorders, sexuality an.

Clinical Practice Guidelines We Can Trust

National Academies Press Advances in medical, biomedical and health services research have reduced the level of uncertainty in clinical practice. Clinical practice guidelines (CPGs) complement this progress by establishing standards of care backed by strong scientific evidence. CPGs are statements that include recommendations intended to optimize patient care. These statements are informed by a systematic review of evidence and an assessment of the benefits and costs of alternative care options. Clinical Practice Guidelines We Can Trust examines the current state of clinical practice guidelines and how they can be improved to enhance healthcare quality and patient outcomes. Clinical practice guidelines now are ubiquitous in our healthcare system. The Guidelines International Network (GIN) database currently lists more than 3,700 guidelines from 39 countries. Developing guidelines presents a number of challenges including lack of transparent methodological practices, difficulty reconciling conflicting guidelines, and conflicts of interest. Clinical Practice Guidelines We Can Trust explores questions surrounding the quality of CPG development processes and the establishment of standards. It proposes eight standards for developing trustworthy clinical practice

guidelines emphasizing transparency; management of conflict of interest ; systematic review--guideline development intersection; establishing evidence foundations for and rating strength of guideline recommendations; articulation of recommendations; external review; and updating. **Clinical Practice Guidelines We Can Trust** shows how clinical practice guidelines can enhance clinician and patient decision-making by translating complex scientific research findings into recommendations for clinical practice that are relevant to the individual patient encounter, instead of implementing a one size fits all approach to patient care. This book contains information directly related to the work of the Agency for Healthcare Research and Quality (AHRQ), as well as various Congressional staff and policymakers. It is a vital resource for medical specialty societies, disease advocacy groups, health professionals, private and international organizations that develop or use clinical practice guidelines, consumers, clinicians, and payers.

Users' Guides to the Medical Literature

A Manual for Evidence-Based Clinical Practice, Second Edition

McGraw Hill Professional **The #1 guide to the principles and clinical applications of evidence-based medicine has just gotten better! A Doody's Core Title ESSENTIAL PURCHASE for 2011! No other resource helps you to put key evidence-based medicine protocols into daily clinical practice better than Users' Guides to the Medical Literature. An instant classic in its first edition, this detailed, yet highly readable reference demystifies the statistical, analytical, and clinical principles of evidence-based medicine, giving you a hands-on, practical resource that no other text can match. Here, you'll learn how to distinguish solid medical evidence from poor medical evidence, devise the best search strategies for each clinical question, critically appraise the medical literature, and optimally tailor evidence-based medicine for each patient. The new second edition of this landmark resource is now completely revised and refreshed throughout, with expanded coverage of both basic and advanced issues in using evidence-based medicine in clinical practice. FEATURES: Completely revised and updated to reflect the enormous expansion in medical research and evidence-based resources since the first edition Innovative organization guides you from the fundamentals of using the medical literature to the more advanced strategies and skills for use in every day patient care situations Abundant and current real-world**

examples drawn from the medical literature are woven throughout, and include important related principles and pitfalls in using medical literature in patient care decisions Practical focus on the key issues in evidence-based practice: What are the results? Are the results valid? How to I apply to results to the care of my patients? More than 60 internationally recognized editors and contributors from the U.S., Canada, South America, Europe, and Asia -- the best of the best in the discipline NEW coverage on how to: --Avoid being misled by biased presentations of research findings --Interpret the significance of clinical trials that are discontinued early --Influence clinician behavior to improve patient care --Apply key strategies for teaching evidence-based medicine Also look for JAMAevidence.com, a new interactive database for the best practice of evidence based medicine.

Mr. Ferris and His Wheel

Houghton Mifflin Harcourt Describes how the engineer George Ferris invented the famous carnival attraction for the renowned 1893 Chicago World's Fair.

Testing Business Ideas

A Field Guide for Rapid Experimentation

John Wiley & Sons A practical guide to effective business model testing 7 out of 10 new products fail to deliver on expectations. Testing Business Ideas aims to reverse that statistic. In the tradition of Alex Osterwalder's global bestseller Business Model Generation, this practical guide contains a library of hands-on techniques for rapidly testing new business ideas. Testing Business Ideas explains how systematically testing business ideas dramatically reduces the risk and increases the likelihood of success for any new venture or business project. It builds on the internationally popular Business Model Canvas and Value Proposition Canvas by integrating Assumptions Mapping and other powerful lean startup-style experiments. Testing Business Ideas uses an engaging 4-color format to: Increase the success of any venture and decrease the risk of wasting time, money, and resources on bad ideas Close the knowledge gap between strategy and experimentation/validation Identify and test your key business assumptions with the Business Model Canvas and Value Proposition Canvas A definitive field guide to business model testing, this book features practical

tips for making major decisions that are not based on intuition and guesses. **Testing Business Ideas** shows leaders how to encourage an experimentation mindset within their organization and make experimentation a continuous, repeatable process.

Black Like Me

The Definitive Griffin Estate Edition

Wings Press **This American classic has been corrected from the original manuscripts and indexed, featuring historic photographs and an extensive biographical afterword.**

Teaching Naked Techniques

A Practical Guide to Designing Better Classes

John Wiley & Sons **"Provides field-tested, helpful materials to improve course design, make better use of technology, maximize in-class time, and boost student engagement"--**

Prototyping for Designers

Developing the Best Digital and Physical Products

"O'Reilly Media, Inc." **Prototyping and user testing is the best way to create successful products, but many designers skip this important step and use gut instinct instead. By explaining the goals and methodologies behind prototyping—and demonstrating how to prototype for both physical and digital products—this practical guide helps beginning and intermediate designers become more comfortable with creating and testing prototypes early and often in the process. Author Kathryn McElroy explains various prototyping methods, from fast and dirty to high fidelity and refined, and**

reveals ways to test your prototypes with users. You'll gain valuable insights for improving your product, whether it's a smartphone app or a new electronic gadget. Learn similarities and differences between prototyping for physical and digital products Know what fidelity level is needed for different prototypes Get best practices for prototyping in a variety of mediums, and choose which prototyping software or components to use Learn electronics prototyping basics and resources for getting started Write basic pseudocode and translate it into usable code for Arduino Conduct user tests to gain insights from prototypes

Think Like a Rocket Scientist

Simple Strategies You Can Use to Make Giant Leaps in Work and Life

PublicAffairs * One of Inc.com's "6 Books You Need to Read in 2020 (According to Bill Gates, Satya Nadella, and Adam Grant)"* Adam Grant's # 1 pick of his top 20 books of 2020* One of 6 Groundbreaking Books of Spring 2020 (according to Malcolm Gladwell, Susan Cain, Dan Pink, and Adam Grant). A former rocket scientist reveals the habits, ideas, and strategies that will empower you to turn the seemingly impossible into the possible. Rocket science is often celebrated as the ultimate triumph of technology. But it's not. Rather, it's the apex of a certain thought process -- a way to imagine the unimaginable and solve the unsolvable. It's the same thought process that enabled Neil Armstrong to take his giant leap for mankind, that allows spacecraft to travel millions of miles through outer space and land on a precise spot, and that brings us closer to colonizing other planets. Fortunately, you don't have to be a rocket scientist to think like one. In this accessible and practical book, Ozan Varol reveals nine simple strategies from rocket science that you can use to make your own giant leaps in work and life -- whether it's landing your dream job, accelerating your business, learning a new skill, or creating the next breakthrough product. Today, thinking like a rocket scientist is a necessity. We all encounter complex and unfamiliar problems in our lives. Those who can tackle these problems -- without clear guidelines and with the clock ticking -- enjoy an extraordinary advantage. Think Like a Rocket Scientist will inspire you to take your own moonshot and enable you to achieve liftoff.

Practical Guide to the Care of the Medical Patient

Elsevier Health Sciences TW **Ferri's guide has long been an indispensable manual for medical students to use during their clinical rotations. This edition includes expanded material on Differential Diagnosis, with an additional 78 clinical topics. There is a new section on diagnostic imaging of the medical patient and an expanded section on dermatology.**

Waking Up

A Guide to Spirituality Without Religion

Simon and Schuster **For the millions of Americans who want spirituality without religion, Sam Harris's latest New York Times bestseller is a guide to meditation as a rational practice informed by neuroscience and psychology. From Sam Harris, neuroscientist and author of numerous New York Times bestselling books, Waking Up is for the twenty percent of Americans who follow no religion but who suspect that important truths can be found in the experiences of such figures as Jesus, the Buddha, Lao Tzu, Rumi, and the other saints and sages of history. Throughout this book, Harris argues that there is more to understanding reality than science and secular culture generally allow, and that how we pay attention to the present moment largely determines the quality of our lives. Waking Up is part memoir and part exploration of the scientific underpinnings of spirituality. No other book marries contemplative wisdom and modern science in this way, and no author other than Sam Harris—a scientist, philosopher, and famous skeptic—could write it.**

5-Minute Clinical Consult 2021

Lippincott Williams & Wilkins **Practical and highly organized, The 5-Minute Clinical Consult 2021 is a reliable, go-to resource for primary care physicians, nurse practitioners, and physician assistants. This bestselling title provides rapid access to guidance on diagnosis, treatment, medications, follow-up, and associated factors for more than 540 diseases and conditions. The 5-Minute Clinical Consult 2021 delivers clinical confidence efficiently, allowing you to focus your valuable time on giving your patients the best possible care. Written by esteemed internal medicine and family medicine practitioners and published by the leading publisher in medical content, The 5-Minute Clinical Consult 2021,**

29th Edition is your best resource for patient care.

Assessment of Diagnostic Technology in Health Care Rationale, Methods, Problems, and Directions

National Academies Press **Technology assessment can lead to the rapid application of essential diagnostic technologies and prevent the wide diffusion of marginally useful methods. In both of these ways, it can increase quality of care and decrease the cost of health care. This comprehensive monograph carefully explores methods of and barriers to diagnostic technology assessment and describes both the rationale and the guidelines for meaningful evaluation. While proposing a multi-institutional approach, it emphasizes some of the problems involved and defines a mechanism for improving the evaluation and use of medical technology and essential resources needed to enhance patient care.**

Sports-Related Concussions in Youth

Improving the Science, Changing the Culture

National Academies Press **In the past decade, few subjects at the intersection of medicine and sports have generated as much public interest as sports-related concussions - especially among youth. Despite growing awareness of sports-related concussions and campaigns to educate athletes, coaches, physicians, and parents of young athletes about concussion recognition and management, confusion and controversy persist in many areas. Currently, diagnosis is based primarily on the symptoms reported by the individual rather than on objective diagnostic markers, and there is little empirical evidence for the optimal degree and duration of physical rest needed to promote recovery or the best timing and approach for returning to full physical activity. Sports-Related Concussions in Youth: Improving the Science, Changing the Culture reviews the science of sports-related concussions in youth from elementary school through young adulthood, as well as in military personnel and their dependents. This report recommends actions that can be taken by a range of audiences - including research funding agencies, legislatures, state and school superintendents and athletic directors, military organizations, and equipment manufacturers, as well as youth who participate in sports**

and their parents - to improve what is known about concussions and to reduce their occurrence. **Sports-Related Concussions in Youth** finds that while some studies provide useful information, much remains unknown about the extent of concussions in youth; how to diagnose, manage, and prevent concussions; and the short- and long-term consequences of concussions as well as repetitive head impacts that do not result in concussion symptoms. The culture of sports negatively influences athletes' self-reporting of concussion symptoms and their adherence to return-to-play guidance. Athletes, their teammates, and, in some cases, coaches and parents may not fully appreciate the health threats posed by concussions. Similarly, military recruits are immersed in a culture that includes devotion to duty and service before self, and the critical nature of concussions may often go unheeded. According to **Sports-Related Concussions in Youth**, if the youth sports community can adopt the belief that concussions are serious injuries and emphasize care for players with concussions until they are fully recovered, then the culture in which these athletes perform and compete will become much safer. Improving understanding of the extent, causes, effects, and prevention of sports-related concussions is vitally important for the health and well-being of youth athletes. The findings and recommendations in this report set a direction for research to reach this goal.

Advanced Assessment Interpreting Findings and Formulating Differential Diagnoses

F.A. Davis **Your essential guide in the assessment and diagnostic process. Step by step, you'll hone your ability to perform effective health assessments, obtain valid data, interpret the findings, and recognize the range of conditions that can be indicated by specific findings to reach an accurate differential diagnosis. You'll have coverage of 170 conditions and symptoms across the lifespan at your fingertips.**

Start Small, Stay Small

A Developer's Guide to Launching a Startup

The Numa Group LLC **Start Small, Stay Small** is a step-by-step guide to launching a self-funded startup. If you're a desktop, mobile or web developer, this book is your blueprint to getting your startup off the ground with no outside investment. This book intentionally avoids topics restricted to venture-backed startups such as: honing your investment pitch, securing funding, and figuring out how to use the piles of cash investors keep placing in your lap. This book assumes: * You don't have \$6M of investor funds sitting in your bank account * You're not going to relocate to the handful of startup hubs in the world * You're not going to work 70 hour weeks for low pay with the hope of someday making millions from stock options There's nothing wrong with pursuing venture funding and attempting to grow fast like Amazon, Google, Twitter, and Facebook. It just so happened that most people are not in a place to do this. **Start Small, Stay Small** also focuses on the single most important element of a startup that most developers avoid: marketing. There are many great resources for learning how to write code, organize source control, or connect to a database. This book does not cover the technical aspects developers already know or can learn elsewhere. It focuses on finding your idea, testing it before you build, and getting it into the hands of your customers.

Breakfast with Seneca: A Stoic Guide to the Art of Living

W. W. Norton & Company **The first clear and faithful guide to the timeless, practical teachings of the Stoic philosopher Seneca. Stoicism, the most influential philosophy of the Roman Empire, offers refreshingly modern ways to strengthen our inner character in the face of an unpredictable world. Widely recognized as the most talented and humane writer of the Stoic tradition, Seneca teaches us to live with freedom and purpose. His most enduring work, over a hundred "Letters from a Stoic" written to a close friend, explains how to handle adversity; overcome grief, anxiety, and anger; transform setbacks into opportunities for growth; and recognize the true nature of friendship. In Breakfast with Seneca, philosopher David Fideler mines Seneca's classic works in a series of focused chapters, clearly explaining Seneca's ideas without oversimplifying them. Best enjoyed as a daily ritual, like an energizing cup of coffee, Seneca's wisdom provides us with a steady stream of time-tested advice about the human condition—which, as it turns out, hasn't changed much over the past two thousand years.**

Guide to Clinical Documentation

F.A. Davis **Develop the skills you need to effectively and efficiently document patient care for children and adults in clinical and hospital settings. This handy guide uses sample notes, writing exercises, and EMR activities to make each concept crystal clear, including how to document history and physical exams and write SOAP notes and prescriptions.**

Introduction to Sociology 2e

Introduction to Sociology 2e adheres to the scope and sequence of a typical, one-semester introductory sociology course. It offers comprehensive coverage of core concepts, foundational scholars, and emerging theories, which are supported by a wealth of engaging learning materials. The textbook presents detailed section reviews with rich questions, discussions that help students apply their knowledge, and features that draw learners into the discipline in meaningful ways. The second edition retains the book's conceptual organization, aligning to most courses, and has been significantly updated to reflect the latest research and provide examples most relevant to today's students. In order to help instructors transition to the revised version, the 2e changes are described within the preface. The images in this textbook are grayscale. Authors include: Heather Griffiths, Nathan Keirns, Eric Strayer, Susan Cody-Rydzewski, Gail Scaramuzzo, Tommy Sadler, Sally Vyain, Jeff Bry, Faye Jones

The Million-Dollar, One-Person Business, Revised

Make Great Money. Work the Way You Like. Have the Life You Want

Lorena Jones Books **By harnessing new, easy-to-use technologies that help them find customers around the world, everyday people are starting meaningful businesses that offer a high-paying alternative to a corporate career. In this updated edition, will learn tactics from real people who are earning \$1 million a year on their own terms.**

The Physician Assistant Student's Guide to the Clinical Year: Emergency Medicine

Springer Publishing Company **“A lifesaver - not just for PA students, but for faculty and administrators trying our best to prepare them. Perfect for students to read and use on rotation.” - James Van Rhee, MS, PA-C, DFAAPA, Program Director, Yale Physician Assistant Online Program** The first pocket-size resource to guide PA students through their emergency medicine rotation Prepare for and thrive during your clinical rotations with the quick-access pocket guide series, **The Physician Assistant Student’s Guide to the Clinical Year. The Emergency Medicine** edition of this 7-volume series, discounted when purchased as a full set, delineates the exact duties required in this specialty. Written by experienced PA educators, this guide details the clinical approach to common presentations such as chest pain, altered mental status, and headache. It also provides a systems-based approach to more than 40 of the most frequently encountered disease entities you will see in this rotation, including traumatic injury, cerebrovascular accident, and acute coronary syndrome. Distinguished by brief, bulleted content with handy tables and figures, the reference offers all pertinent laboratory and imaging studies needed to confirm a diagnosis, with medication and management guidelines. This guide also describes the most common procedures you will learn during the emergency medicine rotation, including incision and drainage, wound repair, and foreign body removal. Also included is a special chapter on non-medical situations you’ll find in the emergency department, such as drug-seeking behavior, violent or incarcerated patients, and malingering and factitious disorders. **Key Features: Provides a pocket-size overview of the PA emergency medicine rotation Describes common clinical presentations, disease entities, and procedures Offers clinical pearls throughout Reflects the 2019 NCCPA PANCE blueprint Includes three bonus digital chapters! Guided case studies to reinforce clinical reasoning, 25 rotation exam-style questions with remediating rationales, and additional resources to enhance your emergency department experience Other books in this series: The Physician Assistant Student’s Guide to the Clinical Year: Family Medicine Internal Medicine Surgery OB-GYN Pediatrics Behavioral Health**