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## Online Library Essentials Of Musculoskeletal Care 5th Edition

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### AAOS Essentials of Musculoskeletal Care

**Jones & Bartlett Learning Essentials of Musculoskeletal Care, Enhanced Fifth Edition is a robust educational resource focused on how to evaluate and manage common musculoskeletal conditions. This text is used for immediate, point-of-care guidance in decision making and intervention and is a powerful educational product for many health professions dealing with the care of the musculoskeletal system. The easy-to-understand content and crisp presentation appeal to health care professionals and students. It is also a powerful tool to help educate patients regarding conditions and treatment.**

### Essentials of Musculoskeletal Care 5

**This newly revised fifth edition of 'Essentials of Musculoskeletal Care' is the practical go-to guide to confidently evaluate and treat more than 300 complaints and conditions. It combines stepwise instruction, comprehensive coverage and an unparalleled collection of exercises.**

### AAOS Essentials of Musculoskeletal Care

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## Essentials of Musculoskeletal Care

Amer Academy of Orthopaedic The NEW 4th edition brings you: Completely updated and expanded text. Even more rehabilitation instructions! Enhance recovery with detailed instructions and exercises for your patients on personalized, printable forms .. Sharpen your techniques!

## AAOS Essentials of Musculoskeletal Care

Jones & Bartlett Learning Essentials of Musculoskeletal Care, Enhanced Fifth Edition is a robust educational resource focused on how to evaluate and manage common musculoskeletal conditions.

## Illustrated Essentials of Musculoskeletal Anatomy

## Principles of Neuromusculoskeletal Treatment and Management, A Handbook for Therapists with PAGEBURST Access, 2

## Principles of Neuromusculoskeletal Treatment and Management

Elsevier Health Sciences Rev. ed. of: Principles of neuromusculoskeletal treatment and management / Nicola J. Petty. 2004.

## Fundamental Orthopedic Management for the Physical Therapist Assistant- E-Book

Elsevier Health Sciences Master the role and the skills of the physical therapist assistant! Fundamental Orthopedic Management for the Physical Therapist Assistant, 4th Edition helps you apply the principles of orthopedic science to physical therapy interventions. First you will learn how to assess flexibility, strength, endurance, and balance, and then you'll become a more valuable PTA by learning the essentials of tissue healing, gait and manual therapy, biomechanics and kinesiology, and the management of orthopedic patients by region and condition. This edition includes a new full-color design and illustrations, and broadens its scope with new chapters on topics such as musculoskeletal imaging and women's issues related to physical rehabilitation. Written by clinician and educator Robert Manske, along with a team of expert contributors, this text is your complete guide to success in physical therapist assisting! Comprehensive coverage addresses not only core concepts related to orthopedic care, but also includes biomechanics, pharmacology, in-depth reviews of the types of tissue healing, and the PTA's role in physical assessment and interventions. Over 600 illustrations and 75 summary tables reinforce orthopedic concepts and procedures. A focus on critical thinking and application prepares you for the treatment room and for the clinical practicum portions of the curriculum. Review questions at the end of each chapter prepare you for the kind of critical thinking you will be required to do in practice. Key terms and learning objectives begin each chapter, serving as checkpoints for understanding and helping you study effectively for examinations. Glossaries in each chapter make it easy to find definitions of key terminology. Useful appendices provide a quick reference to information such as commonly used medications, fracture eponyms, and reference ranges for lab tests. NEW Differential Diagnosis and Emergent Conditions chapter shows how similar symptoms can mask potentially dangerous pathologies and conditions, and may require re-evaluation by the supervising therapist. NEW Musculoskeletal Imaging chapter explains in basic terms the various types of musculoskeletal imaging used when examining musculoskeletal injuries. NEW Orthopedic Management Concepts Specific to Women chapter covers the issues, pathology, and progression of women's health issues as they relate to physical rehabilitation. NEW! Full-color design and illustrations add clarity to anatomy and procedural drawings and make it easier to learn important concepts. NEW! Important Concepts highlight useful tips and tricks of patient practice. NEW student resources on the Evolve companion website include critical thinking applications, weblinks to related sites, and references with links to Medline® abstracts.

## Emergency

## Care and Transportation of the Sick and Injured

Jones & Bartlett Learning Textbook for EMT training. The DVD walks students through the skills necessary to pass the EMT-Basic practical exam.

## Oxford Textbook of Musculoskeletal Medicine

Oxford University Press Preceded by Textbook of musculoskeletal medicine / edited by Michael Hutson and Richard Ellis, 2006.

## Musculoskeletal Injuries and Conditions

## Assessment and Management

**Springer Publishing Company Musculoskeletal Injuries and Conditions: Assessment and Management** is a practical guide to diagnosis and treatment of musculoskeletal conditions in clinical practice. More comprehensive than a handbook, yet more clinically-focused than a desk reference, this volume is a one-stop guide for clinicians who deal with musculoskeletal disorders and injuries in the practice setting. The book is organized by anatomic region, from neck to toe, and written in outline format. Each chapter concisely presents the basic knowledge that every practitioner needs to have at the ready in the outpatient clinical context. Taking a uniform approach based on isolating symptoms and the location of the pain, the book presents a uniquely practical template for non-operative management of a broad spectrum of musculoskeletal problems. All chapters include epidemiology, anatomy, biomechanics, physical examination, diagnostic studies, and treatment. Flowcharts for differential diagnosis and initial management are provided for chief complaints. Helpful tables, lists, and over 150 anatomic illustrations supplement the text throughout. Given the increasing importance of ultrasound in clinical decision-making at the point of care, a mini-atlas of normal and abnormal findings for common injuries is presented as part of the imaging work-up. Designed to help busy practitioners diagnose and treat musculoskeletal disorders in the clinic or office, this book is an essential resource for physicians in rehabilitation and sports medicine, primary care, orthopedics, and other healthcare professionals who work in outpatient settings. **Key Features:** Provides a consistent approach to managing common musculoskeletal conditions based on location of pain Bulleted format and clear heading structure make it easy to find information More than 30 flowcharts map out differential diagnosis, diagnostic approach, and initial management strategy for each complaint Packed with useful tables, lists, and over 150 illustrations of surface anatomy Integrates musculoskeletal ultrasound into the imaging workup, with over 40 normal and abnormal scans to aid in recognizing signature pathologies at the point of care Purchase includes free access to the fully-searchable downloadable e-book with image bank

## Fundamentals of Pediatric Orthopedics

**Lippincott Williams & Wilkins** Ideal for anyone involved in the care of children with musculoskeletal problems, this best-selling resource has been completely updated to be even more relevant to your everyday practice. Comprehensive and user-friendly, it covers the diagnosis and management of pediatric orthopedic issues with an emphasis on the welfare of the whole child. More than 1,700 color illustrations make it easy to visualize everything from normal variations to treatment plans to potential pitfalls, for virtually any pediatric orthopedic challenge you may encounter. **Features:** Thoroughly up-to-date and evidence-based, including expanded material on sports medicine. Lavishly illustrated with over 1,700 color drawings and photographs - a uniquely visual approach you'll appreciate for rapid reference and quick understanding. Parent education guides make it easy to provide important information to caregivers and increase compliance. Comprehensive coverage includes growth, evaluation, management, trauma, sports, infections, and tumors, as well as each anatomical area: lower limb, foot, knee, hip, spine, and upper limb. Designed to meet the everyday needs of health care practitioners who are involved with pediatric musculoskeletal problems, including primary care physicians, pediatricians, and orthopedists.

## All-in-One Care Planning Resource

**Elsevier Health Sciences** The only book featuring nursing care plans for all core clinical areas, Swearingen's All-In-One Nursing Care Planning Resource, 4th Edition provides 100 care plans with the nursing diagnoses and interventions you need to know to care for patients in all settings. It includes care plans for medical-surgical, maternity/OB, pediatrics, and psychiatric-mental health, so you can use just one book throughout your entire nursing curriculum. This edition includes a new care plan addressing normal labor and birth, a new full-color design, new QSEN safety icons, new quick-reference color tabs, and updates reflecting the latest NANDA-I nursing diagnoses and collaborative problems. Edited by nursing expert Pamela L. Swearingen, this book is known for its clear approach, easy-to-use format, and straightforward rationales. NANDA-I nursing diagnoses are incorporated throughout the text to keep you current with NANDA-I terminology and the latest diagnoses. Color-coded sections for medical-surgical, maternity, pediatric, and psychiatric-mental health nursing care plans make it easier to find information quickly. A consistent format for each care plan allows faster lookup of topics, with headings for Overview/Pathophysiology, Health Care Setting, Assessment, Diagnostic Tests, Nursing Diagnoses, Desired Outcomes, Interventions with Rationales, and Patient-Family Teaching and Discharge Planning. Prioritized nursing diagnoses are listed in order of importance and physiologic patient needs. A two-column format for nursing assessments/interventions and rationales makes it easier to scan information. Detailed rationales for each nursing intervention help you to apply concepts to specific patient situations in clinical practice. Outcome criteria with specific timelines help you to set realistic goals for nursing outcomes and provide quality, cost-effective care. **NEW!** Care plan for normal labor and birth addresses nursing care for the client experiencing normal labor and delivery. **UPDATED** content is written by practicing clinicians and covers the latest clinical developments, new pharmacologic treatments, patient safety considerations, and evidence-based practice guidelines. **NEW** full-color design makes the text more user friendly, and includes **NEW** color-coded tabs and improved cross-referencing and navigation aids for faster lookup of information. **NEW!** Leaf icon highlights coverage of complementary and alternative therapies including information on over-the-counter herbal and other therapies and how these can interact with conventional medications.

## Management of Common Musculoskeletal Disorders

### Physical Therapy Principles and Methods

**Lippincott Williams & Wilkins** This is the leading textbook of orthopaedic physical therapy. The consistent format first introduces the basic concepts of conservative management of musculoskeletal problems, then discusses each region. Regional chapters cover functional anatomy and biomechanics, evaluation, and management of common lesions. The material presented on evaluation and treatment is explained in a step-by-step format, making it clear, logical, and easy to follow. An abundance of illustrations and photographs highlight treatment techniques; and an extensive list of references help correlate research with physical therapy practice. A wealth of new knowledge makes the third edition truly comprehensive. New chapters in this edition: Properties of Dense Connective Tissue and Wound Healing, The Thoracic Spine, and The Sacroiliac Joint and the Lumbar-Pelvic-Hip Complex. The ankle and hindfoot chapter has been expanded to cover the lower leg and forefoot. Other features include: new visuals - 98 new line drawings and 293 new halftones enhance the text, especially therapeutic procedures; new discussion of joint stabilization techniques and the role of exercise, reflects current practice; and new chapter outlines at the beginning of each chapter.

### Global Orthopedics

### Caring for Musculoskeletal Conditions and Injuries in Austere Settings

**Springer Science & Business** Global Orthopedics: Caring for Musculoskeletal Conditions and Injuries in Austere Settings was conceived and written to be a unique reference for surgeons working in resource-limited environments. The first sections provide historical background, global public health perspectives of orthopedics, the role of culture, and a broad discussion of clinical topics that orthopedic surgeons rarely deal with in high-resource settings but that affect orthopedic care. Adult and pediatric trauma are presented in an anatomical format for easy reference, with a focus on the natural history and the best treatment methods within existing limitations. The chapters on musculoskeletal infections

provide a focused discussion about these common debilitating conditions that is unavailable in any other single modern text. The non-infectious pediatric conditions section has been written for the non-specialist to handle selected developmental and early childhood orthopedic problems commonly seen in low-resource settings. Detailed chapters on reconstruction surgery, tumor management, amputations, and the orthopedic needs in the face of conflicts and natural disasters round out the text.

## Principles of Musculoskeletal Treatment and Management E-Book

### A Handbook for Therapists

Elsevier Health Sciences Now in its third edition, this core textbook continues to provide a comprehensive, evidence-enhanced guide to the principles of treatment and management of the musculoskeletal system. Nicola Petty is joined by Kieran Barnard in editing this new edition which also sees an expanded number of specialist clinicians and academics contributing individual chapters. Principles of Musculoskeletal Treatment and Management provides both students and experienced practitioners with an invaluable guide to the principles applied in contemporary musculoskeletal therapy. Provides theory and research knowledge to underpin treatment and management strategies for patients with musculoskeletal conditions Provides a rationale to support clinical decision-making Offers an up-to-date evidence-enhanced approach to patient treatment and management Emphasizes the importance of communication and clinical reasoning, as well as hands-on and rehabilitation skills Brand-new chapter on the principles of communication and its application to clinical reasoning Brand-new chapter on the principles of exercise rehabilitation Highlights the health benefits of some treatment approaches References updated throughout

### Tidy's Physiotherapy<sup>15</sup>

### Tidy's Physiotherapy

Elsevier Health Sciences A classic textbook and a student favourite, Tidy's Physiotherapy aims to reflect contemporary practice of physiotherapy and can be used as a quick reference by the physiotherapy undergraduate for major problems that they may encounter throughout their study, or while on clinical placement. Tidy's Physiotherapy is a resource which charts a range of popular subject areas. It also encourages the student to think about problem-solving and basic decision-making in a practice setting, presenting case studies to consolidate and apply learning. In this fifteenth edition, new chapters have been added and previous chapters withdrawn, continuing its reflection of contemporary education and practice. Chapters have again been written by experts who come from a wide range of clinical and academic backgrounds. The new edition is complemented by an accompanying online ancillary which offers access to over 50 video clips on musculoskeletal tests, massage and exercise and an image bank along with the addition of crosswords and MCQs for self-assessment. Now with new chapters on: Reflection Collaborative health and social care / interprofessional education Clinical leadership Pharmacology Muscle imbalance Sports management Acupuncture in physiotherapy Management of Parkinson's and of older people Neurodynamics Part of the Physiotherapy Essentials series - core textbooks for both students and lecturers! Covers a comprehensive range of clinical, academic and professional subjects Annotated illustrations to simplify learning Definition, Key Point and Weblink boxes Online access to over 50 video clips and 100's of downloadable images (<http://evolve.elsevier.com/Porter/Tidy>) Online resources via Evolve Learning with video clips, image bank, crosswords and MCQs! Log on and register at <http://evolve.elsevier.com/Porter/Tidy> Case studies Additional illustrations

### Orthopaedic Knowledge Update 11

Amer Academy of Orthopaedic OKU 11 condenses the most critical issues and developments shaping orthopaedic medicine at the moment: the latest advances in clinical thinking, controversial topics and trends, clinical guidelines and best practices, and objective reviews of the most relevant literature across all specialties.

## Fundamentals of Musculoskeletal Imaging

**F.A. Davis** Here's everything Physical Therapists need to know about medical imaging. This comprehensive guide helps you develop the skills and knowledge you need to accurately interpret imaging studies and understand written reports. Lynn McKinnis, 2009 winner of APTA's Helen J. Hislop Award for Outstanding Contributions to Professional Literature, guides you every step of the way. Begin with a basic introduction to radiology; then progress to evaluating radiographs and advanced imaging from head to toe. Imaging for commonly seen traumas and pathologies, as well as case studies prepare you to meet the most common to complex challenges in clinical and practice.

## Essentials of Physical Medicine and Rehabilitation

### Musculoskeletal Disorders, Pain, and Rehabilitation

**Elsevier Health Sciences** **DIAGNOSTIC STUDIES -- TREATMENT -- POTENTIAL DISEASE COMPLICATIONS -- POTENTIAL TREATMENT COMPLICATIONS -- Chapter 11. Biceps Tendinitis -- DEFINITION -- SYMPTOMS -- PHYSICAL EXAMINATION -- FUNCTIONAL LIMITATIONS -- DIAGNOSTIC STUDIES -- TREATMENT -- POTENTIAL DISEASE COMPLICATIONS -- POTENTIAL TREATMENT COMPLICATIONS -- Chapter 12. Biceps Tendon Rupture -- DEFINITION -- SYMPTOMS -- PHYSICAL EXAMINATION -- FUNCTIONAL LIMITATIONS -- DIAGNOSTIC STUDIES -- TREATMENT -- POTENTIAL DISEASE COMPLICATIONS -- POTENTIAL TREATMENT COMPLICATIONS -- Chapter 13. Glenohumeral Instability -- DEFINITIONS**

## Pediatric Primary Care - E-Book

**Elsevier Health Sciences** Get an in-depth look at pediatric primary care through the eyes of a Nurse Practitioner! **Pediatric Primary Care, 6th Edition** guides readers through the process of assessing, managing, and preventing health problems in infants, children, and adolescents. Key topics include developmental theory, issues of daily living, the health status of children today, and diversity and cultural considerations. This sixth edition also features a wealth of new content and updates — such as a new chapter on pediatric pharmacology, full-color design and illustrations, new QSEN integration, updated coverage of the impact of the Affordable Care Act, a refocused chapter on practice management, and more — to keep readers up to date on the latest issues affecting practice today. Comprehensive content provides a complete foundation in the primary care of children from the unique perspective of the Nurse Practitioner and covers the full spectrum of health conditions seen in the primary care of children, emphasizing both prevention and management. In-depth guidance on assessing and managing pediatric health problems covers patients from infancy through adolescence. Four-part organization includes 1) an introductory unit on the foundations of global pediatric health, child and family health assessment, and cultural perspectives for pediatric primary care; 2) a unit on managing child development; 3) a unit on health promotion and management; and 4) a unit on disease management. Content devoted to issues of daily living covers issues that are a part of every child's growth — such as nutrition and toilet training — that could lead to health problems unless appropriate education and guidance are given. Algorithms are used throughout the book to provide a concise overview of the evaluation and management of common disorders. Resources for providers and families are also included throughout the text for further information. Expert editor team well is well-versed in the scope of practice and knowledge base of Pediatric Nurse Practitioners (PNPs) and Family Nurse Practitioners (FNPs).

## Essentials of Cardiopulmonary Physical Therapy - E-Book

**Elsevier Health Sciences** Improve your understanding of the cardiopulmonary system with **Essentials of Cardiopulmonary Physical Therapy, 4th Edition**. Based on best practices prescribed in **The Guide to Physical Therapist Practice**, this new edition provides comprehensive coverage of anatomy, physiology, and cardiopulmonary assessment, along with expanded chapters on the growing topics of early mobilization of the ICU patient and acute care management. Using a practical approach, expert author Ellen Hillegass also discusses pathophysiology, pharmacology, and interventions in the outpatient setting. Evidence-based content reflects the latest research in the field and incorporates the use of ICF. Material uses best practices defined by the American Physical Therapy Association. Clinical tips give you real-world hints and suggestions from practicing clinicians. **NEW!** Expanded chapters cover early mobilization of the ICU patient and acute care management. **NEW!** Updated references emphasize evidence-based information from the text. **NEW!** Full-color printing enhances text.

## Essentials of Internal Medicine - eBook

Elsevier Health Sciences Written by Nicholas J Talley, Simon O'Connor and Brad Frankum, this engaging and instructive text provides practical pathways to diagnosis and up-to-date strategies for implementing evidence-based treatments for prevalent conditions. Learn how to: identify what is clinically important understand and investigate disease create an effective strategy for treatment use technological diagnostic tools. This new edition of Essentials of Internal Medicine 4e describes established and trusted diagnostic techniques to equip students and trainees with the skills to succeed in their profession. The visually dynamic text offers a framework of knowledge covering core facts and addressing difficult-to-master topics such as: holistic approach to patient treatment the importance of diagnosis the physician's role in public health the physician as scholar. Contributions from expert clinicians leading the advancement of medicine globally Need-to-know 'clinical pearls' throughout each chapter Memory jog lists and tables Multiple choice questions with end-of-chapter answers and extensive explanations Enhanced eBook version included with purchase

## Essential Medical Terminology

Jones & Bartlett Publishers As of February 15th 2017: Each new print copy of Essential Medical Terminology, Enhanced Fourth Edition now ships with access to Navigate 2 at no additional cost. Navigate 2 Advantage Access unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools. Essential Medical Terminology, Fourth Edition is included in the 2015 edition of the essential collection of Doody's Core Titles. Essential Medical Terminology, Enhanced Fourth Edition is updated with a new full-color design as well as new and revised terms and definitions. The Enhanced Fourth Edition includes more than 200 full-color photos, illustrations, and tables to enhance key points and aid comprehension. This best-selling introduction to medical terminology is based on the body-systems method and is flexible enough to be used in traditional or self-instructional course formats. Suited for students of all levels in the health professions, this accessible text provides the appropriate amount of detail needed to learn the basics of medical terminology. After learning the fundamentals of pronunciation, students can study the chapters in any order the instructor deems appropriate. **NEW TO THE FOURTH EDITION** \* New and revised terms \* Additional test questions \* Objectives added to selected chapters \* Updated bibliography in Appendix B \* Several new interactive learning tools \* Now with Navigate 2 Advantage Access **IN-MARGIN BOXED FEATURES** \* Confusing Medical Terms - Compares and defines similar sounding terms \* Pharmacology and Medical Terminology - Relates medical terminology to drugs and their classification, function, and active ingredients \* Allied Health Professions - Lists specialties and specialists \* New full-color photographs and illustrations showing common clinical disorders and associated anatomy Instructor Resources \* Test Bank featuring 958 questions \* Slides in PowerPoint Format for each chapter \* Instructor's Manual with Suggested Activities, Case Study and Final Exam

## Textbook of Adult Emergency Medicine E-Book

Elsevier Health Sciences Now fully revised and updated, Textbook of Adult Emergency Medicine provides clear and consistent coverage of this rapidly evolving specialty. Building on the success of previous editions, it covers all the major topics that present to the trainee doctor in the emergency department. It will also prove invaluable to the range of other professionals working in this setting - including nurse specialists and paramedics - who require concise, highly practical guidance, incorporating latest best practices and current guidelines. For the first time, this edition now comes with access to additional ancillary material, including practical procedure videos and self-assessment material. Updates throughout reflect latest practice developments, curricula requirements and essential guidelines Key point boxes highlight topic 'essentials' as well as controversial areas of treatment An expanded list of leading international contributors ensures comprehensive coverage and maximizes worldwide relevance New and enhanced coverage of important and topical areas - including latest imaging in emergency medicine; organ donation; massive transfusion protocols; medico legal issues; patient safety and quality measures All new accompanying electronic ancillary material, including procedure videos and self-assessment materials to check your understanding and aid exam preparation Expansion of administration section - especially patient safety New and enhanced coverage of important and topical areas - including latest imaging in emergency medicine; organ donation; massive transfusion protocols; medico legal issues; patient safety and quality measures All new accompanying electronic ancillary materials - including practical procedures videos and self-assessment materials

## Fast Facts for Pediatric Primary Care

### A Guide for Nurse Practitioners and Physician Assistants

**Springer Publishing Company** Uniquely written from the perspectives of a Nurse Practitioner and a Physician Assistant This quick-access reference guide encompasses all key diagnostic and management essentials needed for safe and effective pediatric practice. By incorporating the most current literature and evidence-based practice, this guide explains how to best assess, diagnose, and treat common pediatric disorders in an ambulatory care setting. This practical, pocket-sized resource is presented in concise paragraphs, providing access to key information at a glance. Chapters consistently include focused assessment and diagnosis of the most common clinical problems and treatment options. Key points, important developmental milestones, and illness prevention and management sections provide practitioners with important content to educate patients and families easily and thoroughly. Abundant tables and charts help to facilitate quick reference to key components of practice. Links to frequently updated clinical guidelines and important web resources ensure that practitioners can maintain access to the most current knowledge available. **Key Features:** Provides speedy access to crucial information with concise paragraphs, chapter objectives, key points, and tables Conveniently organized by most commonly seen diseases and disorders Provides links to frequently updated clinical guidelines and web resources Purchase includes digital access for use on most mobile devices or computers

## Essentials of Kumar and Clark's Clinical Medicine E-Book

**Elsevier Health Sciences** Mini Kumar & Clark goes into its fifth edition! New to this best-selling, portable, quick reference to clinical medicine: Fully updated in line with the latest edition of Kumar & Clark's Clinical Medicine New chapter on malignant disease Practical procedures and therapeutics taken into individual chapters as appropriate. From reviews of the previous edition: 'This really is an excellent medical textbook ... Easily covers undergraduate medicine.' 'Pocket Essentials is a great little book to review the night before you start on a rotation. It is small enough that you can easily read over the chapter and then appear on the ward with a good idea of what is going on.' 'In short this book is concise, succinct and gets straight to the point.' 'This book summarises everything you need to know: causes, diagnoses and treatments.' 'I am finding this book very helpful and more importantly very concise. It has most things you need to know about common clinical pathologies.' '... I turned to Pocket Essentials of Clinical Medicine as my clinical medicine reference guide - and what a guide! An excellent book, which gives you the clinical features, investigations and management for a whole variety of different illnesses. The book is clearly laid out, and even has normal blood chemistry values at the end. Do yourself a favour and buy this book!' 'This mini paperback is a must for anyone studying medicine. It gives all the information one would need and all without the pain of carrying around a large book.' 'I liked this book ... it was useful having a smaller reference book ... to carry around on wards etc. - it's more digestible and easier to follow than big K&C, and gives a little more background than the Oxford Handbook - and I know people who use it to revise for finals.'

## The Retinoscopy Book

### An Introductory Manual for Eye Care Professionals

**SLACK Incorporated** For over 25 years, The Retinoscopy Book: An Introductory Manual for Eye Care Professionals has been the only basic instruction manual designed specifically to teach the art of clinical retinoscopy. This best-selling classic has been updated and revised to include the latest changes involving the retinoscope, and to meet the developing needs of students in ophthalmology and optometry. Sections on minus cylinders, concave mirror retinoscopy for high refractive errors, and a catalog of instruments have been expanded to reflect the most recent innovations. New sections on retinoscopy after refractive surgery and instrument maintenance are unique to this fifth edition. This text is designed to supplement the Joint Commission on Allied Health Personnel in Ophthalmology (JCAHPO) instruction courses for technicians or to facilitate a do-it-yourself training program for ophthalmology residents, ophthalmic technicians, optometry students, and other eye care professionals in training. Figures and illustrations supplement time-tested exercises to facilitate learning. The user-friendly format prevalent throughout the text enables students to develop a complete understanding of the retinoscope and its many uses.

## Manual of Orthopaedics

Lippincott Williams & Wilkins Now in vibrant full color, **Manual of Orthopaedics, Eighth Edition**, provides the must-know information you need to diagnose and treat musculoskeletal injuries and diseases with confidence. This quick-reference manual has been completely updated and revised to include content particularly valuable for orthopaedic physician assistants, while retaining key information for orthopaedic residents and nurse practitioners, primary care physicians, and orthopaedic providers in all practice environments.

## Essentials of Strength Training and Conditioning

Human Kinetics Developed by the National Strength and Conditioning Association (NSCA) and now in its fourth edition, **Essentials of Strength Training and Conditioning** is the essential text for strength and conditioning professionals and students. This comprehensive resource, created by 30 expert contributors in the field, explains the key theories, concepts, and scientific principles of strength training and conditioning as well as their direct application to athletic competition and performance. The scope and content of **Essentials of Strength Training and Conditioning, Fourth Edition With HKPropel Access**, have been updated to convey the knowledge, skills, and abilities required of a strength and conditioning professional and to address the latest information found on the Certified Strength and Conditioning Specialist (CSCS) exam. The evidence-based approach and unbeatable accuracy of the text make it the primary resource to rely on for CSCS exam preparation. The text is organized to lead readers from theory to program design and practical strategies for administration and management of strength and conditioning facilities. The fourth edition contains the most current research and applications and several new features: Online videos featuring 21 resistance training exercises demonstrate proper exercise form for classroom and practical use. Updated research—specifically in the areas of high-intensity interval training, overtraining, agility and change of direction, nutrition for health and performance, and periodization—helps readers better understand these popular trends in the industry. A new chapter with instructions and photos presents techniques for exercises using alternative modes and nontraditional implements. Ten additional tests, including those for maximum strength, power, and aerobic capacity, along with new flexibility exercises, resistance training exercises, plyometric exercises, and speed and agility drills help professionals design programs that reflect current guidelines. Key points, chapter objectives, and learning aids including key terms and self-study questions provide a structure to help students and professionals conceptualize the information and reinforce fundamental facts. Application sidebars provide practical application of scientific concepts that can be used by strength and conditioning specialists in real-world settings, making the information immediately relatable and usable. Online learning tools delivered through HKPropel provide students with 11 downloadable lab activities for practice and retention of information. Further, both students and professionals will benefit from the online videos of 21 foundational exercises that provide visual instruction and reinforce proper technique. **Essentials of Strength Training and Conditioning, Fourth Edition**, provides the most comprehensive information on organization and administration of facilities, testing and evaluation, exercise techniques, training adaptations, program design, and structure and function of body systems. Its scope, precision, and dependability make it the essential preparation text for the CSCS exam as well as a definitive reference for strength and conditioning professionals to consult in their everyday practice. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately.

## Musculoskeletal Imaging: The Essentials

Lippincott Williams & Wilkins **Publisher's Note:** Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Perfect for residents to use during rotations, or as a quick review for practicing radiologists and fellows, **Musculoskeletal Imaging: The Essentials** is a complete, concise overview of the most important knowledge in this complex field. Each chapter begins with learning objectives and ends with board-style questions that help you focus your learning. A self-assessment examination at the end of the book tests your mastery of the content and prepares you for exams.

## Crash Course General Medicine

Elsevier Health Sciences **Crash Course** - your effective every-day study companion PLUS the perfect antidote for exam stress! Save time and be assured you have the essential information you need in one place to excel on your course and achieve exam success. A winning formula now for over 20 years, each series volume has been fine-tuned and fully updated - with an improved full-colour layout tailored to make your life easier. Especially written by senior students or junior doctors - those who understand what is essential for exam success - with all information thoroughly checked and quality assured by expert Faculty Advisers, the result are books which exactly meet your needs and you know you can

trust. Each chapter guides you succinctly through the full range of curriculum topics, integrating clinical considerations with the relevant basic science and avoiding unnecessary or confusing detail. A range of text boxes help you get to the hints, tips and key points you need fast! A fully revised self-assessment section matching the latest exam formats is included to check your understanding and aid exam preparation. The accompanying enhanced, downloadable eBook completes this invaluable learning package. Series volumes have been honed to meet the requirements of today's medical students, although the range of other health students and professionals who need rapid access to the essentials of general medicine will also love the unique approach of Crash Course. Whether you need to get out of a fix or aim for a distinction Crash Course is for you! Provides the exam syllabus in one place - saves valuable revision time Written by senior students and recent graduates - those closest to what is essential for exam success Quality assured by leading Faculty Advisors - ensures complete accuracy of information Features the ever popular 'Hints and Tips' boxes and other useful aide-mémoires - distilled wisdom from those in the know Updated self-assessment section matching the latest exam formats - confirm your understanding and improve exam technique fast

## Orthopaedic Knowledge Update: Spine 5

Lippincott Williams & Wilkins OKU: Spine 5, developed in a partnership between the American Academy of Orthopaedic Surgeons (AAOS) and the North American Spine Society (NASS), is a balanced review of the vastly expanding body of increasingly specialized spine clinical and surgical knowledge to keep you in the forefront of adult and pediatric spine care.

## Nelson Essentials of Pediatrics - E-Book

### First South Asia Edition

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