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## Online Library Bubble Gum Brain Ready Get Mindset Ow

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**KEY=BUBBLE - MARSHALL GROSS**

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## Bubble Gum Brain

### Ready, Get Mindset...GROW!

National Center for Youth Issues **BECOMING is better than BEING. I have Bubble Gum Brain. I like to chew on my thoughts, flex, bend and stretch my brain, and expand the way I think! I make great mistakes that help me learn. I have Brick Brain. With me, things are the way they are...and they're probably not going to change much. I am the way I am...and that's just how it is. Meet Bubble Gum Brain and Brick Brain: two kids with two VERY different mindsets. Bubble Gum Brain likes to have fun adventures, learn new things, and doesn't worry about making great mistakes. Brick Brain is convinced that things are just fine the way they are and there's not much he can do to change them, so why try? When Bubble Gum Brain shows Brick Brain how to peel off his wrapper, Brick Brain begins to realize just how much more fun school...and life... can be! This creative story teaches children (and adults) the valuable lesson that becoming is better than being, which can open the door to a whole new world of possibilities! Ready, Get Mindset...GROW!!**

## Soda Pop Head

National Center for Youth Issues **"There goes Lester. Watch him fester. His ears start to fizz. He gets mad as a griz. His face turns red. He's a Soda Pop Head. You just never know when Lester will blow. His cap will go flying. If it hits you, you'll be crying, so you'd better stay away from Lester today!" His real name is Lester, but everyone calls him "Soda Pop Head." Most of the time he's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red and he blows his top! Lester's dad comes to his rescue by teaching him a few techniques to "loosen the top" and cool down before his fizz takes control. Soda Pop Head will help your child control his/her anger while helping them manage stress. It's a must for the home or classroom.**

## Wilma Jean the Worry Machine

National Center for Youth Issues **"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." Anxiety is a subjective sense of worry, apprehension, and/or fear. It is considered to be the number one health problem in America. Although quite common, anxiety disorders in children are often misdiagnosed and overlooked. Everyone feels fear, worry and apprehension from time to time, but when these feelings prevent a person from doing what he/she wants and/or needs to do, anxiety becomes a disability. This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. It offers creative strategies for parents and teachers to use that can lessen the severity of anxiety. The goal of the book is to give children the tools needed to feel more in control of their anxiety. For those worries that are not in anyone's control (i.e. the weather) a worry hat is introduced. A fun read for Wilmas of all ages! Includes a note to parents and educators with tips on dealing with an anxious child.**

## Is Everyone Ready for Fun?

Simon and Schuster **Chicken has some unexpected and exuberant cow visitors who have exciting plans for jumping, dancing, and wiggling on his teeny-tiny couch, and Chicken is none too happy about it. That is until the fun concludes with a quiet, cozy and delicious nap for all!**

## Your Fantastic Elastic Brain

### Stretch It, Shape it

**Introduces the anatomy and functions of the brain; describes how the the brain is able to stretch and grow; and explains how mistakes are an essential part of learning.**

## Squirrel Me Timbers

[Picture Window Books](#) Ahoy mateys! A young squirrel has always dreamed of sailing the seas as a pirate. So when he finds a treasure map, he can't believe his luck! An X marks the spot of 100,000 NUTS! Set sail for adventure with vibrant illustrations and imaginative rhyming text to discover how exciting a pirate's life can be! The Capstone Interactive edition comes with simultaneous access for every student in your school and includes read aloud audio recorded by professional voice over artists.

## I Can't Believe You Said That!

[Boys Town Press](#) RJ's mouth is getting him into a lot of trouble. A rude comment at school earned him a detention, and an incensitive remark at home earned him a scholding and made his sister cry. It's time RJ starts using a social filter when he speaks. He soon realizes he doesn't have to verbalize every thought that pops into his head. In fact, the less said the better!

## The Brain That Changes Itself

## Stories of Personal Triumph from the Frontiers of Brain Science

[Penguin](#) "Fascinating. Doidge's book is a remarkable and hopeful portrait of the endless adaptability of the human brain."—Oliver Sacks, MD, author of *The Man Who Mistook His Wife for a Hat* What is neuroplasticity? Is it possible to change your brain? Norman Doidge's inspiring guide to the new brain science explains all of this and more An astonishing new science called neuroplasticity is overthrowing the centuries-old notion that the human brain is immutable, and proving that it is, in fact, possible to change your brain. Psychoanalyst, Norman Doidge, M.D., traveled the country to meet both the brilliant scientists championing neuroplasticity, its healing powers, and the people whose lives they've transformed—people whose mental limitations, brain damage or brain trauma were seen as unalterable. We see a woman born with half a brain that rewired itself to work as a whole, blind people who learn to see, learning disorders cured, IQs raised, aging brains rejuvenated, stroke patients learning to speak, children with cerebral palsy learning to move with more grace, depression and anxiety disorders successfully treated, and lifelong character traits changed. Using these marvelous stories to probe mysteries of the body, emotion, love, sex, culture, and education, Dr. Doidge has written an immensely moving, inspiring book that will permanently alter the way we look at our brains, human nature, and human potential.

## Thanks for the Feedback, I Think

[Boys Town Press](#) It doesn't matter if RJ hears compliments or constructive feedback, he is never sure how to respond. With guidance from his family, RJ learns why feedback, even when it's difficult to accept, is information he can use to become a better person.

## Grief is Like a Snowflake

[National Center for Youth Issues](#) Grief is like a snowflake. Each snowflake is different and everyone shows grief differently. After the death of his father, Little Tree begins to learn how to cope with his feelings and start the healing process. With the help and support of his family and friends, Little Tree learns to cope by discovering what is really important in life, and realizing his father's memory will carry on. Best-selling author, Julia Cook, and a lovable cast of trees, offers a warm approach to the difficult subject of death and dying.

## Today I Feel Silly & Other Moods That Make My Day

[Harper Collins](#) Today I feel silly. Mom says it's the heat. I put rouge on the cat and gloves on my feet. I ate noodles for breakfast and pancakes at night. I dressed like a star and was quite a sight. Today I am sad, my mood's heavy and gray. There's a frown on my face and it's been there all day. My best friend and I had a really big fight. She said that I tattled and I know that she's right. Silly, cranky, excited, or sad--everyone has moods that can change each day. Jamie Lee Curtis's zany and touching verse, paired with Laura Cornell's whimsical and original illustrations, helps kids explore, identify, and, even have fun with their ever-changing moods. Here's another inspired picture book from the bestselling author-illustrator team of *Tell Me Again About the Night I Was Born* and *When I Was Little: A Four-Year-Old's Memoir of Her Youth*.

## The Girl who Never Made Mistakes

[Sourcebooks, Inc.](#) Beatrice is so well-known for never making a mistake that she is greeted each morning by fans and reporters, but a near-error on the day of the school talent show could change everything.

## It's Never Too Late to Sleep Train

### The Low-Stress Way to High-Quality Sleep for Babies, Kids, and Parents

**Rodale Books** From a leading pediatric sleep physician comes a revolutionary program that will have everyone in the house sleeping through the night. When Dr. Craig Canapari became a father, he realized that all his years of 36-hour hospital shifts didn't even come close to preparing him for the sleep deprivation that comes with parenthood. The difference is that parents don't get a break—it's hard to know if there's a night of uninterrupted sleep anywhere in the foreseeable future. Sleepless nights for kids mean sleepless nights for the rest of the family—and a grumpy group around the breakfast table in the morning. In *It's Never Too Late to Sleep Train*, Canapari helps parents harness the power of habit to chart a clear path to high-quality sleep for their children. The result is a streamlined two-step sleep training plan that focuses on cues and consequences, the two elements that shape all habits and that take on special importance when it comes to kids' bedtime routines. Dr. Canapari distills years of clinical research and experience to make sleep training simple and stress-free. Even if you've been told that you've missed the optimal "window" for sleep training, Dr. Canapari is here to prove that it's never too late, whether your child is 6 months or 6 years old. He's on your side in the battle against bedtime, and with his advice, parents and children alike can expect a lifetime of healthy sleep.

## Cure Your Child with Food

### The Hidden Connection Between Nutrition and Childhood Ailments

**Workman Publishing** Why treat your child with drugs when you can cure your child with nutrition? Grounded in cutting-edge science and filled with case studies that read like medical thrillers, this is a book for every parent whose child suffers from mood swings, stomachaches, ear infections, eczema, anxiety, tantrums, ADD/ADHD, picky eating, asthma, lack of growth, and a host of other physical, behavioral, and developmental problems. Previously published as *What's Eating Your Child?* and now with a new chapter on the unexpected connection between gluten and insatiable appetite, *Cure Your Child with Food* shows parents how to uncover the clues behind their children's surprisingly nutrition-based health issues and implement simple treatments—immediately. You'll discover how zinc deficiency can cause picky eating and affect growth. The panoply of problems caused by gluten and dairy. How ear infections and mood disorders, such as anxiety and bipolar disorder, can be a sign of food intolerance. Plus, how to get your child to sleep, soothe hyperactivity, and deal with reflux using simple nutritional strategies. Ms. Dorfman, a nutritionist whose typical family arrives at her practice after seeing three or more specialists, gives parents the tools they need to become nutrition detectives; to recalibrate their children's diets through the easy E.A.T. program; and, finally, to get their children off drugs—antibiotics, laxatives, Prozac, Ritalin—and back to a natural state of well-being.

## Not Yet

Lisa Cox and Lori Hockema, both former educators, believe that students need to learn to enjoy the process of striving for a goal and not to be defeated by mistakes. The setting of this book is one full day in the life of Lorisa, the main character. The story takes the reader through her day at home and at school as she models for children a positive attitude, makes some mistakes, and experiences successes, too. Lorisa's mom demonstrates belief in her daughter by allowing her daughter to learn from her mistakes as noted when she says, "just clean it up." When Lorisa is at home, her younger brother can be found watching her carefully. Lorisa has the character traits of perseverance, kindness, assertiveness, and a positive mindset. She models how to keep a positive attitude through imperfections and mistakes as portrayed by her messy room, unorganized backpack, and always untied shoes. Lisa and Lori as authors, believe in the children who read this book. Are they there? Not yet. They'll get there you bet.

## I Can Do Hard Things

### Mindful Affirmations for Kids

*I Can Do Hard Things* is a beautiful reminder to tune into and listen to that quiet voice inside so that you can do what's right for you. I don't always feel brave, confident or strong. Sometimes it seems easier to follow others along. It's hard to navigate a world in which we get so many messages about how we should be. We pause. We listen to the quiet voice inside. I connect with the love and strength it brings. It helps me remember: I can do hard things. *I Can Do Hard Things: Mindful Affirmations for Kids* is the perfect addition to your home or school library. (The book is available in Spanish as *Yo Puedo Hacer Cosas Difíciles: Afirmaciones Concientes Para Niños*).

## Mindset Matters

Boys Town Press Amelia's an up-for-any-adventure second-grader who's eager to try new things. But at the first sign of trouble, Amelia frets she's a failure. After a little self-reflection and advice from Dad, Amelia learns she needs a "gonna get it done" mindset. With her new outlook, she discovers success has many definitions and that failing doesn't make her a failure.

## I Am Invited to a Party!

Walker Caldecott Honor artist Mo Willems continues his charming Elephant & Piggie series of first readers with these two titles, in which Piggie is invited to her very first party, while Gerald discovers that there is something worse than a bird on his head. Full color.

## The Female Brain

Harmony Since Dr. Brizendine wrote *The Female Brain* ten years ago, the response has been overwhelming. This New York Times bestseller has been translated into more than thirty languages, has sold nearly a million copies between editions, and has most recently inspired a romantic comedy starring Whitney Cummings and Sofia Vergara. And its profound scientific understanding of the nature and experience of the female brain continues to guide women as they pass through life stages, to help men better understand the girls and women in their lives, and to illuminate the delicate emotional machinery of a love relationship. Why are women more verbal than men? Why do women remember details of fights that men can't remember at all? Why do women tend to form deeper bonds with their female friends than men do with their male counterparts? These and other questions have stumped both sexes throughout the ages. Now, pioneering neuropsychiatrist Louann Brizendine, M.D., brings together the latest findings to show how the unique structure of the female brain determines how women think, what they value, how they communicate, and who they love. While doing research as a medical student at Yale and then as a resident and faculty member at Harvard, Louann Brizendine discovered that almost all of the clinical data in existence on neurology, psychology, and neurobiology focused exclusively on males. In response to the overwhelming need for information on the female mind, Brizendine established the first clinic in the country to study and treat women's brain function. In *The Female Brain*, Dr. Brizendine distills all her findings and the latest information from the scientific community in a highly accessible book that educates women about their unique brain/body/behavior. The result: women will come away from this book knowing that they have a lean, mean, communicating machine. Men will develop a serious case of brain envy.

## Pop!

## The Invention of Bubble Gum

Simon and Schuster Gum. It's been around for centuries—from the ancient Greeks to the American Indians, everyone's chewed it. But the best kind of gum—bubble gum!—wasn't invented until 1928, when an enterprising young accountant at Fler Gum and Candy used his spare time to experiment with different recipes. Bubble-blowing kids everywhere will be delighted with Megan McCarthy's entertaining pictures and engaging fun facts as they learn the history behind the pink perfection of Dubble Bubble.

## It's Christmas, David!

Scholastic Inc. Readers of all ages will vividly remember trying to peek at hidden gift packages; writing scrolls of wish lists to Santa; and struggling to behave at formal Christmas dinner parties. Always in the background, we know Santa Claus is watching, soon to decide if David deserves a shiny new fire truck or a lump of coal under the tree. From playing with delicate ornaments to standing in an endlessly long line for Santa, here are common Christmas activities--but with David's naughty trimmings. A surefire hit that is destined to be an annual classic.

## I Can't Do That, Yet

## Growth Mindset

Createspace Independent Publishing Platform Enna is a girl who doesn't believe in herself and often utters the phrase "I can't do that!" One night in a dream she sees all the possible future versions of herself, discovering that she can be any of those versions with time, knowledge and dedication. She develops a growth mindset throughout her journey and instead of saying "I can't do that," she learns to say "I can't do that YET!".

## When I Wake Up

Mascot Books "What will I do tomorrow? I'm a little curious..." This delightful bedtime story provides a whimsical take on everyday activities. Capture the magic of childhood fun and let your little one's imagination run wild.

## Pre-Incident Indicators of Terrorist Incidents

### The Identification of Behavioral, Geographic and Temporal Patterns of Preparatory Conduct

DIANE Publishing This is a print on demand edition of a hard to find publication. Explores whether sufficient data exists to examine the temporal and spatial relationships that existed in terrorist group planning, and if so, could patterns of preparatory conduct be identified? About one-half of the terrorists resided, planned, and prepared for terrorism relatively close to their eventual target. The terrorist groups existed for 1,205 days from the first planning meeting to the date of the actual/planned terrorist incident. The planning process for specific acts began 2-3 months prior to the terrorist incident. This study examined selected terrorist groups/incidents in the U.S. from 1980-2002. It provides for the potential to identify patterns of conduct that might lead to intervention prior to the commission of the actual terrorist incidents. Illustrations.

## This Book is Not a Bedtime Story

Pavilion Children's This book is NOT a bedtime story. It's scary, strange and rather gory. Bedtime stories make you sleepy. This book won't. It's much too CREEPY. Except it isn't... this book is told by a group of monsters who think they're very scary, but in fact they're not - they're cute and cuddly. They try their hardest to scare you - in a haunted house, creepy wood, ghostly ship and darkest dark, but each time they fail! The problem is, these monsters aren't at all spooky. They're a bit silly, actually. And a bit cuddly. In fact, they share the insecurities and worries of us humans and all they want is a cosy, snoozy good night's sleep. Despite the title of this book it really is a bedtime story. A brilliant tale that reassures children, makes them laugh and gets them ready for a peaceful night's sleep.

## How to Heal Yourself When No One Else Can

### A Total Self-Healing Approach for Mind, Body, and Spirit

Llewellyn Worldwide **Be You, Be Happy, Be Free** Using energy therapy and emotional healing techniques, **How to Heal Yourself When No One Else Can** shows you how to achieve complete and permanent healing by loving, accepting, and being yourself no matter what. Energy therapist Amy Scher presents an easy-to-understand, three-part approach to removing blockages, changing your relationship with stress, and coming into alignment with who you truly are. After overcoming a life-threatening illness, Amy had an epiphany that healing is more than just physical. Her dramatic story serves as a powerful example of how beneficial it is to address our emotional energies, particularly when nothing else works. Discover areas of imbalance and easy ways to address them on your healing journey. Whether you are experiencing physical symptoms or are just feeling lost, sad, anxious, or emotionally unbalanced, this book can change your life. Praise: "Amy has seen the truth and can be a coach to all those who seek healing and authenticity."—Bernie Siegel, MD, bestselling author of *Love, Medicine, & Miracles* and *The Art of Healing* "[Amy Scher is] an inspiration, not just because she teaches us how to take healing into our own hands, but because she's living proof that it works."—Pam Grout, #1 New York Times bestselling author of *E-Squared* and *E-Cubed* "Amy Scher has penned a remarkable book about the pivotal role of the body, mind, and spirit in attaining true and complete healing. There is much wisdom in this book, written with exceptional clarity, love, and wisdom."—Sanjiv Chopra, MD MACP, Professor of Medicine at Harvard Medical School, motivational speaker, and bestselling author of *Brotherhood with Deepak Chopra* "Amy Scher takes you on a guided journey to resolve emotional, physical, and energetic blockages that get in the way of true healing. You will feel like you have a loving expert coach by your side along the way."—Heather Dane, co-author with Louise Hay of *Loving Yourself to Great Health*

## Mindsets for Parents

### Strategies to Encourage Growth Mindsets in Kids

Routledge All parents want their children to be successful in school, sports, and extracurricular activities. But it's not just about giving your kids praise or setting them on the right direction. Research shows that success is often dependent on mindset. Hard work, perseverance, and effort are all hallmarks of a growth mindset. That's where **Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids** comes in. Designed to provide parents with a roadmap for developing a growth mindset home environment, this book's conversational style and real-world examples

make the popular mindsets topic approachable and engaging. It includes tools for informally assessing the mindsets of both parent and child, easy-to-understand brain research, and suggested strategies and resources for use with children of any age. This book gives parents and guardians powerful knowledge and methods to help themselves and their children learn to embrace life's challenges with a growth mindset and an eye toward increasing their effort and success!

## I'm Stretched

A girl who feels stretched too thin by homework, soccer try-outs, concerns at home, and much more learns some techniques from her mother for dealing with stress in healthy and helpful ways.

## The Startup Owner's Manual

## The Step-By-Step Guide for Building a Great Company

John Wiley & Sons More than 100,000 entrepreneurs rely on this book for detailed, step-by-step instructions on building successful, scalable, profitable startups. The National Science Foundation pays hundreds of startup teams each year to follow the process outlined in the book, and it's taught at Stanford, Berkeley, Columbia and more than 100 other leading universities worldwide. Why? The Startup Owner's Manual guides you, step-by-step, as you put the Customer Development process to work. This method was created by renowned Silicon Valley startup expert Steve Blank, co-creator with Eric Ries of the "Lean Startup" movement and tested and refined by him for more than a decade. This 608-page how-to guide includes over 100 charts, graphs, and diagrams, plus 77 valuable checklists that guide you as you drive your company toward profitability. It will help you: • Avoid the 9 deadly sins that destroy startups' chances for success • Use the Customer Development method to bring your business idea to life • Incorporate the Business Model Canvas as the organizing principle for startup hypotheses • Identify your customers and determine how to "get, keep and grow" customers profitably • Compute how you'll drive your startup to repeatable, scalable profits. The Startup Owner's Manual was originally published by K&S Ranch Publishing Inc. and is now available from Wiley. The cover, design, and content are the same as the prior release and should not be considered a new or updated product.

## Factfulness

## Ten Reasons We're Wrong About the World--and Why Things Are Better Than You Think

Flatiron Books **INSTANT NEW YORK TIMES BESTSELLER** "One of the most important books I've ever read—an indispensable guide to thinking clearly about the world." - Bill Gates "Hans Rosling tells the story of 'the secret silent miracle of human progress' as only he can. But Factfulness does much more than that. It also explains why progress is so often secret and silent and teaches readers how to see it clearly." —Melinda Gates "Factfulness by Hans Rosling, an outstanding international public health expert, is a hopeful book about the potential for human progress when we work off facts rather than our inherent biases." - Former U.S. President Barack Obama Factfulness: The stress-reducing habit of only carrying opinions for which you have strong supporting facts. When asked simple questions about global trends—what percentage of the world's population live in poverty; why the world's population is increasing; how many girls finish school—we systematically get the answers wrong. So wrong that a chimpanzee choosing answers at random will consistently outguess teachers, journalists, Nobel laureates, and investment bankers. In Factfulness, Professor of International Health and global TED phenomenon Hans Rosling, together with his two long-time collaborators, Anna and Ola, offers a radical new explanation of why this happens. They reveal the ten instincts that distort our perspective—from our tendency to divide the world into two camps (usually some version of us and them) to the way we consume media (where fear rules) to how we perceive progress (believing that most things are getting worse). Our problem is that we don't know what we don't know, and even our guesses are informed by unconscious and predictable biases. It turns out that the world, for all its imperfections, is in a much better state than we might think. That doesn't mean there aren't real concerns. But when we worry about everything all the time instead of embracing a worldview based on facts, we can lose our ability to focus on the things that threaten us most. Inspiring and revelatory, filled with lively anecdotes and moving stories, Factfulness is an urgent and essential book that will change the way you see the world and empower you to respond to the crises and opportunities of the future. --- "This book is my last battle in my life-long mission to fight devastating ignorance...Previously I armed myself with huge data sets, eye-opening software, an energetic learning style and a Swedish bayonet for sword-swallowing. It wasn't enough. But I hope this book will be." Hans Rosling, February 2017.

## A Bad Case of Tattle Tongue

National Center for Youth Issues A Book that Helps Kids Learn the Difference Between Tattling and Telling No one likes "Josh the Tattler" because he tattles way too much. He tattles on his classmates, his brother, and even his dog! But one night Josh wakes up to find that his tongue is very long, yellow, covered in bright purple spots, and Itchy, Itchy,

Scratchy, Scratchy... Will a bad case of Tattle Tongue teach him a lesson? A Bad Case of Tattle Tongue gives teachers and counselors a humorous, cleverly creative way to address the time-consuming tattling-related issues that often sap classroom energy and thwart teaching opportunities. Parents who "battle the tattle" at home, on the playground, in the grocery store, or anywhere else can use this book to both entertain and enlighten their children about "The Tattle Rules." Every adult who desires to help children understand the differences between tattling and the need to warn others about important matters needs this book!

## Mind Gym

### An Athlete's Guide to Inner Excellence

McGraw Hill Professional Praise for Mind Gym "Believing in yourself is paramount to success for any athlete. Gary's lessons and David's writing provide examples of the importance of the mental game." --Ben Crenshaw, two-time Masters champion and former Ryder Cup captain "Mind Gym hits a home run. If you want to build mental muscle for the major leagues, read this book." --Ken Griffey Jr., Major League Baseball MVP "I read Mind Gym on my way to the Sydney Olympics and really got a lot out of it. Gary has important lessons to teach, and you'll find the exercises fun and beneficial." --Jason Kidd, NBA All-Star and Olympic gold-medal winner In Mind Gym, noted sports psychology consultant Gary Mack explains how your mind influences your performance on the field or on the court as much as your physical skill does, if not more so. Through forty accessible lessons and inspirational anecdotes from prominent athletes--many of whom he has worked with--you will learn the same techniques and exercises Mack uses to help elite athletes build mental "muscle." Mind Gym will give you the "head edge" over the competition.

## Be Where Your Feet Are!

National Center for Youth Issues From the bestselling author of Bubble Gum Brain and My Mouth is a Volcano!, comes a hilarious story about learning to be present wherever we are, and what can happen when we're not. These are my feet and this is me. Sometimes I'm not where I'm supposed to be. My brain gets crowded. There's so much going on. I do three things at once, and get two of them wrong! "Be where your feet are", I hear people say. "Do one thing at a time. It's a much better way." Each day, there are many so things to think about. Getting ready for school, turning in homework, taking a math test, band solo tryouts, soccer practice, and it's a long way from your head to your feet. Be Where Your Feet Are! reinforces the concepts of mindfulness and being present and in a fun way children will remember, and shows what can happen when we learn to appreciate the world-and people-around us.

## It's OK to Make Mistakes

If you don't like to make mistakes, here's something good to know - Mistakes have special powers, to help us learn and grow! Read this book to help you turn your thinking on its head, and together we can learn to CELEBRATE mistakes instead! 'It's OK to Make Mistakes' is a fun, light-hearted, and educational book to help kids navigate tricky emotions and build resilience. Every child handles pressure differently. This book aims to reassure them that making mistakes is a part of life and learning. This is supported by real-life examples of notable people and moments in history, as well as fun and colourful illustrations. Ideal for children aged 3-7.

## Yani the Yeti

### And the Power of Yet

Independently Published Yani was a YETi. His proud YETi family members and friends never stopped encouraging him. When Yani wanted to learn to tie his shoes, he thought he couldn't do it. But after a friendly reminder, Yani realized that he could not do it YET! He quickly figured out that with a little combination of hard work and help, he could do anything he put his mind to! Yani the YETi shows young children that learning tasks like tying your shoes is not always easy, but with the right mindset and perseverance, the "power of yet" is a character trait that helps children overcome hurdles.

## Next Stop: Kindergarten!

### A Preschool Graduation Affirmation

Familius The perfect kindergarten prep book that both celebrates preschool grads and helps them review what they learned!

## A Flicker of Hope

[National Center for Youth Issues](#) **HOPE is our children's window for a better tomorrow. In terms of resilience and well-being, hope is a critically important predictor of success. This creative story from the best-selling author of My Mouth is a Volcano!, and Bubble Gum Brain, reminds children that dark clouds can be temporary and asking for help is always okay. We all have times when we need to borrow a little hope from someone else. When your clouds get too dark, and too heavy to push away, Reach out and ask, "Can I borrow some light?" "I'm having a really bad day." It's always okay to admit to yourself, "I just can't do it today." Everyone needs somebody sometimes, to help them find their way. Sometimes the dark clouds overhead seem too heavy and you feel like giving up. Little candle knows all about this. Bad grades, blasted on social media, worried about making the team, and wondering who her real friends are"š€š"so many hard things to deal with! All she can see is darkness. But her story begins to change when someone notices she needs a boost of hope. As little candle is reminded she has purpose and her own unique gifts, and that she isn't the only one with dark clouds, her dim light begins to shine brighter. This hopeful story emphasizes for children (and adults) the many different ways to ask for help, and their ability to be a hope builder for others, too.**

## Decibella and Her 6-Inch Voice

[Boys Town Press](#) **Isabella shouts out her every thought. She uses her loud voice so much, everyone calls her "Decibella." Isabella soon learns the "five volumes" of voice. With patience and a little practice, she learns what volume is appropriate for every situation.**

## I Just Don't Like the Sound of No!

[Boys Town Press](#) **'NO' is RJ's least favorite word . . . and he tries his best to convince his dad, his mom, and his teacher to turn "No" into "Maybe" or "We'll see" or "Later" or "I'll think about it." Author Julia Cook helps K-6 readers laugh and learn along with RJ as he understands the benefits of demonstrating the social skills of accepting "No" for an answer and disagreeing appropriately. Tips for parents and educators on how to teach and encourage kids to use these skills are included in the book. I Just Don't Like the Sound of NO! is another in the BEST ME I Can Be! series of books from the Boys Town Press that teach children social skills.**

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