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KEY=CREATING - LACEY ESCOBAR

BRADSHAW ON: THE FAMILY

A NEW WAY OF CREATING SOLID SELF-ESTEEM

Simon and Schuster Based on the public television series of the same name, **Bradshaw On: The Family** is John Bradshaw's seminal work on the dynamics of families that has sold more than a million copies since its original publication in 1988. Within its pages, you will discover the cause of emotionally impaired families. You will learn how unhealthy rules of behavior are passed down from parents to children, and the destructive effect this process has on our society. Using the latest family research and recovery material in this new edition, Bradshaw also explores the individual in both a family and societal setting. He shows you ways to escape the tyranny of family-reinforced behavior traps--from addiction and co-dependency to loss of will and denial--and demonstrates how to make conscious choices that will transform your life and the lives of your loved ones. He helps you heal yourself and then, using what you have learned helps you heal your family. Finally, Bradshaw extends this idea to our society: by returning yourself and your family to emotional health, you can heal the world in which you live. He helps you reenvision societal conflicts from the perspective of a global family, and shares with you the power of deep democracy: how the choices you make every day can affect--and improve--your world.

HEALING THE SHAME THAT BINDS YOU

RECOVERY CLASSICS EDITION

Health Communications, Inc. Shame is the motivator behind many toxic behaviors like compulsion, codependency, addiction, and drive to superachieve. This title identifies personal shame, explains the underlying reasons, and addresses root causes.

HOMECOMING

RECLAIMING AND HEALING YOUR INNER CHILD

Bantam Are you outwardly successful but inwardly do you feel like a big kid? Do you aspire to be a loving parent but all too often “lose it” in hurtful ways? Do you crave intimacy but sometimes wonder if it’s worth the struggle? Or are you plagued by constant vague feelings of anxiety or depression? If any of this sounds familiar, you may be experiencing the hidden but damaging effects of a painful childhood—carrying within you a “wounded inner child” that is crying out for attention and healing. In this powerful book, John Bradshaw shows how we can learn to nurture that inner child, in essence offering ourselves the good parenting we needed and longed for. Through a step-by-step process of exploring the unfinished business of each developmental stage, we can break away from destructive family rules and roles and free ourselves to live responsibly in the present. Then, says Bradshaw, the healed inner child becomes a source of vitality, enabling us to find new joy and energy in living. Homecoming includes a wealth of unique case histories and interactive techniques, including questionnaires, letter-writing to the inner child, guided meditations, and affirmations. Pioneering when introduced, these classic therapies are now being validated by new discoveries in attachment research and neuroscience. No one has ever brought them to a popular audience more effectively and inspiringly than John Bradshaw.

RECLAIMING VIRTUE

HOW WE CAN DEVELOP THE MORAL INTELLIGENCE TO DO THE RIGHT THING AT THE RIGHT TIME FOR THE RIGHT REASON

Bantam The best-selling author of *Creating Love* sets out to redefine what it means to live a moral life in today's world by helping readers reclaim and cultivate their inborn moral intelligence by developing one's instincts for goodness in childhood and nurturing them through one's adult life to promote good character and moral responsibility. 75,000 first printing.

FAMILY SECRETS

WHAT YOU DON'T KNOW CAN HURT YOU

Piatkus Books All families have secrets. Some secrets are healthy, but others - those that John Bradshaw calls 'dark secrets' - limit the wholeness and freedom of every member of the family, often generation after generation. In *Family Secrets*, John Bradshaw examines the family's mysterious power to affect our lives. He explains how secrets are created, how they influence us (even if we don't know they are there), and describes the risks and benefits exploring them. With the aid of a genogram, which can be used to chart key relationships, Bradshaw provides us with a step-by-step guide to uncovering the secrets of the past and the present. *Family Secrets* includes dozens of fascinating case studies which illustrate how we can recognise crucial gaps and silences, reconstruct missing information and decipher partial memories. It provides vital advice on how to deal with the truths revealed and shows us ways to stay safely and honestly connected with our families. For more information on John Bradshaw please visit www.johnbradshaw.com

IT'S ONLY A GAME

Simon and Schuster This is the absolutely guaranteed 100% mostly true story of Terry Bradshaw: the man who gained sports immortality as the first quarterback to win four Super Bowls -- and the man who later became America's most popular sports broadcaster. IT'S ONLY A GAME "I had a real job once," begins a memoir as honest, unexpected, and downright hysterical as Bradshaw himself. From his humble beginnings in Shreveport, Louisiana, to his success as the centerpiece of the highest-rated football studio show in television history, Terry has always understood the importance of hard work. A veritable jack-of-all-trades, he has probably held more jobs than any other football Hall of Famer ever: pipeline worker, youth minister, professional singer, actor, television and radio talk show host, and now one of the nation's most popular speakers. But let's not forget one of the reasons why so many people know and love Terry Bradshaw: he won four Super Bowls! In *It's Only A Game*, Terry brings the reader right into the huddle and describes the game from the bottom of a two-ton pile to the top of the sports world. You'll sit right on the fifty-yard line and watch as Terry earns the title world's greatest benchwarmer. And you'll also hear about the single greatest play in pro football -- the Immaculate Reception -- as he never saw it. *It's Only A Game* is much more than a collection of Terry Bradshaw's favorite and funniest stories, it is the personal account of a great man's search for life before and after football...as only Terry could tell it.

THE BRADSHAW VARIATIONS

A NOVEL

[Farrar, Straus and Giroux](#) Since quitting work to look after his eight-year-old daughter, Alexa, Thomas Bradshaw has found solace and grace in his daily piano study. His pursuit of a more artistic way of life shocks and irritates his parents and in-laws. Why has he swapped roles with Tonie Swann, his intense, intellectual wife, who has accepted a demanding full-time job? How can this be good for Alexa? Tonie is increasingly seduced away from domestic life by the harder, headier world of work, where long-forgotten memories of ambition are awakened. She soon finds herself outside their tight family circle, alive to previously unimaginable possibilities. Over the course of a year full of crisis and revelation, we follow the fortunes of Tonie, Thomas, and his brothers and their families: Howard, the successful, indulgent brother, and his gregarious wife, Claudia; and Leo, lacking in confidence and propped up by Susie, his sharp-tongued, heavy-drinking wife. At the head of the family, the aging Bradshaw parents descend on their children to question and undermine them. The Bradshaw Variations reveals how our choices, our loves, and the family life we build will always be an echo—a variation—of a theme played out in our own childhood. This masterful and often shockingly funny novel, Rachel Cusk's seventh, shows a prizewinning writer at the height of her powers.

DOG SENSE

HOW THE NEW SCIENCE OF DOG BEHAVIOR CAN MAKE YOU A BETTER FRIEND TO YOUR PET

[Basic Books](#) Dogs have been mankind's faithful companions for tens of thousands of years, yet today they are regularly treated as either pack-following wolves or furry humans. The truth is, dogs are neither—and our misunderstanding has put them in serious crisis. What dogs really need is a spokesperson, someone who will assert their specific needs. Renowned anthrozoologist Dr. John Bradshaw has made a career of studying human-animal interactions, and in Dog Sense he uses the latest scientific research to show how humans can live in harmony with—not just dominion over-- their four-legged friends. From explaining why positive reinforcement is a more effective (and less damaging) way to control dogs' behavior than punishment to demonstrating the importance of weighing a dog's unique personality against stereotypes about its breed, Bradshaw offers extraordinary insight into the question of how we really ought to treat our dogs.

CAT SENSE

HOW THE NEW FELINE SCIENCE CAN MAKE YOU A BETTER FRIEND TO YOUR PET

[Basic Books \(AZ\)](#) Cats have been popular household pets for thousands of years, and their numbers only continue to rise. Today there are three cats for every dog on the planet, and yet cats remain more mysterious, even to their most adoring owners. Unlike dogs, cats evolved as solitary hunters, and, while many have learned to live alongside humans and even feel affection for us, they still don't quite "get us" the way dogs do, and perhaps they never will. But cats have rich emotional lives that we need to respect and understand if they are to thrive in our company. In Cat Sense, renowned anthrozoologist John Bradshaw takes us further into the mind of the domestic cat than ever before, using cutting-edge scientific research to dispel the myths and explain the true nature of our feline friends. Tracing the cat's evolution from lone predator to domesticated companion, Bradshaw shows that although cats and humans have been living together for at least eight thousand years, cats remain independent, predatory, and wary of contact with their own kind, qualities that often clash with our modern lifestyles. Cats still have three out of four paws firmly planted in the wild, and within only a few generations can easily revert back to the independent way of life that was the exclusive preserve of their predecessors some 10,000 years ago. Cats are astonishingly flexible, and given the right environment they can adapt to a life of domesticity with their owners—but to continue do so, they will increasingly need our help. If we're to live in harmony with our cats, Bradshaw explains, we first need to understand their inherited quirks: understanding their body language, keeping their environments—however small—sufficiently interesting, and becoming more proactive in managing both their natural hunting instincts and their relationships with other cats. A must-read for any cat lover, Cat Sense offers humane, penetrating insights about the domestic cat that challenge our most basic assumptions and promise to dramatically improve our pets' lives—and ours.

HOMECOMING

RECLAIMING & CHAMPIONING YOUR INNER CHILD

[Piatkus Books](#) In Homecoming John Bradshaw one of the world's leading figures in the field of psychology and recovery, explains his revolutionary techniques to reveal the inner child. He believes that the wounds we receive during childhood and adolescence can continue to contaminate our adult lives. His methods explained clearly in this book, help people to reach back to the child inside and heal those wound. Homecoming includes unique questionnaires which allow readers to work through John Bradshaw's world-famous inner child course themselves. There are specifically designed exercises that allow you to reclaim and nurture your inner child, so that you as an adult can grow and move on. 'Three things are striking about inner child work' says John Bradshaw. 'The speed with which people change the depth of that change, and the power and creativity that can result when the wounds from the past are healed For more information on John Bradshaw please visit www.johnbradshaw.com

MY BIG FAMILY

[America Star Books](#)

CREATING LOVE

A NEW WAY OF UNDERSTANDING OUR MOST IMPORTANT RELATIONSHIPS

[Bantam](#) "Why are so many of us at times completely baffled by a relationship? How can we think we know someone so well and admit in the end that we hardly knew that person at all? Why do many people who work diligently and strenuously to gain wholeness and balance still feel so frustrated about having a fulfilling relationship? Why have so many people given up on love?"—from the Prologue John Bradshaw's bestselling books and compelling PBS series have touched and changed millions of lives. Now, in Creating Love, he offers us a new way to understand our most crucial relationships—with our romantic partners and spouses, with our parents and children, with friends and co-workers, with ourselves, and with God. Bradshaw's compassionate approach shows that many of us have been literally "entranced" by past experiences of counterfeit love, so we unknowingly re-create patterns that can never fulfill us. Here he provides both the insights and the precise tools we need to keep those destructive patterns from repeating in the present. And then he shows how we can open ourselves to the soul-building work of real love—and create healthy, loving relationships where we can be fully ourselves in every part of our lives.

IGNORE IT!

HOW SELECTIVELY LOOKING THE OTHER WAY CAN DECREASE BEHAVIORAL PROBLEMS AND INCREASE PARENTING SATISFACTION

[Penguin](#) This book teaches frustrated, stressed-out parents that selectively ignoring certain behaviors can actually inspire positive changes in their kids. With all the whining, complaining, begging, and negotiating, parenting can seem more like a chore than a pleasure. Dr. Catherine Pearlman, syndicated columnist and one of America's leading parenting experts, has a simple yet revolutionary solution: Ignore It! Dr. Pearlman's four-step process returns the joy to child rearing. Combining highly effective strategies with time-tested approaches, she teaches parents when to selectively look the other way to withdraw reinforcement for undesirable behaviors. Too often we find ourselves bargaining, debating, arguing and pleading with kids. Instead of improved behavior parents are ensuring that the behavior will not only continue but often get worse. When children receive no attention or reward for misbehavior, they realize their ways of acting are ineffective and cease doing it. Using proven strategies supported by research, this book shows parents how to: -

Avoid engaging in a power struggle - Stop using attention as a reward for misbehavior - Use effective behavior modification techniques to diminish and often eliminate problem behaviors Overflowing with wisdom, tips, scenarios, frequently asked questions, and a lot of encouragement, Ignore It! is the parenting program that promises to return bliss to the lives of exasperated parents.

FUN CAMPFIRE GHOST STORIES

[Lulu.com](#) A collection of 24 Fun Campfire style ghost stories. This unique collection of stories have relief endings that have a fun twist. Designed for the younger (8-12) age group, but fun for kids of all ages, these stories have an imagination filled thrilling story line that end in a fun way unlike most other ghost stories that end with a scare. A must have for any campfire story telling soul. As important on a camping trip as a sleeping bag and tent.

HOLA PAPI

HOW TO COME OUT IN A WALMART PARKING LOT AND OTHER LIFE LESSONS

[Simon and Schuster](#) From popular LGBTQ advice columnist and writer John Paul Brammer comes a hilarious, heartwarming memoir-in-essays chronicling his journey growing up as a queer, mixed-race kid in America's heartland to becoming the "Chicano Carrie Bradshaw" of his generation. "A wise and charming book. [Brammer] is such a good writer, and so well rounded."—David Sedaris "[Brammer] is both kind and piercingly funny, often in the same sentence....Personal and affecting....¡Hola Papi! is a master class of tone and tenderness, as Brammer balances self-compassion with humor." —THE NEW YORK TIMES BOOK REVIEW (EDITORS' CHOICE) "[¡Hola Papi! should be] required reading...[Brammer's] writing is incredibly funny, kind, and gracious to his readers, and deeply vulnerable in a way that makes it feel as if he's talking to only you." —LOS ANGELES TIMES The first time someone called John Paul (JP) Brammer "Papi" was on the popular gay hookup app Grindr. At first, it was flattering; JP took this as white-guy speak for "hey, handsome." Who doesn't want to be called handsome? But then it happened again and again...and again, leaving JP wondering: Who the hell is Papi? What started as a racialized moniker given to him on a hookup app soon became the inspiration for his now wildly popular advice column "¡Hola Papi!," launching his career as the Cheryl Strayed for young queer people everywhere—and some straight people too. JP had his doubts at first—what advice could he really offer while he himself stumbled through his early 20s? Sometimes the best advice to dole out comes from looking within, which is what JP has done in his column and book—and readers have flocked to him for honest, heartfelt wisdom, and of course, a few laughs. In ¡Hola Papi!, JP shares his story of growing up biracial and in the closet in America's heartland, while attempting to answer some of life's toughest questions: How do I let go of the past? How do I become the person I want to be? Is there such a thing as being too gay? Should I hook up with my grade school bully now that he's out of the closet? Questions we've all asked ourselves, surely. ¡Hola Papi! is "a warm, witty compendium of hard-won life lessons," (Harper's Bazaar) for anyone—gay, straight, and everything in between—who has ever taken stock of their unique place in the world. "Readers are likely to become addicted to these stories; they're that good...Brammer comes to know himself very well, and readers will be delighted to make his acquaintance, too," (Booklist, starred review).

AT MOTHER'S REQUEST

The true story of how and why Frances Schreuder masterminded a plan requiring her teenage son to kill one of the richest men in Utah--her father, Franklin Bradshaw

SEX AND THE CITY AND US

HOW FOUR SINGLE WOMEN CHANGED THE WAY WE THINK, LIVE, AND LOVE

[Simon & Schuster](#) The bestselling author of *Seinfeldia* offers a fascinating retrospective of the iconic and award-winning television series, *Sex and the City*, in a "bubbly, yet fierce cultural dissection of the groundbreaking show" (Chicago Tribune). This is the story of how a columnist, two gay men, and a writers' room full of women used their own poignant, hilarious, and humiliating stories to launch a cultural phenomenon. They endured shock, slut-shaming, and a slew of nasty reviews on their way to eventual—if still often begrudging—respect. The show wasn't perfect, but it revolutionized television for women. When Candace Bushnell began writing for the *New York Observer*, she didn't think anyone beyond the Upper East Side would care about her adventures among the Hamptons-hopping media elite. But her struggles with singlehood struck a chord. Beverly Hills, 90210 creator Darren Star brought her vision to an even wider audience when he adapted the column for HBO. *Carrie, Miranda, Charlotte, and Samantha* launched a barrage of trends, forever branded the actresses that took on the roles, redefined women's relationship to sex and elevated the perception of singlehood. Featuring exclusive new interviews with the cast and writers, including star Sarah Jessica Parker, creator Darren Star, executive producer Michael Patrick King, and author Candace Bushnell, "Jennifer Keishin Armstrong brings readers inside the writers' room and into the scribes' lives...The writing is fizzy and funny, but she still manages an in-depth look at a show that's been analyzed for decades, giving readers a retrospective as enjoyable as a \$20 pink cocktail" (The Washington Post). *Sex and the City and Us* is both a critical and nostalgic behind-the-scenes look at a television series that changed the way women see themselves.

THE CARRIE DIARIES

[Harper Collins](#) The *Carrie Diaries* is the coming-of-age story of one of the most iconic characters of our generation. Before *Sex and the City*, Carrie Bradshaw was a small-town girl who knew she wanted more. She's ready for real life to start, but first she must navigate her senior year of high school. Up until now, Carrie and her friends have been inseparable. Then Sebastian Kydd comes into the picture, and a friend's betrayal makes her question everything. With an unforgettable cast of characters, *The Carrie Diaries* is the story of how a regular girl learns to think for herself and evolves into a sharp, insightful writer. Readers will learn about her family background, how she found her writing voice, and the indelible impression her early friendships and relationships left on her. Through adventures both audacious and poignant, we'll see what brings Carrie to her beloved New York City, where her new life begins.

SOUTHERN PROMISES

[Concord Theatricals](#) When the master of the plantation dies, he wills his slaves to be freed, but his wife doesn't think that good property should be squandered. Pandemonium ensues. Inspired by the true story of Henry Box Brown who escaped to the north by mailing himself in a box, *Southern Promises* provides a unique portrait of the old south.

CHUCK NOLL

HIS LIFE'S WORK

[University of Pittsburgh Press](#) Chuck Noll won four Super Bowls and presided over one of the greatest football dynasties in history, the Pittsburgh Steelers of the '70s. Later inducted into the Pro Football Hall of Fame, his achievements as a competitor and a coach are the stuff of legend. But Noll always remained an intensely private and introspective man, never revealing much of himself as a person or as a coach, not even to the players and fans who revered him. Chuck Noll did not need a dramatic public profile to be the catalyst for one of the greatest transformations in sports history. In the nearly four decades before he was hired, the Pittsburgh Steelers were the least successful team in professional football, never winning so much as a division title. After Noll's arrival, his quiet but steely leadership quickly remolded the team into the most accomplished in the history of professional football. And what he built endured well beyond his time with the Steelers - who have remained one of America's great NFL teams, accumulating a total of six Super Bowls, eight AFC championships, and dozens of division titles and playoff berths. In this penetrating biography, based on deep research and hundreds of interviews, Michael MacCambridge takes the measure of the man, painting an intimate portrait of one of the most important figures in American football history. He traces Noll's journey from a Depression-era childhood in Cleveland, where he first played the game in a fully integrated neighborhood league led by an African-American coach and then seriously pursued the sport through high school and college. Eventually, Noll played both defensive and offensive positions professionally for the Browns, before discovering that his true calling was coaching. MacCambridge reveals that Noll secretly struggled with and overcame epilepsy to build the career that earned him his place as "the Emperor" of Pittsburgh during the Steelers' dynastic run in the 1970s, while in his final years, he battled Alzheimer's in the shelter of his caring and protective family. Noll's impact went well beyond one football team. When he arrived, the city of steel was facing a deep crisis, as the dramatic decline of Pittsburgh's lifeblood industry traumatized an entire generation. "Losing," Noll said on his first day on the job, "has nothing to do with geography." Through his calm, confident leadership

of the Steelers and the success they achieved, the people of Pittsburgh came to believe that winning was possible, and their recovery of confidence owed a lot to the Steeler's new coach. The famous urban renaissance that followed can only be understood by grasping what Noll and his team meant to the people of the city. The man Pittsburghers could never fully know helped them see themselves better. Chuck Noll: His Life's Work tells the story of a private man in a very public job. It explores the family ties that built his character, the challenges that defined his course, and the love story that shaped his life. By understanding the man himself, we can at last clearly see Noll's profound influence on the city, players, coaches, and game he loved. They are all, in a real sense, heirs to the football team Chuck Noll built.

IN DEFENCE OF DOGS

Penguin Books What would dogs ask for, if they knew how? In the Sunday Times bestseller In Defence of Dogs John Bradshaw, an anthropologist at Bristol University who has been at the centre of the latest research into what makes dogs tick, gives us the answers. Overturning the most common myths about dogs' emotions and behaviour, this book shows how we should really treat our pets, and stands up for dogdom: not the wolf in canine clothes, not the small furry child, not the trophy-winner, but the real dog, who wants to be part of the family and enjoy life - mankind's closest friend. This is the real science that every dog lover needs to know.

THE STONY PATH

A GRIPPING SAGA OF LOVE, FAMILY SECRETS AND TRAGEDY

Headline A terrible family secret threatens to shatter one young woman's dreams for ever... In The Stony Path, Rita Bradshaw writes a heartrending saga of lost love, dark secrets and the rocky road to happiness. Perfect for fans of Rosie Goodwin and Dilly Court. 'Gritty and touching' - Newcastle Evening Chronicle Growing up on a small, struggling farm on the outskirts of Sunderland in the early 1900s, Polly Farrow has a tough life, but she has gifts money can't buy - a joyful disposition and a loving heart. And her heart belongs to her beloved cousin, Michael. Polly knows that one day they'll be man and wife. But a terrible secret is to change everything: Michael is her half-brother, the fruit of an incestuous relationship between her father and his own sister - Michael's mother. The lovers are rent apart and Polly is left to bear the responsibility of the farm alone - for her father kills himself, unable to live with his shame. Life is now a battle for survival, and Polly wonders if she will ever find happiness. But the answer to her prayers is closer than she thinks... What readers are saying about The Stony Path: 'This book was unputdownable once I started reading it. The plot was wonderful and believable, the characters are a mixed lot in that some are feisty, some rotten and a few really, really good. It makes for a wonderful story that left me wanting more' 'Really gripping and an interesting read. I thought the characters were well developed and the story kept me on the edge of my seat!' 'Gripping from start to finish. A truly wonderful love story that has to ride the test of time, heartache and treachery'

TEACHING ISLAM

Waxmann Verlag

HOME COMING

A NOVEL

Dell With unerring insight and emotional power, Belva Plain, in her extraordinary novel, tells the story of a family divided and of the proud matriarch who takes a bold last stand to unite her warring children in what may be their last Homecoming. It is a crisp December day when Annette Byrne walks to the end of her long, curving driveway and drops five sealed envelopes into the mailbox, quickly, before second thoughts stay her hand. Shortly thereafter, with the holidays approaching, her estranged family will be gathered at her country estate for the first time in years. The sons. . . two brothers embittered by a breach of ethics, honor, and trust. The grandchildren. . . one young couple on the verge of divorce; another, lovingly united against the parents who have tarnished their lives. As the ill-fated meeting hurtles toward a bitter and abrupt conclusion, not even Annette Byrne's indomitable will can heal the rift--until a shattering event alters the landscape forever.

PERSONS UNKNOWN

A NOVEL

Random House In this brilliant crime novel from the author of Missing, Presumed, a detective investigates her most personal case yet: a high-profile murder in which her own family falls under suspicion. "[Susie] Steiner populates this hot-button narrative with achingly human characters, but no one compares to the hormonal, mordantly funny mom-cop who will stop at nothing to save her son."—People (Book of the Week) As dusk falls, a young man staggers through a park, far from home, bleeding from a stab wound. He dies where he falls, cradled by a stranger, a woman's name on his lips in his last seconds of life. Detective Manon Bradshaw handles only cold cases. Five months pregnant, in pursuit of a work-life balance rather than romantic love, she's focused on being a good mother to her two children: her adopted twelve-year-old son, Fly Dent, and the new baby. But the man died just yards from the police station where she works, so Manon can't help taking an interest. And as she sidles in on the briefing she learns that the victim, a banker from London worth millions, is more closely linked to her than she could have imagined. When the case begins to circle in on Manon's home and her family, she finds herself pitted against the colleagues she once held dear: Davy Walker and Harriet Harper. Can Manon separate what she knows about the people she loves from the suspicion hanging over them? Can she investigate the evidence just as she would with any other case? Persons Unknown shows acclaimed author Susie Steiner writing her most intricate, suspenseful novel yet. Praise for Persons Unknown "A police procedural as concerned with the mysteries of human hearts as with who stabbed a banker to death at a park in Cambridgeshire. [Full of] winning prose, sympathetic characters and an appreciation of life's joys as keen as a knowledge of its dangers."—The Wall Street Journal "Susie Steiner blends the police procedural and the human drama perfectly."—The Charlotte Observer "[Steiner] has created a masterful mystery within an engaging narrative perfect for Kate Atkinson fans. Readers will be astonished by the unexpected turns at the conclusion, which will leave fans eagerly awaiting the next book. This series needs to be snapped up by the BBC or PBS."—Booklist (starred review) "[An] engrossing stunner, incorporating social justice issues into the narrative, along with superb plotting, dark humor, and excellent characterizations."—Library Journal (starred review)

MY (PART-TIME) PARIS LIFE

HOW RUNNING AWAY BROUGHT ME HOME

Macmillan Poignant, touching, and lively, this memoir of a woman who loses her mother and creates a new life for herself in Paris will speak to anyone who has lost a parent or reinvented themselves. Lisa Anselmo wrapped her entire life around her mother, a strong woman who was a defining force in her daughter's life—maybe too defining. When her mother dies from breast cancer, Lisa realizes she hadn't built a life of her own, and struggles to find her purpose. Who is she without her mother—and her mother's expectations? Desperate for answers, she reaches for a lifeline in the form of an apartment in Paris, refusing to play it safe for the first time. What starts out as a lurching act of survival sets Lisa on a course that reshapes her life in ways she never could have imagined. But how can you imagine a life bigger than anything you've ever known? In the vein of Eat, Pray, Love and Wild, My (Part-time) Paris Life a story is for anyone who's ever felt lost or hopeless, but still holds out hope of something more. This candid memoir explores one woman's search for peace and meaning, and how the ups and downs of expat life in Paris taught her to let go of fear, find self-worth, and create real, lasting happiness.

MOLLY

HOUSE ON FIRE

Molly Kincaid is an extremely successful and equally wealthy defense attorney, but that is all even her closest friends know about her. Behind the facade is a dark past she thought she buried long ago. Now, Molly must face that past and the danger that comes with it. Murders and mayhem, a Civil War gold legend, and a secret Molly has carried for twenty-nine years threaten to bring her world crashing down around her. Molly Kincaid must return to the land of her birth and nothing good can come of that... or could it?

DANCING IN THE MOONLIGHT

[Pan Macmillan](#) Heartbreak and family loyalty collide in Rita Bradshaw's number one bestselling *Dancing in the Moonlight*. As her mother lies dying, twelve-year-old Lucy Fallow promises to look after her younger siblings and keep house for her father and two older brothers. Over the following years the Depression tightens its grip. Times are hard and Lucy's situation is made more difficult by the ominous presence of Tom Crawford, who lives next door, the eldest son of her mother's lifelong friend. Lucy's growing friendship with Tom's younger brother Jacob, only fuels Tom's obsession with her. He persuades Lucy's father and brothers to work for him on the wrong side of the law as part of his plan to force Lucy to marry him. Tom sees Lucy and Jacob dancing together one night, and a chain of heartbreaking events are set in motion. Torn apart from the boy she loves, Lucy wonders if she and Jacob will ever dance in the moonlight again . . .

HEALING THE CHILD WITHIN

DISCOVERY AND RECOVERY FOR ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES (RECOVERY CLASSICS EDITION)

[Simon and Schuster](#) Dr. Whitfield provides a clear and effective introduction to the basic principles of recovery. This book is a modern classic, as fresh and useful today as it was more than a decade ago when first published. Here, frontline physician and therapist Charles Whitfield describes the process of wounding that the Child Within (True Self) experiences and shows how to differentiate the True Self from the false self. He also describes the core issues of recovery and more. Other writings on this topic have come and gone, while *Healing the Child Within* has remained a strong introduction to recognizing and healing from the painful effects of childhood trauma. Highly recommended by therapists and survivors of trauma.

THE WINTER ROSE

[Pan Macmillan](#) From the top-ten bestselling author of *One Snowy Night*, Rita Bradshaw, comes *The Winter Rose*, a sweeping family saga set in the north of England. It's December 1902 and Rose O'Leary is looking forward to her baby girl's first Christmas. But then tragedy strikes: her husband dies at the shipyard where he works and within days his friend, Nathaniel, makes it plain he's determined to have her. Rose flees with her child, but soon finds the world is a cruel place for a beautiful woman with no protection. More tragedy ensues and yet, although she's bruised and broken, Rose is a fighter. Then, when she least expects it, love enters her life again, but she cannot escape her past and now it threatens not only her happiness but her very life. Will she ever find a safe haven?

RECOVERY OF YOUR INNER CHILD

THE HIGHLY ACCLAIMED METHOD FOR LIBERATING YOUR INNER SELF

[Simon and Schuster](#) Explains how to experience at first hand the portion of one's personality that feels emotions and is playful, and tells how to use this experience for personal healing

THE POWER BOOK

WHO HAS IT AND WHY?

[Ivy Kids](#) With this inspiring and brightly illustrated guide to power, learn about the different types of power, what it means to have power, and what you can do with your own power to create positive change in the world, no matter who or how old you are. What makes you the boss of me? What makes a king a king, or a queen a queen? Why can some people vote for their leaders, but other people can't? Does having lots of money make you powerful? Why are there fewer female scientists, leaders, and artists than men in history books? These are things that kids wonder about. The Power Book answers these and other questions in a relatable way for young people, including thought-provoking discussions on challenging topics, like war, bullying, racism, sexism, and homophobia. You will gain an understanding of your place in your family, your school, and the world, and will discover ways in which you can use your own power to shape the future. As you explore the many aspects of power, thinking points pose questions that spark self-reflection and quotes and stories from some of the greatest change-makers--such as Gandhi, Martin Luther King Jr., Emmeline Pankhurst, Rosa Parks, Malala Yousafzai, and Stephen Hawking--provide historical context and inspiration. Find more opportunities for learning at the back with a glossary of terms and suggestions for further reading. Gain a greater understanding of how power works, then learn how to harness it for good with *The Power Book*.

IF THESE OVARIES COULD TALK

THE THINGS WE'VE LEARNED ABOUT MAKING AN LGBTQ FAMILY

If These Ovaries Could Talk: The Things We've Learned About Making An LGBTQ Family by JAIMIE KELTON and ROBIN HOPKINS is equal parts funny, serious, happy, sad, celebratory, cautionary, and powerful. You'll learn a lot and laugh even more along the way! Who knew making a baby could be this much fun?

THE WAY OUT IS IN

THE ZEN CALLIGRAPHY OF THICH NHAT HANH

[Thames & Hudson](#) Zen Master Thich Nhat Hanh is a prolific author, poet, teacher, scholar and peace activist. Yet he is also a master calligrapher, distilling ancient Buddhist teachings into simple phrases that resonate with our modern times, capturing and expressing his lifetime of meditative insight, peace and compassion. This book offers a rare opportunity to spend time in the presence of his beautiful creations. For Thich Nhat Hanh, creating calligraphy is more than creating art - it is also a meditative practice. He is fully present for every moment, from drinking his tea, to sitting down and taking a brush, and using the tea to make the ink. Each calligraphy is made of mindful sitting, breathing, walking, smiling - and love.

YOU'RE NOT CRAZY - YOU'RE CODEPENDENT

WHAT EVERYONE AFFECTED BY ADDICTION, ABUSE, TRAUMA OR TOXIC SHAME NEEDS TO KNOW

[J2 Publications](#) If your life has been affected by addiction (yours or someone else's), abuse, trauma or toxic shaming, you may also be struggling with another invisible problem - codependency. Without your even being aware of the connection to the above issues, it has created additional life-long challenges such as endless guilt, anxiety, perfectionism, need to control, depression, a history of dysfunctional relationships and much more. This easy to understand, interactive book will reveal how codependency has sabotaged you, the lies it created in your beliefs and the truths that expose them. Also included is a Guide to Recovery using simple acts of mindfulness to overcome harmful habits in your thinking, actions and choices that are keeping you from having peace. Once you understand you are not crazy, just coping with the deep-seated effects of codependency, you will be free to create the life you were always meant to have.

THE SWORD GUILDEBRANDE

ALL ABOUT LOVE

NEW VISIONS

[HarperCollins](#) A New York Times bestseller and enduring classic, *All About Love* is the acclaimed first volume in feminist icon bell hooks' "Love Song to the Nation" trilogy. *All About Love* reveals what causes a polarized society, and how to heal the divisions that cause suffering. Here is the truth about love, and inspiration to help us instill caring, compassion, and strength in our homes, schools, and workplaces. "The word 'love' is most often defined as a noun, yet we would all love better if we used it as a verb," writes bell hooks as she comes out fighting and on fire in *All About Love*. Here, at her most provocative and intensely personal, renowned scholar, cultural critic and feminist bell hooks offers a proactive new ethic for a society bereft with lovelessness--not the lack of romance, but the lack of care, compassion, and unity. People are divided, she declares, by society's failure to provide a model for learning to love. As bell hooks uses her incisive mind to explore the question "What is love?" her answers strike at both the mind and heart. Razing the cultural paradigm that the ideal love is infused with sex and desire, she provides a new path to love that is sacred, redemptive, and healing for individuals and for a nation. The *Utne Reader* declared bell hooks one of the "100 Visionaries Who Can Change Your Life." *All About Love* is a powerful, timely affirmation of just how profoundly her revelations can change hearts and minds for the better.

LITTLE GIRL LOST

[Pixie Publishing](#) From the New York Times and USA Today bestselling author of the Sloane Monroe novels comes a gripping new series about love, loss, murder, and a broken former detective who's about to be drawn out of hiding. For the past two years, Georgiana "Gigi" Germaine has been living off the grid, until today, when she hears some disturbing news that shakes her. Georgiana's brother-in-law has been murdered, her seven-year-old niece kidnapped. As the hours waste away, Georgiana races back to a town she left behind, and a former life she's still not ready to face. Readers are saying: "This was a great start to a series that I can't wait to get more of." Cindy O "Grab this book for hours of engrossed reading. You won't regret it." Connie Correll "A well plotted story that has a couple surprises/twists." Marsha Jo, Vine Voice "I am completely intrigued by this new character and cannot wait for book two." Sharon B "I was completely immersed in the story and read it straight through." Leah Hines "I'm salivating for the second book already!" Sandra

EARLY VIRGINIA IMMIGRANTS

BRADSHAW ON: THE FAMILY

A NEW WAY OF CREATING SOLID SELF-ESTEEM

[Health Communications, Inc.](#) Analyzes the structure of families, examines the unexpressed rules used to raise children, and discusses family violence, child abuse, and dysfunctional families
