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## The Body Snatchers

## How the Media Shapes Women

*Finch Pub "This timely analysis reveals how the media promotes unhealthy, unrealistic, and unattainable images of the female body. Encouraging women of all ages to challenge society's preoccupation with an ideal body shape, this uplifting guide helps combat the low self-esteem, body hatred, and eating disorders that afflict too many women and girls. Asserting that the cosmetics, fashion, and diet industries, the mass media, and the burgeoning business of cosmetic surgery all profit from the perfect body myth, the book theorizes that these forces would be powerless if women's dissatisfaction with the way they look ended. The book presents witty alternatives to starvation imagery alongside solutions that will empower women to step off the starvation treadmill and enjoy life no matter what their size."*

## Digesting Femininities

## The Feminist Politics of Contemporary Food Culture

*Springer This volume addresses how the rhetoric of feminist empowerment has been combined with mainstream representations of food, thus creating a cultural consciousness around food and eating that is unmistakably pathological. Throughout, Natalie Jovanovski discusses key texts written by women, for women: best-selling diet books, popular cookbooks produced by female food celebrities, and iconic feminist self-help texts. This is the first book to engage in a feminist analysis of body-policing food trends that focus specifically on the use of feminist rhetoric as a harmful aspect of food culture. There is a smorgasbord of seemingly diverse gender roles for women to choose from, but many encourage breaking gender norms and embracing a love of food while perpetuating old narratives of guilt and restraint. Digesting Femininities problematizes the gendering of food and eating and challenges the reader to imagine what a genderless and emancipatory food culture would look like.*

## Gender and Popular Culture

*John Wiley & Sons This fully updated second edition of Gender and Popular Culture examines the role of popular culture in the construction of gendered identities in contemporary society. It draws on a wide range of cultural forms – including popular music, social media, television and magazines – to illustrate how femininity and masculinity are produced, represented, used and consumed. Blending primary and secondary research, Milestone and Meyer introduce key theories and concepts in gender studies and popular culture, which are made accessible and interesting through their application to topical examples such as the #MeToo campaign, intensive mothering and social media, discourses about women and binge drinking, and gender and popular music. Included in this revised edition is a new chapter on digital culture, examining the connection between digital platforms and gender identities, relations and activism, as well as a new chapter on cultural work in digital contexts. All chapters have been updated to acknowledge recent changes in gender images and relations as well as media culture. Additionally, there is new material on the Fourth Wave Women's Movement, audiences and prosumers, and the role of social media. Gender and Popular Culture is the go-to textbook for students of gender studies, media and communication, and popular culture.*

## Mind Control Through the Mass Media: Transmission of the Politics of Inequality

*B. Barrett-Lennard This work is a scathing attack on the media. Many such attacks have been written before, particularly over the past century, & there will be many more to come. Such attacks are quite in order because this is precisely what the mass media deserve. At the same time, a lot of people would be sharper critics of specific media outlets, media proprietors & other individuals working in the propaganda cartels than the author has been.*

## The Great Feminist Denial

*Melbourne Univ. Publishing What the hell happened? In The Great Feminist Denial the authors talk with women—feminists and non-feminists, young and old, famous and not famous, child-free and with child—and use their responses as a starting point from which to refocus the key debates. Dux and Simic argue that, ultimately, feminism is still necessary for everyday life. Even the most cursory glimpse at the social and cultural landscape suggests an urgent need for a politics that identifies inequalities, differences and strengths specific to women as a sex. The Great Feminist Denial puts an ailing feminist past to rest, and proposes a way forward that offers young women of today a new way of calling themselves feminists.*

## Wonder Women

## Sex, Power, and the Quest for Perfection

*Macmillan Explores "why, a half century after the publication of Betty Friedan's The feminine mystique ... women still feel stuck ... [detailing] how American women's lives have--and have not--changed over the past fifty years"--Dust jacket flap.*

## The 1960s in Australia

## People, Power and Politics

Cambridge Scholars Publishing *The 1960s* is one of the most heavily mythologised decades of the twentieth century. More than 50 years on, the era continues to capture the public's imagination. *The 1960s in Australia: People, Power and Politics* recognises the complexity of social and cultural change by presenting a broad range of contributions that acknowledge an often overlooked fact - that not everyone experienced the 1960s in the same way. The diversity of the time is confirmed by contributions from a number of expert Australian historians who each provide an insight into Australia in the 1960s, offering an understanding of the social realities of this period as well as the ebbs and flows of transnational influence. This collection includes a featured contribution by prominent Australian historian, Raymond Evans, who provides a personal insight into the 1960s. Other contributors also place 'the lived experience' at the centre of their analysis by considering the growth of modern flats, the impact of cosmopolitanism, and sex and sexuality in the 'Sixties'. The book also highlights the way power was deployed and deconstructed during this era by considering the psychiatric profession, the agenda of the counter-culture, and the role that women's magazines played in reinforcing dominant gender paradigms. The complex politics of the era are also explored through the transnational impact of figures such as Anthony Crosland, the impact of the Vietnam War, and the multiplicity of motivations behind the anti-war protest and the Aboriginal rights movement of the era. *The 1960s in Australia: Power, People and Politics* is a fresh focus on a significant time in Australia's history. It brings together a collection of innovative and engaging explorations into the Australian 'Sixties', which underline the complexity of the time.

## The Rough Guide To Girl Stuff

*Rough Guides UK The Rough Guide to Girl Stuff* is packed with everything a girl needs to know to get her through the teen years. From friends, body changes, clothes school stress, exercise and sex to smoking, embarrassment, dieting, guys, drinking, drugs and heartbreak. Not to mention how to beat bullies and mean girls, earn money, find new friends and get on with your family. Written by award winning author Kaz Cooke, in extensive consultation with medical, psychological and practical experts; *The Rough Guide to Girl Stuff* provides a wealth of practical tips and non-judgemental advice for teens (and their parents!) *Girl Stuff* is split in to four key themes: Body, Head, Heart and On the Go and each chapter includes facts, hints, inspiring lists, hundreds of quotes from real girls, and details of websites and books for useful tips if you want to find out more. Designed to be a friend through the teenage years, *The Rough Guide to Girl Stuff* will be your best friend through every change and challenge. *Girl Stuff* is the book I wanted when I was a teenager; a 'best friend' that will honestly answer every question about everything" (Kaz Cooke)

## Body/Embodiment

## Symbolic Interaction and the Sociology of the Body

Routledge *The body and experiences of embodiment* have generated a rich and diverse sociological literature. This volume articulates and illustrates one major approach to the sociology of the body: symbolic interactionism, an increasingly prevalent theoretical base of contemporary sociology derived from the pragmatism of writers such as John Dewey, William James, Charles Peirce, Charles Cooley and George Herbert Mead. The authors argue that, from an interactionist perspective, the body is much more than a tangible, corporeal object - it is a vessel of great significance to the individual and society. From this perspective, body, self and social interaction are intimately interrelated and constantly reconfigured. The collection constitutes a unique anthology of empirical research on the body, from health and illness to sexuality, from beauty and imagery to bodily performance in sport and art, and from mediated communication to plastic surgery. The contributions are informed by innovative interactionist theory, offering fresh insights into one of the fastest growing sub-disciplines of sociology and cultural studies.

## Sociology in Today's World - with Student Resource Access 12 Months

Cengage AU *Sociology in Today's World* explores why sociology is important and relevant to everyday life. It teaches students how to think sociologically, not just what to think, and shows how sociology can help us make sense of our lives. It comprehensively covers key aspects and current issues in Australian and New Zealand society, whilst emphasising the importance of diversity and a global perspective.

## Cosmetic Surgery

## A Feminist Primer

Ashgate Publishing, Ltd. Leading feminist scholars have been brought together for the first time in this comprehensive volume to reveal the complexity of feminist engagements with the exponentially growing cosmetic surgery phenomenon. Offering a diversity of theoretical, methodological and political approaches *Cosmetic Surgery: A Feminist Primer* presents not only the latest, cutting-edge research in this field but a challenging and unique approach to the issue that will be of key interest to researchers across the social sciences and humanities.

## The Obesity Epidemic

## Science, Morality and Ideology

Routledge Increasing obesity levels are currently big news but do we think carefully enough about what this trend actually means? Everybody - including doctors, parents, teachers, sports clubs, businesses and governments - has a role to play in the 'war on obesity'. But is talk of an obesity 'crisis' justified? Is it the product of measured scientific reasoning or age-old 'habits of mind'? Why is it happening now? And are there potential risks associated with talking about obesity as an 'epidemic'? *The Obesity Epidemic* proposes that obesity science and the popular media present a complex mix of ambiguous knowledge, familiar (yet unstated) moral agendas and ideological assumptions.

## Online and Personal

## The Reality of Internet Relationships

Finch Pub "Exploring the problems associated with Internet use and misuse, this guide provides practical information on how to deal with them. Included are useful strategies for dealing with such troublesome issues as online relationships that have led to marriage breakups, young people visiting inappropriate Internet sites, and predatory users accessing Internet dating services. The problem of excessive Internet usage is also addressed, and a straightforward self-help program is presented. Singles looking for online romance are warned of the numerous pitfalls of online love and are taught how to assess whether an Internet relationship will work in real life. Parents are given guidelines on monitoring and coping with their children's Internet use and

## A Sociology of Food and Nutrition

### The Social Appetite

*Oxford University Press, USA "A Sociology of Food and Nutrition: The Social Appetite is a comprehensive introduction to the social context of food and nutrition. Leading international authors analyse the socio-cultural, political, economic and philosophical factors that influence contemporary food production, distribution and consumption."--Back cover.*

### Makeover Television

*I.B. Tauris This volume explores makeover television, the reality format that cuts across all genres and time slots. Chapters examine how makeover programming annexes the private space of the home, transforms the body through surgery and rigorous discipline, recreates aspects of consumer lifestyle and social identity and much more.*

### Stitched-up

### Who Fashions Women's Lives?

*Jacana Media This feisty and inspiring treatise blames the destructive cultural myth of female self-sacrifice for the desire for breast implants, the conservative insistence on family values, and the general cultural attitude that prevents women from supporting one another's accomplishments. Using everything from psychological analysis to clever fairy-tale parodies—called "fairer tales"—the author promotes an ideology for women that is neither bra-burning feminism nor passive conservatism, but rather a belief in self-development.*

### La piel en la palestra

### Estudios corporales II

*Editorial UOC Nos proponemos desplegar un abanico de encuentros posibles con cuerpos que nos rodean a diario. Los textos del presente volumen re-enfocan los planos fílmicos que nos entretienen y las fotografías que nos hechizan, re-sintonizan las voces que nos hacen bailar, hacen re-actuar a actrices y actores en nuevos escenarios: son ejemplos de una mirada cultural re-formateada y capaz de palpar la piel a la que el pensamiento occidental se ha acostumbrado a dar la espalda. En primer lugar dan la razón a Stuart Hall en aquello de que los significados son móviles y por lo tanto negociables; en segundo lugar llaman a la posibilidad de diálogo entre distintas disciplinas y, por último, ponen la identidad en el punto de mira, estableciendo así una clara continuidad con el anterior volumen de esta colección dedicado a los estudios culturales.*

### New Books on Women and Feminism

### Youth Sport in Australia

*Sydney University Press Youth Sport in Australia explores the history and policy development of youth sport in the Australian context, the role of sport and physical education in private and public schools, and community clubs.*

### Сила бодипозитиву

### Як покласти край дієтам і жити у злагоді зі своїм тілом

*Vivat Ця книжка поведе вас у захопливу та непросту подорож до любові та прийняття свого тіла. Вона звільняє від марних сподівань («Ось схудну — і спізнаю щастя!») і почуття провини за небездоганну зовнішність. Це відверта історія, що змушує співчувати всім, хто досі вірить міфам дієтної культури та жертвує собою заради стереотипів краси. Змушує гніватися: як ми могли повірити, що треба бути найгіршим ворогом собі лише через цифри на вагах чи сантиметровій стрічці?*

### American Book Publishing Record

### Fundamentals of Sociology of Sport and Physical Activity

*Human Kinetics Fundamentals of Sociology of Sport and Physical Activity presents information on sociology of sport to prepare readers for advanced study or practice in the field. This text explores the impact of sport in society and examines careers in sport and physical activity.*

### Handbook of Sports Studies

*SAGE An authoritative cast of international and inter-disciplinary contributors present the best of current thinking in sports studies as the subject matures and develops academically.*

### Invasion of the Bodysnatchers

## Foucault, Sport and Exercise

### Power, Knowledge and Transforming the Self

Routledge Michel Foucault's work profoundly influences the way we think about society, in particular how we understand social power, the self, and the body. This book gives an innovative and entirely new analysis of his later works making it a one-stop guide for students, exploring how Foucauldian theory can inform our understanding of the body, domination, identity and freedom as experienced through sport and exercise. Divided into three themed parts, this book considers: Foucault's ideas and key debates Foucault's theories to explore power relations, the body, identity and the construction of social practices in sport and exercise how individuals make sense of the social forces surrounding them, considering physical activity, fitness and sport practices as expressions of freedom and sites for social change. Accessible and clear, including useful case studies helping to bring the theory to real-life, Foucault, Sport and Exercise considers cultures and experiences in sports, exercise and fitness, coaching and health promotion. In addition to presenting established Foucauldian perspectives and debates, this text also provides innovative discussion of how Foucault's later work can inform the study and understanding of sport and the physically active body.

### Kill the Princess

### Why Women Still Aren't Free From the Quest for a Fairytale Life

Seal Press Emotional intelligence expert and motivational speaker Vermeulen (EQ: Emotional Intelligence for Everyone ) wont help revitalize feminism with this stereotyping polemic against what she sees as womens terminal self-sacrifice. Touching on issues like body image, mother-daughter relationships and societal constraints, Vermeulen offers not a self-help seminar for unhappy women, but a one-sided lecture telling them why theyre depressed (men have suppressed them) and how to gain power over their lives (find their life work and their inner bitch). Vermeulen uses feminist fairy tales to make her point. In Jane and the Brainstalk, for instance, Jack pumps iron while sister Jane draws water, harvests the fields and caters to her lazy, conniving brother. The message? Men are exploitative, violent pigs, and women should rightfully take power. Vermeulen seems to be living in her own fairy tale world ruled by good (women) and evil (men). While tearing apart female stereotypes, she typecasts men. Although the author touches on important truths about persisting gender inequality, she doesnt add to our understanding of them. If Vermeulen is going to connect with a postfeminist generation, shes going to have to find a more balanced approach. (Oct.) [Page 51].

### Resist and Persist

### Essays on Social Revolution in 21st Century Narratives

McFarland At the close of the 2010s, to many, the world appears to be in a state of dangerous change. News and fictional media alike report that these are dark times, and narratives of social resistance imbue many facets of Western culture. The chapters in this collection examine different events and themes of the 2010s that readily acknowledge the struggling state of things. Crucially, these essays look to the resistance and political activism of communities that seek to make long-reaching and institutional changes in the world through a diverse group of media texts. They scrutinize how a society relates to injustices and how individuals enact a desire for change. The authors analyze a broad range of works such as texts like: Awake: A Dream from Standing Rock, Black Panther, The Death of Stalin, Get Out, Jessica Jones, Hamilton, The Shape of Water, and Star Wars: The Last Jedi. By digging into these and other works, as well as historic events, the contributors explicate the soul-deep necessity of pushing back against injustice, whether personal or cultural.

### Jahresbibliographie Massenkommunikation

### Technoir

The eBook Sale

### Hollywood Independents

### The Postwar Talent Takeover

U of Minnesota Press 'Hollywood Independents' explores the crucial period between 1948 and 1962 when independent film producers first became key components of the modern corporate entertainment industry. Mann examines their impact, the decline of the studios, the rise of television, and the rise of potent talent agencies such as MCA.

### Black Shapes in a Darkened Room

Typhoon Media Ltd Black Shapes in a Darkened Room is a collection of witty, visceral, and darkly imaginative short fiction from the author of the novel The Concrete Sky. Revenge and eroticism, humor and despair, the supernatural and the everyday... Marshall Moore draws new contour lines and makes new connections in this nighttime map of the human soul.

### Media Review Digest

### Voices of a Generation

## Teenage Girls on Sex, School, and Self : a Report on Teen Girls from the American Association of University Women's Sister to Sister Summits

Amer Assn of Univ Women

### Women Filmmakers & Their Films

*Saint James Press* This single-volume resource offers comprehensive coverage of women directors and their films as well as producers, writers and production artists. General information on the filmmaker or film is followed, where applicable, by more detailed biography, filmography, comprehensive credits, production information, awards and bibliography. The core of the entry consists of a signed, 800- to 1,000-word critical essay written by a film critic or scholar. Following introductory essays on the evolution and status of women filmmakers, 190 alphabetically arranged entries discuss women directors, producers, animators, art directors, editors, writers, and costume designers. Each entry contains a brief biography, a complete filmography, a selected bibliography of works on and by the entrant, and an expository essay by a specialist in the field. The remaining entries (approximately 60) concern films in which women filmmakers have had a major role. They include production information, lists of cast and crew, a selected bibliography of works about the film, and an essay. Contains many b & w portraits and stills.

### The Ashgate Encyclopedia of Literary and Cinematic Monsters

*Routledge* From vampires and demons to ghosts and zombies, interest in monsters in literature, film, and popular culture has never been stronger. This concise Encyclopedia provides scholars and students with a comprehensive and authoritative A-Z of monsters throughout the ages. It is the first major reference book on monsters for the scholarly market. Over 200 entries written by experts in the field are accompanied by an overview introduction by the editor. Generic entries such as 'ghost' and 'vampire' are cross-listed with important specific manifestations of that monster. In addition to monsters appearing in English-language literature and film, the Encyclopedia also includes significant monsters in Spanish, French, Italian, German, Russian, Indian, Chinese, Japanese, African and Middle Eastern traditions. Alphabetically organized, the entries each feature suggestions for further reading. The Ashgate Encyclopedia of Literary and Cinematic Monsters is an invaluable resource for all students and scholars and an essential addition to library reference shelves.

### Monstrous adaptations

### Generic and thematic mutations in horror film

*Manchester University Press* The fifteen groundbreaking essays contained in this book address the concept of adaptation in relation to horror cinema. Adaptation is not only a key cultural practice and strategy for filmmakers, but it is also a theme of major importance within horror cinema as a whole. The history of the genre is full of adaptations that have drawn from fiction or folklore, or that have assumed the shape of remakes of pre-existing films. The horror genre itself also abounds with its own myriad transformations and transmutations. The essays within this volume engage with an impressive range of horror texts, from the earliest silent horror films by Thomas Edison and Jean Epstein through to important contemporary phenomena, such as the western appropriation of Japanese horror motifs. Classic works by Alfred Hitchcock, David Cronenberg and Abel Ferrara receive cutting-edge re-examination, as do unjustly neglected works by Mario Bava, Guillermo del Toro and Stan Brakhage.

### School Library Media Quarterly

### Journal of the American Association of School Librarians

### The Monster Always Returns

### American Horror Films and Their Remakes

*transcript Verlag* The monsters of the horror genre never remain dead - they invariably return in new and terrifying shapes for another installment. In this study Christian Knöppler explores the phenomenon of horror film remakes. He argues that even though these derivative films typically earn little praise from critics, their constant refiguration of monsters and horror scenarios serves to access and update otherwise obscure cultural fears. With an in-depth examination of six sample sequences of films and remakes, this book aims to shed new light on a much maligned and often neglected type of film and promises fresh insights to scholars and aficionados alike.

### Good Writing for Journalists

*SAGE* Reflective practice is at the heart of effective teaching, and this title helps you develop into a reflective teacher of science.

### Imagining the End: The Apocalypse in American Popular Culture

*ABC-CLIO* *Imagining the End* provides students and general readers with contextualized examples of how the apocalypse has been imagined across all mediums of American popular culture. Detailed entries analyze the development, influence, and enjoyment of end-times narratives. Provides readers with comprehensive and contextual essays on major apocalyptic themes and subjects Examines the source of most Western apocalyptic thought, *The Book of Revelation* and other Biblical apocalypses, in detail Includes descriptions, analysis, and context for apocalyptic films, novels, television programs, and video games Features a reader-friendly A-Z organization, with accessibly written entries